



AMENIA
Troutbeck
Tour A2



PINE PLAINS
Community
Pantry B3

COMPASS

Inside Red
Room Studio;
And More
B1-2



The Season for Romance
Special Banner, Page A2

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A limited-edition print of the Dec. 7, 2022, cover of TIME magazine signed by the artist is one of the many lots in an art auction to benefit relief in Ukraine.

Art auction, fundraiser for Ukraine relief

By **EMILY EDELMAN**
emilye@millertonnews.com

MILLERTON — At the start of the war in Ukraine in February 2022, Cellmark Inc. executive Andre Wlodar and his wife, Kim Schmidt-Wlodar, an art dealer, knew they wanted to do something locally to help, and they did, raising \$500,000 in aid for Ukrainian refugees and orphans.

Now they're ready to mark the one-year anniversary of the war with another fundraising event.

"It started as a grassroots effort," said Wlodar, who splits his time between New York City and Millerton. "The first week of the war, I was just walking from one business to another knocking on doors."

Their efforts at the time

See **UKRAINE, A6**

Webutuck students win international writing contest

By **ELIAS SORICH**
elias@millertonnews.com

WEBUTUCK — Five students in the Webutuck Central School District will see their work in print this year after submitting to a writing contest through Young Writers, a UK-based book and periodical publisher.

The students are all members of Jenna Garofalo's English classes at Webutuck, and had the option to submit to the contest for extra credit.

A few months later, Garofalo received notice that all five of the



PHOTO SUBMITTED

See **WRITING CONTEST, A6**

Webutuck seniors Morgan Sprague, Sarah Sheely and Kai Brant.

Youth writers group provides community and inspiration

By **ELIAS SORICH**
elias@millertonnews.com

AMENIA/PINE PLAINS — The warm-up writing session at Mid-Hudson Youth Writers group began with the prompt, "Why is your novel taking so long to write?", to which one member replied, "because people keep bringing me snacks. This is in my imagined, ideal world, that is."

Founded and run by Abbey Gallagher, teen and adult program coordinator at Reed Memorial Library in Carmel, Mid-Hudson Youth Writers is an after-hours, voluntary writing group comprised

of middle- and high-schoolers mostly local to the Pine Plains area. During meetings, participants receive writing prompts, workshop their writing, talk about books, and generally explore the craft of creative writing.

As for what kind of writing is encouraged in the group, Gallagher, speaking before the Friday, Jan. 27, meeting, had this to say: "I always tell them, you can write to

this prompt I'm providing you, or you can write whatever you want! The weirder, the better."

Gallagher started the group in fall of 2019 as a way to remain connected to the local community after changing jobs. Then after around six in-person meetings, COVID-19 came to town, and the group shifted online for over two years. Once that

See **WRITING GROUP, A6**

Amenia's history preserved

AMENIA — Last August, Dutchess County Clerk Brad Kendall and Dutchess County Historian Will Tatum returned Amenia's three earliest record books to Amenia Town Clerk Dawn Marie Klingner, following four months of conservation and digitization. Now, researchers and residents alike can safely examine these historic records, which are stabilized for decades to come.

The three early town books collectively offer a window into daily life in Amenia from 1762 into the early

HISTORY IN THE MAKING

Will Tatum

19th century.

The 1762 Precinct Book records the actions of the board, which met annually from that year through 1800. At that time, these meetings were a straightforward review of financial demands against the town and certi-

fication of local officers.

Most of the book contains other information relating to the town clerk's job during these early decades. Different sections are dedicated to recording the identifying marks that owners placed on the ears of their cattle, lists of farm animals found wandering in the countryside, an annual account of the individuals licensed to run taverns, and entries of marriages and births.

See **AMENIA HISTORY, A6**



PHOTO BY GRIFFIN COOPER

Defense

Jaishaun Ferguson plays press defense for the Webutuck Warriors on Friday, Jan. 27, against the Dover Dragons. The Warriors fell to the Dragons 36-58.



CONTACT

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OPINION

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OUR TOWNS

Troutbeck makes changes to expansion plans

By JUDITH O'HARA BALFE
judithb@millertonnews.com

AMENIA — When touring Troutbeck, a country inn and retreat, it is not hard to imagine one is back in the 1800s, deep in the woods with trickling brooks and tranquil ponds. Here one is always close to nature, even with a few modern houses ensconced here and there.

Anthony L. Champalimaud, one of the partners at Troutbeck, is proud of what they are doing with the historic property, and just as proud of what they are keeping unchanged.

The inn has many rooms, some added on at different times, and some that have been reclaimed from porches and made into dining and sitting areas. Most of the floors are stone or wide wood planks; aside from dining areas, there is a cozy library, living rooms, a small gift shop, and a registration area. One gem is the Walled Garden, built in 1916, which pre-dates the current Inn.

Troutbeck has been here for a very long time, having existed since 1785. The original house burned to the ground in 1917, then was rebuilt. The manner house itself is 1,900 square feet. It has housed the likes of Henry David Thoreau, Teddy Roosevelt, W.E.B. Du Bois and many others; two early civil rights conferences were held there, in 1917 and 1933.

Today, on the grounds, you will also find a yoga studio and a tennis court, modern amenities in a rustic setting. There are plans in the making for other amenities, but Champalimaud was quick to point out his love of nature, his respect for ecology, and the realization that the plans need to be in keeping with the historic look and feel of the Amenia property. Indeed, one house near the inn may be the oldest house in Amenia, and it will be preserved and put back into use.

What Champalimaud pointed out is that what is be-



Anthony Champalimaud at Troutbeck Inn in Amenia.

ing done all around the property is preservation; dead trees are being removed, and wood is being reclaimed. He pointed to a roadway that will be redirected, with one road for entrance and another for the exit, for use especially by delivery and other trucks and traffic so as not to cause congestion. Where replanting is needed, native plants and grasses are being used. And several invasive species are being removed, especially on the bank of Webutuck Creek.

When looking at new development, and discussing future plans, he pointed to the yoga studio, a rustic-looking building that is no higher than 193 feet, the same height as an existing pole barn, very similar in design. Nearby, cabins are also rustic in looks, but have all the modern accoutrements one would expect. They blend in with the surrounding area, with landscaping that looks completely natural, native trees and plants, and are just two stories high.

In a letter to the Town of Amenia Planning Board on Jan. 9, Troutbeck amended some of the expansion plans from the original public hearing held in November 2022.

The November meeting focused on Troutbeck's application for a special use permit to make changes to its 250-acre facility. The meeting attracted



PHOTOS SUBMITTED

The Inn at Troutbeck.

a large number of participants. The Jan. 9 changes include:

— Reduced the number of cabins proposed from five to four;

—The gatehouse size has been reduced and relocated; a traffic consultant reported that the change of location for the gatehouse remains within operational standards and controls the ebb and flow of traffic.

Expansion plans also call for a new ballroom.

On the exterior, colors used at Troutbeck are from the National Parks' color palette.

The landscaping is aided by Deborah Munson, a horticulturist familiar with native plantings. This was from the first phase; Troutbeck is already making changes to phase to be more in alignment with what the area deems acceptable.

"You have to respect the narrative," said Champalimaud, "not cut or maim a living place."

Water consumption should not be a problem, Champalimaud said, because the pro-

posed expansion plan is for full capacity occupancy, which is almost never reached. In

addition, he said, Troutbeck's peak consumption of water falls well below the maximum output. The facility relies on high-efficiency fixtures.

In order to keep the property going, Troutbeck needs to have more guest rooms. It's not feasible to run a property of that size with so few rooms to rent. Among other costs, there have been expensive septic repairs.

"Change is all around us," said Champalimaud. "If we don't do, who will?"

"We may do it in a different way, but I think we're pretty qualified to take on this job. It could be so much better."

He and his partners took over Troutbeck from James Flaherty and Robert Kibsted in 2016; the former partnership bought it back in the late 1970s from a derelict and despairing

condition.

Troutbeck was originally over 800 acres. When Champalimaud first viewed it, he was impressed by the history and saw it as the right place for hospitality — traditional, but not stuffy. The zoning was already in place; Troutbeck had long been an inn and a conference center.

Even in winter the vistas are breathtaking; it's no wonder people have been coming here for well over a century to walk, relax, and enjoy nature.

From here, one can also enjoy horseback riding, visiting a zoo, wandering through Wing's Castle, and dining in area restaurants.

There are vineyards nearby, fishing and hunting, clay shooting and hiking. This area has so much for visitors to experience, but few places to stay.

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Love and horses add up to recipe for therapy

By JUDITH O'HARA BALFE
judithb@millertonnews.com

MILLBROOK — Kelly Lattin is a veteran who served in the U.S. Army. When she left the service, she found herself in need of therapy. Having been born and raised in this area of Dutchess County, she was familiar with many animals, but she had a special love for horses. Because of that, she chose equine therapy to aid in her recovery, in turn using it for a number of people in need of help.

Lattin also seems to attract other animals. She is currently housing cats, dogs, guinea pigs and quite often, two miniature horses names Bug and Baku, all in her house, along with her two grown children. She noted that the house needed to be "toddler-proofed" for the horses, as they, like any youngsters, can get into lots of mischief.

The other part of the family is housed in a barn and consists of four large horses, all rescued by Lattin. There are several other horses housed there, but Lattin's are all close to each other, and seemed to be — on one rainy, very cold day — enjoying themselves with hay, snickering and snorts, and a lot of love from Lattin.

Journey, acquired at the age of 4, is now 10, the first of the equine rescues, and Lattin credits Journey with teaching her to "be in the now, to be in the present." At first, Journey wouldn't go anywhere near Lattin because she felt her high anxiety. But as Lattin calmed down, they were able to begin building a relationship. Journey also happens to be very fond of dogs.

Next came Felix, a handsome male Tennessee Walking

Horse, who had some serious problems. He could barely walk and needed some work on his feet. Within three days, when a rescue group was coming to take him back, Lattin offered to take him on.

The third of Lattin's much-beloved horses is Kivi. A quarter horse, "Kivi is a lover," said Lattin. "Kivi loves cows, people and everything else." Yet when she got him, it was from someone who had found him at auction.

He was emaciated, sick and depressed. She didn't have any information on his background, but he was very sweet.

Kivi, 18, works well with the residents at The Fountains in Millbrook, an assisted living facility where the horses visit every month.

All three of her horses were flat racing horses.

Esperance is also 18, and another Tennessee Walker. Lattin got her sight unseen, a rescue who had been neglected. Lattin saw a picture and decided she needed to rescue her, and Esperance was delivered from New Jersey.

Why use horses for therapy? Lattin explained that horses read people better than humans do. They can recognize unhealthy anxiety. Horses are animals of prey; they aren't predators, so they can quickly assess situations and, if not threatened, return to a calm state almost immediately.

Lattin believes that horses can teach people how to be alert, how to assess and how to return to a baseline calm. They can pick up heart rate and breathing patterns as well, and horses have a lower resting heart rate than humans.

One person Lattin and her horses have worked with was a teenage boy with anger is-

sues. He learned to release the anger, and how to focus and be grounded.

Another advantage of horse therapy is lifespan. Horses can live for 30 years or more.

Miniature horses and their very large counterparts have some things in common, but while Lattin brings the smaller boys, Baku and Bug, to the farm, they don't graze in the fields with the big horses. Kivi loves the minis but Felix can't figure out what to do with them. They can't eat much grass because it has too much sugar. They could also get hurt if the running or frolicking gets too animated.

Horses can migrate because they can graze, but miniatures need to be cared for and fed. One major difference is that large horses can be ridden and miniatures can't be. Lattin also finds that the Bug and Baku are calmer than the full-sized horses as a rule. But even the little horses have different personalities. "Baku is brilliant," stated Lattin. "Bug just doesn't care." Baku is in training to go into service, so caring is a good thing.

Horses are more expensive to maintain than many other "pets." They eat a lot of hay, and all of the horses receive vitamin supplements. They also take up a lot of room, needing stables and pastures for grazing.

So far, Lattin has been able to manage the finances, and she doesn't charge for her horses' services, but she gratefully accepts donations. Currently she is working on obtaining a 501(c)(3) to be able to get funding and could hire a trainer or other help. Lattin spends much of her time cleaning stalls and grooming the horses.

Lattin and her horses, both big and small, enjoy going to

The Fountains every month, and the residents love having their company.


In the warmer weather, Journey, Felix and Kivi are the big draws because they can all be outdoors and enjoy the weather as well as the company. In the winter months, Baku and Bug are the frequent guests because they visit indoors.

For more information about equine therapy with Lattin and her horses, email myjourney05@gmail.com.



PHOTO BY JUDITH O'HARA BALFE


Journey loves Kelly and the feeling is mutual. Kelly Lattin acquired Journey at the age of 4; the mare is now 10, and was the first of Lattin's equine rescues.



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OBITUARIES

Margaret K. Green

SALISBURY — Margaret K. Green, a longtime resident of Salisbury, passed away peacefully at her home on Housatonic River Road on Jan. 17, 2023. Margaret is survived by her loving husband of seventy-one years, Eugene F. Green.



Marge and her husband moved from their home in Douglaston in 1982 to their country home in Salisbury. She cherished the community of Salisbury and became active in many of the local organizations. With her passion for gardening, she joined the Salisbury Garden Club and served as the Vice President. She was one of the founding members of the Salisbury Beautification Committee. Marge was a member of the Board of the Holly Williams House and enjoyed hosting many Christmas Musicals there. She served as Vice President of the Salisbury Women's Republican Club and was an active member of Saint Mary's Catholic Church in Lakeville.

Margaret was born in Brooklyn, New York, on March 25, 1928, the oldest daughter of the late Edward Kirk and Margaret (Jack) Kirk. She grew up in Bayridge, Brooklyn, with her parents and her younger sister Ann. Margaret graduated from Fort Hamilton High School. Continuing her education, she enrolled in classes at Pace College in New York City. She was employed by Standard Vacuum Company and worked in the personnel Department.

Marge is survived by her sister Ann (Kirk) Haggett and husband Ronnie Haggett of Antrim, New Hampshire, and children Kathy (Green) Hogan and husband Philip Hogan of Monrovia, California; Patti (Green) Barry and husband Charlie Barry of Johns Creek, Georgia; Brian Green of Torrington; Eileen Green of Old Orchard Beach, Maine and six grandchildren and six great grandchildren.

While Margaret attended Fort Hamilton High School, she met her future husband Eugene (Gene) Green. They were married on Dec. 1, 1951. Marge, as she liked to be called, soon became a full time homemaker and a loving mother to her four children.

A Mass celebrating the life of Margaret K. Green was held at St. Mary's Catholic Church on Friday, Jan. 27 at 11:00 am. A viewing was held at Newkirk-Palmer Funeral Home on Jan. 27 from 9:00 to 10:30 a.m.

To accommodate their growing family, Gene and Marge Green moved to Douglaston, New York. Marge was busy raising a family and running a household, but she also made time for some hobbies. She loved to garden and she was an avid reader. Being a very outgoing person, she had many close friends in Douglaston.

Thomas E. Tierney

MILLERTON — Thomas E. Tierney, 60, of Myrtle Beach, South Carolina, passed away unexpectedly on Saturday, Jan. 21, 2023, at home with his loving wife. He was born in the Bronx, New York, was raised in Millerton, and retired to Myrtle Beach.



time with friends. He will be deeply missed.

Tom is predeceased by his father, John J. Tierney and mother, Grace Butkie Tierney; brothers, John J. "Jack" Tierney, Jr. and Brian C. Tierney; and niece, Linda Tierney Otero, as well as his three German Shepherds, Mika, Malibu and Tasha and the cat Morgan.

Left to cherish Tom's memory are his beloved wife of 20 years, Gina Nicora Tierney of Myrtle Beach; sister, Christine Tierney LeMere and her husband, Robert LeMere of N. Fort Myers, Florida; and their children Kim LeMere and Denise LeMere Mossey; his sister in-law, Barbara Reiner Tierney of West Milford, New Jersey and her children, Susan Tierney Frank, Maureen Tierney Groh and Kevin Tierney; in-laws, Chester and Barbara Nicora of Aqawam, Massachusetts; brother in-law, Michael Nicora and wife, Paula and their children, Mikaela, Dominic and Camryn Nicora; great nephew, Dominic Nicora, Jr.; his two loyal, "true blue" friends who were more like brothers, Dude Kramer and Chuck Gibson.

Tom worked for the State of New York for 39 years, and retired as a Sergeant from Hudson River Psychiatric Center. His passion for auto racing brought him to Lime Rock Park in Lakeville, where he was employed for over 20 years, the majority of his career at the racetrack was as the Chief of Security. In his free time, Tom, enjoyed racing motorcycles at various race tracks across the country, slot cars and RC cars, he was an active and lifetime member of the Elks Lodge, as well as the Millerton Gun Club, he was a member of the Sons of American Legion, in Millerton, and proudly served as secretary for the Blue Knights Chapter I in Connecticut. In his free time, Tom enjoyed riding his Harley enjoying "wind therapy," and golfing with his wife. Above all else, Tom loved his family and spending

A Celebration of Life will be held at a later date. At the request of the family, please consider memorial contributions in lieu of flowers. Donations in Tom's name may be made to, Couch-Pipa VFW Post 6851 Scholarship Fund, P.O. Box 913, Canaan, CT 06018.

Online Condolences may be made at www.burroughsfh.com Burroughs Funeral Home and Cremation Services (843-651-1440) of Murrells Inlet is assisting the family with arrangements

William Mahar

AMENIA — William Mahar, 78, a longtime resident of Amenia, passed away peacefully at his home in Amenia on Wednesday, Jan. 25, 2023, surrounded by his loving family. Mr. Mahar was a teacher at the Wassaic Developmental Center in Wassaic.



Born on March 13, 1944, in Albany, he was the son of the late James D. and Francis (Kelly) Mahar. Mr. Mahar earned a Master's Degree with a major in Psychology from Marist College in Poughkeepsie, New York. On Nov. 25, 1967, in Whitesboro, New York, he married Janet Marie Seemann, who predeceased him on May 26, 2018.

Mr. Mahar was a devout Catholic. He was a Eucharistic Minister and longtime parishioner of Immaculate Conception Church in Amenia. Mr. Mahar was an accomplished Chess Master. He has gone to be with the Lord and his beloved wife, Janet.

Mr. Mahar is survived by his children, Marla Perkins and her husband, Brian, of Craryville, New York, William J. Mahar of Amenia, James M. Mahar and his significant other, Erica Proper, of Amenia, Jennifer M. Mahar of Millerton, and Laura Ma-

har and her significant other, Jason Quiles, of Millerton. He is also survived by two brothers, Steve and John Mahar and a sister, Mary Hack.

He is also survived by ten grandchildren, Austin and Shane Perkins, Bellah and Landyn Mahar, Leannah and Kearstin Recchia, Henrietta Gaeta and Mia, Cayden and Dante Quiles and several nieces and nephews.

Besides his parents and wife, Mr. Mahar was predeceased by a daughter, Mara Anne in 1973 and a brother, James Mahar.

Calling hours were from 4 to 8 p.m. on Tuesday, Jan. 31, at the Hufcut Funeral Home, 3159 Route 22, Dover Plains, NY. A Mass of Christian Burial was celebrated at 10 a.m. on Wednesday, Feb. 1, at Immaculate Conception Church, 4 Lavelle Road, Amenia, NY. Burial will follow at Immaculate Conception Cemetery in Amenia. Memorial contributions may be made to Catholic Family News, MPO Box 743, Niagara Falls, NY 14302 or Hudson Valley Hospice, 372 Violet Ave., Poughkeepsie, NY 12601. To send the family an online condolence, please visit www.hufcutfuneralhome.com

LeRoy Eugene Euvrard

SHARON — On Monday, Jan. 16, 2023, LeRoy Eugene Euvrard, Jr. passed away thirteen days after his 80th birthday. He was proceeded in death by his mother, Madelyn Euvrard (Martyn), and father, LeRoy Eugene Euvrard. He is survived by his children Annica (Philip) Waal-



kes, Aimee (Eric) Terry, Illaina (Adam) Neigebauer, Adrian (Melissa) Euvrard, and stepdaughter Jessica (Craig) Roten as well as eleven grandchildren. As a child he enjoyed spending summers on his grandparents farm in Sharon, Connecticut and frequently shared stories of his adventures. After graduating from Hingham High School, he joined the Navy (VP-31, the RAG (Replacement Air Group) while studying history at Columbia University. He was very proud of and enjoyed his time spent in the Navy. While flying missions between Adak, Alaska and Hawaii, he met his first wife, Jane Dalman. They settled in York, Pennsylvania with their two daughters Annica and Aimee after finishing his Law degree at Boston University. He had been involved in scouts as a child and become a scoutmaster which he recounted as being one of the

things he enjoyed the most in his life. LeRoy met his second wife, Lucy Ward, in Cincinnati, Ohio. They were married shortly thereafter and moved to a hobby farm in Newton, Wisconsin. There they welcomed Illaina and Adrian. LeRoy again became involved with scouts.

He enjoyed hiking and often loaded the family in the van to go camping. The family moved to Ohio where he became a very active member in the Unitarian Universalist Community. He also enjoyed traveling, trying different foods, attending his children's events, playing computer games, and going to museums. Upon retirement, LeRoy moved to Hericourt, France, his ancestral home, where he spent several years exploring Europe in a camper van with his dog and immersed himself in history, his second love after politics. He was an activist and volunteered his time in causes he was passionate about. When traveling became more difficult for him, he returned back to the U.S. and spent time both in Michigan and Tennessee, whose weather he much preferred. He enjoyed debating politics with friends and sharing his travels on Facebook.

For more obituaries, see page A5.

Send obituaries to johnc@lakevillejournal.com



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Kathleen Dow Back

AMENIA — Kathleen Dow Back, 79, a thirty year resident of Amenia, died peacefully in her home with her family at her bedside on Tuesday, Jan. 24. Mrs. Back was a self-employed legal secretary for nearly forty years, prior to her retirement in 2013.



Born Oct. 2, 1943, in New Rochelle, New York, she was the daughter of the late George and Frederica (Yaede) Dow. Mrs. Back attended and graduated from New Rochelle area schools. She married Charles Back in Rhinebeck and they shared many happy years together. Mr. Back passed away in 2005. Mrs. Back enjoyed spending time with her family and was a voracious reader in her spare time.


Mrs. Back is survived by two sons, James D. Lehan and his companion Sandra Bell of Millerton, and Christopher G.

Lehan and his companion Eileen Kelly of Stormville, New York; her granddaughters, Emily Lehan and Savannah Geidel; her brother, George Dow and his wife Delma of Kansas City, Missouri, and her sister, Georgine Burke and her husband Charles of Slaterville Springs, New York and several

nieces and nephews and many friends. In addition to her parents and husband, she was predeceased by her brother Dickie and two sisters, Florence and Sissy.

There are no visiting hours. A memorial service may be announced at a later date.

Arrangements have been entrusted to the Scott D. Conklin Funeral, 37 Park Avenue, Millerton, NY 12546. To plant a tree, send flowers to the family or to leave an online condolence please visit www.conklinfuneralhome.com



Worship Services

Week of February 5, 2023

Call ahead or visit websites for updates on remote or in-person services.

<p>The Congregational Church of Salisbury, U.C.C. 30 Main Street, Salisbury, CT Whoever you are, wherever you are on life's journey, you are welcome here! Online worship, Sundays at 10:00 a.m. www.salisburyucc.org Sharing God's shalom: Wholeness, harmony, justice, and joy! (860) 435-2442</p>	<p>Christ Church Episcopal in Sharon 9 South Main, Sharon CT Sunday Holy Eucharist at 9:00 A.M. <i>Transitioning through prayer</i> All welcome to join us 860-364-5260 www.christchurchsharon.org</p>
<p>St. John's Episcopal Church 12 Main Street, Salisbury, CT Rev. Paul Christopherson SUNDAY SERVICE 10:00 a.m. Eucharist with music (Rite II) In-Person and on You-Tube www.stjohnssalisbury.org 860-435-9290</p>	<p>St. Thomas Episcopal Church 40 Leedsville Road Amenia Union, NY SUNDAY WORSHIP @ 10:30 IN-PERSON AND ONLINE Visit our website for links Rev. AJ Stack 845-373-9161 www.stthomasamenia.com A Community of Radical Hospitality</p>
<p>North Canaan Congregational Church, UCC Joyfully opening our hearts and doors to all God's people 172 Lower Rd./Rt. 44, East Canaan CT Worship services Sundays at 10 am www.Facebook.com/northcanaancongregational 860-824-7232</p>	<p>Trinity Episcopal Church 484 Lime Rock Rd., Lime Rock In person services on Sundays 8:00 and 10:30 A.M. Livestream at 10:30 on www.trinitylimerock.org The Rev. Heidi Truax trinity@trinitylimerock.org (860) 435-2627</p>
<p>FISHES & LOAVES FOOD PANTRY, A MISSION OF OUR CHURCH is at Pilgrim House, 30 Granite Ave., Canaan Tuesday 4-6 pm & Thursday 12-2 pm www.fishesandloavesnorthcanaan.org</p>	<p>Unitarian Fellowship of NW CT Cobble Living Room, Noble Horizons The next meeting will be Sunday, February 12 at 10:30 a.m. For information, contact Jo Loi at joikioloi@gmail.com All are Welcome</p>
<p>The Lakeville United Methodist Church 519 Main St., Lakeville, CT 06039 9:30 a.m. Worship Service 9:30 a.m. Sunday School "Open Hearts - Open Minds - Open Doors" Pastor Jay Veronesi 860-435-9496 Lakevillemethodist@snet.net</p>	<p>ST. MARTIN OF TOURS PARISH Immaculate Conception, 4 North Street, Norfolk St. Joseph, 4 Main Street, Canaan St. Mary, 76 Sharon Road, Lakeville MASS SCHEDULE Saturday Vigil 5 pm, St. Joseph Church Sunday 9 am, Church of St. Mary Sunday 11 a.m., Immaculate Conception Church DAILY MASS SCHEDULE Wednesday 6pm St. Joseph Chapel or Church Thursday 8am Immaculate Conception Church Friday 8am Church of St. Mary ALL ARE WELCOME! For information, please call 860-824-7078</p>
<p>Promised Land Baptist Church 29 Granite Ave., Canaan, CT Where you will find: A Warm Welcome! Helpful Bible Messages, A Place to Grow! Sunday School - 10am Sunday Worship - 11am Wednesday Bible Study and Prayer Meeting - 7PM (860) 824-5685 VISITORS WELCOME! www.promisedlandbaptist.org</p>	<p>UCC in CORNWALL Congregational Worship Sunday, 10 am Cornwall Village Meeting House 8 Bolton Hill Rd, Cornwall Outstanding Church School (10 am) Mission Opportunities Warm Fellowship following Worship 860-672-6840 FB - UCC in Cornwall Rev. Micki Nunn-Miller, Minister Welcoming all - including the LGBTQ Community</p>
<p>The Smithfield Presbyterian Church 656 Smithfield Valley Rd. Route 83, Amenia, NY Services every Sunday 10 a.m. www.thsmithfieldchurch.org 21st Century Theology in an Historic Building</p>	<p>Sharon Congregational 25 Main Street, Sharon, CT Sunday Service 10:30 a.m. Visit our website sharoncongregationalchurch.org for current online Bible studies and Sunday services Contact us at 860-364-5002 or info@sharoncongregationalchurch.org</p>
<p>Canaan United Methodist Church 2 Church St., Rte 44, Canaan, CT 11 a.m. Worship Service "Open Hearts - Open Minds - Open Doors" Rev. Lee Gangaware 860-824-5534 canaanct-umc.com canaanctumc@gmail.com We hope you will join us!</p>	<p>SAINT KATERI TEKAKWITHA PARISH 860-927-3003 Rev. Robert Landback The Churches of Sacred Heart, Kent St. Bernard, Sharon St. Bridget, Cornwall Bridge MASS SCHEDULE SATURDAY VIGIL 4 PM - St. Bridget SUNDAY MASSES 8 AM - St. Bernard 10 AM - Sacred Heart WEEKDAY MASSES Monday & Friday 9 AM - Sacred Heart Tuesday 9 AM - St. Bernard</p>
<p>All Saints of America Orthodox Christian Church 313 Twin Lakes Rd., Salisbury, CT Vespers Saturday at 5:00 P.M. Divine Liturgy Sunday at 9:30 A.M. Rev. John Kreta 860-824-1340 allsaintsofamerica.us</p>	<p>The Chapel of All Saints, Cornwall Join our intimate Episcopal service via Zoom Sundays at 9:00 a.m. Email Rev. Mary Gates at: mngates125@gmail.com for an invitation to the Zoom service If you don't have a computer you can participate via phone.</p>
<p>Millerton United Methodist Church 6 Dutchess Avenue, P.O. Box 812 Millerton, NY 12546 Services on the 1st & 3rd Sunday of each month at 10:00 A.M. 518-789-3138</p>	



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OBITUARIES

Ralph Allen Maddock

CANAAN — It's with our family's heartbreak that we announce the passing of our beloved husband, daddy and poppy Ralph Allen Maddock, 82, of Canaan on Jan. 25, 2023, who was born Nov. 15, 1940.

Oh how we will miss you! We looked up to you, we followed you, we admired you, we

were so proud of you and we bragged to anyone that would listen about you. We laughed with you, we cried with you, we held you tight, we respected you more than we ever told you. We listened to you, we talked to you even when it was something you didn't want to hear. We learned so much from you, we respected you for your selfless love and caring ways. You were someone to listen to and someone to try and impress. You were most of all, someone to share everything with in this life. We are so incredibly grateful that we were blessed to have you in our lives. To say that we loved you would be the biggest understatement and to say we are going to miss you would be an even greater understatement. We cannot begin



to imagine not having you on the end of the phone or always being there when we need you. The love you showed us was unconditional, your kindness and generosity will be remembered by all who had the pleasure of knowing you. Thank you for giving this world 82 years of greatness, we wanted you to

stay here another 82 years but the angels have called you home. Thank you God for showing us heaven on earth with the greatest man of all times. The world is so much dimmer without you here, but we will see you in the rainbows, the sunshine and everything beautiful in between. Until we see and hold you again.

With so much love,
Betty, Lori, Missy, Randy, Dantae and Logan

P.S. We'll see you in paradise. To honor his wishes, there will be no funeral service. We invite you to please celebrate Ralph's memory in your own ways.

Please send condolences to Elizabeth (Betty) Maddock, P.O. Box 574, Canaan, CT 06018.

Arthur R. Nadeau

AMENIA — Arthur R. Nadeau, 91, a longtime resident of Amenia, passed away on Wednesday, Jan. 25, 2023, at Geer Nursing and Rehabilitation Center in North Canaan. Mr. Nadeau owned and operated Tri-State Collision in Millerton. He later owned and operated the Lantern Inn in Wassauc with his companion Kathryn Finkle from 1979 to 2010. Mr. Nadeau retired in 2010.

Born on May 3, 1931, in Haverhill, Massachusetts, he was the son of the late John E. and Mary (Houle) Nadeau. Mr. Nadeau proudly served in the U.S. Army during the Korean Conflict. He was a former member of the VFW Post #178 in Millerton.

Mr. Nadeau is survived by his daughters, Suzanne Louey and her husband, Samuel, of Amenia, Karen Marino of Lititz, Pennsylvania, and Lillian Simon of Springhill, Florida, and a son, John Nadeau of Clearwater, Florida. He is also survived by his step-children, Jennifer McRoberts and her husband, Richard, of Millerton, Katrina Brazee and her husband, Robert, of Millerton, George Finkle of Millerton



and Perry Finkle and his wife, LeeAnn of Lawrenceburg, Indiana. Mr. Nadeau is also survived by six step-grandchildren, Kyle and Kate Louey, Ariel and Corinne Brazee and Joshua and Jared McRoberts and three step-great-grandchildren: Aiden, Madison and Austin McRoberts.

Besides his parents and companion, Mr. Nadeau was predeceased by a son, Frederick Nadeau.

The family would like to extend a sincere thank you to the staff at Geer Nursing and Rehab for their care and kindness towards Mr. Nadeau and family while on Harmony Lane.

Calling hours were held from 5 to 8 p.m. on Monday, Jan. 30, at the Hufcut Funeral Home, 3159 Route 22, Dover Plains, NY. A Mass of Christian Burial was celebrated at 10 a.m. on Tuesday, Jan. 31, at Immaculate Conception Church, 4 Lavelle Road, Amenia, N.Y., with Rev. R. Kent Wilson officiating. Burial will follow at St. Mary's Cemetery in Salisbury, Connecticut. For directions or to send the family an online condolence, please visit www.hufcutfuneralhome.com

Judith Ann (Liepertz) Hanes

FAIRFIELD, Conn. — It is with great sadness that we announce the passing of Judith Ann Hanes of Mills, Pennsylvania, on Jan. 6, 2023. Judith was 84 years old. She was born in 1938 in Norwalk, Connecticut, and was the oldest daughter of the late Vera Benedict Liepertz and Harold Liepertz.

She grew up with her younger sister Beverly Liepertz Channey in Fairfield, Connecticut, among much loved family members.

She met the love of her life, the late Joseph E. Hanes, while working at the Fairfield Country Club. Judith and Joseph married and raised three children, the

late Cynthia A. Hanes of Mills, Pennsylvania; Kathleen M. O'Connor of Oak Park, Illinois; and Joseph E. Hanes, Jr. of Torrington.

She also leaves behind many nieces and nephews, as well as lifetime close friends. Judith's wish in her life was to have a family to care for. She volunteered at many organizations, was an avid reader, and so enjoyed family gatherings. She will be deeply missed.

A service for Judith and for her husband and daughter will be held at the Parker Hill Cemetery in Sunderlinville, Pennsylvania, on June 17, 2023, at 11:00 a.m., with a luncheon to follow.

SALISBURY — Edward Tyburski passed away peacefully at his home in Salisbury, on Jan 21, 2023, at the age of 89 surrounded by his loved ones. He was born on Nov. 7, 1933, in Derby, Connecticut. He was the only child of Mary and Cyrus Tyburski who had emigrated from Poland.

Ed attended St. Joseph's Elementary School and Ansonia High School. He graduated from New Haven State Teachers School with a B.S. degree in Elementary Education and Physical Education. He earned his Master's degree at the University of Maryland where he was a Graduate Teaching Assistant in the Physical Education Department.

Ed's parents could not understand Ed's intense love of sports, especially football where he would often come home aching or in bandages. At Ansonia High School as a defensive end and tight end, he learned how the game was played as a member of the famed Chargers football team. He played football all through college and afterwards with the Connecticut Giants, which was a farm team and practice squad for the New York Giants.

Ed also lettered in basketball in high school and college. After college he also enjoyed playing in the highly competitive Connecticut industrial basketball league and played with the likes of future NBA Hall of Famers Connie Hawkins and Wilt Chamberlain in exhibition games.

Ed first met his future wife, Elizabeth Sopneski, when he was 11 and she was 7. They met again as young adults and immediately felt a strong mutual attraction and married in 1957. Ed was 23 years old and she was 20. The marriage was a happy one that lasted 65 years. In 1961, they brought their family from Ansonia to the beautiful small town of Falls Village, where Ed began his coaching and athletic director career at Housatonic Valley Regional High School (HVRHS). The small town atmosphere of the northwestern corner of Connecticut and the strong sense of community was a perfect match.

At HVRHS, his passion for sports flourished. Over his 37 year career he coached football, boys basketball, golf, gymnastics and girls softball and became the schools long-time athletic director. He was the only Housatonic coach to be head coach of five sports.

Ed worked tirelessly to expand physical education and athletic programs to enable a wider range of sports to be more accessible to students, and to increase overall participation. This included his active support of Title IX in 1972, a law passed prohibiting discrimination of offering educational and athletics opportunities based on sex. He was an early leader for wom-

en's participation in sports, and his efforts resulted in HVRHS receiving substantial federal financial assistance which allowed a rapid expansion of women's sports at HVRHS. Under his leadership, the athletic program increased from six sports and 11 teams to 21 sports and 34



teams and the creation of intramural sports programs. To ensure this expansion was successful for the students, he worked continuously to expand and improve facilities, created innovative and inspirational coaching handbooks, and published a beginner coaching fundamentals manual.

In the culmination of his tireless efforts as athletic director, HVRHS was named first place in the state of Connecticut in 1989 for excellence in high school athletic programs, receiving the prestigious Michaels Cup. Through his foundational work, HVRHS won the Michaels cup for an unprecedented second time in 1991 under the leadership of David Bayersdorfer, who succeeded Ed as the HVRHS Athletic Director.

Ed was also active in the promotion and evolution of high school athletics at the State level. He was one of the founding members and President (1986-1987) of the Connecticut Association of Athletic Directors (CAAD). The primary goal of CAAD is to support, assist, innovate, and inspire excellence in athletic program development for high schools in Connecticut. In 2017, he was formally inducted into the CAAD Hall of Fame in recognition of his years of leadership in promoting athletics across the State of Connecticut.

Most importantly, Ed was a tireless and very dedicated servant to his students, coaches and the HVRHS community. He went out of his way to make sure students and coaches had support and resources to be successful in sports and most importantly, in life. He was known for his focused yet fair and patient approach, and his memorable sense of timely humor. For the annual HVRHS athletic banquet, he made sure every athlete in the school was captured and recognized in his multimedia presentation of photos and music. He also managed to recruit many prominent former pro athletes and coaches to speak at the annual banquet, including a particularly inspiring speech from Lou Carnesecca, legendary head basketball coach for St. John's University. His passion for sports at HVRHS lives on through the Tyburski Award that is presented annually to a freshman athlete in each sport who best exemplifies skill, sportsmanship, leadership, and teamwork. The combined support and

leadership of the coaches, faculty, staff and community were integral to the overall success of the HVRHS athletic programs. True teamwork in action.

Ed was also active as a leader in his community. He served on the Falls Village Board of Selectman from 1971 to 1977. Additionally, he served as the Scout Master for the local Cub Scout troop. He also participated in a number of other public and community volunteer organizations. Ed was devoted to the support of his community through all aspects of his life.

Ed also served in the United States Army Reserve 326th Intelligence Unit from 1954 to 1962 with an Honorable Discharge.

Most significantly, Ed was a devoted husband and father. He always included his sons in practices and games and everyday life at HVRHS, and taught them the importance of community service, dedication, and devotion through action. His wife Elizabeth was truly the wind beneath his wings, infusing untiring wisdom, energy and support while successfully raising 3 energetic kids. He always appreciated the fact that he

could never have done it without her.

Ed is survived by his wife Elizabeth Tyburski, sons Edward (Lisa), Michael (Julie), Jeff (Rosalind), grandchildren, Stacey (Robert), Kelly (Otto), Michael (Ariel), Alex, Erin, Daniel, Max, Elise, Kyra, Andie and Zoe and great grandson Jackson. The Tyburski's are very grateful for the outstanding support they have received from the HVRHS community and friends.

A service will be held at St. Joseph church, located at 4 Main Street, Canaan, on Feb. 18, at 11 a.m. immediately followed by a celebration of life and community ceremony with remarks and luncheon reception at the HVRHS cafeteria.

In lieu of flowers, the Tyburski's would like to respectfully request donations to HVRHS to further promote, enhance and preserve athletic programs for students. Checks can be made payable to the Housatonic Athletics fund and mailed care of HVRHS, 246 Warren Turnpike Road, Falls Village, CT 06031 or dropped off at the reception.

The Kenny Funeral Home has care of arrangements.

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We will be traveling to Hartford on Weds, February 1st to attend the Summit on Housing and Conservation event hosted by the Connecticut Land Conservation Council whose website is: ctconservation.org. The purpose is to explore how affordable housing groups can cooperatively work with land trusts to promote both housing and conserved lands in their communities. We will be representing the Salisbury Housing Trust which focuses on home ownership. For more information on this issue, please visit ctconservation.org/event/2023-summit-on-housing-and-conservation.

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With thanks to those who serve.

For more obituaries, see page A4.

WRITING CONTEST *Continued from Page A1*

students who had submitted their writing were selected for publication.

"First and foremost, I am so proud of them. It was optional, so they had to take on additional work on their own time!"

The book is titled "Twisted Tales - The Truth Revealed" and includes the writing of middle- and high-school writers from all over the map. In order to submit, students had to respond to the prompt "Through their eyes" and keep to a 100-word limit.

In Garofalo's eighth-grade class, Emma Sprague penned "The Beast" and Brenden Dean composed "Puzzled." From the 12th-grade contingent, Kai Brant wrote "To Be King," Morgan Sprague wrote "The Wicked Witch," and Sarah Sheeley authored "Vanished." The three seniors take English 101 with Garofalo for college credit through a partnership program with Dutchess County Community College.

To Garofalo, the opportu-



PHOTO SUBMITTED

Eighth-graders Brendan Dean and Emma Sprague.

nity for students to see their writing in print helps them to build confidence, and see themselves as writers.

"It's a great opportunity for students to realize, 'Oh, I do like to write and I'm actually good at it.' It means a lot for them to hear that their work will be published in an actual book... The look of surprise, particularly on one of my eighth-grader's face. He was so surprised in himself that he could do it; it was a great confidence booster. His mom was so proud of him."

Garofalo has taught at Webutuck for 10 years and has, for a number of years, provided the opportunity for her students to submit to a Young Writers contest. One student, Morgan Sprague, is a return winner, having successfully submitted last year as well.

But to Garofalo, the benefits of creative writing in the classroom extend beyond contest winning. The five selected pieces all arose from "Warm-up Wednesdays," when students are provided with writing prompts, or time

to journal, at the start of the day. Doing so helps "get their brains ready and activated," similar to stretching before gym class. It also provides Garofalo an additional teaching angle through which to guide her students' learning.

"One of the things that I love most as an English teacher is to see students writing and expressing themselves. But it also helps to form really great relationships! By reading their work, I learn a lot about them, and it's a really beautiful point of connection."

The Young Writers book is set to arrive near the end of the year — it has to ship from England — and once it does, Garofalo looks forward to displaying it for all to see.

"I have two books already from previous students, so I'm hoping to create a little shelf over the years and be able to say, 'Yes, all these students are published authors,' and have all of these books on that shelf. So I'm pretty excited to see that."

UKRAINE *Continued from Page A1*

spawned an art auction and event in March, which raised \$85,000 from the art alone and a total of \$125,000 at the event.

"Neither of us had ever done any fundraising before," said Schmidt-Wlodar.

"This all goes for helping children and orphans deal with the trauma of war," said Wlodar. "We created safe houses for mothers and displaced kids. We've done workshops for schools, and for the teachers and caregivers [about] how to spot the trauma and how to treat it. We've provided over 600 tourniquets for the front lines. We're really trying to concentrate on helping the kids." Wlodar's United For Ukraine organization has been working with Razom, a 501(c)(3) out of New York City, as well as the Wayair Foundation in his native Poland to deliver money and supplies.

To mark one year since the Russian invasion of Ukraine, the Wlodars are holding a second art auction with bids being made and accepted online beginning on or around Friday, Feb. 10, and an event to be held Sunday, Feb. 26, from noon to 3 p.m. at Troutbeck in Amenia.

"The idea for this exhibition was born when I was visiting Ukraine," said Wlodar. "I went to Kyiv end of September, I went to the gallery [Portal 11] and we basically discussed the whole idea of the exhibition."

"Kim and I didn't want to put the exhibition above the war. We wanted an exhibition that had optimism in it, resilience, perseverance. We're going to have about 40 works from Ukrainian artists and they're each a little bit different."

The online auction will include approximately 80 lots, with works by many local and regional artists such as James Rosenquist, Richard Estes and Sandy Skoglund.

The art will be on view by appointment prior to the auction, and will be moved to Troutbeck on Wednesday, Feb. 22.

"This exhibition will be at Re Institute so people will get out of their comfort zone," said Wlodar. "It's going to be

cold, unheated, but all of these artists who have donated their time and works, they were painting under current circumstances with no heat, with no electricity sometimes."

The event at Troutbeck is shaping up nicely. Alice Min Soo Chun, founder and CEO of Solight Design, will speak about delivering her collapsible solar lights to hospitals in Ukraine. A live auction will take place featuring experiences and other big-ticket items conducted by Christie's auctioneer Rachel Orkin-Ramey.

Included in the live auction will be a small number of limited-edition prints of the artwork featured on the Dec. 7, 2022, cover of TIME magazine, with President Volodymyr Zelenskyy and the spirit of Ukraine as Person of the Year, signed by artist Neil Jamieson.

Local chefs Michel Jean of Champetre in Pine Plains, Robert Arbor of Le Gamin in Sharon, Connecticut, and Michael Lodes will be providing food with help from Tenmile Distillery and Guido's Fresh Marketplace. Ukrainian friends of the Wlodars will be making two types of borscht, with meat provided by Herondale Farm.

Bard College grad student Terenia Kuzma will perform live music on Ukrainian bandura.

Tickets for the Feb. 26 fundraiser are \$125 each. "If somebody could not afford a donation to Ukraine, we are inviting them to volunteer with us," said Wlodar. "We welcome everyone. Children can come free. We're not going only after money; it's a community-building event."

To see the preparations that are being made for the upcoming Troutbeck event as well as photos of previous events and Wlodar's trips to Ukraine and Poland, go to kimschmidtfineart.com/fundraiser-for-ukraine. A link to the online auction when it goes live will be posted there as well, and there is also a link to buy tickets for the Troutbeck fundraiser.

To make an appointment to see the art exhibition at Re Institute or to inquire about volunteering at the fundraising event, call 786-282-2495.

WRITING GROUP *Continued from Page A1*

happened, and much to Gallagher's surprise, students joined in from all over the country.

"All of a sudden the group grew... We gained kids from Texas, California, New York — and we still have a regular student from Canada."

"But you could just tell, there was such a change in energy in the kids [as a result of the pandemic]. Not that any of them were going to talk about it, but you could tell they were absolutely terrified. Just inside the uncertainty and the limbo of what was going on in the world."

At that point, Gallagher's job had moved online, so they made the decision to provide three additional opportunities a week for members of the writing group to show up to

a Zoom room, free write, talk and find community during an uncertain time.

Now that the group is back in-person at the Pine Plains Free Library, the benefit of Gallagher's commitment and support during a prolonged period of difficulty were on full display.

As the group gathered around the library table, talking, sharing stories and doodling on doodle-safe surfaces, a palpable atmosphere of support, community and familiarity filled the space. One moment, the students would be joking about space whales and a love of science fiction, and the next, providing clear, detailed and growth-oriented advice on how to overcome writer's block or write a real-

istic character.

And while it was evident that this environment stemmed from Gallagher and the thoughtfulness with which they approach leading a workshop, Gallagher drew attention to the students themselves and the active role the students play in encouraging newer participants.

"Everyone is welcome. And what I think is really special about our group is that anytime we've gotten a new member, our current members are so welcoming, and so kind and so generous... They also just love to write, so on my end I'm like, 'Okay, I will deliver!'"

And indeed, some of those current members have been participating in Gallagher's writing workshop from its

very beginning three years ago. Over that time, Gallagher has had the rare opportunity to watch up-close the growth those students have experienced.

"I've watched them grow up through high school now! To just have the time, this long, with so many of them, that you get really see them blossom is so special. It feels like one good thing from the universe, that we all found each other."

Mid-Hudson Youth Writers is open to upper middle-school students and high-schoolers, both in-person and remotely. The group meets at the Pine Plains Free Library on Fridays from 4:30 to 6 p.m. Contact Abbey Gallagher at agallagher502@gmail.com for more information.

AMENIA HISTORY *Continued from Page A1*

A loose sheet of paper recorded the manumission of one enslaved individual and the marriage of an enslaved couple.

The two Books of the Poor record the actions of the Overseers of the Poor, local officials charged with caring for Amenia's most economically-challenged residents. Entries detail the tax money spent to cover basic living expenses and the common practice of apprenticing children to local tradesmen, who would train them for a self-sustaining life. Collectively the three volumes cover Amenia's history from 1762 through 1824.

"These invaluable records are just one part of Amenia's extensive history, which we promote to the public at every opportunity," said Klingner. The project began in August 2019, after Elizabeth C. Strauss of the Amenia

Historical Society informed Tatum of the invaluable information contained in these records. Upon examination, Tatum discovered that the 1762 Precinct Book, the 1768 Book of the Poor and the 1817 Book of the Poor were in need of serious conservation to ensure their long-term survival.

Amenia is one of the oldest towns in Dutchess County, so it was amazing to find this unbroken record stretching back to the town's creation as a colonial precinct in 1762. While Dutchess County is rich with documentation of our past, it is still unusual to find documents that are this old and complete.

Following a meeting with Amenia Town Supervisor Victoria Perotti and Klingner, the county and the town embarked on a project to properly conserve and re-bind the books, while also scanning the pages into digital format.

Strauss reported that there was high researcher demand for the information contained in these volumes, though not everyone could travel to Amenia. Having digital images available enables the town to make these early sources available via the world wide web.

I helped prepare an application for the New York State Archives' Local Government Records Management Improvement Fund for \$5,565 to engage Kofile to conserve the books, encapsulate the pages in new archival binding and produce high-resolution scans of every page in each book.

"We look forward to partnering with the Amenia Town Clerk's Office and the Amenia Historical Society to establish online access to the digitized versions of these three volumes," said County Clerk Brad Kendall. "The Dutchess County Historian's Office will work closely with

the Amenia Historical Society to develop programming that will share the human stories contained within the records, enabling local residents to better understand how our past informs the present. This programming will be part of the 2023 County History offerings."

Will Tatum is the Dutchess County Historian.

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BAD GRASS February 9, 5:30 pm | The White Hart

Mike Nadeau, in conversation with Jeb Breece, provides a history of lawns and shares insights from over 40 years of experience transforming turf grass into native meadows. *Proceeds and awareness to benefit The Salisbury Association Land Trust.*

FOR THE BIRDS March 2, 5:30 pm | The White Hart

Acclaimed garden designers, Page Dickey & Deb Munson, share their secrets for using native plants to design gardens that are a feast for the eyes...and the birds, bees, and butterflies. And, explain why that matters. *Proceeds and awareness to benefit Sharon Audubon Center.*

IN SEARCH OF PERFECT March 31, 5:30 pm | The White Hart

Toshi Yano shares the story of his time as Director of Horticulture at Wethersfield Estate & Garden and why he gave up a dream job to go to Perfect Earth Project. *Proceeds and awareness to benefit Perfect Earth Project.*

A WALK IN THE WOODS April 29, 2 pm | Great Mountain Forest

Starling Childs reminisces about a lifetime spent practicing and promoting sustainable forestry followed by a walk in the Great Mountain Forest. *Proceeds and awareness to benefit Great Mountain Forest.*

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COMPASS

Your Guide to Tri-State Arts & Entertainment

MUSIC: MIKE COBB

Inside Torrington's Red Room Studio

Engineer and musician Mick Connolly has been collecting instruments, records, and vintage recording gear his whole life. His partner Lucinda Rowe is a singer, guitarist, and entrepreneur. Together they run Red Room Sound Studio, an all-analog recording studio in Torrington, Conn., that delivers a personalized experience you can get your hands on.

Connolly runs technical studio aspects; Rowe handles marketing and communications. They also perform as the musical duo Lucinda & Mick.

Both grew up in Newtown, Conn., and were influenced by classic artists of the '60s and '70s. "I thought I'd be a drummer, but after I

heard Jeff Beck's 'There & Back', that changed for me," he said.

For Lucinda, it was hearing John Denver's "Sunshine on My Shoulders." "I was blown away, stole my brother's guitar, taught myself to play, and never looked back."

The couple met in 2005. "We knew musically we were a strong force. In 2013 we dedicated ourselves entirely to gigging, writing, touring, and recording," Rowe said.

About working in analog, Connolly said, "When the studio world went digital, I hung onto all of my gear and never switched. This format is what I know, and I never stepped out of it when most went to Pro Tools (digital recording software)."

"I understand the way it works. It's a lot like dealing with a human personality. You get to know the very specific details of each component and you develop a relationship with it. I absolutely love the way it sounds," he added.

From multi-tracking to mixdown, the process is all analog. Connolly records to tape and employs old-school editing techniques such as using a razor blade to cut and splice. Once a track is mastered, it can be transferred to digital formats such as mp3s or WAV files to upload to online platforms like iTunes or Spotify. Connolly's tape machines, console, outboard gear,



PHOTO BY MIKE COBB

Lucinda Rowe and Mick Connolly at the console in the control room.

Continued on next page

COOKING: LEILA HAWKEN

Krauting class turns cabbage into sauerkraut



PHOTO BY LEILA HAWKEN

Workshop instructor Tal Hadani-Pease, at right, and assistant Margaret Hopkins.

Lacto-fermentation in action was the focus of the day at Taghannuck Grange No. 100 in Sharon, Conn., as attendees learned the relatively easy, but muscular, process of turning cabbage into sauerkraut and using the same salt-brine method to preserve other farm vegetables on Thursday, Jan. 26. Nearly a dozen attended, eager to experience the process.

Not the same as canning, and thought to be easier, the sauerkraut session was led by Tal Hadani-Pease in coordination with Cornwall's Motherhouse, Inc. The event was one of a life skills series of workshops that had taken a hiatus during the pandemic.

"I started taking workshops at Motherhouse," Hadani-Pease said. "The more I learned, the more I wanted to learn, and now I'm teaching" she added. Motherhouse is a Cornwall, Conn., based organization under the leadership of Debra Tyler of Local Farm who also serves as Grange chaplain.

Lacto-fermentation is a simple fermentation process requiring nothing more than salt and vegetables—no fancy equipment. Participants needed to bring a bowl, knife, spoon, cutting board, and empty jars. Cabbages and salt were furnished. The whole cabbage-to-jar process took about 30 minutes.

The essential work-

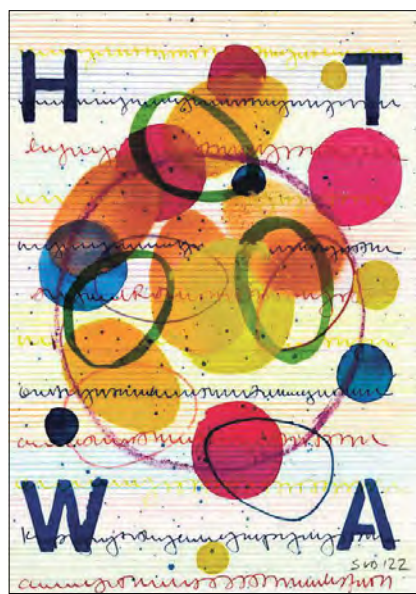
ers in the fermentation process are the lactobacillus bacteria, already present in and on all people and all surfaces, absolutely everywhere, Hadani-Pease explained. There are heroes and villains among those bacteria. The bad bacteria cannot tolerate the salt in the process, but the good bacteria can and do. The salt brine eliminates the bad bacteria to enable the good bacteria to interact with the natural sugars found in cabbage and other farm vegetables and proceed with the beneficial work that the lactic acid (natural preservative) is doing to create the delicious product, such as sauerkraut in the case of the workshop's cabbage.

The salt-brine fermentation process dates back 2,000 years to the ancient Chinese as an early means of food preservation, Hadani-Pease noted.

Diving into the first step, participants sliced and chopped their cabbage. Among the first to complete that step was Peter Jensen of Falls Village, Conn., with experience as a professional chef, working with an appropriately sharp knife and a practiced technique.

"If you curl your fingertips under, you never cut your fingers," Jensen advised.

Continued on next page



SALLY VAN DOREN
TANGLED LANGUAGE
 February 11 – April 15, 2023
Opening February 11
4:00pm – 6:00pm

At 4:30pm there will be a reading during the event by Sally Van Doren & guest writer Roxana Robinson.



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...red room studio

Continued from previous page

monitors, and most microphones are from the '70s and '80s.

"The 3mM79 24-track machine is perhaps the best-known piece of equipment. This specific machine was previously at Electric Lady Studios and featured in HBO's original program 'Vinyl,'" Connolly said.

Having worked in smaller studios for many years, Connolly and Rowe envisioned creating their own studio. "Lucinda and I wanted a bigger space with a unique sound. As a record collector who read all the liner notes, I realized that each studio had its own sound," Connolly said.

"Our space in Torrington is 1,600 square feet with 18-foot ceilings. When we first visited, it was in complete disre-

pair, but Lucinda and I saw what it could be. It took us two months to refurbish and because of the size of our tape machines, we needed a separate control room. We are incredibly happy, and the sound is exactly what we wanted," he adds.

Clients include Grammy award winners and Rock and Roll Hall of Famers like Steve Katz (Blood Sweat and Tears), Ricky Byrd (Joan Jett and the Blackhearts), Matt Starr (Ace Frehley), Carmine Appice (Vanilla Fudge), and emerging artists like Joey Wit, Candle Opera, and Chris Morrison.

"So many of these people have become like family," Rowe added.

Connolly and Rowe have helped revitalize downtown Torrington by

sponsoring The Litchfield Hills Creative Fest and the block party at The Warner Theatre, where Rowe was recently hired as production manager.

"We also broadcast a live acoustic performance and interview show to WAPJ Torrington Community Radio once a month, which is becoming very popular. The next event will be Tuesday, Feb. 7 at 7 p.m.," Rowe said.

The recent pandemic added hurdles to an already difficult profession. Rowe explained, "No matter what industry you are in, running your own business is challenging. We opened the studio in March of 2020, the day Connecticut shut down for COVID-19 protocols. We had just finished reno-



PHOTO BY MIKE COBB

vating the space, had our equipment ready to go, had big scissors for the ribbon cutting, and then everything changed. We had to pivot with live streams, recording our own original music for promo, and getting attention through targeted social media and tons of visuals on Instagram.

Three years later we are still here and booked constantly."

So what is the secret to their success?

"There is nothing better than having a happy client refer a friend. We are proud of the relationships we make and that we retain them as well. I believe in social me-

dia, and anything visual works well because the studio is so grand. But our biggest advertising tool is the product. You can't fake the sonic level of our productions, and that is what brings people through our doors again," Rowe added.

For more go to www.redroomsoundstudio.com

...krauting class

Continued from previous page

Using Celtic sea salt with high mineral content, Hadani-Pease explained the measurements by weight for the right amount of salt at 2% against the weight of the cabbage. She said her kitchen scale remains a

valuable tool.

The next step involved vigorous pounding of the cabbage and the salt, intended to bruise the cabbage and beat it down in volume while the salt drew out its natural sugary liquid to create the brine.

Tightly packing and weighing the beaten cabbage into jars was the fi-

nal step. All were advised to "burp" their jars each day as the fermentation process did its work, lest the jar explode. At the end of seven days, the sauerkraut would be ready for a tasting.

Tyler indicated that more life skills workshops are likely to follow, although none has been scheduled at present.

ART BY VAN DOREN AND A READING BY ROBINSON

Furnace - Art of Paper Archive in Falls Village, Conn., will hold an opening reception for a solo show of work by Cornwall-based artist Sally Van Doren on Saturday, Feb. 11 at 4 p.m. The reception will be accompanied by a reading by author Roxana Robinson from her 2020 expanded edition of "A Life: Georgia O'Keeffe." For more information go to www.furnace-artonpaperarchive.com

TRI-CORNER CALENDAR

HOUSEPLANTS WITH TOVAH MARTIN

Gardening author Tovah Martin will present "Easiest Houseplants Ever, With Style" over Zoom on Thursday, Feb. 16 at 7 p.m. This program is part of The Hotchkiss Library of Sharon's Winter Gardening Series. On Saturday, March 11 at 4 p.m. there will be a Zoom program on orchids with Tyson Triplett, landscape architect and judge with the American Orchid Society. For registration go to www.hotchkisslibraryofsharon.org

LEARN ABOUT LOCAL BLACK HISTORY

Boys from The Salisbury School's "Coloring Our Past" history class will share their research and explore the mystery of Edwin White's 1884 oil painting portrait, "Maria Birch Coffing with Jane W. Winslow" during a Zoom event on Thursday, Feb. 9 at 7:30 p.m. Salisbury School teacher Rhonan Mokriski will lead a conversation about the role race played in the local history of the Berkshires in the 19th century. For more information go to www.scovillelibrary.org

Send calendar events to compass@lakevillejournal.com

ROMEO AND JULIET FOR VALENTINE'S DAY

Shakespeare & Company in Lenox, Mass., will present "Romeo and Juliet" featuring The Northeast Regional Tour of Shakespeare for one night only on Saturday, Feb. 11 at 7 p.m. at The Tina Packer Playhouse. For tickets go to www.shakespeare.org

A MIDWINTER'S NIGHT IN THE VILLAGE

The Friends of The David M. Hunt Library in Falls Village, Conn., will hold its annual winter fundraiser "A Midwinter's Night in the Village" on Saturday, Feb. 11 at 6 p.m. The event will feature a 16-ft long bread board piled high with a variety of homemade baked goods and performances by Galactic Overtones, a band featuring Brook Martinez, Rebecca Bloomfield, Jamie Sadeh, Lara Mittaud, Sara Heller, and Adam Sher. Wine, beer, and non-alcoholic refreshments are included in the ticket price. Tickets are \$20 (\$10 for children ages 3 to 17). For more information go to www.huntlibrary.org.

SEASON TICKETS FOR SHARON PLAYHOUSE

The Sharon Playhouse in Sharon, Conn., is offering early access ticket sales to their 2023 summer season starting on Feb. 1. For early tickets go to www.sharonplayhouse.com

OPENING RECEPTION AT FIVE POINTS GALLERY

Five Points Gallery in Torrington, Conn., will host an opening reception on Friday, Feb. 3 at 6 p.m. for a group show featuring three different exhibits. In the East Gallery will be "In The Zone" with work by Sam Posey and Joseph Fucigna. In The West Gallery on display will be "Ukraine Flower Series - The Power of Defiance" by Sandra Filippucci, shown alongside a bronze sculpture k by Cooper Tritscheller. In The TDP Gallery will be "A Murder of Crows" featuring work by Gay Schempp. A virtual artists talk will take place later in the month on Friday, Feb. 24 at 6:30 p.m. For more information go to www.fivepointsgallery.org

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Pantry supports community in multiple ways

By CAROL KNEELAND
Special to The Millerton News

PINE PLAINS — The love story that is Willow Roots in Pine Plains began decades ago when two teenagers, Lisa and Nelson Zayas, met and worked together at Nathan's on 86th Street in Brooklyn. After dating for a short time, the two moved on to marriages to others, each lasting 21 years.

Fate then had other plans for the two when they reunited, eventually settling here, he an enrichment teacher at Seymour Middle School and Cold Springs Elementary School, she a mom of four who works as a caretaker.

Lisa said: "When we met up again, we were ready for each other. I think maybe we wouldn't have appreciated each other earlier."

She explained that Nelson had a passion for figuring out how to keep food from being wasted and instead getting it onto the tables of those who need it.

Lisa had firsthand knowledge of food insecurity thanks to the time she spent in lines at food pantries so she could feed her four children and then eventually helping in those same pantries in an effort to give back.

At the right place and in the right time, their common goals, interests and experienc-

es led to the formation of the current group, optimistically named by a board member for the willow tree, the roots of which "go deep and spread out," just as is now happening with it in the town it serves.

It all began with a home-grown pantry that now functions on the first and third Saturdays at 7730 S. Main St.

They received a kick-start when Jack Banning of Black Sheep Hill Farm provided some fruits and vegetables, which the Zayas left on their front porch for anyone who might need them. People then started leaving food as well as monetary donations that they, in turn, used to buy more food.

As the project grew, there were some tough times.

Having just drained their account for the \$600 needed to buy supplies, Lisa recalled: "I said to Nelson, 'I'm afraid. It's not sustainable. We needed to buy all of this stuff . . . we have more people lining up at the house; I don't know if we can do this. We're out of money.' In the next 24 hours, someone donated \$2,600. I said to Nelson, 'We're good. I know we're never going to fail.' That was a turning point. I knew that we were in it for the long haul. It was a sign that we would always have money."

Another corner was turned when the Zayas



PHOTO SUBMITTED

Nelson and Lisa Zayas, founders of the Willow Roots Free Pantry in Pine Plains.

helped to deliver some donated food from Dan Colen's Sky High Farm to a pantry in Red Hook. After that, the farm began providing its bounty to nearby Willow Roots, a practice that has continued for the past three years.

"It's just been like that. Any time we're low or miss-

ing something, someone donates. It's like a vacuum that's constantly being filled. I don't even worry about it any more."

She noted that when they first began the project, they tried to micromanage and do everything themselves. One day, a few people offered to help, and when Lisa and Nelson saw the smiles on the volunteers' faces at the end of the long day, they realized that they had been "being selfish" by keeping others from having the chance to have the same positive experiences that they had been having.

They changed gears that day, and at this point, volunteers are everywhere.

She said: "We have a group I call the Grandmothers — Mary Dalton, Sonia Barenger and Christina Brody — they're amazing" as they take turns every two weeks that the pantry is open, cooking meals for others who are disabled.

When the Zayas learned that 82-year-old Diana Moore "wanted so badly to have a consignment shop," they converted an old shed. Now, Moore, Robin Bruno and Mary Jenkins manage that portion of the Willow Roots mission by distributing a wide variety of free clothes. Lisa said "nothing goes to waste," as any donated items that are deemed not appropriate for

the thrift shop are taken to another center where the fabric is recycled.

She continued that "with so many people donating to us, we had to start another program called Willow Roots Neighbor Networking." They had no room for the furniture and appliances being offered but didn't want them to "go to the landfill," so they started posting photos of the items with contact information, after which time, the "getters and givers" work out the details of the exchange themselves. She estimated that about 60 items have been "saved" from waste.

A crafter herself, Lisa noted that a number of residents with full-time jobs were spending weekends going to area craft shows in order to sell their handmade items. To ease the burden, they began a "virtual store" that links to the crafters' own pages with photos of available items. They set their own prices, keeping 90% and donating the remaining 10% to the pantry.

To learn more about the organization, go to willowroots.org, call 518-751-0164 or send donations to the office at 23 N. Main St., Pine Plains, NY, 12567.

Millerton Farmers Market announces winter hours

MILLERTON — The Millerton Farmers Market, sponsored by the North East Community Center, is inside the Methodist Church at the corner of Dutchess Ave. and

Main St., once again following its winter schedule at 10 a.m. every other Saturday including Feb. 4 and 18; March. 3, 17 and 31; and April 17 and 28. The market will revert to

outside with summer hours starting on May 5. Among vendors' winter offerings are baked goods, maple syrup, vegetables, vegan prepared food, meat, and cheese.

Sharon Health Care Center names lead nurse

SHARON, Conn. — Matt Bloodgood has been promoted to director of nursing services at Sharon Health Care Center.

Prior to joining Sharon Health Care Center, Bloodgood served as a member of the New York Army National

Guard from 2012 to 2018. After his contract ended with the Army, he pursued his nursing degree in Cleveland, Ohio, was then hired as the RN supervisor at Sharon Health Care Center and was later promoted to infection control nurse.

Sharon Health Care Center administrator Elise Cecil said she's glad to be working alongside Bloodgood.

"He is an excellent nurse. He's a good leader," she said. "Does what he needs to do and goes above and beyond when it's needed."

Help Save Our ICU!



The public hearing to determine whether Nuvance will be permitted to close the Sharon Hospital ICU and replace it with a downgraded Progressive Care Unit has been scheduled for February 15. Learn about what this would mean for our community from the doctors themselves at one of our upcoming community roundtables, and testify at the public hearing against this closure.

Community Roundtable
Wednesday, February 8 at 6pm
Northeast-Millerton Library
Library Annex, Millerton, NY

Testify at the Public Hearing

Testify against Nuvance's application to downgrade the ICU.

- Tuesday, February 15 at 9:30am via Zoom, with public comment scheduled to begin at 3pm.
- To provide written comment: email CONComment@ct.gov and reference docket #22-32504-CON by February 14.
- To provide oral comment: log onto Zoom at 2pm to sign up, and public comment will begin at 3pm. Please see www.savesharonhospital.org for the Zoom link.

SAVE SHARON HOSPITAL
Learn more at www.savesharonhospital.org

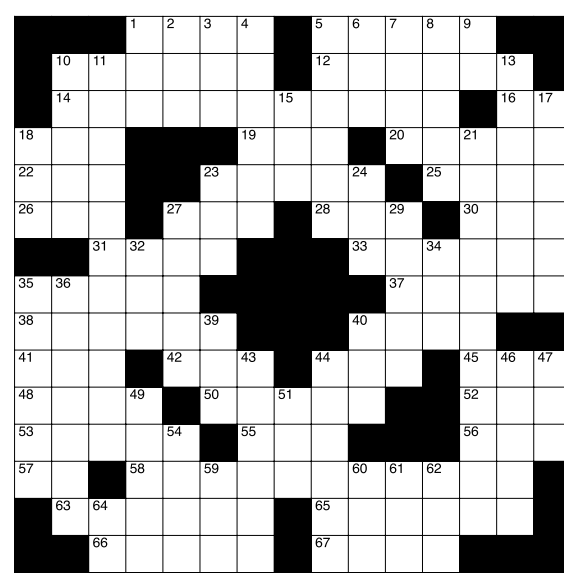
Brain Teasers

CLUES ACROSS

- Shed tears
- Luxury jewelry designer
- Goddess of wisdom
- Convert into a particular form
- Working-class people
- It borders Canada (abbr.)
- A princess can detect its presence
- Red-brown sea bream
- Defunct retail empire
- Vase
- Demeter's equivalent
- Monetary unit of the Maldives
- French and Belgian river
- Small amount
- High schoolers' test
- Animal's foot
- Some is red
- Per ___: each
- Swedish jazz pop duo
- Plate for Eucharist
- Train line
- Russian pop duo
- Stake
- Plant by scattering
- Female sibling
- City of Angels hoopsters (abbr.)
- Popular cookie brand
- Group of Niger-Congo languages
- A team's best pitcher
- Vomits
- 19th letter of Greek alphabet
- Men's fashion accessory
- Its capital is Pierre (abbr.)
- Expensive cut of steak
- Popular James Cameron film
- A ___: relating to knowledge gleaned from deduction
- Kids' snow toys
- Flip side to yin

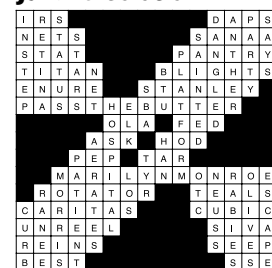
CLUES DOWN

- Global public health agency
- Snake-like fish
- Midway between northeast and east
- Dabbed
- TV show
- Folk singer DiFranco
- Canadian flyers
- Of the dowry
- Commercial

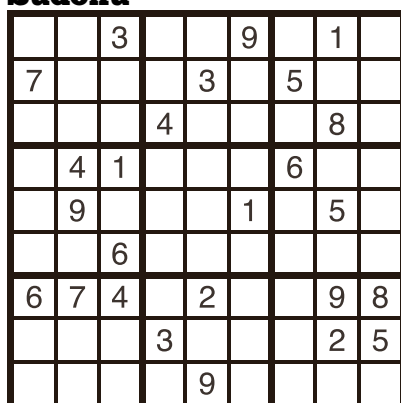


- The act of imitating
- Equipment used to broadcast radio or TV signals
- Lands of an emir
- Swiss river
- Island
- Monetary unit of Afghanistan
- One who surrenders under agreed conditions
- Garfield is one
- A baglike structure in a plant or animal
- Small boats used in the Black Sea
- Small savory Spanish dishes
- Body part
- Touch lightly
- Popular grilled foods on a stick
- ___ Hess: oil company
- Antelope with a reddish coat
- Pharaoh of Lower Egypt
- Pink Floyd's Roger
- Short and thick
- Small, sac-like cavities
- Performer ___-Lo
- Entrails of animal used as food
- ___ King Cole, musician
- Where construction is done
- Chap
- Investment vehicle
- Often mixed with tonic
- Holiday beverage egg
- Against

Jan. 26 Solution

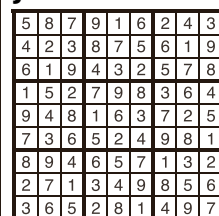


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EDITORIAL

Keep those letters coming

One of the most interesting and enjoyable tasks of my tenure has been editing the opinion and viewpoint pages of The Lakeville Journal, and overseeing those of The Millerton News. Taking in letters to the editor from our readers and working with columnists and cartoonists with all manner of opinions has been an honor and a privilege, as I see it.

The approach for this news group is to see the news pages as what we define and fill with our writing, but the opinion and viewpoint pages belong to our readers. That is your space, and my goal has always been to give everyone their say, especially those who wish to rebut something we have written in editorials, or that our columnists have written. While facts are not in question, opinion certainly is, and I have taken the approach of retaining all writers' voices as clearly as possible as they express theirs.

The rewards have been immeasurable. The highly active discussions taking place on our pages have informed all of us, and given us a better understanding not only of our fellow readers' opinions, but also of our own thoughts and conclusions. Can we convince those of the opposing view on any topic to rethink their positions? All we can do is try, and it would help if we kept open and flexible minds ourselves. Such open forums also encourage us to research our own bases for opinions, and require us to defend our stances with carefully structured and supported arguments.

This makes communication in a local community weekly newspaper somewhat different from that on social media and other online comment. This newspaper takes seriously the use of potentially libelous language whether in news articles, letters, columns, or advertisements, in print or online. According to libel law, these publications are responsible for such language no matter where it resides in them.

This is why you will not see personal attacks in any letters, and any expression of fact will to the best of our ability be checked for accuracy. This forum is not one in which cavalier accusations are presented for the public to sift through. We take our mission statement to heart, which is why we print it on these pages every week:

Our goal is to report the news of our communities accurately and fairly, and to foster the free flow of information and opinion.

Thank you to all who have contributed to the opinion and viewpoint pages over the years, and to all who have read these contributions and taken part in the open discussion. My hope is that this vital part of our newspapers will continue to draw the voices of all our readers, and that all feel respected and heard when they decide they will take the sometimes difficult step of putting their thoughts out there in the papers for all to see.

The experience of being judged for one's beliefs can be difficult to manage, so kudos to all of you who have had the courage to step forward and be seen by those who share this corner of the world with you.

Keep at it! It will only enrich our civic lives.

— Janet Manko, publisher and editor in chief (for now)



The Dover Station Project is about clean energy

For almost two years, the Dover Planning Board has been reviewing the Dover Station, an electric substation project proposed by New York Transco. The project is straightforward. It's a 5-acre electric substation that will be buffered with hundreds of new, mature plantings in an appropriately zoned area on New York Transco-owned land. The project is part of the State's clean energy grid build out that's legislatively mandated and prioritized for environmental protection and economic opportunity for all.

In fact, the project directly supports another nearby project under construction that will deliver 2,100 megawatts of clean energy throughout New York. Without the Dover Station, these benefits are hindered and reliability potentially jeopardized.

The project has nothing to do with fracked gas or gas pipelines. It's for clean energy. The equipment is typical for substations — transformers, lighting masts, etc. The two transmission poles in the site are consistent with existing poles across the street. And that's partly why this project is sited here — to connect with and maximize existing infrastructure.

The project is responsibly sited and designed, minimizing the footprint to the 16.3-

acre property, and staying out of regulated wetlands. Environmental studies and construction methodologies have been completed and reviewed by and concurrence received from federal and state agencies. Furthermore, studies, using the latest information, show the project does not present adverse Environmental Justice conditions or impacts. Instead, Dover Station will help our clean energy transition while supporting N.Y. union jobs and delivering an estimated annual \$1.8 million in school, County, and town tax revenue.

The project meets or exceeds all requirements and the Dover Planning Board has a robust environmental record to support a decision. All facts are within the public record and readily available for area residents and interested outsiders.

Transmission is the key to our clean energy future and projects like Dover Station are critical to progress. Now is the time to work together, to focus on the greater good, and to support our shared clean energy future that prioritizes environmental protection, cleaner air and water, energy security, and economic opportunities for generations to come.

Victor Mullin
President
New York Transco
Hudson

LETTERS TO THE EDITOR

My experience at Sharon Hospital

During the month of November, I was helping a friend in Millerton fixing a problem in the basement. When I noticed a bug attached to my arm, I quickly pulled it out and thought nothing of it. About two weeks later I was stricken with a high fever and could not move from my bed. I thought I had Covid, but after three tests that showed up negative my wife called Dr. Dweck in Amenia. He strongly directed me to go to the emergency room at Sharon Hospital.

When I arrived at the emergency room, I was seen very quickly and was seen by a nurse practitioner and a registered nurse who I found very knowledgeable and professional and compassionate. I

was subjected to an I.V., X-rays and a blood test. And after a short while I was diagnosed with ehrlichiosis and admitted.

This is when my experience begins. I was simply amazed by the care I received at Sharon Hospital. I have been to city hospitals and never felt the care that I received there, it was like being in a private hospital.

The room was very clean, the nurses were excellent and efficient and the hospital doctor Dr. Nair was great! I spent five days there and did not want to leave! I found that Sharon hospital is a God-send to this area, and if you disagree, spend a night in a city hospital.

Angelo J. Prunella
Sharon

Supporting PCU at Sharon Hospital

As the Chief Nursing Officer at Sharon Hospital who has been at the hospital for 9 years, I have spent much of my career in critical care, starting as a frontline ICU nurse at the bedside. As a proud member of the Sharon Hospital family, I would like to share my support for the hospital's plan to establish a Progressive Care Unit (PCU). Both as a long-time RN, and through my role now as the leader of Sharon Hospital's nurses, I am excited to see the opportunities this co-location could bring to our team.

Our nurses are already incredibly skilled, and centralizing our critical care and medical surgical teams will only allow them to be more efficient in providing five-star patient care. It will also provide new opportunities — those most experienced in critical care can mentor their colleagues and foster development within our facility. At the same time, this centralization will equip all nurses with more support in their day-to-day jobs. Where we currently run two distinct teams, with a distinct set of resources and support staff,

we will now be united as one. This means each of our nurses will see more flexibility and resources as they continue providing excellent care to our patients.

This plan will allow us to provide the same level of care, in a unified model with the potential to enhance the patient experience. The PCU will be designed to keep patients in the same unit with a more consistent care team throughout their time at Sharon Hospital, rather than moving them between units as they are stabilized and ready for the next step of their care journey.

While the impacts on patient care will be minimal, the benefits for our internal team will be significant and will ultimately create a more seamless, effective experience for our patients, while helping position our hospital for long-term strength and success. I ask our community to learn the facts of this proposal, and join me in my support of the planned PCU.

Dawn Woodruff, MSN, RN
Chief Nursing Officer
Sharon Hospital
Sharon

Awake to all facets of American history

Some mornings when I first wake up I will scrunch my eyes closed and try to will myself back to sleep, back to that lovely dream I was having. It never works. I have no choice but to wake up and face the day.

Governor Ron DeSantis of Florida not only believes that eye-scrunching works, he is determined to make eye-opening illegal. Just look at the "Anti WOKE" legislation. The name says it all. Don't wake up! The law makes it illegal to even suggest social injustice exists. According to this law there is not now and never has been any discrimination in the U.S. And even if there was, it wasn't our fault! So let's not dwell on it.

Merriam-Webster defines "woke" as aware of, and actively attentive to, important societal facts and issues. That is what DeSantis and company are determined to repress. If they can pretend hard enough that everything is fine and dandy then they can keep their children ignorant of what others have gone through. Never mind that their children are wide awake already. They watch television and movies with black, white, brown, gay, trans and every other kind of human. They listen to music by all kinds of people. They read eye-opening

BUT THEN AGAIN...

Lisa Wright

books. There is, in fact, no better way to get children to read than to forbid them. Even kids who hate to read will seek out forbidden books and devour them.

This is a lesson Texas, too, has failed to understand. They hold the record for the most book bannings in schools. More than 800 books have been banned in 22 school districts in the last year — mostly books that dealt with race or sexuality.

It makes me so sad and angry for all the kids who already feel "other" when, instead of validating their feelings, telling them that they are not alone, teachers are ordered not to speak of race, gender or sexuality issues. These children are being set on a path toward self-harm and suicide. Though I am certain that subject is too woke for Floridians also.

Recently the Florida Board of Education rejected an AP course on African American History because it encourages "ending the war on Black, trans, queer, gender-nonconforming,

and inter-sex people." DeSantis, himself, dismissed it as "Black, Queer Studies."

It is an elective course for college bound teens on American history! "Black Queers" are part of that history, too! Great swathes of Americans have been left out of the American history we are taught in school. Leaving them out did not make them go away.

In recent years, America has made great strides towards accepting differences and recognizing the evils done to people of color and gender non-conforming people in the past. Clearly some Floridians do not see that as progress. And since it

is a federal crime to discriminate against and persecute people of color and gender non-conforming folks, the best DeSantis and his cronies can do is scrunch their eyes up and pretend — pretend that we all still live in that imaginary past with fields full of happy workers.

Going through life with your eyes closed is dangerous. You may well trip and fall. More than that, you miss so much!

Lisa Wright divides her time between her home in Lakeville and Oblong Books in Millerton where she has worked for nearly 40 years. Email her at wrightales@gmail.com.

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Great vet story

Thank you for featuring (the first of two parts) the article on Bentley Veterinary Practice in The Lakeville Journal on Jan. 26. Elias Sorich has perfectly captured the essence of Dr. Isaac Angell, his staff

and the practice.

My husband and I and our backyard flock of pet chickens are truly lucky to be under their care!

Paree and John Hecht
Sharon

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OUR TOWNS

Millbrook gazebo's Friends offer update

By **JUDITH O'HARA BALFE**
judithb@millertonnews.com

MILLBROOK — It's winter, and most people have on their minds things such as weather, holidays, and flu season, and are not thinking about summery items like planting gardens, hiking or gazebos. But Ashley Lempka and the Friends of the Gazebo never have its preservation far from their thoughts, and provided an update last week.

She sent a reminder that the gazebo in question, by the Elm Drive School off Maple Avenue, is more than 100 years old. She added, "It has served hot dogs at baseball games; hosted concerts for village residents; and offered a simple, shady respite for those strolling about town." The structure, once white

and pristine, is now in serious disrepair, with orange netting announcing its hazardous state, peeling paint and other signs of neglect painfully on view.

It is thought to have been designed by prominent architect James Edward Ware, so it has historical significance as well as a romantic and local sentiment.

The Millbrook Central School District (MCSD), the legal owner of the gazebo, has stated that it cannot fund the restoration needed to restore the site to its original glory. Help is needed from the community to bring it back from the brink of demolition and to rebuild and maintain it for the generations to come.

The Friends of the Gazebo have raised almost \$18,000 toward this end, but it will take about \$58,000 for the

restoration. The Friends are a nonprofit organization, founded for the purpose of saving the gazebo, and they have worked diligently, holding meetings, reaching out to people and working on fundraising.

In October, Lempka, with Patrick Wing, presented at the MCSD Board meeting, outlining the history of the gazebo and its significance to the community. They also discussed the effort put into fundraising and their future plans for the gazebo.

The school has offered to put the gazebo on the budget vote as a bond act on Tuesday, May 16, and voters will then vote to approve or disapprove an expenditure for it.

Following that effort, a fundraising letter was sent out to over 300 Millbrook residents from Lempka and

Robert McHugh, president of the Millbrook Historical Society. "Dollar-by-dollar, we know the spirit of Millbrook will shine through and the gazebo will once again become a living piece of our history," said the letter. It brought in about \$1,000. Plans are being made to hold a silent auction in the spring as well as other fundraising events. Those with personal photos of the gazebo may share them on Instagram and tag @friendsofthegazebo

Donations of any amount are gratefully accepted. Visit www.millbrookgazebo.com/ donate to make a tax-deductible donation, or contribute to @friendsofthegazebo on PayPal or Venmo, or send a check to: Friends of the Gazebo c/o Millbrook Historical Society P.O. Box 135 Millbrook, NY 12545.



PHOTO BY TERRY COWGILL

Nader backs Winsted paper

Founding editor and publisher Andy Thibault at the Tuesday, Jan. 24, launch of *The Winsted Citizen* in Winsted, Connecticut. The project is backed by legendary lawyer, consumer advocate and Winsted native Ralph Nader. The rollout event for the Citizen was held in Nader's National Museum of Tort Law. Thibault said the paper would be owned by a nonprofit, the Connecticut News Consortium, whose application was recently filed for tax-exempt status to the IRS. See the full story at www.tricornernews.com

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SUMMER CAMP DIRECTOR: Responsible for planning, organizing, and running a day camp program in accordance with all aspects of health and safety; recruits, trains, and supervises camp staff; develops programs and schedule of activities for campers and staff; orders supplies and maintains records as needed. Camp dates July 31 - September 1, 2023. This position requires a Bachelor's degree and at least 24 weeks of administrative or supervisory experience in camping, or equivalent experience acceptable to the State Commissioner of Health. This position reports to the Recreation Director. Application Deadline Feb. 9, 2023 at Noon. Apply with resume to the Town of Amenia, 4988 Route 22, Amenia, NY 12501, Attn: Dawn Marie Klingner; dmklingner@ameniany.gov

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