



**Downtown  
Salisbury  
Fall Market**  
Page A3



**Women in Art**  
Compass  
Page A10

Compass  
Special  
Inside

# The Lakeville Journal

36 PAGES IN 2 SECTIONS VOLUME 124 NUMBER 10

© 2020 The Lakeville Journal Company, LLC Periodical Rate Postage Paid at Lakeville (Town of Salisbury), Connecticut 06039

THURSDAY, OCTOBER 8, 2020 \$1.25

Covering The News In Connecticut's Northwest Corner And Its Environs Since 1897



PHOTO BY PATRICK L. SULLIVAN

The new Salisbury Sharon Transfer Station on the Millerton Road, near the New York border, is expected to open on Oct. 15.

## Transfer station expected to open on Oct. 15

By Patrick L. Sullivan

SALISBURY — Salisbury-Sharon Transfer Station manager Brian Bartram showed this reporter around the new facility on Millerton Road (Route 44) on Wednesday, Sept. 30.

The new transfer station is scheduled to open Thursday, Oct. 15.

Bartram said in an email Monday, Oct. 5, that he had just sent the final text for a handout explaining the new facility's layout and operations to the printer. The handouts should be available by the end of this week.

The facility is color-coded by area: blue for residential and commercial garbage and recyclables, yellow for scrap metal, construction demolition, and leaves, and red for items that require special handling, like paint, waste oil, batteries and electronics.

At the gate, an employee in a small hut will check stickers, collect fees and assist residents. The hut can be picked up and moved as needed.

FILE PHOTO  
David Gronbach, a former mayor of New Milford, is seeking election to the state Senate in the 30th District.

## Gronbach promises to be active and visible in Senate

By Patrick L. Sullivan

David Gronbach is the Democratic challenger to state Sen. Craig Miner (R-30) in the Nov. 3 general election.

Gronbach was mayor of New Milford from 2015 to 2017. He and his wife, Vanessa, also owned and operated a bookstore in New Milford.

He is an attorney and works for a biotech company. He is actively involved in special education and asylum issues.

In a phone interview Tuesday,

Sept. 29, Gronbach was asked to name his top three issues.

He began by saying "on the broad stuff" he and Miner "don't disagree."

He said that on issues such as tax relief for the middle class, property tax relief, infrastructure, schools and economic development, he and Miner are mostly on the same page.

But he said Miner has not delivered on those issues.

"I'm talking about working

See GRONBACH, Page A8

FILE PHOTO  
Incumbent Republican Craig Miner is running again for a state Senate seat representing the 30th District.

## Miner will work on economy if elected again

By Patrick L. Sullivan

State Sen. Craig Miner (R-30) of Litchfield is running for reelection in the general election Tuesday, Nov. 3.

Miner was elected to the state senate in 2016, and represented the 68th District in the state House of Representatives for eight terms prior.

In a telephone interview Sunday, Oct. 4, Miner was asked what his top three issues are.

Miner said the ongoing COVID-19 pandemic is the top

concern. He said the pandemic and its effects on people's health and on the economy have "devastated the district."

"It's been a constant battle to assist businesses," many of which are struggling just to break even.

He said assisting constituents with unemployment claims has been taking up much of his time as well.

"I guess you could call all of that 'constituent services.'"

He spoke approvingly of a

See MINER, Page A8

## Trinity Retreat Center closing through 2020

By Debra A. Aleksinas

WEST CORNWALL — Citing concerns about the upcoming flu season, a recent uptick in COVID-19 cases in Connecticut and "out of an abundance of caution," Trinity Retreat Center has canceled all retreats and has closed the center to the public through the end of the year.

The announcement came Friday, Sept. 25, from Executive Director Joseph Rose. Staff at the center had spent months preparing for its reopening this summer, and programs and retreats, though at limited capacity, were booked through fall and winter.

Rose said that while guests at the retreat center have remained safe during the two months this

summer that the center was open, "We continue to be faced with the uncertainties that the fall may bring, with flu season, the reopening of schools and universities and the slight uptick in the percentage of positive cases per day in the state of Connecticut."

The executive director said refunds for canceled programs have been issued, and several dozen staff members will remain on the payroll during the shutdown period through Dec. 31.

"This virus is real, and we don't know what is coming this fall. If we are inviting people into a healing place, we want to make sure that healing place is whole," said Rose.

"We know that this will come as a disappointment to all who have come, and wish to come, to Trinity Retreat Center for community and for solace, but care and concern for the health and well-being of everyone, our guests and our staff, is our high-

est value."

### 'Virtual' events

In the meantime, he said, Sunday church services at the center (an Episcopal mission of Trinity Church Wall Street) will go back to being held virtually. "The congregation has decided to go back to Zoom again." In addition, Trinity will be hosting several events, live-streamed from the center's West Cornwall campus, on the social media sites Facebook and Instagram.

And on Wednesday, Nov. 10, Trinity plans to host a community blood drive in conjunction with the United Church of Christ Congregational in Cornwall.

Limited staff, including Rose and his wife, Heidi, the center's co-executive director, will continue to care for the property, the gardens and grounds and the rescue donkeys just as they did in early 2020 during the first shutdown.

### Hope, then disappointment

In a late-summer interview

with the center's directors, optimism had still been running high.

"Even though we were all inside and isolated together, life was still going on, creation was still happening" at the center's 55-acre campus situated along the Housatonic River, said Joseph Rose. "The labyrinth was growing, the gardens were blooming and the forest was filled with fireflies; there was still hope in all that."

"One of our goals when it closed was to just keep things running so that when we did reopen in July," said Rose at that time, the retreat center — which adjoins more than 500 acres of conservation trust lands and state forest — would be ready to receive guests.

In the phone interview on Sept. 25, Rose said staff will once again care for the campus during its closure. The sprawling complex includes

See TRINITY, Page A8

## Electricity, ballots and 'tainted' real estate topics in special session

By Patrick L. Sullivan

The Connecticut General Assembly passed the "Take Back Our Grid" bill last week during a special session and sent it to Gov. Ned Lamont, who is expected to sign it.

The bill changes how utilities are regulated, tying rate increases to performance.

State Rep. Maria Horn (D-64) said in a phone interview Monday, Oct. 5, that the bill came together quickly because of long-standing issues, particularly with Eversource Energy (although the company is not named in the bill).

Horn said it was the "double whammy" of a startling rate increase in July and the company's poor response to Tropical Storm Isaias in late August that provided the impetus for the bill and ensured its near-unanimous passage. State Sen. Craig Miner

(R-30) voted for the bill as well.

The Legislature passed a bill allowing election officials to begin processing absentee ballots on Monday, Oct. 26. Miner, interviewed by phone on Sunday, Oct. 4, said the bill allows officials to remove the interior envelope containing the absentee ballot from the outer envelope used for delivery.

Horn added that the officials will be looking to see if the interior envelope is signed, which is the most common problem with absentee ballots. The interior envelopes will not be opened, and the ballots will remain intact until election day.

Both legislators (and most of their colleagues) voted for the bill. "Like it or not, a lot of people are using absentee ballots this year," said Miner. "Doing all that work on the one day adds to the

See SESSION, Page A8



8 91421 00011 9



**Diana I. Bisselle**

Global Real Estate Advisor  
917.519.5021  
dbisselle@williampitt.com



William  
Pitt

**Sotheby's**  
INTERNATIONAL REALTY

As a resident of Lakeville, CT, Diana has deep roots in the local Real Estate community. Growing up in Sharon, her parents Philip and Dobrila Waugh owned a local brokerage for over 30 years covering the Tri-State area. This exposure has allowed her to innately understand the importance of superior client service and professional integrity. Diana takes great pride in providing a seamless transaction for all parties involved.

Contact Diana today for a confidential consultation.



**SOLD | Lakeville, Connecticut**

Offered at \$1,450,000  
Represented Buyer



**SOLD | Roxbury, Connecticut**

Offered at \$1,200,000  
Represented Seller

Salisbury Brokerage, 19 Main Street | williampitt.com

Each office is independently owned & operated.



## Gaining ground in Housatonic River knotweed battle

By Leila Hawken

SHARON — After three years of intensive effort, invasive Japanese knotweed on the banks of the Housatonic River near the historic West Cornwall Covered Bridge on the Sharon side has been defeated and the area reclaimed with native riparian plantings.

The end of that project was celebrated with speeches and final plantings at the site on Saturday, Oct. 3.

Active in the daunting project were the Housatonic River Commission (HRC) and the Housatonic Valley Association (HVA). One of their goals is to further the possible designation of the Housatonic River as a federal Wild and Scenic waterway. Such a designation would bring potential access to more resources to advance reclamation work; it is also believed that it will help set up protections for the river into the future.

Housatonic River Commission member Jim Saunders was on hand to help park cars on the Sharon side of the river before joining the work detail. His enthusiasm for the work of the volunteers was evident, as was his commitment to achieving the Wild and Scenic status for the river.

About 25 people attended the Oct. 3 riparian planting celebration, a feature of which was a talk by Tom Zetterstrom, a naturalist and invasive species specialist, who reviewed the entire project that began three years ago. Zetterstrom, a native

of North Canaan, is also an expert in many trees that are native to the area.

Volunteers planted 50 native plants on Saturday, including swamp white oak, butternut, dogwood, arrowwood, viburnum and prairie willow, according to Mike Jastremski, HVA Watershed Conservation Director and a member of the team. Jastremski's son, River, 10, came along to help with planting.

Zetterstrom explained that knotweed is a monoculture non-native infestation that, once established, reduces by 97% the diversity of insects where it occurs. But once an area is restored and flourishes with native plantings, it will promote the welfare of fish, birds and insects.

Such native riparian plantings along riverbanks effectively control erosion and help filter and keep water clean.

The principal cause of the spread of knotweed locally is the removal of topsoil from one location — the topsoil likely to contain bits of knotweed — and the spreading of that contaminated fill to new locations.

Treatment of contaminated fill to remove the bits of knotweed is an initiative now underway in Cornwall.

Zetterstrom recounted how 10 volunteer "paddlers" (enthusiasts of river travel by kayak and canoe) visually surveyed the 84 miles of riverbank from the state's border with Massachusetts down to New Milford, Conn., mapping serious knotweed infestations — which are large and numerous.



PHOTO BY LEILA HAWKEN

Putting the finishing touches on a riverside planting were River Jastremski, left, and Jeannie Curry of West Hartford, doing their part to reclaim a section of Housatonic riverbank from the ravages of invasive knotweed.

In the Northwest Corner, Zetterstrom's mapping indicates a total of about 44 spots where knotweed is established, 20 of those on state-controlled land, and 22 along town roads.

To destroy knotweed root systems, which have a biomass that is 60% underground, cutting the plant above ground is useless, Zetterstrom said. Control is through a combination of spraying and stem injections. The third and final year of the battle is spent in spot treatments. "We are working to correct

the mistakes of the past and not make the same mistakes in the future," Zetterstrom said. Important to the long-range work are the volunteers who come together and commit to the task of intervention, even seeking coalitions with neighboring towns.

"Residents need to understand what is being done. We need partnerships with the town and the state Department of Energy and Environmental Protection," said Karen Nelson, a member of the Northwest Conservation District.

## Concerns and details at Oct. 1 housing hearing

By Patrick L. Sullivan

FALLS VILLAGE — Round two of the Planning and Zoning Commission's (P&Z) public hearing on an affordable housing application continued Thursday, Oct. 1, on Zoom.

The commission again set a two-hour maximum, as it did in the first round on Sept. 23. The meeting still ran about 15 minutes over.

The hearing was continued to Wednesday, Oct. 14, at 6:30 p.m. on Zoom.

The Oct. 1 meeting was given over to comments and questions. P&Z Chair Fred Laser began by reiterating that the hearing is about the application from the Falls Village Housing Trust to build an affordable housing complex on River Road. The plan calls for 16 units containing 29 bedrooms in five buildings. Laser said the commission would not discuss the legality of the Incentive Housing Zone, stating that it was properly established. "That's settled."

There were several questions and concerns about traffic. Some commenters expressed doubts about the traffic study provided by the applicant, which shows minimal impact on traffic.

Colter Rule, who lives near the River Road site, said he would guarantee that increased traffic on the road would result in an accident, especially to the south of the site where there is

a hill and corners.

Rule was also unhappy at the prospect of stormwater running through his property.

Commenters criticized the design of the housing as not fitting in with the rural character of the town. One commenter didn't like the color scheme. One person said the design looked like a suburb.

There were several questions about the water supply and stormwater management.

Several people attempted to go further afield (with alternative ideas for affordable housing, for example) but Laser reminded them that the hearing was on the application before the commission and whether or not it meets the regulations.

Maria Grusauskas said that she returned to Falls Village, her hometown, in March after living in California for several years.

Describing herself as a writer and editor, she said she would like to stay but she cannot afford to buy a house and has been unable to find a rental. She said she has other "creative" friends with the same problem.

One person asked if, given the controversy, the entire matter could be put on hold.

Laser said that once an application is received the commission must act on it. If the commission ultimately takes no action, the application is automatically approved, he continued.

## Cornwall and COVID-19: the challenges of 2020

By Leila Hawken

CORNWALL — Settled in at home for the potentially long haul of the COVID-19 quarantine, about 35 Cornwall residents gathered remotely by Zoom on Saturday, Sept. 26, for a detailed presentation on their town's experience so far with the pandemic and with other local challenges.

The talk was sponsored by the Cornwall Library. First Selectman Gordon Ridgway set about leading what he billed as a "community discussion of where we are in the COVID thing after six months." He said that this is the first time the town has faced a federal, state and local emergency, all at the same time.

Having an emergency plan already in place was key to the town's ability to respond, thanks to a unified command system, Ridgway explained. The town trusted in the science throughout the process. Older residents in town and others who were vulnerable received added attention.

Ridgway noted that about 300 people have contributed to the town's Food and Fuel Fund. Weekenders and part-time residents have been a great help, volunteering time and talents as needs arose.

"People in Cornwall follow the rules, wear masks, wash their hands, distance themselves and don't complain," Ridgway said, adding that, "Cornwall is probably one of the best places to be in the United States right now."

Ridgway offered high praise for the state and the assistance it has provided, although he said that the town remains concerned about what will happen when

people begin to spend more time indoors.

The town is presently at work preparing for safe November voting procedures. The polling place will be the gym at the Cornwall Consolidated School on Tuesday, Nov. 3.

Ridgway also noted that school enrollment is up this year as families with young children are moving to Cornwall. New younger residents have also stepped up to volunteer their help in community organizations.

"Cornwall has always been refreshed by new people moving in," Ridgway said.

Resident Jeff Jacobson termed the influx of young people both uplifting and invigorating for the town.

Updating residents on efforts being undertaken by the Planning and Zoning Commission to review current regulations, Ridgway said that changes are being considered to accommodate working from home as well as to increase affordable housing options.

Internet connectivity is under active study.

"We are working on it," Ridgway said.

Residents discussed questions of short- and long-term effects of limited internet and cable connections, as well as utility control.

Resident Susan Klaw asked about the climate, particularly the current drought conditions and their effect on agriculture. Some agreed that there is more public interest in obtaining food and produce from farmstands and farm markets these days.

## What's new in Salisbury history

By Patrick L. Sullivan

SALISBURY — Salisbury town historian Jean McMillen was recently given an award for excellence in historic preservation from the Daughters of the American Revolution (DAR). The award comes with a certificate and a medal.

In a phone interview, McMillen said the national DAR created the award, which is open to anyone, not just DAR members.

She said she is one of the first historians to receive the award. In other town history news, two new volumes of the "Sarum Samplings" series are in the works.

The fourth and fifth books in the popular series include material on the Tri-Arts theater (now known as Sharon Playhouse), food and drink, love and marriage (where people met their spouses), a bicycle shop, bears, babysitting for drivers at Lime Rock Park, Christmas tree farms, Ultimate Frisbee and Home Front stories from World War II.

McMillen said she hopes that Sarum Samplings numbers 4 and 5 will be available for purchase before Christmas.

### Downtown Salisbury Fall Market

**Saturday October 10th, 2020 • 10 am - 5 pm**

Come and celebrate the height of the season with special savings and exciting new products! Enjoy the crisp fall air as you visit stores inside and out in the center of town.

We'll certainly miss the annual Fall Festival this year, but why not enjoy a stroll while supporting local merchants! Come to beautiful Salisbury during the height of the season, enjoy fall foliage and select unique items from your favorite shops.

**HONEYCHURCH HOME**  
HOME | FRESH FLOWERS | GIFTS

118 Academy Street  
Salisbury, CT 06068  
860.435.4477  
www.honeychurchhome.com

**Salisbury Pharmacy and General Store**

Salisbury pharmacy is a locally owned Pharmacy dedicated to the well being of you and your family. In addition to prescriptions, we offer an extensive selection of specialty soaps and spa products, natural and organic products, unique gifts, toys, cards and crafts from local artisans, and party goods for all occasions. We also carry many items for your personal protection during these unprecedented times.

Stop in and see what we have for you!

Front store hours: Mon-Fri 9-6, Sat 9-3, Sun 9-1  
Pharmacy hours: Mon-Fri 9-6, Sat 9-3, Sun closed

**johnnycake books**

12 Academy Street Salisbury, CT  
860-435-6677  
johnnycakebooks.com

ALL BOOKS  
\$100 AND LESS  
HALF PRICE,  
PLUS  
DISCOUNT  
TABLE OUTSIDE  
ALL WEEKEND

f t i

**PASSPORTS**

14 Main Street      860.435.8855 - Tel  
Salisbury, CT 06068      860.435.4604 - Fax

www.passportscollection.com

## WINDY HILL FARM

NURSERY • ORCHARD • GARDEN SHOP

### FALL IS FOR PICKING

**FRESH-PICKED OR PICK-YOUR-OWN APPLES**

**Empire, Gala, Honeycrisp, Idared, Jonagold and Macoun**

**Our own fresh-pressed all-natural sweet cider blend**

**Sweetish Baker apple pies and galettes on weekends**

**Cider donuts on weekends**

### FALL IS FOR PLANTING

**Our extensive selection of trees, shrubs and premium Holland bulbs**

We have an excellent selection of daffodils, tulips and specialty bulbs, with many new and unusual varieties, including a wide choice of other deer-resistant bulbs. Plant now to add spectacular color and form to your garden from spring through early summer.

#### Fruit trees

We offer our own Windy Hill Farm grown fruit trees in superb condition for fall planting. Extensive selection of apples, pears, plums, peaches, cherries, apricots and nectarines, as well as the small fruits — blueberries, raspberries, currants and grapes. Larger specimen apple and pear trees available.

**Fall & Halloween decorations • pumpkins • gourds**  
**chrysanthemums • flowering cabbage & kale**  
**ornamental grasses • choice fall perennials • fruit trees**  
**dwarf & unusual evergreens • shade & flowering trees**  
**flowering shrubs • espaliered apples, pears & Asian pears • statuary**  
**landscape design, consultation & installation**  
**well-stocked garden shop**

**20% OFF PERENNIALS**

**Excluding peonies, tree peonies and iris**

**Please check our website for our COVID-19 Shopping Rules.**

**Online orders and curbside pickup available.**

**OPEN DAILY 9-5**

686 STOCKBRIDGE ROAD  
GREAT BARRINGTON, MA 01230  
WWW.WINDYHILLFARMINC.COM

(413) 298-3217 • office@windyhillfarminc.com



# The most troubling news-media story of our time

AN EXCERPT FROM MARGARET SULLIVAN'S BOOK,  
"GHOSTING THE NEWS:  
LOCAL JOURNALISM AND THE CRISIS OF AMERICAN DEMOCRACY"

- PUBLISHED BY COLUMBIA GLOBAL REPORTS -

Barbara O'Brien's article was routine-enough fare for a local newspaper. It would not go on to win a journalism award or change the world. It didn't even make Sunday's front page on that day in May of 2019. It merely was the kind of day-in-and-day-out local reporting that makes secretive town officials unhappy because of what they can't get away with, and lets local taxpayers know how their money is being spent.

O'Brien, who reports on several suburban towns for the *Buffalo News*, had found that the Orchard Park police chief, who was retiring abruptly, would receive an unexplained \$100,000 as part of his departure. A few weeks before O'Brien's story was published, she had asked town officials for the chief's separation agreement, but they said it couldn't be released because it included a confidentiality clause. Why would there be such a thing, she asked. The town supervisor referred the questions to the town attorney, who wouldn't comment.

O'Brien doggedly took the next steps, as her story explained:

*The Buffalo News* obtained a copy of the sixteen-page agreement after filing a Freedom of Information Law request with the town. Keeping such a contract private is in violation of the Freedom of Information Law, according to Robert J. Freeman, executive director of the state Committee on Open Government.

"The contract is public, notwithstanding a confidentiality clause," Freeman said. "The courts have held time and again that an agreement requiring confidentiality cannot overcome rights conferred in the Freedom of Information Law."

Examining the agreement, O'Brien came across the \$100,000 payout, and wrote the story. And she would, of course, keep digging—because that is what diligent local reporters do. But there are fewer and fewer of them all the time.

*"The decline of local news is every bit as troubling as the spread of disinformation on the internet."*

*The Buffalo News* is the regional newspaper where, until 2012, I served as top editor for thirteen years. It's the largest news organization in New York State outside the New York City metro area. Like virtually every other newspaper in the United

States and many around the world, it's struggling. In the internet age, circulation volume and advertising revenue have plummeted, and the newsroom staff is less than half what it was when I took the reins, down from two hundred to fewer than a hundred journalists. That sounds bad, but is actually better than most. American newspapers cut 45 percent of their newsroom staffs between 2008 and 2017, with many of the deepest cutbacks coming in the years after that. In some places, the situation is far worse. (I use the term newspapers as a shorthand for newspaper companies, and mean to include their digital, as well as print, presence.)

*"There is a serious perception problem — American citizens don't know about what's happening to local news or they choose not to believe it."*

It matters—immensely. As Tom Rosenstiel, executive director of the American Press Institute, put it: "If we don't monitor power at the local level, there will be massive abuse of power at the local level." And that's just the beginning of the damage that's already been done, with much more on the way. As a major PEN America study concluded

in 2019: "As local journalism declines, government officials conduct themselves with less integrity, efficiency, and effectiveness, and corporate malfeasance goes unchecked. With the loss of local news, citizens are: less likely to vote, less politically informed, and less likely to run for office." Democracy, in other words, loses its foundation.

The decline of local news is every bit as troubling as the spread of disinformation on the internet. Cries of "fake news!" from President Trump and his sympathizers may seem like the biggest problem in the media ecosystem. It's true that the public's lack of trust in their news sources, sometimes for good reason, is a great worry. But while intentional disinformation, media bias, and the disparagement of the press for political reasons may

grab the public's attention, another crisis is happening more quietly. Some of the most trusted sources of news—local sources, particularly local newspapers—are slipping away, never to return. The cost to democracy is great. It takes a toll on civic engagement—even on citizens' ability to have a common sense of reality and facts, the very basis of self-governance. But I'll be clear: I'm not here to address the politicized "fake news" problem or the actual disinformation problem. This is about the real-news problem.

*"And fewer than one in six Americans actually pays for local news, which includes having a subscription, print or digital, to the local newspaper."*

There's a serious perception problem—American citizens don't know about what's happening to local news, or they choose not to believe it. As with issues like the global climate emergency, it is hard to convince a significant chunk of the public that they ought to care deeply about this, or do anything

about it. There are plenty of news sources—free, after all—on the internet, though relatively few that dig into local news with the skill of seasoned newspaper reporters like Barbara O'Brien. People may believe that their Facebook friends will tell them what they need to know, without the benefit of professional reporting. Their thinking seems to go something like this: News will find me if it's important enough. A Pew study in 2019 astonished many journalists, who live with the ugly reality of their drain-circling news business: Most Americans—almost three of every four respondents—believe that local news outlets are in good financial shape. And fewer than one in six Americans actually pays for local news, which includes having a subscription, print or digital, to the local newspaper. Apparently, only a small percentage of the public sees the need to open their wallets for their local newspapers or other local news sources, and they aren't accustomed to doing so. As newspapers decline in staff and quality, they see even less reason to do so. Overcoming those factors is a steep climb—with very little time to crest the hill.

When local news fails, the foundations of democracy weaken. The public, which depends on accurate, factual information in order to make good decisions, suffers. The consequences may not always be obvious, but they are insidious.

It's a vicious cycle—and one that has drawn the interest of researchers who have found that lack of trusted, factual information can lead to an overall decline of civic engagement. A *Journal of Politics* study showed that people in districts with weaker local coverage were less likely to be politically engaged and less likely to share opinions about the candidates running or give evaluations of their current representatives. Voting becomes more politically polarized when local news fades, says a study published in 2018 in the *Journal of Communication* — citizens are less likely to vote a split ticket, choosing candidates from various political parties. Instead, relying on national sources of news, including cable news outlets, they are more likely to retreat into tribal corners, voting along strict party lines.

It's not just about voting. It's about tax dollars. When local reporting waned, municipal borrowing costs went up, and government efficiency went down, according to a 2018 Hutchins Center working paper titled "Financing Dies in Darkness: The Impact of Newspaper Closures on Public Finance." A dearth of watchdog reporting has dire and quite specific results: "Following a newspaper closure, municipal borrowing costs increase by 5 to 11 basis points, costing the municipality an additional \$650,000 per issue. This effect is causal and not driven by underlying economic conditions. The loss of government monitoring resulting from a closure is associated with higher government wages and deficits, and increased likelihoods of costly advance re-fundings and negotiated sales." What the researchers found was something we know intuitively but they found to be quantifiable: "Local newspapers hold their governments accountable, keeping municipal borrowing costs low and ultimately saving local taxpayers money."

This is the most troubling news-media story of our time: how democracy suffers when local journalism fades. The United States is littered with so-called news deserts, or communities stricken by "news poverty," as one researcher put it—places with

little or no local news. There are exceptions. Some metropolitan areas—for example, the twin cities of St. Paul and Minneapolis, Minnesota—have relatively healthy local-journalism ecosystems. There are some encouraging signs in Boston. And there are bits of what looked like good (or less clearly bad) news, as some legacy newspapers met unexpected fates. At the *Los Angeles Times*, a local billionaire bought the paper in 2018, providing hope to an important news source that had been buffeted by bad management and deep cutbacks. Its editor, Norman Pearlstine, began rebuilding it. (But even there, a year after that heralded purchase, the good news was not unalloyed. A critically important effort to gain and keep digital subscribers got off to a slow start before picking up steam in 2020.) The *New Orleans Times-Picayune*, whose coverage of Hurricane Katrina had been so vital in 2005 and beyond, had yielded suddenly to its upstart competitor in Baton Rouge, the *Advocate*, announcing that it would cease to exist as it had since 1837. The paper's historic name would live on, though, as the more-aggressive *Advocate* took it over and made its presence known in the Crescent City, hiring some of the *Times-Picayune's* staff.

Innovative efforts to keep local news alive in a post-newspaper age are having some success—from impressive, nonprofit digital sites like MinnPost in Minnesota or Voice of San Diego to a fast-growing effort called Report for America, modeled partially on the Peace Corps, that puts hundreds of young journalists in underserved areas or hollowed-out newsrooms.

But new technology is not necessarily the answer. Online news sites have not been consistently better at capturing digital advertising revenue or convincing users to pay for content. In the internet age, information is largely free and many don't want to pay for it. Newspapers used to supply weather, comics, horoscopes, classifieds, and crosswords to get readers to pay for news, but even when the new digital-only news sites stripped away those add-ons, a leaner, meaner product has not always been more efficient, attractive, or lucrative. They still only represent a small portion of the industry, employ a fraction of out-of-work journalists, and cannot claim to have done a substantially better job at uncovering the news. A once-profitable industry was able to support an important public function but is now no longer profitable. We need to find other ways to support that function, or hope that consumers or other sources will be persuaded to pay for or subsidize that service somehow.

*"When local news fails, the foundations of democracy weaken. The public, which depends on accurate, factual information in order to make good decisions, suffers. The consequences may not always be obvious, but they are insidious."*

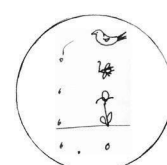
The situation is quickly and constantly deteriorating. Huge media chains are merging, more newspapers are going out of business, digital sites are being abruptly axed, journalists continue to be laid off, not just at newspapers but at digital-first news companies that once were considered the rightful heirs to old-style print. When the coronavirus pandemic arrived, the immediate economic impact on news organizations could be felt worldwide.

Advertising, already sparse, almost disappeared for some. By late March, newspapers in Australia and Great Britain had folded or suspended printing. In the United States and elsewhere, new rounds of layoffs or pay cuts devastated the very local newsrooms that were making themselves more vital than ever to their readers by covering the burgeoning public-health emergency.

But even before this disaster happened, the harsh consequences were playing out in communities. Meetings of public officials took place without coverage. Agency budgets and municipal contracts went forward without scrutiny. Readers, unhappy with news coverage or financially strapped because they had lost their jobs, decided to end their subscriptions. Despite some hopeful signs, the ghosting of local news was happening before my eyes—fast, and with no end in sight.



Plantin' Seeds' mission is to raise awareness of the intersections we share.



## EDITORIAL

### Time for an increase in cost for this newspaper

What was life like all the way back in 2003? It wasn't all good and it wasn't all bad, but it was surely different from what we are experiencing right now. Then again, what wasn't?

That year is the last time The Lakeville Journal Company instituted a price increase for our print and online newspapers, either at newsstands, through subscriptions or online. Since then, keeping in mind the economic hardships some of our most avid area readers have faced during that time, we have tried to keep the price the same. And since that time, when our increase to \$1.25 for a single copy sale at a dealer was expensive compared to other newspapers, the price of those other papers increased until that \$1.25 is now among the most reasonable costs in the store.

So we have finally decided, as we are looking at new ways to survive the COVID-19 challenges and the threats facing local journalism in general, it is now time to increase the cost of our newspapers, The Lakeville Journal and Millerton News. The cover price at your local stores will now be \$2 per copy, and the in-county subscription rate will be \$82 a year.

Here is the upshot: \$82 will be for one year print, including the website, or online only subscriptions of all kinds; \$150, two years print, including the website, or online only subscriptions of all kinds; \$42, six months print, including the website, or online only subs of all kinds. Outside county costs will be more, as postage and handling are more: \$98 for one year, \$180 for two years and \$50 for six months.

Our wish is to be here to serve our readership, across the Tri-state region, for a long time to come, but to make that happen, we need to pay our employees, our rent, our printing bills and our insurance bills, among other expenses. We are just like every other small business, and in order to remain afloat, we need to constantly evaluate the best ways to improve our chances of being around.

More on this next week.

### Why support the efforts of NWConnect in the region?

I read with interest Caroline Nastro's letter to the editor (Lakeville Journal, Oct. 1, 2020) regarding the granting of Northwest Hills Council of Governments funds to Northwest ConneCT. I agree with Ms. Nastro that we might have better transparency in the manner in which Northwest ConneCT intends to use its funds received from the NHCOC and to whom those funds would be dispersed.

Beyond that, there are significant problems with Ms. Nastro's letter. First, necessity. Northwest Corner towns have largely been passed over when it comes to deploying optical fiber for high-speed Internet. It's expensive to roll out in rural regions. Yet we desperately need it for work-from-home, remote learning, telemedicine, entertainment and communicating with family and friends. Without fiber, those who want to live and work here will go elsewhere and many of those who are already here will move away for better connectivity.

Second, Northwest ConneCT is a planning and consulting organization, founded to support local towns in bringing high-speed Internet to every residence and business in those towns. So Ms. Nastro's complaint that Northwest ConneCT "has laid no fiber" is a red herring. Moreover, while Ms. Nastro correctly asserts that no Northwest Hills town has signed on to build its own fiber network, Norfolk has a mature plan ready to present to its voters and at least three other Northwest towns have committees looking into the prospect—with support from Northwest ConneCT.

Third, Ms. Nastro is willing to bet everything on a vague pledge by Optimum "to bring fiber to all of its customers in the near future." The key words here are "pledge," "all," and "near future." Where is this pledge? What fiber deployment plan is associated with that pledge? What funding has Optimum put behind that plan? Is that plan only for a library, school, or business center, or is it indeed for every residence and business in town? What specific timeline is associated with that fiber rollout? As a member of Cornwall's Internet Expansion committee, I know of a number of contacts made by local citizens and political representatives to Optimum, each receiving a similar vague pledge, but no concrete plan.

So we have a choice. Sit by. Wait two years or more to find out that Optimum still has no deployment plan and funding to lay fiber to every residence and business in the Northwest Corner. Or each town could develop its own fiber contingency plan, use it to pressure Optimum and our politicians, and hope we never have to use that plan. Meanwhile, I urge our representatives to advocate for state, federal, and utility company funding to roll out fiber to our rural areas, much as was done in the 1930s for electric and telephone.

Johan Winsser

West Cornwall

### This housing should not be built; keep to the scale of the town

Everybody likes a mystery. Tune into the continuance of the Falls Village Public Hearing on Oct. 14 at 6:30 p.m. to find out if the mystery of the missing Transit Station is solved.

The Incentive Housing Zone application submitted by Jocelyn Ayer of the NWCT Regional Planning Collaborative in 2013 states that the 66-acre parcel on River Road in Falls Village meets the eligibility requirements for an Incentive Housing Zone because it is in a suitable location with the explanation given that the "IHZ site is just outside the town's village priority funding area and can access NWCT Transit."

The site is in fact 2.5 miles from the town's village priority funding area and NWCT transit is a Dial-A-Ride service that of course does not meet the requirement for proximity to public transportation. At the second session of this continuing hearing Planning and Zoning Commissioner Fred Laser stated in jest that the development is at Lime Rock Station. The train station has long been gone and is now a home.

While it was a relief to have moment of levity in this hearing, this proposed development is no laughing matter. It was upsetting and frustrating to hear First Selectman Henry Todd, refer to the legitimate concerns of the taxpayers about the costs surrounding this project as "rumors." Meanwhile participants were told firmly that they could only speak about the site plan. Therefore, the well-informed taxpayers of Falls Village, including members of the town Board of Finance, retired finance executives, investigative journalists and attorneys, all of whom are Falls Village homeowners,



PHOTO BY JAMES H. CLARK

### Perfect day for a walk

## LETTERS TO THE EDITOR

### Let's keep the science straight

Foggy science used by well-intentioned environmental advocates undercuts credibility and progress against pollutants, and we who care about our planet need to be extra meticulous in our communication if we aim to win over allies. Otherwise people will have every reason to doubt us. A recent letter suggests that burning methane to generate electrical power "spews pollution," and generates small particles ("particulates").

### Political signs

Three feet by five feet political yard signs are obscenities, defiling our landscape. Whatever your political leanings, do you really want to desecrate the Earth with these bombasts? You cannot get your message across without these boastings?

Bigger, stronger? YUGER? Really?

Lonnie Carter

Falls Village

### Prize for first housing built?

I am a member of the Board of Directors of the Falls Village Housing Trust (FVHT). At the public hearing by Planning and Zoning on Oct. 1, I for one was very happy to hear of the enthusiasm for expanding affordable housing in the Falls Village town center, using different state grants.

That is quite a different program than the one that FVHT has operated under. The program that we use is for larger projects, and sixteen units, as a practical matter, is the smallest that we can build and get approval by Department of Housing. DoH uses a point system to award grants, and less than 16 units subtracts too many points.

As the speakers rightly pointed out, there are other DoH programs for smaller projects. We of FVHT encourage others to take up the cause of affordable housing and to create more rental housing units in Falls Village, using any public or private means. We are happy to lend our experience to any such projects, and we welcome the competition.

Maybe we should have a prize? First completed units buys the other group dinner!

Martha Miller

Treasurer, FVHT

Lakeville

Not so: A 2014 publication by the environmentalist-friendly Union of Concerned Scientists points out what any high school chemistry teacher can tell you, that "combustion of natural gas produces negligible amounts of sulfur, mercury, and particulates," particularly when compared with other fossil fuels like coal or petroleum. Methane plus oxygen plus heat creates carbon dioxide (gas) and water (liquid).

That doesn't make natural gas "clean", because smog-enhancing nitrogen oxides (gases) get produced (air is 70% nitrogen)

### Holley Block will work

I am writing in response to George Mason's Oct. 1 letter about affordable housing on the Holley Block parking lot site. As a member of the Salisbury Affordable Housing Commission, I am very aware of the challenge of finding the right location for much needed affordable rental apartments in Salisbury.

A professional traffic analyst will present "formal" data to the Planning and Zoning Commission (P&Z) on Oct. 8 that will show that the Holley Block Parking lot is not heavily used and the streetside parking surrounding the commercial strip on Rt. 44 consistently has empty space.

We on the Commission and others working to provide needed homes understand and greatly sympathize with nearby businesses about their concerns regarding construction disruption and will try to limit it as much as possible.

The Perry Street lot is very small that was contaminated by a dry cleaners on the site. Once safe, the Housing Trust hopes to build something on the lot.

The Pocketknife Square buildings have been vacant for many years due to the high purchase price and need for major investment to bring them up to code and reconfigured for contemporary use. There are also limitations due to their historic landmark designation. The economics are unworkable for affordable housing.

The original building on the Holley Block parking lot was torn down because it had deteriorated badly. P&Z appears happy with the proposed design since it fits into the character of the town and neighboring properties. By including affordable units the building complies easily with zoning regulations.

The traffic experts said that the traffic generated by the build-

## TURNING BACK THE PAGES

NORMA GALAISE

100 years ago — October 1920

Mr. Geo. E. Parsons and several of his neighbors have recently installed an electric street light for the benefit of those living or visiting in northern Main St., Salisbury. It is very much appreciated on dark nights. Those who joined Mr. Parsons in this public-spirited work are Edwin Smith, Mrs. McNeil, Mrs. Eggleston, Miss Grace Sherwood, Mr. Perrin, Douglas Ostrander and O.P. Fackler.

LAKEVILLE — Harry Judd

has moved into part of Michael Larney's house and Stanley Mather has moved into the rooms in Mrs. W.B. Peabody's house vacated by Mr. Judd.

ORE HILL — Telephones are being put in at the residences of Michael Meehan and Martin Solan.

50 years ago — October 1970

Since boyhood, when he made his own flies and bamboo poles, fish and the art of angling have been the destiny of William Rosgen, Winsted sportsman and sports shop proprietor, so what more natural than for him to give the first course ever at the Litchfield Nature Center and Museum on making bucktails, streamers and other fly-ties to lure fish. His course will open Friday Oct. 23 at 7:30 p.m. in the museum auditorium.

KENT — Meeting in special session prior to Monday night's town meeting, the Board of Selectmen voted to recommend to the Board of Finance that the amount of \$1,500 be added to the Park and Recreation Commission appropriation for the construction of a wading pool for toddlers at Emery Park.

Roaring Oaks Florists, the popular flower shop in Sharon, has changed hands. Les Hoysradt and Ed Palko sold it as of Oct. 1 to Julia and Ted Gephart, a young couple from Indiana.

Plan sketches have been filed with the North Canaan Selectmen for three apartment units to be built on North Elm Street. Each unit will have six two-bedroom and six one-bedroom apartments.

25 years ago — October 1995

SHARON — In memory of Edward Pitcher, the Sharon firefighter who died on duty July 15, an area business donated \$6,000 worth of equipment last week to the Sharon fire department. The gift, three air packs and three spare bottles, were obtained by B-D when Mr. Pitcher worked there in the electrical department two years ago. But B-D has never had to use them. "We get such good service from the (Canaan) Fire Department, we don't need them," manager Bruce Rood said. "We thought this would be a way to show support for Ed."

Neighboring towns joined Kent last week to share ideas and completed plans for creating affordable housing in Kent — a need that more than 60 Kent citizens turned out to discuss. Cornwall, Litchfield and Washington were represented. The Kent Affordable Housing Committee has recognized the need for Kent residents to express their needs before plans can be adopted.

*These items were taken from The Lakeville Journal archives at Salisbury's Scoville Memorial Library, keeping the original wording intact as possible.*

More letters next page.

## THE LAKEVILLE JOURNAL

(USPS 303280)

An Independent Connecticut Newspaper  
Published Weekly by The Lakeville Journal Company, LLC  
64 Route 7 North, Falls Village, CT 06031  
P.O. Box 1688, Lakeville, CT 06039-9989  
Tel. (860) 435-9873  
www.tricornernews.com • editor@lakevillejournal.com

Volume 124, Number 10

Thursday, October 8, 2020

### Mission Statement

The Lakeville Journal Company, LLC, Publishers of  
**The Lakeville Journal and The Millerton News**

Our goal is to report the news of our communities accurately and fairly, fostering democracy and an atmosphere of open communication.

Cynthia Hochsunder  
**Executive Editor**  
Janet Manko  
**Publisher and Editor-In-Chief**  
Libby Hall-Abeel  
**Advertising Manager**  
James H. Clark  
**Production Coordinator**

*In Memoriam*  
A. Whitney Ellsworth  
*1936-2011*  
**Managing Partner**  
Robert H. Estabrook  
*1918-2011*  
**Editor and Publisher Emeritus**

**EDITORIAL STAFF:** Alexander Wilburn, senior associate editor; Patrick L. Sullivan, senior reporter; Leila Hawken, reporter.

**ADVERTISING SALES:** Mary Wilbur, display sales; Lyndee Stalter, classified advertising.

**FINANCE & ADMINISTRATION:** Sandra L. Lang, controller; Michelle Eisenman, financial assistant.

**COMPOSING DEPARTMENT:** Caitlin Hanlon, graphic designer; Olivia Montoya, graphic designer.

**DRIVERS:** Elias Bloxom Baker; Chris Palmer.

**THE LAKEVILLE JOURNAL COMPANY, LLC:** Dale McDonald, chairman; William E. Little, Jr., chairman emeritus.

**Subscription Rates - One Year:** \$53.00 in Litchfield County, \$60.00 outside county

Known Office of Publication: Lakeville, CT 06039-1688. Periodical Postage Rate Paid at Lakeville, CT 06039. POSTMASTER: Send address changes to The Lakeville Journal Company, LLC, PO Box 1688, Lakeville, Connecticut 06039-1688.

Laura Werntz

Falls Village



**SESSION**

Continued from Page A1

likelihood of mistakes. It's a good solution."

The General Assembly passed a bill that makes it easier for industrial or commercial properties that may have environmental problems to be sold.

Horn explained that the act of transferring the property currently triggers the environmental review process, which makes no distinction between properties with serious problems and those with smaller, more manageable issues.

Horn said that provided an incentive for the owners of such properties to abandon them, with the result that necessary remediation never occurred.

Both Horn and Miner voted for the bill.

The two differed on a bill concerning "environmental justice," however.

Horn said the bill changes existing law to limit the number of toxic sites in certain communities. "It forces us to take a stronger look" at where facilities such as wastewater treatment plants or transfer stations are located.

Miner said he opposed the bill largely because it contains a provision that allows affected communities to negotiate with the operators of facilities when the state permits are renewed.

Miner said if communities are allowed to negotiate for monetary compensation or some other concession as part of the permitting process, owners of facilities who are trying to upgrade their operations to produce less pollution might find it economically unfeasible to meet those demands and simply close down.

"So it might well end up hurting the environment."

The bill passed.

Send obituaries to [cynthiah@lakevillejournal.com](mailto:cynthiah@lakevillejournal.com)

**GRONBACH**

Continued from Page A1

within the Democratic Party to get it done," Gronbach said.

(The Democrats currently hold a 22-14 advantage in the state Senate and outnumber the Republicans 91-60 in the state House of Representatives.)

Gronbach said access to health insurance needs to be expanded, and insurance needs to be more affordable.

He said one idea is to expand the health insurance plan the state offers its own employees to small- and medium-sized businesses, and noted the plan has already been expanded to include municipalities.

"That's doable right now."

Gronbach was extremely critical of the Eversource power company, especially the practice of cutting back on linemen and relying on emergency crews from other states — where, Gronbach noted, it is likely they have their own storm issues to deal with.

Asked if the state Public Utilities Regulatory Authority (PURA) is an adequate mechanism for overseeing the power company, Gronbach said the problem isn't PURA's structure.

"There's no will at PURA. All they hear from are Eversource

representatives.

"We need legislation to keep their feet to the fire."

Asked about the role of the General Assembly during the COVID-19 pandemic, and with many critical decisions being made by executive order from Gov. Ned Lamont (D), Gronbach said, "It's an emergency" and as such does not lend itself to debate in legislative committees.

The role of the Legislature in the pandemic "is to look back at what worked, what didn't, and consider what to do next time."

Gronbach said he has been out campaigning to the extent he can, given the pandemic and restrictions on public gatherings.

He said that voters he has spoken with, beyond Miner's home town of Litchfield, are often unaware that Miner is their state senator.

He said he tells people if they elect him, "You're going to see me."

The 30th Senate District includes the towns of Brookfield, Canaan (Falls Village), Cornwall, Goshen, Kent, Litchfield, Morris, New Milford, North Canaan, Salisbury, Sharon, Torrington, Warren and Winchester.

**TRINITY**

Continued from Page A1

the main retreat center with 26 guest rooms, a historic stone chapel, a monastic garden and labyrinth, an orchard, working farm, donkey sanctuary, hiking trails, a community hall, meeting rooms and quiet spaces for rest and reflection.

**Bounty for food bank**

Heidi Rose credited the farm team's efforts, under the direction of Patrick Beal, for the bounty of food the gardens produced this summer, some of which was donated to Cornwall's community food bank.

"The farm is the spiritual heart of what we do," said Joseph Rose, who is studying at Yale to become an Episcopal priest. "It's not just something to look at, we challenge people to really connect with our commitment to being good stewards of the earth."

The center's resident donkeys, he said, which were purchased from a rescue organization shortly after the Roses opened Trinity Retreat Center in fall of 2017, are the heartbeat of the farm operation. Today, they offer therapy to those who come to pet them, brush their thick coats or simply enjoy the

animals' calming demeanor.

The donkeys were originally intended to protect the farm's chickens from predators, but immediately became part of the Trinity family. "We didn't plan it. I like to think it was God working in our lives — an act of compassion to save them."

**Looking ahead to 2021**

Looking to the new year, the center's executive directors noted that reservations are open for themed retreats and programs for 2021, which often sell out a year in advance. For details, go to [www.trinitywallstreet.org](http://www.trinitywallstreet.org). The retreats are open to individuals, families or groups.

Joseph Rose said Trinity offers a place to come together and heal spiritually, not only during the pandemic, but also once it has subsided.

"The need is going to be greater than ever once we emerge from COVID-19," he predicted. "As we journey through these bewildering times together, we know that the need for collective human engagement, the need to live and love and laugh and pray together, is more powerful than ever."

**MINER**

Continued from Page A1

bill passed in the recent special session that makes it simpler for businesses that have environmental problems (such as contamination from dry cleaning chemicals, for example) to deal with state and federal environmental authorities in getting the sites cleaned up and available for redevelopment.

On municipal solid waste disposal, Miner said the state has a lot of work to do. He said single-stream recycling has been a "failure," largely because the material doesn't get cleaned enough to be usable.

"There's almost no value to it unless it's cleaned up."

On the state budget, Miner said the current deficit stands at roughly \$2.5 billion, some of which is the result of the pandemic and subsequent shut-downs.

He said addressing the deficit with tax increases would be "devastating"

Closing the deficit "will require spending cuts."

As far as getting back to something like normal, Miner said, "We need to find a way to regain opportunities in a way that is still safe."

The 30th Senate District includes the towns of Brookfield, Canaan (Falls Village), Cornwall, Goshen, Kent, Litchfield, Morris, New Milford, North Canaan, Salisbury, Sharon, Torrington, Warren and Winchester.

**Students honored and Marvelwood scholarship available**

KENT — Head of School Blythe Everett of The Marvelwood School in Kent announced that Madeleine Paddock of Lakeville has been named a commended student in the 2021 National Merit Scholarship Program.

A letter of commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, will be presented by the head of school to Paddock, a senior.

The Marvelwood School also announced the second annual

Town Scholarship. Available to a rising freshman or sophomore day student, the winner of this merit-based award receives a full scholarship to attend Marvelwood, excluding fees associated with other programs such as learning support or equestrian. The award is renewable annually.

The recipient of the first Town Scholarship was Wyatt Lee of Kent, a graduate of Washington Montessori. In his first month of school, Wyatt was selected to the newly formed DEI (Diversity, Equity, And Inclusion)

Board, and elected to the student government as a freshman class representative.

The Marvelwood Town Scholarship application deadline is Feb. 1, 2021.

Applicants do not need to reside in the town of Kent to be considered day students.

For more information on the Town Scholarship opportunity or to begin an application, go to [www.marvelwood.org/town-scholarship](http://www.marvelwood.org/town-scholarship) or call 860-927-0047 ext. 1011, or email [admission@marvelwood.org](mailto:admission@marvelwood.org).



PHOTO SUBMITTED

Madeleine Paddock

**Correcting Errors**

We are happy to correct errors in news stories when they are called promptly to our attention. We are also happy to correct factual and/or typographical errors in advertisements when such errors affect meaning.

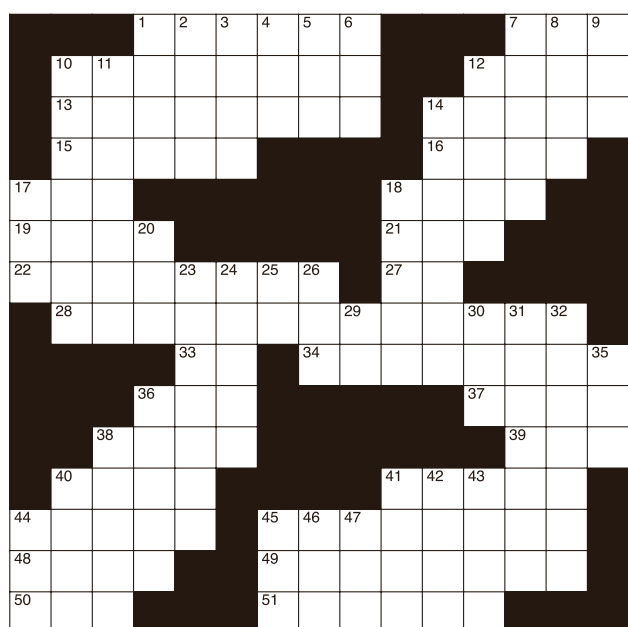
**Brain Teasers**

**CLUES ACROSS**

- 1. Lunar crater
- 7. Upstate NY airport (abbr.)
- 10. Fruit
- 12. Seventh avatar of Vishnu
- 13. Organism that grows without air
- 14. Heals
- 15. A book has one
- 16. Open
- 17. Twitch
- 18. Plant of the mint family
- 19. Soon
- 21. Witch
- 22. Long, mournful complaint
- 27. Killer clown film
- 28. Keeps us occupied
- 33. Influential lawyer
- 34. Formation of concepts
- 36. Insecticide
- 37. Swiss river
- 38. Actress Lucy
- 39. Unit of g-force
- 40. Can repel attackers
- 41. Essential oil used as perfume
- 44. Cut into small pieces
- 45. Mexican agricultural worker
- 48. Best pitchers
- 49. Benign tumors
- 50. Danish krone
- 51. Looms above

**CLUES DOWN**

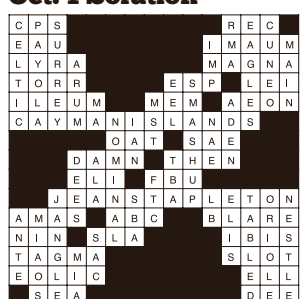
- 1. Make a map of
- 2. Cain and \_\_\_
- 3. Dried-up
- 4. Corporate exec (abbr.)
- 5. Trading floor hand gesture
- 6. Strongly alkaline solution
- 7. Yemen capital
- 8. Military leader (abbr.)
- 9. Maintains possession of
- 10. Afternoon show
- 11. Imaginary being
- 12. Rearrange
- 14. Holy person or sage
- 17. \_\_\_ Mahal
- 18. Backbone
- 20. Brooklyn hoopster
- 23. Intervened
- 24. Extremely angry
- 25. Indicates position
- 26. Chinese surname
- 29. Potato state
- 30. When you think you'll get there



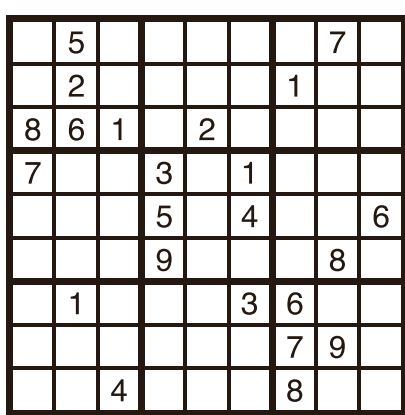
- 31. \_\_\_ Falls
- 32. Bullfighters
- 35. Born of
- 36. Small fishes
- 38. "Father of chemical warfare"
- 40. Waste matter
- 41. Skin disease
- 42. Scandinavian mythological god
- 43. \_\_\_ and haws
- 44. Villain
- 45. Tell on
- 46. Difficulty
- 47. Not old

Look for the solution in next week's issue.

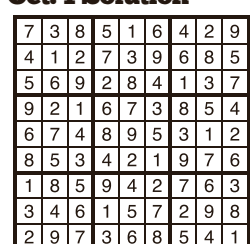
**Oct. 1 Solution**



**Sudoku**



**Oct. 1 Solution**



Level: Intermediate

**More primary care expertise.**

Right in your neighborhood.



**Michelle Apiado, MD**

Primary Care

ACCEPTING NEW PATIENTS  
7 Village Green Drive, Litchfield  
860.567.0130

**Hartford HealthCare Medical Group**

Visit [hartfordhealthcaremedicalgroup.org/safe](http://hartfordhealthcaremedicalgroup.org/safe) to learn more about how we're keeping you SAFE during appointments.



Senior living • Rehabilitation • Nursing • Memory Care

A nonprofit organization  
17 Cobble Road, Salisbury, CT 06068  
(860) 435-9851 • [www.noblehorizons.org](http://www.noblehorizons.org)





# COMPASS

Your Guide to Tri-State Events

October 8-14, 2020

BOOKS: ALEXANDER WILBURN

## History Shapes The Present Day: Young and Indigenous in North America

How many depictions of Indigenous peoples in North America that have permeated popular culture are actually the product of their own experiences, imaginations or childhood memories?

In her collection of essays, "A Mind Spread Out On The Ground," Alicia Elliott describes the first time she, as an Indigenous writer, encountered published work about women like her, as written by an Indigenous woman. Elliott was already 25 and the book was "Islands of Decolonial Love," a debut collection of short stories by Mississauga Canadian First Nations writer Leanne Betasamosake Simpson.

Until then, the fiction that had permeated Elliott's adolescence as a Mohawk girl in Canada, the fiction she initially attempted to mimic as she honed her writing skills, involved white, upper-middle class girls leading charmed, circular lives of boys and break-ups.

Recounting her early days as a young writer, she describes a dual identity. There were the complica-

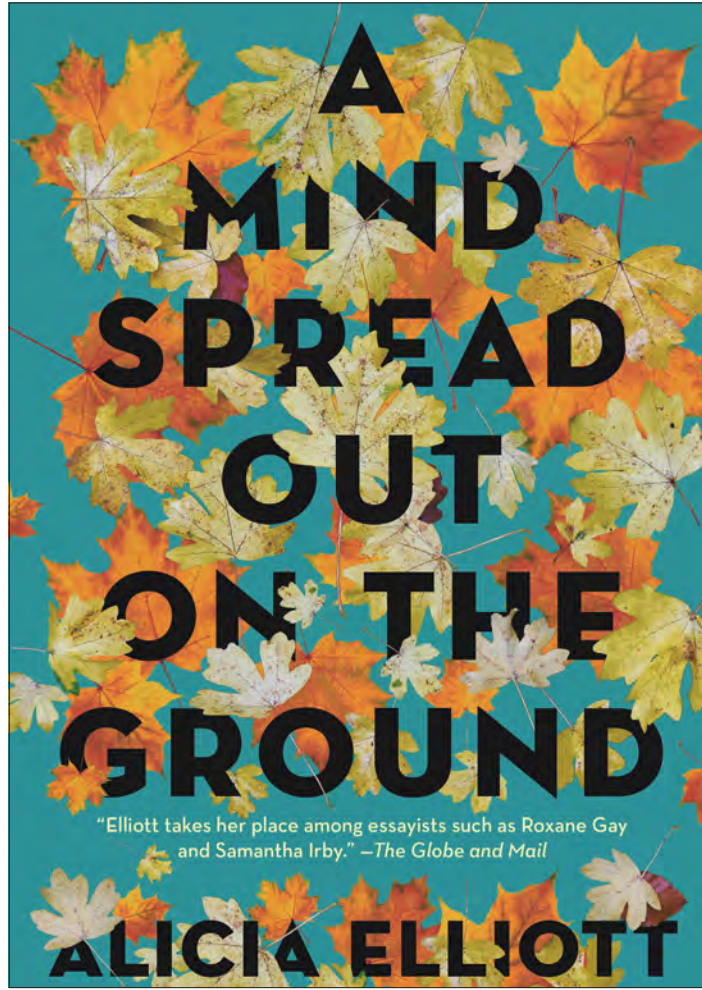


PHOTO FROM MELVILLE HOUSE PUBLISHING

tions of her own life living in Six Nations, the largest First Nations reserve in Canada, and there was her creative burgeoning. "I wrote my way out of used clothes and food banks and parents who

screamed in the night."

"A Mind Spread Out On The Ground," published in Canada in 2019 and now in the United States by Melville House this August, is Elliott's own debut, hurling her back

"A Mind Spread Out On The Ground," a debut collection of essays by Mohawk Canadian writer Alicia Elliott, was released in the U.S. this summer.

into the truth of her adolescence. It's part memoir, part cultural examination. With a remarkably clear eye, Elliott connects the achingly personal details of her own jagged-edged upbringing with a larger, relentlessly bleak portrait of the methods settler culture in North America has used to punish and disenfranchise Indigenous populations.

Elliott may have a firm grasp on this continent's darker history, but it's the current suppression of Indigenous life that sparks the fire of her writing — even with her somber humor and wry observations. Her biographical essays echo with the ghosts who came before her, with the frustration of the girls who never found a book like Leanne Betasamosake Simpson's, with the rage of reading the same pattern of news headlines. Much has changed in the world between "A Mind's" Canadian debut and its U.S. publication, but in August the CDC reported American Indian and Alaska Natives have suffered disproportionately during the COVID-19 pandemic. In December 2019 The New York Times reported on the thousands of Indigenous women who are reported missing each year, citing activists in calling it a long-ignored crisis. The Department of Justice has stated that nearly half of Indigenous women will face sexual assault or violence in their life.

Elliott knows the weight of diaspora. But what her writing contains above all is the contemporary, fully-realized life of an Indigenous woman, written in her own words.

BOOKS: PATRICK L. SULLIVAN

## A Serious Historian Lets Loose With a 'Memoir'

Tom Shachtman of Salisbury, Conn., has a new book, "The Memoir of the Minotaur," which the promotional materials describe as "the post-humorous confessions of the half-man, half-bull of Crete, as offered to an audience of recently-deceased, 21st-century fellow souls in Hades' domain. This book is a satire for readers unafraid of a rollicking good tale involving anatomically complex beings, unforgivable puns, the champion serial killer of all time, scantily-clad Greek maidens and youths, articulate tyrants, and feminist proto-history leavened with theological imper-tinence."

They're not kidding. The narrator is Asterion (aka the Minotaur), who is the result of a sexual union between Pasiphae, the queen of Crete, and a mysterious white bull.

Asterion recounts his adventures in a mixture of idioms (including Homer Simpson's all-purpose expression: "D'oh!") to his audience of the recently departed.

Along the way the reader gets a lot of sex, a lot of murder and a crash course in Greek mythology.

In a phone interview Sept. 30, the author was asked: "How did a respected and hitherto blameless historian

such as yourself come to write this crazy book?"

After he stopped laughing, Shachtman explained that he wanted to take another stab at fiction. Shachtman wrote three short novels about sea lions earlier in his career (before taking on weightier topics in books such as his most recent, "The Founding Fortunes: How The Wealthy Paid For and Profited From America's Revolution," "How The French Saved America: Soldiers, Sailors, Diplomats, Louis XVI, and the Success of a Revolution" and "The Day America Crashed.")

Besides, he has always been interested in Greek mythology.

And the sex and violence and slang?

He said he felt it was "impossible to do it straight, because it's been done so many times."

"I also wanted to let out my humorous side."

Readers will get a chance to learn more about Tom Shachtman and "The Memoir of the Minotaur" on Wednesday, Oct. 15, at 7 p.m. when the author talks about the book, courtesy of Oblong Books in Millerton, N.Y. Go to [www.oblongbooks.com](http://www.oblongbooks.com) and click on "events" for the Zoom log-in information and to buy the book.



## The Pinchas Foundation

Spiritual Healing  
Through Classes and Healing Services

### Special Wellness Offering

*Self-care and prevention may never have been more important.*

With winter approaching, the Foundation is offering a special package\*

- Reiki Level 1 Attunement (Reiki Can Be Done On Any Living Being)
- Basic Spiritual Protection Teaching of the Apache people
- Spirit Guided Wellness Session

\$175 per person\*

\*Discounts available for groups, the elderly, those with limited income, and essential workers. Work can be done in person at an appropriate distance (in Northwest CT) or by video.

*"The spiritual healing and protection practices of the Apache people have been used for centuries for self-healing and to help other people and animals heal. We greatly respect the amazing capabilities of Western medicine, but for many looking for more or an alternative, spiritual healing approaches can make an important difference. My wife and I have been practicing these teachings for 14 years and they have made a remarkable difference for our family in all areas of our lives."*

- HENRY LEVIN | CO-FOUNDER

\*OFFER EXPIRES 12/31/2020

In addition to our healing work, the Foundation also supports equine rescue efforts.

P: HENRY LEVIN 917-860-7845 | E: INFO@PINCHAS.ORG | W: PINCHAS.ORG

### TRI-CORNER CALENDAR

Look for a new calendar of events in the special, separate Compass section inserted into this week's paper and at our website, [www.tricornernews.com/events-calendar](http://www.tricornernews.com/events-calendar).

### TriCornerNews.com

The Best Regional News Site

When you need to know what's happening in your area, we're there.

We've made it even easier to Stay Informed.

Visit [www.tricornernews.com](http://www.tricornernews.com) to purchase a print or online subscription. Or contact us by phone, 800-339-9873 ext. 303; by email, [circulation@lakevillejournal.com](mailto:circulation@lakevillejournal.com)

The Lakeville Journal  
THE MILLERTON NEWS  
[www.TriCornerNews.com](http://www.TriCornerNews.com)



LOCAL  
INDEPENDENT  
LISTENER SUPPORTED  
THE SMALLEST NPR STATION  
IN THE NATION.

PLEASE FEED THE COW.

THANK YOU!

[www.robinhoodradio.com](http://www.robinhoodradio.com)



### ROBIN HOOD RADIO

WHDD AM 1020 Sharon CT  
WHDD FM 91.9 Sharon CT  
WBSL FM 91.7 Sheffield MA  
WLHV FM 88.1 Annandale-on-Hudson NY  
WHDD FM 97.5 Kent CT/Dover NY

ART: CYNTHIA HOCHSWENDER

# The Fruits of a Summer of Thinking and Painting in 'Five'

A show called "Five" and featuring the work of five accomplished female painters from the Tri-state region will be on display at the North Elm Home furnishings shop on Route 22 in Millerton, N.Y., until January.

There will be an artist reception on Friday, Oct. 9, from 5 to 8 p.m. but the show of roughly 15 oil paintings and encaustic works can be seen at North Elm Home during its open hours. The five painters are Lilly Woodworth of Sharon, Conn., Susan Rand of Salisbury, Conn., Colleen McGuire of Sharon, Lesley Ehlers of Wassaic, N.Y., and Sallie Ketcham of Salisbury.

Woodworth, who has helped organize the show, noted that, "First of all, we are grateful to Cindy Dunleavy and John Scutieri, owners of North Elm Home, for taking on an exhibition during these uncertain times of COVID-19."

All social distance rules and mask requirements will be observed. Which sounds kind of dire and grim when really this is an extremely upbeat and joyful show,



PHOTO SUBMITTED

"Late March Nocturne" by Colleen McGuire, an oil on panel, is one of the works in the show "Five" at North Elm Home from Oct. 9.

about creating beauty and loving light, color, texture and the surrounding world.

All five painters are known locally, and have used their time during the quarantine to try some new things.

"This spring and summer, I painted large and small oil paintings while thinking about all the change in the air," Woodworth said. "I continue to work in the studio, drawing and redrawing the trees, near and far, bright and moody, until I arrive at an image that seems true to

me. "I suppose lockdown gave me new-found freedom to explore movement and color in the forest and flora. There is something going on in these winds of change."

With the work of all five artists, Woodworth said, "You will notice attention to

the process itself, nature and color, but there is so much more to each of our pictures than that."

Rand, who often paints buildings in the countryside, sometimes dark and moody, sometimes bright like something you'd see on the Riviera, is now doing a

series on "water, light and swimmers in oil paint."

Of the others, Woodworth said, "Lesley's imagery dances and brims with joy and delight. She is a graphic artist by trade but internalizes her considerable appreciation of plants, gardens, the wild, and the state of the environment. She cares deeply and decidedly channels her discoveries into her encaustic surfaces, brimming with wonder, delight and optimism."

"Colleen studies — with clear devotion — her neighborhood." Like Rand, McGuire is constantly experimenting with ways to reproduce the world around her, with oil on canvas paintings that always feel as though something interesting is just about to happen

offstage somewhere. They are lovely and full of possibility.

"Sallie continues to translate her wooded environs with confidence and acute painting strokes. She is a photographer originally, a master printer, having worked extensively with Zea Printers in North Hampton, Mass. Her work is visually astute and exploratory. On the surface she paints woods, reflections in water and flowers, but she is a painters' painter, always looking."

Dunleavy and Scutieri are happy to have visitors come in on what Woodworth calls "art pilgrimages."

North Elm Home is at 5938 N. Elm Ave. in Millerton. For store hours, go to [www.northelmhome.com](http://www.northelmhome.com) or call 518-789-3848.

To advertise your event, call 860-435-9873 or email [advertising@lakevillejournal.com](mailto:advertising@lakevillejournal.com)

**TriCornerNews.com**

The Best Regional News Site

When you need to know what's happening in **your** area, we're there.

## At The Movies

**GILZON**  
CAFE / CINEMA

Now Showing  
10/9, 10, 14, 15

"THE TRIAL OF THE CHICAGO 7" R

Non-Service Matinee | 3PM  
Limited Menu | 7PM

Limited seating and face masks required when entering and walking around.

354 Main St. Winsted, CT 06098  
1-860-379-5108 • [www.gilsoncafeandcinema.com](http://www.gilsoncafeandcinema.com)  
Doors open at 6 p.m. • 21 Years & Older

**FOUR BROTHERS DRIVE IN THEATRE**

FRI OCT 9<sup>TH</sup>  
AND  
SAT OCT 10<sup>TH</sup>

VIKINGS VS. SEAHAWKS 10/11 @ 8:20 PM

7:00 PM COCO  
8:40 PM PRETTY IN PINK

Covid-19 Rules on our website

THROWBACK SCHEDULE: 10/8  
SEABISCUIT @ 7:00 PM  
PRETTY IN PINK @ 9:30 PM

4957 Rt. 22 Amenia, NY  
FOR THOSE WHO WANT AMAZING  
[www.playeatdrink.com](http://www.playeatdrink.com)

NorthEast-Millerton Library

Annual **Craft Fair**

Saturday, October 10, 10 am-2 pm

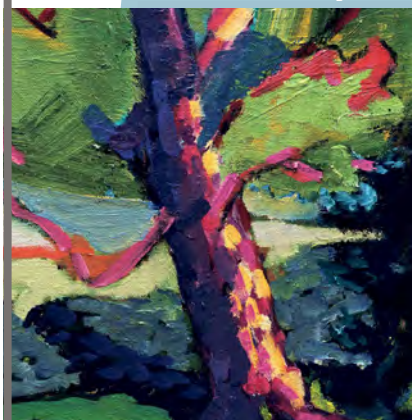
At the NorthEast-Millerton Library, 75 Main St. Millerton, NY

Masks required, Parking located on Century Blvd.  
Rain Date Saturday, October 17

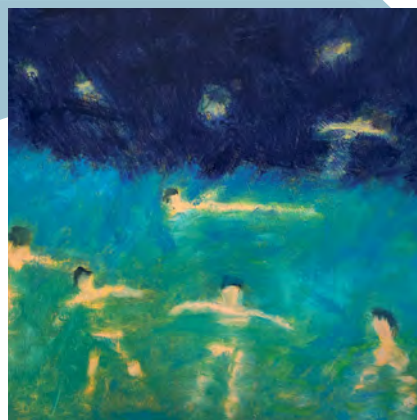
Items are handmade by local crafters, artisans and artists.  
Find one of a kind items for you and your loved ones.  
Enter to win gift baskets and certificates.

All proceeds go to the NorthEast-Millerton Library

FIVE : GROUP EXHIBITION AT NORTH ELM HOME OCT 9 2020 - JAN 3 2021



LILLY WOODWORTH



SUSAN RAND



COLLEEN MCGUIRE



SALLIE KETCHAM



LESLEY EHLERS

OPENING RECEPTION

Friday Oct. 9

5-8 pm



north elm home

5938 N Elm Ave, Millerton, NY 12546  
518.789.3848 [northelmhome.com](http://northelmhome.com)



To Have Your Service Listed and reach 30,000 Potential Customers Call 860-435-9873

# Specialist Directory

**DEADLINE**  
Friday at 4 p.m. for the following  
Thursday's publication date.

Full color available.  
Call your advertising  
representative today!

The Lakeville Journal • The Millerton News • Compass • www.tricornernews.com

## Animal Care

**Millerton Veterinary Practice**  
INTEGRATIVE MEDICINE AND SURGERY  
Additional Services  
Diagnostic • Dentistry  
Acupuncture • Chiropractic  
Traditional Chinese Medicine  
Certified Fear Free® Veterinarian & Staff Members  
www.millertonvet.com • 518-789-3440

## Auto Repair

**NORTH EAST MUFFLER INC.**  
Custom Bending Up to 3 Inches  
Tires • Brakes • Mufflers • New York State Inspections  
Open Monday - Friday 8 to 5; Saturday 8 to 1  
Route 22, Millerton, NY  
John Heck (518) 789-3669 Cindy Heck

**CHARLIE'S REPAIR SHOP**  
Complete Automotive Service  
Brakes • Tires • Trailer Sales & Service  
We Buy and Sell Used Cars  
ROUTE 22 • MILLERTON, NY 12546  
518-789-6636 Charles J. Flint, Jr.

## Blinds

**BUDGET BLINDS**  
Style and service for every budget!  
FREE In-Home Consultation  
Shades, Blinds, Shutters, Home Automation and more  
www.budgetblinds.com  
An Independently Owned and Operated Franchise

**JOHN & JUNE KINSKY**  
BUDGET BLINDS OF LITCHFIELD COUNTY  
860.619.2811  
jjkinsky@budgetblinds.com  
budgetblinds.com/litchfieldcounty  
HIC#0648748

**FALL INTO SAVINGS!**  
20% OFF  
5 OR MORE SHADES!\*  
\*Excludes Lutron  
Good through 10/31/20

## Computer Services

**Visionary Computer**



13" MacBook Air Lightness strikes again.  
29 Bissell St. • Lakeville  
(860) 435-2211 • visionarycomputer.net Premier Partner

## Excavation

**SHARON LAWN & LANDSCAPE**  
Excavation, Landscaping & Grounds Maintenance  
Serving Northwest CT and Dutchess County, NY

**Excavation**  
• Excavators • Backhoes • Bulldozers  
• Dumptrucks • Power Rake • Foundations Dug  
• Water & Electric Lines Dug  
• Drainage Installed • Landclearing  
• Grading • Ponds Dug  
• Driveways/Roads Repaired/Installed  
Commercial & Residential Credit Cards Accepted (860) 672-5260  
sharonlawnandlandscape@yahoo.com  
Home Improvement Contractor: #0652878

## Floor Refinishing

**THE FLOOR SPECIALIST**  
"When You Want The Best"  
Old/new resurfaced to perfection.  
FRANK MONDA  
(800) 671-4505 (413) 229-3434 (413) 229-8432

## Grounds Maintenance

**SHARON LAWN & LANDSCAPE**  
Excavation, Landscaping & Grounds Maintenance

**Grounds Maintenance**  
• Lawn Care • Spring Clean Up • Fall Clean Up  
• Edging, Mulching • Lawn Fertilization  
• Lawn Pest, Disease Control • Weed Control  
• Weekly, Maintenance Programs • Field Mowing  
• Snowplowing, Salting, Sanding • Brush Clearing  
Commercial & Residential Credit Cards Accepted (860) 672-5260  
sharonlawnandlandscape@yahoo.com  
Home Improvement Contractor: #0652878

## Heating Oil & Propane

Serving Greater Litchfield County Since 1989

**Klebe FUEL COMPANY**  
Heating oil & Propane  
(860) 738-1114  
Follow us!



## Landscaping

**VADNEY'S LANDSCAPING**  
CANAAN, CT  
(860)248-9442  
Lawn Mowing • Gardening • Brush Hogging  
Excavation • Tree Work • Land Clearing • Driveways  
Free Estimates • Fully Insured E-mail: DylanVadney@yahoo.com

**SHARON LAWN & LANDSCAPE**  
Excavation, Landscaping & Grounds Maintenance

**Landscaping**  
• Lawn Installation • Lawn Repair • Fencing  
• Paver Bluestone Terraces • Retaining Walls  
• Unilock, Versa-Lok, Cambridge Pavers  
• Decorative Ponds, Waterfalls  
• Tree And Shrub Planting  
Commercial & Residential Credit Cards Accepted (860) 672-5260  
sharonlawnandlandscape@yahoo.com  
Home Improvement Contractor: #0652878

## Lightning Rods

**Lightning Protection!**  
**ASSOCIATED LIGHTNING**  
Rod Company, Inc  
Free Estimates / Inspections!  
845-373-8309 / 518-789-4603  
www.alrci.com info@alrci.com

## Moving

**KARL ON WHEELS**  
Let us move your stuff  
Prompt, Safe Delivery • Fully Insured  
(860)499-0406 karlonwheels.com

## Overhead Doors

Madsen Overhead Doors offers numerous door options to fit any budget! Residential, commercial & industrial doors, electric operators, radio controls, sales & service.

Celebrating over **65** Years

**MADSEN OVERHEAD DOORS**  
Fast, friendly service since 1954  
(518) 392 3883  
673 Route 203, Spencertown, NY  
www.MadsenOverheadDoors.com

## Painting

**Hussey Painting**

Decorating & Wallpapering  
Interior & Exterior  
Residential, Commercial & Industrial

State Licensed Home Improvement Contractors  
Insured & EPA Certified

Now accepting most major credit cards  
Family Owned and operated Since 1978  
Emmet Hussey www.husseypainting.com  
860.435.8149 emmethussey@gmail.com

## Plumbing & Heating

**Dave Kowalski LLC**  
Plumbing, Heating & Air Conditioning  
Established 1998, Fully Licensed & Insured  
northwestradiantheat@yahoo.com  
Falls Village, CT 06031 | 860-671-1662 • 860-824-0113

## Rentals

**Emerald Rentals**

On Site Storage Containers & More  
860.318.1976  
www.emeraldrentalsct.com



## Roofing Services

**Paramount Professional ROOFING**

ROOFING • SIDING • GUTTERS • REPAIRS  
Commercial & Residential | Repairs & Replacements  
Financing Available!  
50 Year Warranty  
FULLY INSURED  
WORKMAN'S COMP & GENERAL LIABILITY  
(860)459-9921 | ParamountProRoofing.com  
Torrington, CT License #603104

## Roofing /Siding

**ALL SEASON ROOFING**

ROOFING & SIDING SPECIALISTS  
New Construction and Repairs  
Roofs: Asphalt, Cedar, Slate, Metal  
Siding: Wood, Masonry, Metal, Fiber Cement  
Seamless Gutters, Chimney Repair, Pressure Washing  
www.SilverMountainBuilders.com | T: 845-518-3504  
Email: Kevin@SilverMountainBuilders.com



## Storage

**GLOBAL SELF STORAGE**

Security Is Our First Priority™  
■ All Climate-Controlled Units  
■ Climate-Controlled Wine Storage  
■ 24-Hour Video Recording  
■ 24/7 Keypad Access  
■ 24/7 Rental & Payment Kiosk  
■ Professional On-Site Manager

845-677-2700  
millbrook@globalselfstorage.us  
3814 Route 44, Millbrook, NY 12545



## Tree Service

**LOW IMPACT LOGGING BY SHERMAN PALMER**  
PALMER HORSE LOGGING, LLC

Purchasing Standing Hardwood & Softwood Timber

**Forestry & Logging Services**  
Timber Stand Improvements  
Natural Forest Regeneration  
Land Clearing  
Vista Clearing  
Seasoned Firewood

Licensed & Insured Phone: 860-364-5999  
LIC# SFPH000822 - Sherman Email: Palmerlogging@aol.com  
LIC# SFPH001217 - Crissy palmerhorseloggingllc.business.site



## Tree Service

**Applewood Tree Care**

Tree Care • Tick Spraying

Jason Bresson applewoodtree@yahoo.com  
860-733-2020 License # 62658  
B2580

RESIDENTIAL COMMERCIAL  
**JOHN'S TREE SERVICE**  
Tree removal • Chipping • View Cutting • Land Clearing • Logging • Firewood  
860-824-8149  
PO Box 414 East Canaan, CT 06024  
SATISFACTION GUARANTEED



**PEROTTI TREE SURGEONS LLC**

Shade Tree Preservation • Home Orchard Care  
Landscape Renovation • Hazard Tree Removal  
Tick Control • Organic Options  
Native Arborist since 1997  
Jeff Perotti • 860-824-5051  
perottitreesurgeons.com  
CT Pest Registration #B-2341  
CT Lic. Arborist #54607 MA Cert. Arborist #2136

Christopher Toomey 860-824-4956  
Licensed Arborist Telephone & Fax

**TOOMEY TREE CARE**

25 Years Exp. Free Estimates  
6 Barracks Road Canaan, CT 06018  
CT Arborist Lic. #S-4207

**Pruning-Bracing-Clearing  
Ornamental & Hedge Trimming  
Removals-Vistas  
Tree Fertilization**



## Well Drilling

**LOUIS E. ALLYN & SONS**  
Well Drilling  
Water Systems Installed & Serviced  
Established 1917  
Canaan, CT (860) 824-5600

## Window Treatments

**window wares**

ART INSTALLS  
CLOSETS & STORAGE  
WINDOW SHADES

184 Main St. Lakeville CT 860 364 9824  
By appointment

Do you have a family member or friend in the military who would be interested in the news from home?

**Remember**  
The Lakeville Journal Company offers free online subscriptions to our website, tricornernews.com, for active duty military personnel from the Tri-state region. For more information or to set up a subscription, contact Sandra Lang at circulation@lakevillejournal.com or 860-435-9873, ext. 301.

With thanks to those who serve.

**TriCornerNews.com**  
The Best Regional News Site

When you need to know what's happening in **your** area, we're there.



# COMPASS

*Your Guide to Tri-State Events*

*Autumn 2020*

## **CURLING AND PURLING**

Knitting As a Cozy Way To Spend A Chilly Afternoon, **3**



## **TRAVEL IN A QUARANTINE**

These Days, The Best Trips Are Hikes or Intellectual Journeys, **5, 13 & 21**

## **PUMPKINS**

A 'Virtual' Halloween Plan & The Secret To Pumpkin Spice Flavoring, **8 & 12**

## **LIFE SKILLS**

Surviving School, and Zoom Conferences, **15, 17 & 22**

## **VERY NEAT**

Deep Dives Into Closet Cleaning and Bento Lunch Boxes, **6 & 14**

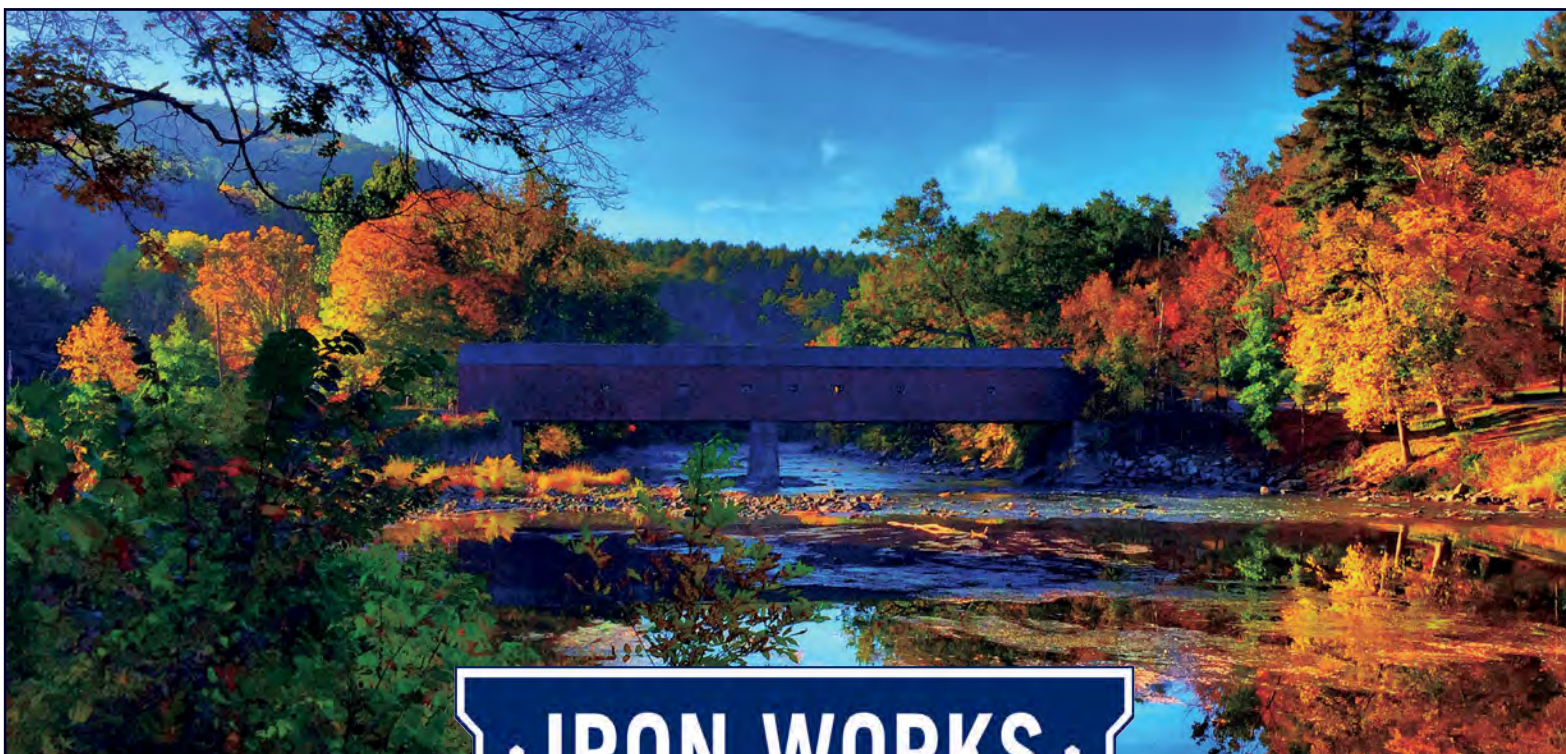
## **CALENDAR**

Virtual and In-Person Events Across The Region, **18**



PHOTO BY CYNTHIA HOCHSWENDER

**ON OUR COVER:** Swans at the Ripley Waterfowl Conservancy in Litchfield, Conn., on a glorious autumn day.



# • IRON WORKS •

## *for you and Litchfield County*

For nearly 175 years, National Iron Bank has been investing locally to preserve the special quality of life of this place we call home.

As New England's oldest private bank, our banking experience is unique. With all the technology you need and the personal service that you value, trust the talented banking experts at National Iron Bank.

We welcome the opportunity to be your banker. Let ***Iron Work for you.***



[IronBank.com](http://IronBank.com) | 1-860-435-2581



Cornwall Bridge | Norfolk | Salisbury | Washington Depot | Litchfield Loan Office





PHOTO BY HUNTER O. LYLE

Who will benefit from this colorful creation? Knitter and recipient alike.

**KNITTING: CAROL KNEELAND**

# Keeping Your Own Hands And Heart Warm — and Those Of Others, Too — With Knitting

For the autumn knitter, there is nothing more magical than yarn — the scent of country as you breathe in fibers like wool or alpaca; the colors: rainbows wherever you look. Fingers itch to touch soft textures.

Knitters — a special breed of fanatics — are obsessed with techniques, patterns, blogs ... anything yarn. They are part of a long line stretching back through time, from Martha Washington knitting soldiers socks to crafters in ancient Egypt whose work comforted the pharaohs on their journey to the afterlife.

Yarn people are, by and large, friendly folk who will offer to teach anyone and everyone their craft.

They generally know their turf,

though there is an age-old landmine: knitters vs. crocheters. Happily, those in conflict are few and far between. Most crafters welcome one another with needles and hooks at rest, and tea and cookies for all.

Full disclosure: I've been a "let them eat cookies" type for decades. At age 5, I begged my sightless great-grandmother to teach me how she created her treasures. Probably just to shut me up, she shoved yarn and a crochet hook in my hands and set me to making the longest chain ever, with the stern caveat: "I'm almost a hundred. I don't have a lot of time to waste. So pay attention."

*Continued on page 4*



**Berkshire Hills Design**

KITCHENS ■ BATHS ■ TILES ■ CABINETS

**CUSTOM KITCHEN AND BATH DESIGN SHOWROOM**

Tuesday-Friday | 9am-5pm

Saturday | 9am-3pm

**860-824-0209**

14 CHURCH STREET CANAAN, CT 06018

DANIELLE@BERKSHIREHILLSDESIGN.COM



# COMPASS

Published by The Lakeville  
Journal Company, LLC  
PO Box 1688, Lakeville, CT 06039  
800-339-9873  
www.tricornernews.com

Janet Manko  
Publisher & Editor-in-chief

Cynthia Hochswender  
Editor

James Clark  
Production Coordinator

Caitlin Hanlon  
Composing

Olivia Montoya  
Calendar Editor

Libby Hall-Abeel, Mary Wilbur,  
Advertising Sales

©2020 The Lakeville Journal  
Company, LLC

## ... knitting

*continued from page 3*

Two years later my BFF's mom, a non-cookie type, decided I'd been corrupted and gifted me with needles but warned, "Knitting is addictive."

Boy was she right. Since I began my journey down fiber lane, hundreds — yea, even thousands — of items have morphed from bouncy skeins of yarn into anything and everything. My husband says anyone who doesn't believe in perpetual motion hasn't lived with a knitter.

I (almost) have never met a pattern I didn't like — or think I could make better. Freestyle projects are the best, like the superhero my grandson invented — made strictly to order with his 5-year-old mind changing the details every day.

Our house would have exploded had I kept it all, but herein lies the joyful truth of yarn work: There is always someone, somewhere, who can be warmed by that which willing hands produce.

Shared creations make life richer for everyone, from friends and family to those in veterans' or premature baby care units or shelters for the homeless or battered women and children.

The need is great, as are the rewards; I feel incredibly lucky to be part of it all.

Yarn has been my sidekick through thick, thin and all life's traumas. Whether due to soothing, repetitive motion or the knowledge that something good will come of it, numerous studies on stress prove that knitting is as beneficial as meditation.

Yarn people are generous to a fault when it comes to sharing their leftover bits and pieces; but sometimes new skeins are just the thing when fighting the doldrums of COVID-19. Thankfully, yarn shop owners are being especially creative as they keep their businesses going and their customers in the latest colors and textures.

Situations are always changing,

but as of press time for this issue, Ginger Balch's In Sheep's Clothing in Torrington, Conn., has limited shop visits, curbside pickup, Zoom meetings and lessons and even a virtual trunk show. Ginger even has a special number "In Case of Knitting or Weaving Emergencies" (860-605-0405; or [www.in-sheeps-clothing.com](http://www.in-sheeps-clothing.com), 860-482-3979).

A website called [www.starshollowyarns.com](http://www.starshollowyarns.com) in New Preston, Conn. (860-619-0042) has online and phone ordering as well as limited hours for curbside pickup, and an outdoor set-up with masks and quarantining for any yarn that goes back in stock.

It's always best to help local shops thrive, but if visits aren't possible, the internet is chock full of sites offering material, patterns and even free lessons.

Take advantage as winter looms. Time for a cheerful hat? A scrumptious scarf? Time to be a knitter and proudly say, "I made it myself."



**SALISBURY**  
SCHOOL

EST. 1901

A college-prep high school designed for boys to succeed in a place where tradition matters.

[salisbury-school.org](http://salisbury-school.org)

# Laigle

OVER  
35 YEARS OF  
EXPERIENCE!

FLOOR COVERING & DESIGN

210 East Canaan Road, Rt. 44, East Canaan, CT in the Rose Hill Plaza  
PH: 860-824-7325 | FAX: 860-824-1081

TILE • LINOLEUM • LAMINATES • CARPET • WOOD • CERAMIC • STONE

INSTALLATION • CONSULTATION • DESIGN SERVICES  
RESIDENTIAL • COMMERCIAL

Mon-Fri 9:30am-5:00pm | Sat 9:00am-3:00pm or by appointment





HIKING: JENNY HANSELL

# Finding Myself — And a Network of South County Trails

**W**e are an indoors people, my family. A walk after a big Thanksgiving dinner was the extent of my childhood experiences outdoors with my parents. But they sent me to summer camp, where I learned to light fires and pitch tents. Raised in a big city, I loved being in the woods.

In college I considered taking a class called Local Flora, but my dad laughed and said, “Why would you do that?” So I didn’t.

I spent most of the years since my camp days sitting in front of a computer. A few years ago, after 17 years as executive director of the North East Community Center in Millerton, N.Y., I had the good fortune to land a job at the Berkshire Natural Resources Council (BNRC) in Pittsfield, Mass. A countywide land trust, BNRC maintains more than 50 miles of trails, and I made a commitment (out loud, in an interview) to hike all of them my first summer on the job.

It did not go well. Overweight and out of shape, I was eager to fit in with the lean outdoorsy types I was working with. I pushed too hard and badly injured my Achilles tendon.

But gradually I got out more, exploring BNRC trails from Egremont to North Adams. BNRC launched a trails app, and I loved using it — still a bit uncertain out in the woods, I found it comforting to see my blue dot moving on the trail.

My first big test after my ankle healed was an 8-mile staff hike over Yokun Ridge, which connects Pittsfield to Lenox. The trail will officially open next spring and will be the first leg of BNRC’s ambitious project, The High Road, which will be a network of trails connecting town to town throughout

*I took the job at BNRC because I wanted to make some bit of difference in the climate fight. Now, more than ever, I appreciate the fields and forests, the wetlands and ridgetops that surround us in the Tristate area.*

the Berkshires.

I was worried that day that I couldn’t hike 8 miles, that colleagues would have to stop and wait for me, or that I’d have to turn back. But I made it: up to the ridge, where the reward was a panoramic view all the way to the Catskills, and back down.

Hiking has become my solace. It’s my therapy, my social time, my time away from phones, politics, pandemics. A few hypnosis sessions helped me take off the weight, and I feel healthier than I have in many years.

I took the job at BNRC because I wanted to make some bit of difference in the climate fight. Now, more than ever, I appreciate the fields and forests, the wetlands and ridgetops that surround us in the Tristate area.

*Find all the trails at [ww.BNRC.org](http://ww.BNRC.org) and the Berkshire Trails app on the Google and Apple app stores.*

*Jenny Hansell is president of the Berkshire Natural Resources Council.*



SELFIE PHOTO BY JENNY HANSELL

Jenny Hansell and her daughter Abbey at the top of Spruce Hill, at the end of BNRC’s Hoosac Range trail in North Adams, Mass.

## Millerton Service Center



**SEE US FIRST**  
For all of your service  
and repair needs!

**PROUDLY SERVING YOU  
FOR OVER 30 YEARS!**

**We Buy and Sell Quality Used Cars**

We employ technicians certified  
by the National Institute for  
**AUTOMOTIVE SERVICE EXCELLENCE**

*Service Hours:*

**7 am - 5 pm Mon-Fri • 7 am - Noon Sat**



**Factory parts  
shipped daily!**

**Master Technicians**  
Michael Lyman  
Adam Lyman

**52 S. Center St., Millerton, NY  
(518) 789-3462**



PHOTO BY LIA WOLGEMUTH

AB&J on whole-grain bread, cut into the shapes of hearts with a cookie cutter; clementine and strawberries; trail mix of walnuts, pistachios, pumpkin seeds, dried cranberries and chocolate chips.

FOOD AS ART: LIA WOLGEMUTH

# Bento Boxes as a Way To Have Fun, and Make Healthy Food Enticing

Tucked away in my recipe box are a few yellowed, typewritten pages from my mother-in-law's home economics class circa 1960. Knowing that I love food, she thought I might like these notes from a unit on garnishes. As Gen-Xers, my husband and I both had a good laugh at this relic from another time — when women were encouraged to host cocktail parties and serve hors d'oeuvres among displays of pickle fans, fluted mushrooms and beet asters.

While turning fruits and veggies into exquisite works of art might appeal to a caterer, I don't wish to add such laborious details to my life. But I saved it as an interesting oddity. (And for the record,

my mother-in-law hates to cook and never hosts cocktail parties. When we visit her, we usually go to Olive Garden.)

So it was with some surprise that I found myself attracted to the beauty of the bento box. While the word bento comes from China and means "useful thing" and "convenient," the bento box is a Japanese package that originated 1,000 years ago for farmers, fishermen and soldiers to carry rice.

Over the years, the upper classes developed the bento into elaborately decorated, lacquered boxes for traveling, serving tea or visiting the theater. Today, takeout bento boxes are very popular in Japan, often sold in super-

**The Johnsons**



**OLD MILL OF IRONDALE**

Antiques • Furniture • Collectibles  
Prints • Paintings • Carpets • Glassware

*"Lots of History to Choose From"*

OPEN EVERY FRIDAY, SATURDAY & SUNDAY 10AM-5PM  
CASH AND CHECKS

6082 Route 22 North, Millerton, NY — 518-789-2022  
One mile north of Route 22/44 traffic light in Millerton

**HELPING BUILD THE HUDSON VALLEY SINCE 1924**



**HPAGE**  
LUMBER • MILLWORK • BUILDING SUPPLIES

Amenia  
5291 Route 44 • 845.373.8900

Pawling  
69 Route 22 • 845.878.3003

Poughkeepsie  
360 Manchester Rd 845.452.7130

Landscape Supply - Lagrange  
1387 Route 55 • 845.223.7200

Kitchen & Bath Showrooms  
Poughkeepsie & Pawling  
845.867.9503

[www.hgpage.com](http://www.hgpage.com)

Supplying Building Materials  
to the Greater Hudson Valley

markets, department stores, restaurants and train stations.

However, a quick online search shows that modern bento boxes have also reached insanely creative heights, with parents (mainly mothers) performing Instagram-worthy feats of gastronomy for their children's school lunches.

In Japan, making a bento box is seen as an act of love, but its appearance is also a status symbol among families in affluent communities. Many mothers compete to make the most beautiful and nutritious boxes, often spending up to 45 minutes making their child's lunch — plus hours looking through specialized magazines and shopping for the necessary tools.

Bento boxes typically include rice, meat or fish and pickled vegetables. But picture these dishes formed to look like cute pandas munching on bamboo; baby farm animals nestled in a flower-ing pasture; or characters like Hello

Kitty, Pikachu and Olaf the Snowman. If the idea of making citrus baskets and leek flowers showed me that I would probably fail a 1960 home ec class, then I can't imagine arranging nori to look like a Sony PlayStation.

But it got me thinking. Today's bento boxes can be suitable for all ages, and they don't need to be elaborate or time-consuming. They are actually perfect for encouraging a balanced, nutritious meal and making leftovers a little more appealing. If you're looking to wash fewer lunch containers, maintain a healthy diet, entice a picky eater or add a smidge of artistry to your day, then a bento box might be for you.

The first step is to find a box. Bento boxes come in many shapes and materials, such as bamboo, stainless steel, wood and plastic. You can often find suitable containers at stores such as T.J. Maxx in Torrington, Conn., and Marshalls in Great Barrington,

### SOME BENTO TIPS

- Prep veggies on the weekend so that you can sprinkle a rainbow of bright, vibrant colors here and there.
- Make extra food for dinner so that you can easily pull out leftovers.
- Cut sandwiches with cookie cutters, or make pinwheels with soft tortillas.
- Rather than chopping veggies for a salad, serve meat, grains or legumes on a lettuce leaf wrap.
- Find ways to separate the food so that it doesn't all mush together. If your box doesn't have dividers, try using cucumber slices and orange segments to make a natural border. Or, use silicone baking cups to contain yogurt, applesauce, hummus or guacamole.
- Overall, don't fuss. Simply remember that the original meaning of bento is "useful thing" and "convenient" — both for the container and its contents.

Mass. The holy grail of bento materials (including ingredients) is Mitsuwa Marketplace in Fort Lee, N.J., just across the George Washington Bridge from Manhattan. The shopping plaza there has not only Mitsuwa but also a Daiso and Little Japan USA; all three have everything from containers to special forms for shaping rice balls.

But any food container will work and it doesn't even need to have dividers to allow you to separate the different decorative foods.

When you gather the ingredients, make sure to hit all the food groups. Then, start building your box with an eye for color, shape, texture and portion size.

## FOOD AS ART: CYNTHIA HOCHSWENDER

# How To Make An Octopus

As writer Lia Wolgemuth sensibly warns (in the article above), it's easy to go down a bento box rabbit hole and get too deeply involved with making funny shapes with your children's snacks and lunchboxes.

As you dip your toe into the waters of hot dog octopuses and apple rabbits, try to remember that bento isn't a competitive sport — it's supposed to be about joy and smiles, about finding a fun way to connect with your children, and coaxing them into eating nutritious homemade food.

With those warnings out of the way, there are thousands of social media sites with instructions on how to make bento meals that range from simple to wildly complex.

With bento, you want to get your child to try new foods but you also need that child to get enough calories from their meal. If you put too many

unfamiliar flavors and smells in their lunchbox, it won't matter if that strange food looks like a spaceship.

In China and Japan, rice is a staple food, traditionally eaten at almost every meal — so Asian bento boxes often have rice as their base, usually seasoned with a little rice vinegar. If you're unsure whether your child will eat vinegar rice (in the shape of a baseball), maybe test it out at home before sending it to school.

There are a few classic bento shapes

that should appeal to most American kids. One of course is the octopus hot dog. There are a dozen ways to do this one; they all involve cutting eight legs out of a hot dog (leaving the top intact, for the head). Boil the hot dog and then make a mouth and eyes with cake gel.

You often see bread cut into shapes (see Lia's heart-shaped slices in the photo on the opposite page). It's hard to get a good sharp edge on most bread; a variation that works well is to cut shapes out of small, round tortillas

and then cook them with some cheese inside, to make a quesadilla.

You can also use those small round tortillas as a canvas: After you've melted the cheese between the two layers, decorate the top with cake gel to make a soccer ball or a funny face.

Always popular: vegetables cut into shapes with small cookie cutters. Buy the biggest carrots you can find, and cut them lengthwise. Slice them nice and thin, to make it easier to cut through them with the shapes.



PHOTOS BY CYNTHIA HOCHSWENDER

**Quesadillas are an excellent canvas for bento ideas; try making jack o'lanterns or baseballs. Hot dogs shaped like octopus are a bento classic. Small cookie cutters can make carrots look like animals.**

BEVERAGES: KATE HOCHSWENDER

# Tips From an Expert: Finding the Best Pumpkin Spice Latte

*The pumpkin spice latte, or “PSL” as it’s sometimes called, is a coffee drink that combines all the tastes you associate with pumpkin pie: pumpkin flavoring, cinnamon, nutmeg, ginger, cloves.*

The arrival of the Pumpkin Spice Latte to the Starbucks menu has become a harbinger of autumn since 2004, when it was first released.

Now, more than 15 years later, almost every establishment that sells coffee in America has its own pumpkin spice latte recipe that it sells from late September through October.

The pumpkin spice latte, or “PSL” as it’s sometimes called, is a coffee drink that combines all the tastes you associate with pumpkin pie: pumpkin flavoring, cinnamon, nutmeg, ginger, cloves.

Over the years I have become a connoisseur of all things pumpkin

spice. I’ve taste-tested nearly every PSL product on the market — so you don’t have to.

The most famous, of course, is the one offered by Starbucks. Their version is classic and quite good — especially the Pumpkin Spice Frappuccino (a cold, blended drink) and Pumpkin Cream Cold Brew (cold-brew coffee topped with sweet, pumpkin-flavored cream). These are menu items unique to Starbucks.

However, if you just want a classic hot, pumpkin spice latte, and if you don’t feel like driving for 45 minutes or more to get to a Starbucks, I would recommend getting one from McDon-

ald’s or Dunkin’ Donuts. Brand snobs might argue otherwise, but the hot pumpkin spice latte from these three chains offer essentially the same experience. If you want a hit of caffeinated PSL this Pumpkin Spice Season, I don’t think you’d miss out by going to McD or Dunkin’ instead of Starbucks.

Cumberland Farms (which has filling station/convenience stores in Amenia, N.Y., Millerton, N.Y., Great Barrington, Mass., and Torrington, Conn.) has a make-your-own pumpkin spice latte syrup with their other coffee condiments, next to the milk, sugar and creamers. You can add as many shots of syrup as you’d like to your coffee for

either a more subtle or a maximized version. Cumbies also offers a pumpkin cappuccino from its cappuccino machine that will be well-received by anyone with a sweet tooth.

There’s also a variety of pumpkin spice coffees and creamers you can buy at your grocery store, including non-dairy options. My favorites are the Pumpkin Spice Latte Cold Brew Coffee with Almond Milk by Califia, which has nice notes of cinnamon and nutmeg and is mild enough that you don’t feel like you’re drinking a dessert. I also like the Chameleon brand pumpkin spice

*Continued on page 10*

THANK YOU!  
For Making Our 2020  
Season A Success!

DRIVE-IN      PATIO DINNER  
*Cabaret*

*Sharon*  
PLAYHOUSE



**EXHIBITION OF NORTHWEST CORNER PHOTOGRAPHY BY L.A. STEEL**

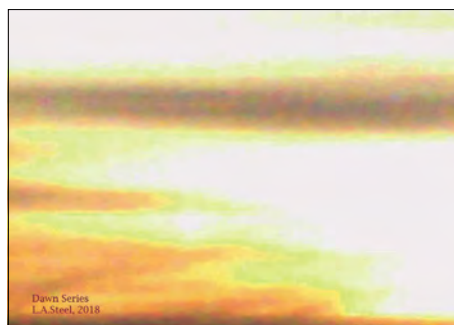
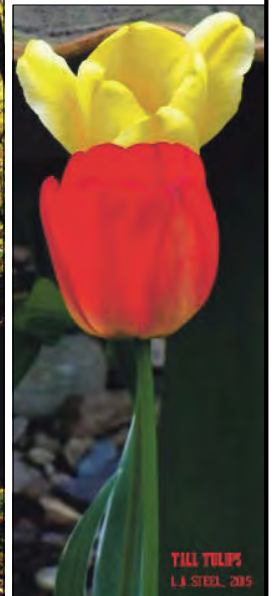
**OUTDOOR RECEPTION  
FIRST DAY OF AUTUMN, TUESDAY, SEPTEMBER 22  
5:00PM TO 7:00PM**

**NATIONAL IRON BANK  
195 MAIN STREET, SALISBURY, CT**

*I want to thank the National Iron Bank of Salisbury, CT for sponsoring my successful art exhibit and outdoor reception on the first day of Autumn, Tuesday evening, September 22, 2020. I also want to thank the many great guests who attended my reception. My very special thanks to Lorraine Oler, the Salisbury Branch Manager for all her remarkable work and enthusiasm and her great staff for putting on the reception.*

*I have a permanent display of my Northwest Corner Landscape Series of six colored and framed prints featured prominently in the main lobby of the National Iron Bank Salisbury Branch. All prints are available to order in three sizes 8x10, 11x14, and 24x36. Visit my website [artandphotographyoflasteel.lasteelshow.org](http://artandphotographyoflasteel.lasteelshow.org) to view over 3,000 original images available for sale. Contact me by phone or email for exhibits, lectures, shows, to place orders or inquire. Email [lasteel.exclusive@gmail.com](mailto:lasteel.exclusive@gmail.com) or call 860-435-2187.*

— L.A. Steel



**Madsen Overhead Doors offers numerous options to fit any budget! Residential, commercial & industrial doors, electric operators, radio controls, sales & services.**

**= MADSEN =  
OVERHEAD DOORS**

Fast, friendly service since 1954

(518) 392 3883

673 Route 203, Spencertown, NY  
www.MadsenOverheadDoors.com



Celebrating over  
**65**  
Years

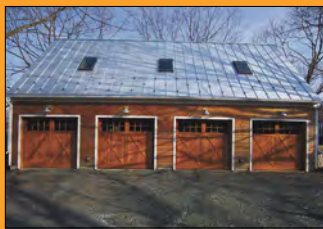


PHOTO BY CYNTHIA HOCHSWENDER

**If you don't find a commercially produced pumpkin spice latte that's to your liking, try making one yourself. It's surprisingly easy.**

## ... pumpkin spice

*continued from page 8*

oat milk latte, which is more spicy than sweet, differentiating it from many of the PSLs on the market.

If you're not a coffee drinker, Harney & Sons tea company, based in Millerton, has a Pumpkin Spice Tea.

If you are staying homebound due to quarantine, we've found a recipe for a pumpkin spice latte that you can make yourself at home.

This is from the website www.sweetsteep.com; the recipe was developed by a woman whose daughter was a barista at Starbucks. We found it was easy to make and tasted just like the Starbucks PSL — or actually, a little bit better.

We happened to have a couple cans of Libby's canned pumpkin in the pantry; when we went to the grocery store to pick up a few more cans we were surprised to find that none of the area grocery stores that we visited had any in stock.

The internet isn't indicating that there is a canned pumpkin shortage this year, as there was in 2015. We were shopping in late September, so it's possible that it was just a bit too early for the stores to be stocking it.

Some stores have the One-Pie brand of canned pumpkin, which gets high marks from users on the internet.

However, if you are unable to find canned pumpkin (and be sure you do not buy canned pumpkin pie mix, which already has spices added) there is still time to buy a baking or pie pumpkin at your local farm stand. Roast and puree the flesh, scoop it out of the shell and remove the seeds. Then be sure to puree the roasted flesh and then run it through a food mill. To give it more body, you can add roasted butternut squash or sweet potato; fresh pumpkin is always a little more stringy and watery than the canned version.

**BUDGET®  
BLINDS**

Style and service for every budget.®

### FREE In-Home Consultation

Lutron, Hunter Douglas,  
Shutters, Blinds & More

**860.619.2811**

[www.budgetblinds.com](http://www.budgetblinds.com)

An Independently Owned  
and Operated Franchise

**Proudly serving Litchfield County**



**JOHN & JUNE KINSKY  
BUDGET BLINDS OF LITCHFIELD COUNTY**

Email: [jjkinsky@budgetblinds.com](mailto:jjkinsky@budgetblinds.com)  
HIC#0648748



### VISIT OUR WEBSITE

[www.budgetblinds.com/  
litchfieldcounty](http://www.budgetblinds.com/litchfieldcounty)

### LIKE US ON FACEBOOK

[www.facebook.com/  
budgetblindsflitchfieldcounty](https://www.facebook.com/budgetblindsflitchfieldcounty)



## PUMPKIN SPICE LATTE SYRUP

*Adapted from www.sweetsteep.com*

- 1/2 cup sugar
- 1/2 cup water
- 2/3 cup pumpkin puree
- One 14-ounce can of sweetened condensed milk
- 1/2 teaspoon pumpkin pie spice
- 1/4 teaspoon salt

You can buy premade pumpkin pie spice, but you probably have all the ingredients for it in your pantry already. Save yourself some money, and use up your spices before they start to lose their flavor.

Most of the spice recipes we found are variations on a few basic ingredients. The Martha Stewart recipe worked fine, but almost any other recipe will be just as good. Combine 3 tablespoons of ground cinnamon, 2 teaspoons

of ground ginger, a teaspoon of ground nutmeg, a teaspoon of ground allspice and a half teaspoon of ground cloves. If you don't have any allspice, don't go out and buy some just for this.

To make the pumpkin spice latte syrup, first make a simple sugar by combining a half cup of water and a half cup of sugar in a small saucepan over medium heat. The sugar will dissolve into the water and then begin to boil; when it does, turn the heat to low and add the pumpkin puree, the condensed milk, the pie spice and the salt. Stir them together for a couple minutes over low heat and then set the mix aside and let it cool.

Be sure that you use condensed milk, which is thick and sweet,

and not evaporated milk or any other canned milk product.

The two most common brands around here are Magnolia from Borden's, which was made here in the Tri-state region for many years by the Borden family; and Eagle Brand (and actually, Eagle makes the Magnolia milk too).

When you're ready to make a latte, you don't have to use espresso, you can just make coffee (as strong or weak as you like). I use about two tablespoons of syrup for each normal-sized cup of coffee; experiment until you find the amount that you like.

You don't need to add milk—but if you have a milk frother you can of course scoop some on top of your latte, and sprinkle a little dusting of pie spice over the top.

## FALLS VILLAGE PACKAGE STORE



BEER • WINE  
SPIRITS • KEGS  
ICE • CIGARETTES

MONDAY-SATURDAY  
9AM-8PM

SUNDAY  
12PM-5PM

**860-824-7971**  
**36 RAILROAD STREET**  
**FALLS VILLAGE, CT**



## Support for dyslexia and other language-based learning differences



Kildonan @ MARVELWOOD



**Former Kildonan School's Orton-Gillingham Program is now part of Marvelwood's Learning Support Center.**

FOR INFORMATION:

[marvelwood.org/learningsupport](http://marvelwood.org/learningsupport)

[admission@marvelwood.org](mailto:admission@marvelwood.org)

860-927-0047 ext 1011

[www.marvelwood.org](http://www.marvelwood.org)

A Co-ed Boarding & Day School in Kent, CT Grades 9 thru 12 & Post-Graduate

## ROSE O'NEILL

(1874-1944)



*Vote for Our Mothers* An Original Watercolor on Paper, 4 1/4" x 5 5/8"

## GREEN RIVER GALLERY

SINCE 1975

SPECIALIZING IN WORKS BY ERIC SLOANE AND AMERICAN ART OF THE 19<sup>TH</sup> AND 20<sup>TH</sup> CENTURIES

1578 Boston Corners Road, Millerton, NY 12546 • 518 789-3311

Just 5 1/4 miles north of Millerton

Open Saturday: 10-5, Sunday 12-5, or by appointment

## HALLOWEEN: KATE HOCHSWENDER

# Zoom Into Halloween!

**H**alloween is fast approaching, which means it's time to forget everything Tom Ford told you about how to look beautiful on Zoom.

Spooky season is now in full effect, and while many of Halloween's festivities may be canceled due to the quarantine, we can still carry on the way we have been with everything else this year: on Zoom!

The New York Times in April published a column about tips from Tom Ford on how to look your best on Zoom, but for October it's important that you look your creepiest instead.

While 2020 has had no shortage of scariness already, stores are still stocking up with seasonally appropriate decorations, costumes and toys in preparation for Oct. 31. Some people have been doing work calls on Zoom in a button-up shirt and tie but with no pants on; for Halloween, you only have to wear as much costume as is visible on camera. This is your opportunity to go as a Frankenstein's monster in boxer shorts — and no one will be the wiser.

The beauty of a Zoom Halloween is that instead of needing to decorate your whole house or front porch, you just need to decorate the area directly around your computer and within the scope of your webcam. This will save you some time and money as you only need so many skeletons, cobwebs, crêpe paper ghosts, blood-spatter clings and paper bats to cover the necessary wall space. In fact, if you're the type of person who saves your decorations from previous years, you can now consolidate all of them into one small area for maximum effect.

Other guides to looking good on Zoom focus on the importance of lighting to make your skin and eyes radiant on camera and would have you put your laptop near natural light or a lamp. For October, make sure to close all your curtains and turn off your overhead. The only light you need is perhaps a lit candle or flashlight directly underneath your chin, to really

accentuate the shadows underneath the contours of your face — perfect for telling scary campfire-style stories. Orange or purple string lights will also do the trick and give your face an eerie glow.

If you're currently sharing your quarantine with another person, you have a perfect accomplice for some Halloween Zoom pranks. Get him or her (or they) to dress up in a scary costume and menacingly wander in and out of frame behind you, perhaps carrying a machete.

All the materials needed for your perfect Zoom Halloween setup can be found in the usual local stores' holiday aisle such as CVS, Walgreens, Stop & Shop, the Salisbury Pharmacy, and the seasonal Spirit Halloween, which is open again in Kingston, N.Y.

This may be a year where our creativity at getting our Halloween spooks in is pushed to the limit — but just remember: Your house is as haunted as you make it!



PHOTO BY CYNTHIA HOCHSWENDER

**Author Kate Hochswender, in her happy place: The horror mask display at Spirit Halloween in Kingston, N.Y.**



PHOTO BY KATE HOCHSWENDER

**Don't worry about decorating the front porch and lawn for Halloween this year, when trick-or-treating might be canceled. Instead, set up a mini horror tableau for a Zoom Halloween.**



TRAVEL: HUNTER O. LYLE

# Forget the Plane — Flip The Page Instead

Autumn is typically a time when we dive back into books, after a summer spent, ideally, on vacation. But with the world in disarray as it is now, summer travel was nearly impossible, — and if you're anything like me, five months of being cooped up have left you looking for any way out.

While you cannot hop on a plane and skip town just yet, a safe alternative would be to let the written word take you away from the stress and struggles of quarantine.

Some books take you to a different country. Some take you to a different time, and some even take you to another world. Whatever, wherever or whenever you are looking to go, there is most likely a book that can transport you there, and it will not cost you a fraction as much as a plane ticket.

While I have never been to Puerto Rico, the words of Hunter S. Thompson in the novel "The Rum Diary" have brought the sandy beaches and palm trees to me. Known for his crazy antics and wild thoughts, Thompson delivers the story of Paul Kemp, a journalist in the 1960s who travels to the Caribbean island for work, and finds adventure, romance and, of course, a lot of rum along the way.

The absurdity that ensues will help readers forget about the insanity that is continuing to unfold in reality.

If tropical islands don't do it for you, maybe a trip through France and Spain would. That is what you get in the 1926 novel "The Sun Also Rises" by Ernest Hemingway. Join Jake Barnes as he and his group of fast-living, hard-drinking expatriates travel from Paris, France, to Pamplona, Spain, to watch the traditional running of the bulls.

"On the Road" by Jack Kerouac is a 1957 novel that describes the

*The portrayal of romanticized travel and wanderlust, written by one of the greatest authors of all time, is more than enough to lift the spirits dampened by the quarantine blues.*

author's effort to make it across the United States by any means necessary. It's one of many books that may offer a solution to the stuck-in-lock-down gloom.

"The Cuban Affair" by Nelson DeMille, "All Quiet on the Western Front" by Erich Maria Remarque and "The Proud Highway" (also by Hunter S. Thompson) are three other books that transport the reader away from the stress of quarantine.

The portrayal of romanticized travel and wanderlust, written by some of the greatest authors of all time, is enough to lift the spirits dampened by the quarantine blues.

Life has started to return somewhat to what it was like in the days before COVID-19. Businesses are starting to reopen, school is back in session and people seem to have found comfort in leaving their homes again, even if only for a brisk walk around the block.

But leaving the house is one thing; leaving the state or even the country is another thing entirely. While there are still limitations and restrictions on travel in this world, the ones crafted by the great writers and authors throughout time are still untouched by the pandemic.



PHOTO BY HUNTER O. LYLE

"The Cuban Affair" by Nelson DeMille, "All Quiet on the Western Front" by Erich Maria Remarque and "The Proud Highway" by Hunter S. Thompson are all books that transport the reader away from the stress of quarantine.



## Sanitation Service

*Quality Service For  
Refuse Removal  
Recycling For The Future*

Amenia, New York

1-800-522-7235

845-877-9354

# T-SHIRT FARM

Home of The Black Cow

Creating custom apparel since 1973

We now carry Carhart!

22 Main Street Millerton, NY 12546  
518-592-1777 • www.TshirtFarmNY.com



Salisbury  
*Artisans*  
Group

We're sad to miss everyone at the fall festival but you can find us and our beautiful, handmade wares online!

[Artisansale.org](http://Artisansale.org)  
[Facebook.com/SalisburyArtisans](https://Facebook.com/SalisburyArtisans)



PHOTO BY LEILA HAWKEN

Who knows what treasures lurk in the back of your closet? Perhaps a pledge paddle and a giant egg cup ...

**ORGANIZING: LEILA HAWKEN**

## Weeding Out the Walk-In

The fall season inspires many of us to tackle tasks in home spaces holding essential and non-essential stuff that has built up over the summer, or longer. Take, for example, a walk-in closet that has become a stretch-to-reach-in closet with various objects blocking the way.

It is time for a fall clean-out of that closet. So, I invite you and others to undertake the task along with me. I have selected the dining room closet.

It was intended to be the guest coat closet, but reality dictates that it needs to harbor lots of other stuff.

First, open the door and have a look. OK. Five old golf clubs with wooden shafts; four still have their original leather hand grips; one is a brass putter. Six umbrellas; good condition. Two are short and collapsible, and there's one collapsible pink one that I've never seen before. It's not mine.

Moving ahead, I find my father's 1920-ish pledge paddle for Theta Xi fraternity at Carnegie Tech in Pittsburgh, signed by fellow pledges and some members. Should keep that.

As I feared would be the case, half of the coat racks are taken up with outer clothing left behind by a wily New York City apartment-dweller who has gradually encroached on my household closet space, using it as free storage. Came heavy laden and departed with lighter luggage.

Continuing on, I discover a smallish box labeled "Miscellaneous Non-Essentials." This is an interesting box that has not been opened for eight years.

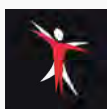
What's in the box? Well, let's see. A linen kitchen apron from the Dominican Republic: not essential, but useful.

An unused 1963 business diary from the Acme Wire Company in New Haven, Conn. In addition to useful calendar and appointment pages, it offers advice on chemical properties and even stain removal and First Aid. It advises on what to do if someone nearby has been struck by lightning: Simply throw water on the victim. To me, that seems like a bad idea.

Three packages of colorful clothespins will definitely be useful, even essential. A yellow egg cup. A packet of linen mailing envelopes. My initials in huge wooden letters. An extension cord. An extension outlet. Two packets of whimsical kitchen magnets. A partial packet of Christmas cards.

For fall clean-up of closets, experts use words like weeding and purging. As I survey my closet during this fall season, and now that I look over the dining room table cluttered with this assortment of non-essentials, I understand the concept of weeding.

And, then, even better is the prospect of actually walking into my walk-in closets. The experts are correct.



**KENT FITNESS MATTERS**

**EMBRACE CHANGE.  
FEEL GOOD.  
BE HAPPY.**

*Physical activity is an integral part of our lives. It not only benefits us physically but mentally, as well. Our goal at Kent Fitness Matters is to help facilitate the happiest and healthiest version of you. That, for us, is the true definition of the mind-body connection.*

PERSONAL AND GROUP TRAINING FOR STUDENTS  
FUNCTIONAL TRAINING/STRENGTH, STRETCH AND BALANCE  
PERSONAL TRAINING  
OPEN GYM  
TRAINING FOR BREAST CANCER SURVIVORS

**KENTFITNESSMATTERS.COM**  
**903.470.3973**



MUSIC: PATRICK L. SULLIVAN

# The Best of Jazz, and Jazz as a Pathway to Greatness

I had the good fortune to attend an excellent public high school. Langley High School in McLean, Va., was so good that the great and the good of Washington, D.C., who had their pick of exclusive private schools, often sent their kids to Langley.

I was a decent trumpet player, and mid-way through my sophomore year I was plucked from the pedestrian Concert Band and took the fourth chair in the trumpet section of the Jazz Lab.

The music teacher was a white-haired, red-faced Boston Irishman named George Horan. He ruled his empire with a cunning mix of fear and encouragement. We wanted to make him happy, because a) he was genuinely delighted when we demonstrated improvement and b) we were afraid of

what he'd say if we didn't demonstrate improvement.

Going from Concert Band to Jazz Lab was like being suddenly promoted from single A baseball to the major leagues. I hid at the end of the section and played my parts as softly as I dared, lest I attract any attention.

Horan was having none of it. "Sully!" he'd bellow. "Lemme hear it from the top."

My junior year we went to what was then West Berlin on an exchange trip. (The Germans sent a bluegrass band, which sounds like the premise of a Philip Roth novel.)

We played two shows a day for two solid weeks, on television, radio, in a

*Continued on page 16*



AMAZON CATALOG PHOTO

## Herrington's Welcomes Designers Mikayla and Jennifer.

**Mikayla** "I've had a passion for design from a very young age and hold a Bachelor of Fine Arts Degree in Interior Architecture and Decorating. My design tip for anyone starting a new project, whether big or small; remodel or new build, is to have an idea of what you want your end goal to be and don't be afraid to try new things. The designers at Herrington's are here to make your dream space become a reality."



Display: Light Cabinets: Door style: Lyndale Half Overlay in Maple — Kraftmaid custom color matching. Dark Cabinets: Door style: Layden in Woodgrain Foil — Color: Cannon Grey. Backsplash & Right Side Top: Caesarstone Staturio Maximus — Left Side Top: Caesarstone Concrete

**Jennifer** "Making your house a home" has been my motto as a designer. I've worked with clients over the last 20 years, in the residential and commercial sector, turning their ideas into a reality. It's been my goal as an interior designer to help my clients love where they live! No project is too small, come stop in the Lakeville design studio to learn about our latest in kitchen, bath, tile and flooring.



Display: Crystal Cabinet Regent Inset w/beaded frame — Color: Overcast Matte paint. Sink Kohler Cape Dory in white — Counter top: Cambria Waterford



We share your passion.®

Hillsdale, NY: 518.325.3131 · Marble & Tile Design Center: 518.325.5836 · Lakeville, CT: 860.435.2561 · Hudson, NY: 518.828.9431  
herringtons.com · 800.453.1311 · KITCHEN, BATH & TILE DESIGN SERVICES



AMAZON CATALOG PHOTO

## ... best of jazz

*continued from page 8*

former concentration camp and in a beer hall on the same bill with the Platters. Then we drank beer at Burger King with some of the Platters.

And when we came back we were a tight outfit. We won every competition we entered.

I had braces for what seemed like forever, and playing a brass instrument with braces is not much fun.

Senior year the braces came off and with them went most of my range.

But my tone was suddenly nice and round and full.

Horan promoted me to the second chair, which handled whatever soloing was called for.

He ordered me to practice endless scales at home.

And he told me to listen to (and play along with) records by Miles Davis and Sonny Rollins — the former for what a trumpet player could get away with without a big range, and the latter for how to start a solo with a restatement of the melody line and then add a few twists.

Much to my surprise, suddenly I was

improvising and it didn't sound awful.

He recommended some other stuff too — a lot of bluesy material without complicated chord changes.

So I did, because nobody disobeyed George Horan. Here are the records I picked up or borrowed and played to:

- Miles Davis: "Kind of Blue." This is on everybody's jazz list but so what.
- Sonny Rollins: "Saxophone Colossus" (especially "Blue Seven").
- "The Trumpet Kings Meet Joe Turner" with Roy Eldridge, Clark Terry, Dizzy Gillespie and Harry "Sweets" Edison.
- Joe Turner and Count Basie: "The Bosses" (with Edison on trumpet).
- "The Smithsonian Collection of Classic Jazz," which in its first incarnation ran the gamut from Robert Johnson to Ornette Coleman.

I occasionally get my trumpet out and I can still play "Ornithology" (not very well).

But I never forgot George Horan and the way he got the best out of me — and then demanded a little bit more.

**NORTHWEST AUTO**

*Home of the \$49.95 All Wheel Alignment Special!*

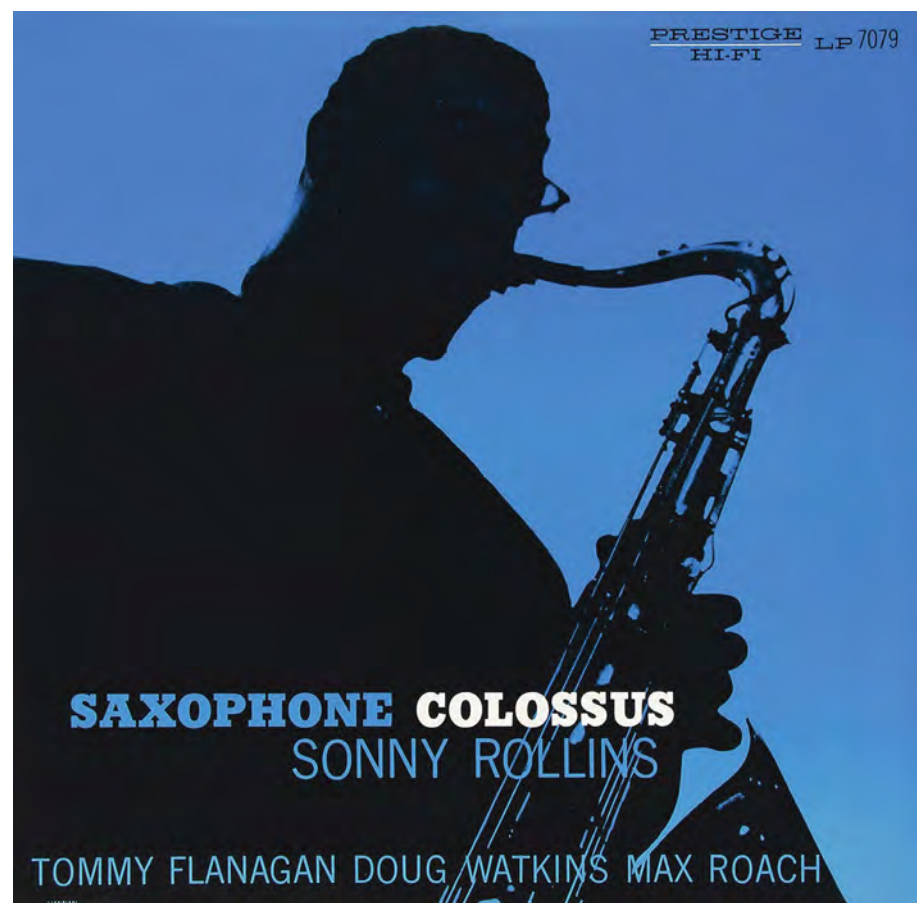
*Winter is coming ...*

**call us for the best TIRE prices around!**

(860) 824-4000

www.northwauto.com

32 Railroad Street Canaan, CT 06018



AMAZON CATALOG PHOTO

COMMUNICATION: DEBRA A. ALEKSINAS

# How To Survive the Dreaded Zoom Conference

I was dumped from my dream job via teleconference.

Instead of packing my plant and personal belongings into a cardboard box, I had to bubble wrap all the company-supplied electronics provided by my employer (computer, smart phone, printer/fax, camera) stuff them into three Volkswagen-size containers and ship them back from whence they came. Talk about insult to injury.

There were no goodbye hugs to my remote coworkers, all 50-plus of whom were also laid off en masse that Bloody Monday in April 2014 when the print magazines division of the global company we worked for shut down. No notice. No closure. Worse of all, no cake!

Just collective gasps and virtual pink slips.

Time, as they say, heals all wounds, and being the eternal optimist, I chalked it up to a learning experience while vowing never to work remotely again.

But never say never. Fast forward to the 2020 apocalypse, and here I am, once again, yup, working in PJs.

Whereas the first time around I was still able to do what I enjoy most, like meeting up with humans and covering community events, this time around it's pretty much me in front of my computer, all day long, staring at pixels instead of people.

In just nine months since the pandemic started, this social butterfly has morphed into a reluctant Zoomie (not to be confused with zombie, which does perfectly describe me after about five minutes into a Zoom meeting).

Now, don't get me wrong. I appreciate being able to work from my home office and out of COVID-19's cruel path. But there must be a way to stave off the symptoms of a Zoom-induced coma: bleary eyes from staring at the blue screen while trying (unsuccessfully) to maintain eye contact and look interested; permanent deafness from ear-piercing screeches as others grapple with technology; and conversations punctuated with odd background noises.

Who hasn't been one of those people vying to get a word in edgewise as a select few monopolize the conversation? And what about the never-ending small talk and annoying interruptions from children and pets, which only prolong the agony for those of us praying for a blackout?

So what's a Zoomie to do? *Carpe diem*,

as the Roman poet Horace would say. Seize the virtual day. With that in mind, I've come up with some survival tips to help my fellow Zoomies survive the next virtual encounter:

- Turn yourself into a potato. True story. During a virtual work meeting, a boss accidentally turned herself into a potato using a fancy filter and couldn't figure out how to fix it. Her colleagues were in stitches for 10 minutes. Now *that's* a stress reliever on steroids.

- Take yourself to a tropical island. Find a virtual background that speaks to your interests and personality. (Just keep in mind that sexual harassment prevention training course you were required by the state of Connecticut to take!)

I've seen many recent backgrounds that depict stunning locales, both globally and in our own communities. You can even transform your humble kitchen or bedroom work area into a swanky palace (tiara or crown optional).

- Be prepared and remember, the mute button is your friend. Let others be more than just virtual wallpaper. There are plenty of small theaters looking for a few good hams if you really must speak.

- In a reversal of Casual Fridays, dress up for Formal Mondays. Ditch the "new normal" work outfit of baggy sweats, T-shirts snatched from the dirty laundry bin and tattered bunny slippers. Instead, start the first meeting of the week in your Monday finest by dusting the cobwebs off your "old normal" wardrobe (remember button-down shirts and khakis, skirts and heels?) and putting your best face forward.

Of course, there is no guarantee in this day and age of uncertainty that relationships, whether work-related or personal, won't fall victim to an unexpected virtual parting of ways.

My advice, as someone who has been there, is to keep plenty of cake on hand, just in case.



SCREEN CAPTURES BY DEBRA A. ALEKSINAS

Author Debra A. Aleksinas has had just about enough of Zoom meetings.



*Custom Bending Up to 3 Inches*

**Tires • Brakes • Mufflers**  
**New York State Inspections**

*Open Mon - Fri 8 to 5; Sat 8 to 1*

**Route 22, Millerton, NY**  
**(518) 789-3669**

*John Heck • Cindy Heck*



PHOTO BY CYNTHIA HOCHSWENDER

### Getting back to our roots

The colorful bounty of peak summer at our area farms is over for this year, but farmstands are still a rewarding destination, with root vegetables, winter squash, beets and sturdy winter greens. This photos is from the Montgomery Place stand in Red Hook, N.Y.

# TRI-CORNER CALENDAR

To view all calendar entries, go to [www.TriCornerNews.com](http://www.TriCornerNews.com).

## ART

**Five Points Gallery**, 33 Main St., Torrington, Conn. [www.fivepointsgallery.org](http://www.fivepointsgallery.org)  
"Strange Names"; Joe Bun Keo, Hirokazu Fukawa & Olu Oguibe, Oct. 9 through Nov. 14.

**Gedney Farm**, 34 Hartsville-New Marlborough Road, New Marlborough, Mass. [www.gedneyfarm.com](http://www.gedneyfarm.com)  
A Bridge Over Troubled Times – Sculpture by Peter Barrett & Susan Clinard, through Oct. 31.

**Kent Memorial Library**, 32 N. Main St., Kent, Conn. [www.kentmemoriallibrary.org](http://www.kentmemoriallibrary.org)  
Christine Lombardi's "By the Sea", through Oct. 30.

**The Re Institute**, 1395 Boston Corners Road, Millerton, N.Y. [www.thereinstitute.com](http://www.thereinstitute.com)  
"Together in Isolation", by appointment.

**Scoville Memorial Library**, 38 Main St.,

Salisbury, Conn. [www.scovillelibrary.org](http://www.scovillelibrary.org)  
DIY Series - Intro to Calligraphy: Blackletter with Debby Reelitiz, Oct. 31, 10 a.m. to noon. (online).

## MISCELLANY

**Kent Pumpkin Run**, [www.kentpumpkinrun.com](http://www.kentpumpkinrun.com)  
44th Annual Kent Pumpkin Run, Oct. 22, 23, 24 or 25 (online).

**Millbrook Free Library**, 3 Friendly Lane, Millbrook, N.Y. [www.millbrooklibrary.org](http://www.millbrooklibrary.org)  
Tech Help, Oct. 23, 4 to 6 p.m. (online);  
The Great Give Back Food Drive, through Oct. 31.

**The Mount**, 2 Plunkett St., Lenox, Mass. [www.edithwharton.org](http://www.edithwharton.org)  
Creative Writing Workshop: Healing Through Nature, Tuesdays Oct. 15 through Nov. 12, 11 a.m. to 1:30 p.m. (in person and online).

Worried about ticks and fleas this season? Call us to discuss what prevention may be appropriate for your companion or check out the options on our online pharmacy!

CALL 518.789.3440 or  
VISIT US AT:  
[www.mvponlinex.com](http://www.mvponlinex.com)



# Millerton Veterinary Practice



**Creative Reading Workshop: Imagining Reclamation and Healing**, Oct. 15 through Nov. 12, 4 to 5:30 p.m. (online).

October Pop-Up Bistro Evenings at The Mount, Fridays and Saturdays in October, 3 to 7 p.m., and Sundays in October, 10 a.m. to 1:30 p.m.

**Salisbury Association**, 24 Main St., Salisbury, Conn. [www.salisburyassociation.org](http://www.salisburyassociation.org)

Birds in Crisis: What Can I Do?, Tuesday through Friday, 9 a.m. to 1 p.m. and Saturday, 10 a.m. to 1 p.m.

**Scoville Memorial Library**, 38 Main St., Salisbury, Conn. [www.scovillelibrary.org](http://www.scovillelibrary.org)  
Salisbury Farmers Market, Oct. 3 and 10, 10 a.m. to 1 p.m.

**Meditation with Kathy Voldstad**, Sundays, Tuesdays and Thursdays in Oct., 9 to 9:30 a.m. (online).

Yoga with Kathy Voldstad, Tuesdays in Oct., 8:30 to 8:55 a.m. (online);  
Therapeutic Movement and Breath Class led by Suzanne Mazzarelli, Yoga Therapist, Oct. 2 and 9, 10:30 a.m. (online).

**Sharon Audubon Center**, 325 Cornwall Bridge Road, Sharon, Conn. [sharon.audubon.org](http://sharon.audubon.org)  
Bird Seed Sale, order by Oct. 16, pick up Nov. 14, 9 to 11 a.m. (Sharon Audubon Center) or 1 to 3 p.m. (Bent of the River Audubon Center in Southbury, Conn.)

**Ventfort Hall**, 104 Walker St., Lenox, Mass. [www.gildedage.org](http://www.gildedage.org)

Drop-in Yoga, every Saturday, 8 to 9 a.m.

## TALKS

**Cornell Cooperative Extension of Rensselaer County**, 61 State St., Troy, N.Y. [www.ccerensselaer.org](http://www.ccerensselaer.org)

“Putting The Garden To Bed”, Oct. 14, noon (online).

**Mahaiwe Performing Arts Center**, 14 Castle St., Great Barrington, Mass. [www.mahaiwe.org](http://www.mahaiwe.org)

Scott Eyerly Virtual Met Opera Lecture, Oct. 25, Nov. 8 and 22, Dec. 6 and 20, 5:30 p.m. (online).

**Millbrook Free Library**, 3 Friendly Lane, Millbrook, N.Y. [www.millbrooklibrary.org](http://www.millbrooklibrary.org)

Investment Basics, Oct. 14, 5 p.m. (online); Medicare 101, Oct. 19, 6 to 8 p.m. (online).

**The Mount**, 2 Plunkett St., Lenox, Mass. [www.edithwharton.org](http://www.edithwharton.org)

Online Ghost Tours at The Mount, Fridays through Oct. 31, 8 p.m. (online).

**Scoville Memorial Library**, 38 Main St., Salisbury, Conn. [www.scovillelibrary.org](http://www.scovillelibrary.org)

Understanding Medicare presented by Margaret Ackley, Oct. 17, 10 a.m. to noon (online).

**Ventfort Hall**, 104 Walker St., Lenox, Mass. [www.gildedage.org](http://www.gildedage.org)

Eva Tanguay, the I Don't Care Girl or Lady Gaga of the Gilded Age, Oct. 3, 3:30 p.m. (in person and online). Molasses from Slave Trade to Boston's Great Molasses Flood, Oct. 10, 3:30 p.m. (in person and online).

## YOUTH

**Berkshire Botanical Garden**, 5 West Stockbridge Road, Stockbridge, Mass. [www.berkshirebotanical.org](http://www.berkshirebotanical.org)

Garden Sprouts — Berkshire Botanical Garden's Toddler Program, Wednesdays and Thursdays in October, 9 a.m. to noon.

**The Center for Performing Arts at Rhinebeck**, 661 Route 308, Rhinebeck, N.Y.

[www.centerforperformingarts.org](http://www.centerforperformingarts.org)  
Showdown at Palm Tree Pines, Oct. 3, 11 a.m.

**Fellowship of the Books: Five Libraries**

More Programs, [www.facebook.com/fellowshipofthebooksny](http://www.facebook.com/fellowshipofthebooksny)  
Virtual Dungeons and Dragons, last Saturday of the month through Dec. 26, 1 to 4 p.m. (online).

**Kent Memorial Library**, 32 N. Main St., Kent, Conn. [www.kentmemoriallibrary.org](http://www.kentmemoriallibrary.org)

Music and Rhyme for Children from Birth to 3s, Tuesdays, 10:30 a.m. (online);

Baby Group in the Grass, Wednesdays, 10:30 a.m.; Lunch Bunch, Thursdays, 12:30 p.m.

**KidsPlay Museum**, 61 Main St., Torrington, Conn. [www.kidsplaymuseum.org](http://www.kidsplaymuseum.org)

Bilingual Stories in the Meadow, Wednesdays, 10 a.m.; KidsPlay Show & Tell, Thursdays, 9 a.m. (online).

**North East Community Center**, 51 South Center St., Millerton N.Y. [www.neccmillerton.org](http://www.neccmillerton.org)

Teen Team In Person Outdoor Activity, Mondays; Teen Team Restorative Circle, Tuesdays (online); Teen Team Social Justice Book Club, Thursdays (online); Virtual Toddler Program, Mondays, 11:30 a.m., Fridays, 10:45 a.m. (online).

**NorthEast-Millerton Library**, 75 Main St., Millerton N.Y. [www.nemillertonlibrary.org](http://www.nemillertonlibrary.org)

Stay at Home Story Time with Miss Molly, Wednesdays, 10:45 a.m. to 11:05 a.m. (online); Tween/Teen Virtual Makerspace: Jack O'Lantern Wall Art, Oct. 23, 5:30 p.m. (online)

**Oblong Books & Music**, 6422 Montgomery St., Rhinebeck, N.Y. [www.oblongbooks.com](http://www.oblongbooks.com)

Hudson Valley YA Society: Kenneth C. Davis, STRONGMAN, Oct. 16, 7 p.m. (online); Hudson Valley YA Society Virtual Book Launch: Jennifer Donnelly - POISONED, Oct. 21, 7 p.m. (online).

# Lakeville Wine & Spirits



336 Main Street  
Lakeville, Connecticut 06039

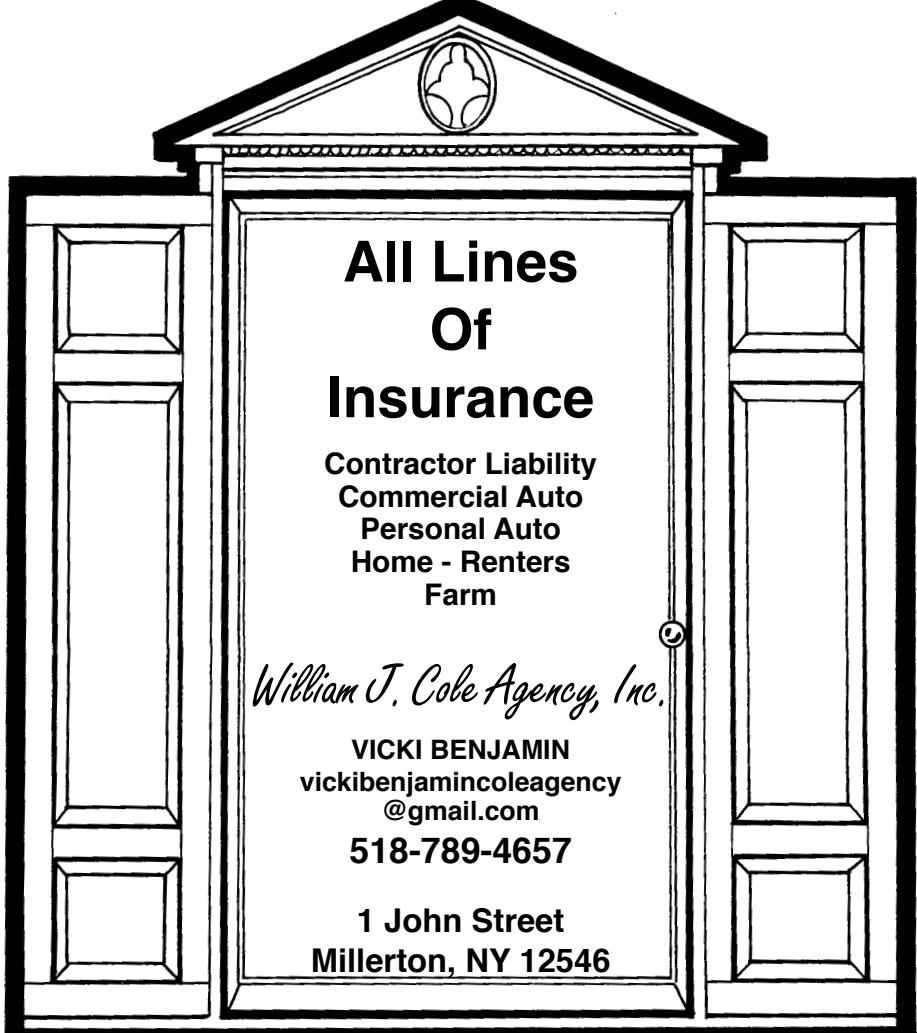
Large Selection of Domestic & Imported Wines,  
Ice Cold Beer, Ice

Find us on [BeerMenus.com](http://BeerMenus.com), updated daily

P.O. Box 1837  
860-435-2600

Robain L. Dionne  
Permittee

[lakevillewineandspirits.com](http://lakevillewineandspirits.com)



**All Lines  
Of  
Insurance**

Contractor Liability  
Commercial Auto  
Personal Auto  
Home - Renters  
Farm

*William J. Cole Agency, Inc.*

VICKI BENJAMIN  
[vickibenjamincoleagency@gmail.com](mailto:vickibenjamincoleagency@gmail.com)  
518-789-4657

1 John Street  
Millerton, NY 12546

# your news your community your life!

*When you need to know what's happening  
in **your** community, we're there.*

Stay informed of all the local news and information that is around you. Whether you are looking for the high school sports scores, the dates for the county fair, an obituary or wedding announcement of a friend, or the police blotter — it's all there!

*We keep **you** connected.*

We've made it even easier to  
**Stay Informed.**

*Visit [www.tricornernews.com](http://www.tricornernews.com) to purchase a print or online subscription.  
Or contact Sandra Lang at 800-339-9873 or [circulation@lakevillejournal.com](mailto:circulation@lakevillejournal.com)*

**The Lakeville Journal**  
**THE MILLERTON NEWS**  
**TriCornerNews.com**

*Your Independent,  
Locally Owned,  
Community  
Newspapers &  
Regional News  
Website*



JOURNALING: KAITLIN LYLE

# Turning The Page This Fall With Journaling

Take it from someone who's been practicing the art of journaling for more than a decade: You may just discover more about yourself with a pen in hand and a blank page than you might suspect.

For some, journaling can be therapeutic: A few flicks of the wrist and you can feel confident that your thoughts are secure with a silent listener.

Others may use it to preserve memories, to jot down the woes and wonders of everyday life or to even find a way to approach conflicts they're too anxious to talk about out loud.

I first turned to journaling in high school and continued writing through college; this year, I've been using journaling to chronicle stories from the COVID-19 pandemic. Thanks to the thoughtfulness of friends and family members, I haven't needed to buy myself a new journal in years, though that hasn't stopped me from admiring the ones I see on display at stores around here.

The journal you purchase can reflect the way you want to tell your story. Are you looking for something small that you can whip out of your pocket at a moment's notice? If so, you might enjoy a Moleskine Classic Notebook, a Moleskine Volant Journal or a Moleskine Cahier Journal. If you want to see how they fit your own pockets or pocketbook, you can see and purchase them in person at Oblong Books & Music in Millerton, N.Y., or you can check Barnes and Nobles in Kingston, N.Y., most Staples stores and most Target stores.

If you don't want one of the Moleskines (which were, famously, the notebook of choice for Ernest Hemingway and Pablo Picasso), art supply stores

such as JWS on Railroad Street in Great Barrington, Mass., always have interesting options for journaling.

You can even buy heavy stock paper there and cut the sheets to be exactly the size you want, then custom cover them with the fabric or leather of your choice (you can also buy beautiful leather journals at Barnes and Noble; some are neat and tidy and others have unfinished edges that make them feel very "Lord of the Rings").

Over in Kent, Conn., House of Books carries a line of leather journals from Rustico, with colors ranging from buckskin to black to burgundy.

Young writers looking for a space to confide their thoughts in the manner of iconic YA heroine Harriet the Spy can always turn to the classic black-and-white marbled composition notebook, available at most stores and pharmacies. (Drip some juice from a tomato

sandwich onto one of the pages, for a true Harriet the Spy experience.)

Those seeking encouragement while trying a hand at journaling might want to pick up an inspirational journal. These journals are designed with an uplifting message on the front cover to empower the journaler and can be found at most art supply and stationery stores, and online at Anthropologie.

Journalers who like to keep track of the passing days can pick up a dated journal at Staples.

Ocean State Job Lot in Torrington, Conn., also has an unexpectedly large and diverse selection of art supplies, notebooks and dated journals.

Oblong Books & Music in Millerton sells a special Bibliophile Reader's Journal, an ideal gift for book lovers and writers. Many vendors of books and journals also carry the decorative and entertaining Wreck This Journal



PHOTO BY HUNTER O. LYLE

**Millerton News reporter Kaitlin Lyle advocates for journaling as a way to store memories and also to work out problems you aren't necessarily ready to talk about yet.**

*Whatever you hope to gain from giving journaling a try, just remember: It's not the journal or the pen that matters, it's what you put on the pages.*

line, which encourages the destruction of the journal with poked pen holes, spilled coffee, drips from tomato sandwiches (see the above reference to Harriet the Spy) and defaced photos. This might be a good place to start for anyone who is ambivalent about journaling; perhaps it will prove to be a gateway to more pacific and productive journaling. If not, perhaps it will offer a good aggression outlet.

The opposite of the Wreck This Journal books is the Bullet Journal craze (well, it was a craze last year). This innovative series reminds us that we don't have to put everything in electronic form on our phones and computers — we can write it down. On paper. With a pen.

Devotees of Bullet Journals keep lists of their favorite pens. The biggest supplies of diverse pens can be found at Big Box stores such as Staples and Target; and small, independent stores that sell art supplies, such as Oblong, JWS and Tom's Toys in Great Barrington. You can also find an excellent selection of pens at craft stores such as Michael's and Joann (they have shops in Torrington, Conn., and Kingston).

## EDUCATION: ALEXANDER WILBURN

# Teaching Children — and Finding Hope — in a COVID-19 World

It's perhaps not surprising that in recounting the many changes and challenges teachers have faced this year, Jandi Hanna, a speech and language pathologist who lives in Falls Village, Conn., starts with the negative. On top of the threat of spreading COVID-19 this year, there has been the existential threat. Teaching children, which relies on in-person conversation and, often, tactile learning, has been turned on its head.

Of course, what hasn't been called "an existential threat" these days? Hanna's response to the transitions of 2020 has been to not give up.

"When people say 'I can't do this anymore,' it's often because they feel that transitioning from one set of expectations is too much. It's not fun anymore.

"They're not incapable of doing it, they're just not enjoying it anymore."

Hanna has taught speech therapy throughout Connecticut's Region One School District, but currently works with students in kindergarten through eighth grade in both Cornwall Consolidated School in Cornwall, Conn., and Lee H. Kellogg School in Falls Village.

"I'm still enjoying it," she said. "It's hard, it's stressful, but I still like it."

Hanna recalls with a laugh those early days, when she still believed quarantining in the Region One schools

would only last two weeks.

"It was so abnormal. It was such a shock to the system."

Stuck at home, she created what she describes as her version of the electronic board monitoring the Dow Jones Industrial Average at the New York Stock Exchange.

"I used the Venetian blinds in my bedroom as the board, and had stickers all over the blinds: which child goes into which list ... It was really hard. But one day I woke up and I didn't need the blinds anymore. The week was going smoothly."

Hanna's students have needs that range from improving speech articulation to language skills. Some older students might feel stuck in a literal mindset, struggling with understanding figurative expressions or drawing conclusions based on verbal inferences, for example. Multiple choice and matching tests can also prove to be difficult for these students, something Hanna addresses in her virtual lessons with a system she created on Google Docs.

"A lot of children who have delayed

or special needs are not very good at advocating for themselves," Hanna said. With that in mind, it might be easy to imagine that delayed students would struggle this year, feeling particularly isolated while learning from home. Hanna found the opposite was true. The spring turned out to be a positive turning point.

"Some students really do have school anxiety. Some of the trauma is actually being in school."

Hanna heard from teachers that some of her students felt more comfortable in the virtual classroom, able to ask questions privately to the teacher, free from facing the anxiety of drawing immediate attention to themselves.

Because of virtual learning, Hanna said, "Several students I worked with were turned into better self advocates. And they still came back to school this fall. There were two in particular who wonderfully surprised me by wanting to come back. They've grown up, they've become better self advocates, they missed their friends and they want to be there. Now we have these touchstones. 'Remember this-or-that was difficult before, but you found a strategy during virtual learning; so what did you do?'"

Back at school once again, Hanna is facing new challenges as she holds her sessions in a booth in the school gymnasium, with two partitions divided by plexiglass.

"It's everything in graduate school they taught us not to do. The gym has all kinds of ambient noise. You can hear the furnace there..."

For Hanna of course, the show goes on, as she and her students wear face

*When people say 'I can't do this anymore,' it's often because they feel that transitioning from one set of expectations is too much. It's not fun anymore.*



PHOTO BY ALEXANDER WILBURN

**Jandi Hanna helps children with communication and verbal expression as a speech pathologist at Lee H. Kellogg School and Cornwall Consolidated School in Connecticut. She continued to teach students "virtually" in quarantine, and has returned to in-person lessons this school year.**

shields (put on before removing their masks) so they can see each other's mouths.

She described going from virtual learning in the spring to a new kind of in-person distance teaching in the fall as the musical progression from the blues to jazz.

"Blues are blue, we missed each other, but with jazz we feel better now. We're happy to see the students. Though the challenges are enormous, we really have the support of the administration, not only from the principal of each school, but from the superintendent's office. There aren't any unrealistic expectations."

YOUR COMMUNITY-SUPPORTED LIBRARY TUES&THURS 10-5 | FRI 3-7 | SAT 10-1

SAFE CURBSIDE SERVICE & FAMILY VISIT APPOINTMENTS  
SPACED NEW! EXPANDED WIFI & 2ND FLOOR WORK SPACES  
OPEN ART EXHIBIT | *GIRLS! GIRLS! GIRLS!* THROUGH NOV 14  
BOOKSALE | NOV 7 & DEC 5 OR BY APPOINTMENT

ZOOM EVENTS W/CONSERVATIONIST GINNY APPLE

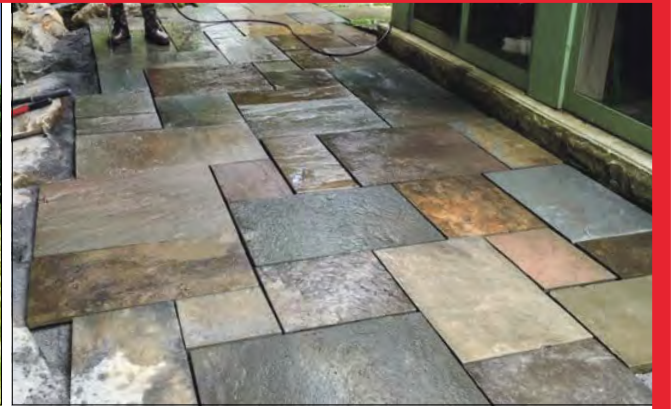
THINGS THAT GO BUMP IN THE NIGHT | OCT 17 3PM

WILD TURKEYS | NOV 14 3PM



**David M. Hunt  
Library**

63 MAIN ST | FALLS VILLAGE, CT  
860-824-7424 | HUNTLIBRARY.ORG



*one call for all your needs*

# EXCAVATION, LANDSCAPING GROUNDS MAINTENANCE

*Thank You!*

**Sharon Lawn and Landscape gives thanks to first responders during this worldwide pandemic.**



**SHARON LAWN  
& LANDSCAPE**

Builders, Churches, Custodians, EMS, Financial Institutions, Food stores, Healthcare Facilities, Law Enforcement, Militia, Postal Service, Restaurants, Retail stores, Schools, Truckers, and our Hardworking, Dedicated Employees

*Thank you for all you do. We appreciate your dedication and love.*

**Commercial/Residential  
Licensed | Insured | Credit Cards Accepted**

**(860) 672-5260 | [Sharonlawnandlandscape@yahoo.com](mailto:Sharonlawnandlandscape@yahoo.com)**





# ASSOCIATED LIGHTNING

*Rod Company, Inc*

*Protecting the Northeastern  
U.S. since 1953*

**Design & Installation  
Surge Suppression**

**[www.alrci.com](http://www.alrci.com)**

**(518) 789-4603**

**(845) 373-8309**

**(860) 364-1498**