

Compass Special Inside

Downtown Salisbury **Fall Market** Page A3



Women in Art Compass Page A10

re Lakeville Tournal

36 PAGES IN 2 SECTIONS VOLUME 124 NUMBER 10

© 2020 The Lakeville Journal Company, LLC Periodical Rate Postage Paid at Lakeville (Town of Salisbury), Connecticut 06039

THURSDAY, OCTOBER 8, 2020 \$1.25

PHOTO BY PATRICK L. SULLIVAN

The new Salisbury Sharon Transfer Station on the Millerton Road, near the New York border, is expected

Transfer station expected

By Patrick L. Sullivan

Brian Bartram showed this reporter around the new facility on Millerton Road (Route 44) on Wednesday, Sept. 30.

SALISBURY — Salisbury-Sharon Transfer Station manager

The new transfer station is scheduled to open Thursday,

Bartram said in an email Monday, Oct. 5, that he had just sent the final text for a handout explaining the new facility's

The facility is color-coded by area: blue for residential and

layout and operations to the printer. The handouts should be

commercial garbage and recyclables, yellow for scrap metal,

construction demolition, and leaves, and red for items that

require special handling, like paint, waste oil, batteries and

collect fees and assist residents. The hut can be picked up and

At the gate, an employee in a small hut will check stickers,

to open on Oct. 15

available by the end of this week.

to open on Oct. 15.

Oct. 15.

Covering The News In Connecticut's Northwest Corner And Its Environs Since 1897



David Gronbach, a former mayor of New Milford, is seeking election to the state Senate in the 30th District.

Gronbach promises to be active and visible in Senate

By Patrick L. Sullivan

David Gronbach is the Democratic challenger to state Sen. Craig Miner (R-30) in the Nov. 3 general election.

Gronbach was mayor of New Milford from 2015 to 2017. He and his wife, Vanessa, also owned and operated a bookstore in New Milford.

He is an attorney and works for a biotech company. He is ac- livered on those issues. tively involved in special education and asylum issues.

In a phone interview Tuesday,

Sept. 29, Gronbach was asked to name his top three issues.

He began by saying "on the broad stuff" he and Miner "don't disagree."

He said that on issues such as tax relief for the middle class, property tax relief, infrastructure, schools and economic development, he and Miner are mostly on the same page.

But he said Miner has not de-

I'm talking about working



Incumbent Republican Craig Miner is running again for a state Senate seat representing the 30th District.

Miner will work on economy if elected again

By Patrick L. Sullivan

State Sen. Craig Miner (R-30) of Litchfield is running for reelection in the general election Tuesday, Nov. 3.

Miner was elected to the state senate in 2016, and represented the 68th District in the state House of Representatives for eight terms prior.

In a telephone interview Sunday, Oct. 4, Miner was asked what his top three issues are.

Miner said the ongoing See GRONBACH, Page A8 COVID-19 pandemic is the top

concern. He said the pandemic and its effects on people's health and on the economy have "devastated the district."

"It's been a constant battle to assist businesses," many of which are struggling just to break even.

He said assisting constituents with unemployment claims has been taking up much of his time

"I guess you could call all of that 'constituent services." He spoke approvingly of a

See MINER, Page A8

Electricity, ballots and 'tainted' real estate topics in special session

By Patrick L. Sullivan

moved as needed.

The Connecticut General Assembly passed the "Take Back Our Grid" bill last week during a special session and sent it to Gov. Ned Lamont, who is expected

to sign it. The bill changes how utilities are regulated, tying rate increases to performance.

State Rep. Maria Horn (D-64) said in a phone interview Monday, Oct. 5, that the bill came together quickly because of long-standing issues, particularly with Eversource Energy (although the company is not

named in the bill). Horn said it was the "double whammy" of a startling rate increase in July and the company's poor response to Tropical Storm Isaias in late August that provided the impetus for the bill and ensured its near-unanimous passage. State Sen. Craig Miner (R-30) voted for the bill as well.

The Legislature passed a bill allowing election officials to begin processing absentee ballots on Monday, Oct. 26. Miner, interviewed by phone on Sunday, Oct. 4, said the bill allows officials to remove the interior envelope containing the absentee ballot from the outer envelope

used for delivery. Horn added that the officials will be looking to see if the interior envelope is signed, which is the most common problem with absentee ballots. The interior envelopes will not be opened, and the ballots will remain intact until election day.

Both legislators (and most of their colleagues) voted for the bill. "Like it or not, a lot of people are using absentee ballots this year," said Miner. "Doing all that work on the one day adds to the

See SESSION, Page A8

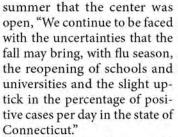
Trinity Retreat Center closing through 2020

By Debra A. Aleksinas

WEST CORNWALL - Citing concerns about the upcoming flu season, a recent uptick in COVID-19 cases in Connecticut and "out of an abundance of caution," Trinity Retreat Center has canceled all retreats and has closed the center to the public through the end of the year.

The announcement came Friday, Sept. 25, from Executive Director Joseph Rose. Staff at the center had spent months preparing for its reopening this summer, and programs and retreats, though at limited capacity, were booked through fall and winter.

Rose said that while guests at the retreat center have remained safe during the two months this



The executive director said refunds for canceled programs have been issued, and several dozen staff members will remain on the payroll during the shutdown period through Dec.

"This virus is real, and we don't know what is coming this fall. If we are inviting people into a healing place, we want to make sure that healing place is whole," said Rose.

'We know that this will come as a disappointment to all who have come, and wish to come, to Trinity Retreat Center for community and for solace, but care and concern for the health and well-being of everyone, our guests and our staff, is our high-

'Virtual' events

In the meantime, he said, Sunday church services at the center (an Episcopal mission of Trinity Church Wall Street) will go back to being held virtually. "The congregation has decided to go back to Zoom again." In addition, Trinity will be hosting several events, live-streamed from the center's West Cornwall campus, on the social media sites Facebook and Instagram.

And on Wednesday, Nov. 10, Trinity plans to host a community blood drive in conjunction with the United Church of Christ Congregational in Cornwall.

Limited staff, including Rose and his wife, Heidi, the center's co-executive director, will continue to care for the property, the gardens and grounds and the rescue donkeys just as they did in early 2020 during the first shutdown.

Hope, then disappointment In a late-summer interview with the center's directors, optimism had still been running

"Even though we were all inside and isolated together, life was still going on, creation was still happening" at the center's 55-acre campus situated along the Housatonic River, said Joseph Rose. "The labyrinth was growing, the gardens were blooming and the forest was filled with fireflies; there was still hope in all that.

"One of our goals when it closed was to just keep things running so that when we did reopen in July," said Rose at that time, the retreat center — which adjoins more than 500 acres of conservation trust lands and state forest — would be ready to receive guests.

In the phone interview on Sept. 25, Rose said staff will once again care for the campus during its closure. The sprawling complex includes

See TRINITY, Page A8



Diana I. Bisselle Global Real Estate Advisor 917.519.5021 dbisselle@williampitt.com



William

Sotheby's INTERNATIONAL REALTY

As a resident of Lakeville, CT, Diana has deep roots in the local Real Estate community. Growing up in Sharon, her parents Philip and Dobrila Waugh owned a local brokerage for over 30 years covering the Tri-State area. This exposure has allowed her to innately understand the importance of superior client service and professional integrity. Diana takes great pride in providing a seamless transaction for all parties involved.

Contact Diana today for a confidential consultation.



SOLD Lakeville, Connecticut Offered at \$1,450,000

Represented Buyer

Salisbury Brokerage, 19 Main Street | williampitt.com



SOLD | Roxbury, Connecticut Offered at \$1,200,000 Represented Seller

Each office is independently owned & operated.

In The Journal this week

LEGAL NOTICES A2	OPINION A6
OUR TOWNS A3	VIEWPOINT A7
OBITUARIES A4	COMPASS A9-10
SPORTS A4	CLASSIFIEDSA11-12

Three-day forecast

Friday	Sun, high 58°/low 44°
Saturday	Cloudy, 69°/51°
Sunday	

FAMILY & FRIENDS

21st Century raises funds for science students

perience

FALLS VILLAGE — Housatonic Valley Regional High School (HVRHS) science teacher Letitia Garcia-Tripp found a creative way to give her students a lab experience whether they learn at home or in school.

With two children of her own, Garcia-Tripp knew how important hands-on application was to understanding and enjoying science. She was delighted to discover biology and chemistry kits that provided materials students needed for the entire academic year. The only problem was that the total price would be \$21,000. The kits cost \$125 per student. She came to the 21st Century Fund for Housatonic Valley Regional High School for help.

The 21st Century Fund then challenged the high school administration to match a grant of \$10,000. Thanks to the partnership of the 21st Century Fund and administration, teachers

Send obituaries to cynthiah@lakevillejournal.com

Don't Miss This Week's **Special Inserts!** Sales and more!

Check them out inside.

- CVS
- Ocean State Job Lot
- Herrington's

Jahana Hayes

SALISBURY — U.S. Representative Jahana Hayes (CT-5) joined in celebrating Emily Armstrong of Salisbury who was presented with the 2020 Connecticut Congressional Staffer of the Year award from the Federal Executive Association of Connecticut (FEACT) during the Excellence in Government Awards Banquet on Friday, Sept. 11.

Hayes said, "As a caseworker, Emily knows that not every case will result in a success story, but no matter the outcome, I can say for certain that each constituent who works with Emily walks away with a more complete understanding of the process and of government services in general."

Since joining the office in

Armstrong earns award for work with

June 2019, Armstrong has assisted 347 constituents, experiencing issues with federal agencies. She has successfully assisted constituents having issues with the Social Security Administration, Internal Revenue Service, Department of Housing and Urban Development, U.S. Postal Service, Small Business Administration, and U.S. Department of Agriculture. When the global pandemic began, Armstrong and the casework team took on more case then normal, opening over 550 new cases, assisting 63 small businesses with SBA loans and 232 constituents with IRS issues.

POLICE BLOTTER: TROOP B

The following information was provided by the Connecticut State Police at Troop B. All suspects are considered innocent until proven guilty in a court of law.

Pulled down utility pole

On Sept. 25 at approximately 5:15 a.m. on Lower Road in North Canaan a 2013 PTRB truck driven by Gary Michael Haight, 72, of North Canaan reversed into the roadway with the dump bed of the truck still in the air and pulled down approximately 20 feet of cable wire from an Eversource utility pole, causing the pole to lean into the roadway. Haight received a verbal warning for unsafe backing.

Evading vehicle accident

On Sept. 27 at approximately 5:30 p.m. on Salmon Kill Road in Salisbury Michael James Caron, 46, of North Canaan was arrested based on a warrant stemming from a motor vehicle accident that occurred on Aug. 25. He was charged with operating an unregistered vehicle, operating a motor vehicle under suspension and evading responsibility for property damage. He was scheduled to appear in Torrington Superior Court on Oct. 15.

Disorderly conduct

On Sept. 30 at approximately 12:30 a.m. Troop B responded to a report of a disturbance at a residence on Dug Road in Sharon. Alexander Peter Lotockideveligost, 67, of Sharon was charged with disorderly conduct. He was scheduled to appear in Torrington Superior Court on Sept. 30.

Backed into theater

On Oct. 1 at approximately 10:45 a.m. on Railroad Street in North Canaan a Hino 268 delivery truck registered to Final Mile Leasing LLC, and driven by Kelvin Loveras-Santana, 30, of Waterbury, Conn., was backing up to make a delivery when it struck the Colonial Theater's marquee sign, causing damage. Loveras-Santana was found at fault for the crash and was issued a written warning for unsafe backing.

The Lakeville Journal will publish the outcome of police charges. Contact us by mail at P.O. Box 1688, Lakeville, CT 06039, Attn: Police Blotter, or send an email, with "police blotter" in the subject line, to cynthiah@lakevillejournal.com

How to tell if it's Alzheimer's

SALISBURY — Alzheimer's disease is not a normal part of aging and on Friday, Oct. 9, at 11 a.m. Noble Horizons will host Jennifer Labrie, Northwest Regional Coordinator for Alzheimer's Association Connecticut, who will explain the important differences.

Learn how to recognize age-related memory loss, how to distinguish it from a developing cognitive problem, and what to do when memory lapses interfere with your daily routine. Labrie will explain the difference between Alzheimer's and dementia; the stages and risk factors; current research and treatments available for some symptoms as well as the resources available from the Alzheimer's Association.

Register at www.noblehorizons.org for a Zoom link to this free program.



YOU ARE NOT ALONE

Abusive relationships are not okay. We can help.

Hotline 860-364-1900 www.wssdv.org All services are free and confidential.



now know their students can

have an engaging scientific ex-

Garcia-Tripp said, "Your sup-

port is making it possible for us

to keep science as authentic as

possible, regardless of where

that learning occurs. And as a

teacher, I can say that you are

also helping relieve a big piece of

the stress that is associated with

teaching during these times.

From the bottom of my heart a

huge thank you for all you do for

Since 1994, the 21st Centu-

our kids and our community."

ry Fund for HVRHS has raised

and distributed nearly a million

dollars to the HVRHS commu-

nity, providing seed money for

new programs like this STEM

pursuit. For more information

go to www.21stcenturyfund.net.





A Good Mechanic Is Not Hard to Find! (518) 789-3462 52 S. Center Street Ask for a proven pro Millerton, NY MILLERTON SERVICE CENTER **An ASE Certified Quality Used Cars** Maintenance - Repairs Technician



MICHAEL D. LYMAN ADAM LYMAN MASTER TECHNICIANS

ARNOLD'S GARAGE 24 HOUR TOWING/YOUR ONE-STOP GARAGE ASE CERTIFIED QUALITY SERVICE & REPAIRS

Heavy Duty Truck Technician

Days (860) 824-5802

HEAVY DUTY TRUCK REPAIR **four Local Certified Emission Testing Station** Arnold Agar JR.

2 North Elm Street N. Canaan, CT 06018

LEGAL NOTICES

LEGAL NOTICE

Notice is hereby given that on September 14, 2020 at a Board of Selectmen meeting, per the Governor's Executive Order #7JJ, the following ordinance was adopted:

NO. 125 September 14, 2020 Amends Ordinance #30 -March 9, 1972

Amends Ordinance #69 -January 20, 1989

Establishment of Inland Wetlands and Watercourses Commission;

Reduction in Number of Members of Conservation Commission

BE IT ORDAINED that:

1. There is hereby established an Inland Wetlands and Watercourses Commission, and such Commission may, subject to the terms of Section 7 below, promulgate regulations and exercise all powers and duties authorized by Chapter 440, Wetlands and Watercourses, of the Connecticut General Statutes.

2. The Commission shall consist of seven (7) members and a panel of three (3) alternate members, to be electors of the Town of Salisbury, holding no salaried municipal office.

3. Upon adoption of this ordinance, a majority vote of the Board of Selectmen shall appoint four (4) members and up to three (3) alternate members of such Commission to serve until the next succeeding biennial election of the Town or until their successors are appointed, and three (3) members to serve until the second succeeding biennial election or until their successors are appointed.

4. Within thirty (30) days following each biennial election of the Town, or on such later date as the Board of Selectmen may determine, the Board of Selectmen shall, by majority vote, appoint members to serve terms of four (4) years and alternate members to serve terms of two (2) years to fill vacancies caused by expired terms of members and alternate members of the Commission.

5. In the event of a vacancy prior to the expiration of the term of a member or alternate member, the Board of Selectmen shall, by majority vote, appoint a members or alternate member, as applicable, to serve the remainder of such term.

6. The Board of Selectmen, by majority vote, may remove a member of the Inland Wetlands and Watercourses Commission for cause, as determined by a majority of the Board of Selectmen. The First Selectman may remove an alternate member of the Inland Wetlands and Watercourses Commission for cause, as determined by the

First Selectman. 7. Until such time as all members of the Inland Wetlands and Watercourses Commission are appointed and sworn in, the Conservation Commission shall retain authority over all matters involving inland wetlands and watercourses in the Town, including without limitation the authority to promulgate regulations and exercise all powers and duties authorized by Chapter 440, Wetlands and Watercourses, of the Connecticut General Statutes. Such authority shall immediately and automatically cease upon the appointment and swearing in of the first slate of members of the Inland Wetlands and Watercourses Commission.

8. The Inland Wetlands and Watercourses Commission shall elect a chairman and a secretary from its members, shall adopt rules for the transaction of business and shall keep a public record of its activities.

9. Upon the appointment and swearing in of the first slate of members of the Inland Wetlands and Watercourses Commission, the number of members of the Conservation Commission shall be reduced to five (5) and the number of alternate members of the Conservation Commission shall be reduced to two (2).

This ordinance shall become effective per Section 7 above. Patricia H. Williams

Salisbury Town Clerk 10-08-20

Legal Notice

The Planning & Zoning Commission of the Town of Salisbury will hold a Public Hearing on Special Permit Application #2020-0108 by Metcalf for a detached apartment on a single family residential lot at 104 Interlaken Road, Lakeville Map 39, Lot 17 per Section 208 of the Salisbury Zoning Regulations. The hearing will be held on Monday, October 19, 2020 at 6:45 PM. There is no physical location for this meeting. This meeting will be held virtually via Zoom where interested persons can listen to & speak on the matter. Instructions for this virtual meeting will be listed on the agenda and at www. salisburyct.us. Comments may be submitted in writing to the Land Use Office before 4:00 p.m. on Friday October 16, 2020, Salisbury Town Hall, 27 Main Street, P.O. Box 548, Salisbury, CT or via email to aconroy@ salisburyct.us. This application is on file in the Town Hall, and

at www.salisburyct.us. Paper copies may be reviewed Monday through Friday between the

hours of 9:00 AM and 3:30 PM. Salisbury Planning & **Zoning Commission** Martin Whalen, Secretary 10-08-20 10-15-20

AUTOMOTIVE

SERVICE

Notice of Decision Town of Salisbury Planning & Zoning Commission

Notice is hereby given that the following application was approved by the Planning & Zoning Commission of the Town of Salisbury, Connecticut on September 28, 2020 subject to conditions:

Special Permit Application #2020-0096 by Women's Support Services for a short term event: "Trade Secrets". The property is shown on Salisbury Assessor's Map 4 as Lots 7 & 16 and is known as 497 Lime Rock Road, Lakeville, Connecticut. The owner of the property is Lime Rock Park, LLC.

At that meeting, the following application was denied:

Site Plan Application #2020-0107 by Richard & Carolyn Culliton for replacement of a nonconforming portico. The property is shown on Salisbury Assessor's Map 4 as Lot 10 and is known as 2 Furnace Road, Lakeville, Connecticut. The owners of the property are Richard & Carolyn Culliton.

Any aggrieved person may appeal this decision to the Connecticut Superior Court in accordance with the provisions of Connecticut General Statutes ß8-8. Town of Salisbury Planning &

Zoning Commission

10-08-20

Martin Whalen, Secretary

TAX COLLECTOR TOWN OF SALISBURY CT

LEGAL NOTICE Pursuant to Sec. 12-145 of the Connecticut statutes, the taxpayers of the Town of Salisbury are hereby notified that the second installment on the Grand List of October 1, 2019 is due and payable on October 1, 2020. Payments must be received or postmarked by November 2, 2020. If said Real Estate and Personal Property taxes are not paid on or before November 2, 2020, interest at the rate of one and one half percent (18% per year) will be added for each month or a fraction thereof which elapses from the time when such tax becomes due and payable until the same is paid. Minimum

interest charge is \$2.00. If you deferred your July 1, 2020 tax payment with a deferment application that was approved by the Town of Salisbury the last day to pay is October 1, 2020. If payment is not received or is received after October 1st interest is calculated back to the July 1st due date.

Due to COVID-19, the town hall is closed to the public. Taxes can be paid by mail addressed to: Tax Collector, P.O. Box 338, Salisbury CT 06068 or can be dropped off through a mail slot at the Town Hall in Salisbury, CT available Monday-Friday from 9 a.m. to 4 p.m.

Dated at Town of Salisbury CT this 11th day of September,

Jean F. Bell, CCMC Tax Collector 09-24-20 10-01-20 10-08-20

Legal Notice

The Planning & Zoning Commission of the Town of Salisbury will hold a Public Hearing on Special Permit Application #2020-0102 by Weigel to construct a detached apartment on a single family residential lot at 69 Belgo Road, Lakeville Map 10, Lot 9 per Section 208 of the Salisbury Zoning Regulations. The hearing will be held on Monday, October 19, 2020 at 6:45 PM. There is no physical location for this meeting. This meeting will be held virtually via Zoom where interested persons can listen to & speak on the matter. Instructions for this virtual meeting will be listed on the agenda and at www. salisburyct.us. Comments may be submitted in writing to the Land Use Office before 4:00 p.m. on Friday October 16, 2020, Salisbury Town Hall, 27 Main Street, P.O. Box 548, Salisbury, CT or via email to aconroy@ salisburyct.us. This application is on file in the Town Hall and at www.salisburyct.us. Paper copies may be reviewed Monday through Friday between the hours of 9:00 AM and 3:30 PM.

Salisbury Planning & **Zoning Commission** Martin Whalen, Secretary 10-08-20 10-15-20

The deadline for legal notices is Friday at 4 p.m. for publication the following Thursday.

Notices can be emailed to legals@lakevillejournal.com or mailed to The Lakeville Journal, ATTN: Legal Notices, PO Box 1688, Lakeville, CT 06039

Go to www.tricornernews.com/

legalnotices to view current and past legal notices.

Our Towns

Gaining ground in Housatonic River knotweed battle

By Leila Hawken

SHARON — After three years of intensive effort, invasive Japanese knotweed on the banks of the Housatonic River near the historic West Cornwall Covered Bridge on the Sharon side has been defeated and the area reclaimed with native riparian

The end of that project was celebrated with speeches and final plantings at the site on Saturday, Oct. 3.

Active in the daunting project were the Housatonic River Commission (HRC) and the Housatonic Valley Association (HVA). One of their goals is to further the possible designation of the Housatonic River as a federal Wild and Scenic waterway. Such a designation would bring potential access to more resources to advance reclamation work; it is also believed that it will help set up protections for the river into the future.

Housatonic River Commission member Jim Saunders was on hand to help park cars on the Sharon side of the river before joining the work detail. His enthusiasm for the work of the volunteers was evident, as was his commitment to achieving the Wild and Scenic status for

About 25 people attended the Oct. 3 riparian planting celebration, a feature of which was a talk by Tom Zetterstrom, a naturalist and invasive species specialist, who reviewed the entire project that began three years ago. Zetterstrom, a native

of North Canaan, is also an expert in many trees that are native to the area.

Volunteers planted 50 native plants on Saturday, including swamp white oak, butternut, dogwood, arrowwood, viburnum and prairie willow, according to Mike Jastremski, **HVA Watershed Conservation** Director and a member of the team. Jastremski's son, River, 10, came along to help with planting.

Zetterstrom explained that knotweed is a monoculture non-native infestation that, once established, reduces by 97% the diversity of insects where it occurs. But once an area is restored and flourishes with native plantings, it will promote the welfare of fish, birds and insects.

Such native riparian plantings along riverbanks effectively control erosion and help filter and keep water clean.

The principal cause of the spread of knotweed locally is the removal of topsoil from one location — the topsoil likely to contain bits of knotweed - and the spreading of that contaminated fill to new locations.

Treatment of contaminated fill to remove the bits of knotweed is an initiative now underway in Cornwall.

Zetterstrom recounted how 10 volunteer "paddlers" (enthusiasts of river travel by kayak and canoe) visually surveyed the 84 miles of riverbank from the state's border with Massachusetts down to New Milford, Conn., mapping serious knotweed infestations — which are large and numerous.

a total of about 44 spots where knotweed is established, 20 of those on state-controlled land, and 22 along town roads. To destroy knotweed root

In the Northwest Corner,

Zetterstrom's mapping indicates

systems, which have a biomass that is 60% underground, cutting the plant above ground is useless, Zetterstrom said. Control is through a combination of spraying and stem injections. The third and final year of the battle is spent in spot treatments.

"We are working to correct

the mistakes of the past and not make the same mistakes in the future," Zetterstrom said. Important to the long-range work are the volunteers who come together and commit to the task of intervention, even seeking coalitions with neighboring towns.

"Residents need to understand what is being done. We need partnerships with the town and the state Department of Energy and Environmental Protection," said Karen Nelson, a member of the Northwest Conservation District.



Putting the finishing touches on a riverside planting were River Jastremski, left, and Jeannie Curry of West Hartford, doing their part to reclaim a section of Housatonic riverbank from the ravages of invasive knotweed.

Concerns and details at Oct. 1 housing hearing

By Patrick L. Sullivan

FALLS VILLAGE — Round two of the Planning and Zoning Commission's (P&Z) public hearing on an affordable housing application continued Thursday, Oct. 1, on Zoom.

The commission again set a two-hour maximum, as it did in the first round on Sept. 23. The meeting still ran about 15 minutes over.

The hearing was continued to Wednesday, Oct. 14, at 6:30 p.m. on Zoom.

The Oct. 1 meeting was given over to comments and questions. P&Z Chair Fred Laser began by reiterating that the hearing is about the application from the Falls Village Housing Trust to build an affordable housing complex on River Road. The plan calls for 16 units containing 29 bedrooms in five buildings.

Laser said the commission would not discuss the legality of the Incentive Housing Zone, stating that it was properly established. "That's settled."

There were several questions and concerns about traffic. Some commenters expressed doubts about the traffic study provided by the applicant, which shows minimal impact on traffic.

Colter Rule, who lives near the River Road site, said he would guarantee that increased traffic on the road would result in an accident, especially to the south of the site where there is

a hill and corners.

Rule was also unhappy at the prospect of stormwater running through his property.

Commenters criticized the design of the housing as not fitting in with the rural character of the town. One commenter didn't like the color scheme. One person said the design looked like a suburb.

There were several questions about the water supply and stormwater management.

Several people attempted to go further afield (with alternative ideas for affordable housing, for example) but Laser reminded them that the hearing was on the application before the commission and whether or not it meets the regulations.

Maria Grusauskas said that she returned to Falls Village, her hometown, in March after living in California for several years.

Describing herself as a writer and editor, she said she would like to stay but she cannot afford to buy a house and has been unable to find a rental. She said she has other "creative" friends with the same problem.

One person asked if, given the controversy, the entire matter could be put on hold.

Laser said that once an application is received the commission must act on it. If the commission ultimately takes no action, the application is automatically approved, he continued.

Cornwall and COVID-19: the challenges of 2020

By Leila Hawken

CORNWALL - Settled in at home for the potentially long haul of the COVID-19 quarantine, about 35 Cornwall residents gathered remotely by Zoom on Saturday, Sept. 26, for a detailed presentation on their town's experience so far with the pandemic and with other local challenges.

The talk was sponsored by the Cornwall Library. First Selectman Gordon Ridgway set about leading what he billed as a "community discussion of where we are in the COVID thing after six months." He said that this is the first time the town has faced a federal, state and local emergency, all at the same time.

Having an emergency plan already in place was key to the town's ability to respond, thanks to a unified command system, Ridgway explained. The town trusted in the science throughout the process. Older residents in town and others who were vulnerable received added attention.

Ridgway noted that about 300 people have contributed to the town's Food and Fuel Fund. Weekenders and part-time residents have been a great help, volunteering time and talents as needs arose.

"People in Cornwall follow the rules, wear masks, wash their hands, distance themselves and don't complain," Ridgway said, adding that, "Cornwall is probably one of the best places to be in the United States right now."

Ridgway offered high praise for the state and the assistance it has provided, although he said that the town remains concerned about what will happen when

people begin to spend more time indoors.

The town is presently at work preparing for safe November voting procedures. The polling place will be the gym at the Cornwall Consolidated School on Tuesday, Nov. 3.

Ridgway also noted that school enrollment is up this year as families with young children are moving to Cornwall. New younger residents have also stepped up to volunteer their help in community organiza-

"Cornwall has always been refreshed by new people moving in," Ridgway said.

Resident Jeff Jacobson termed the influx of young people both uplifting and invigorating for the

Updating residents on efforts being undertaken by the Planning and Zoning Commission to review current regulations, Ridgway said that changes are being considered to accommodate working from home as well as to increase affordable housing options.

Internet connectivity is under active study.

"We are working on it," Ridgway said.

Residents discussed questions of short- and long-term effects of limited internet and cable connections, as well as utility control.

Resident Susan Klaw asked about the climate, particularly the current drought conditions and their effect on agriculture. Some agreed that there is more public interest in obtaining food and produce from farmstands and farm markets these days.

What's new in Salisbury history

By Patrick L. Sullivan

SALISBURY — Salisbury town historian Jean McMillen was recently given an award for excellence in historic preservation from the Daughters of the American Revolution (DAR). The award comes with a certificate and a medal.

In a phone interview, McMillen said the national DAR created the award, which is open to anyone, not just DAR members. She said she is one of the first historians to receive the award.

In other town history news, two new volumes of the "Sarum Samplings" series are in the works.

The fourth and fifth books in the popular series include material on the Tri-Arts theater (now known as Sharon Playhouse), food and drink, love and marriage (where people met their spouses), a bicycle shop, bears, babysitting for drivers at Lime Rock Park, Christmas tree farms, Ultimate Frisbee and Home Front stories from World War II.

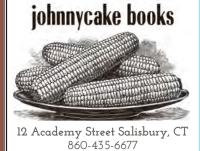
McMillen said she hopes that Sarum Samplings numbers 4 and 5 will be available for purchase before Christmas.





Salisbury pharmacy is a locally owned Pharmacy dedicated to the well being of you and your family. In addition to prescriptions, we offer an $\,$ extensive selection of specialty soaps and spa products, natural and organic products, unique gifts, toys, cards and crafts from local artisans, and party goods for all occasions. We also carry many items for your personal protection during these unprecedented times. Stop in and see what we have for you!

> Front store hours: Mon-Fri 9-6, Sat 9-3, Sun 9-1 Pharmacy hours: Mon-Fri 9-6, Sat 9-3, Sun closed



johnnycakebooks.com

ALL BOOKS \$100 AND LESS HALF PRICE, **PLUS DISCOUNT** TABLE OUTSIDE ALL WEEKEND O 🔾 🛈





14 Main Street Salisbury, CT 06068

860.435.8855 - Tel 860.435.4604 - Fax

www.passportscollection.com

NURSERY • ORCHARD • GARDEN SHOP

FALL IS FOR PICKING

FRESH-PICKED OR PICK-YOUR-OWN **APPLES**

Empire, Gala, Honeycrisp, Idared, Jonagold and Macoun

Our own fresh-pressed all-natural sweet cider blend Sweetish Baker apple pies and galettes on weekends

Cider donuts on weekends

FALL IS FOR PLANTING

Our extensive selection of trees, shrubs and premium Holland bulbs

We have an excellent selection of daffodils, tulips and specialty bulbs, with many new and unusual varieties, including a wide choice of other deer-resistant bulbs. Plant now to add spectacular color and form to your garden from spring through early summer.

Fruit trees

We offer our own Windy Hill Farm grown fruit trees in superb condition for fall planting. Extensive selection of apples, pears, plums, peaches, cherries, apricots and nectarines, as well as the small fruits blueberries, raspberries, currants and grapes. Larger specimen apple and pear trees available.

Fall & Halloween decorations • pumpkins • gourds chrysanthemums • flowering cabbage & kale ornamental grasses • choice fall perennials • fruit trees dwarf & unusual evergreens · shade & flowering trees flowering shrubs · espaliered apples, pears & Asian pears • statuary landscape design, consultation & installation

well-stocked garden shop

20% OFF PERENNIALS Excluding peonies, tree peonies and iris

Please check our website for our COVID-19 Shopping Rules. Online orders and curbside pickup available.

OPEN DAILY 9-5





OBITUARIES

Frank Wells

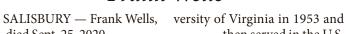
91, died Sept. 25, 2020, at his home in Charlot-

tesville, Va. Frank was born in Brewster, N.Y., on June 24, 1929, to Caroline Washburn Wells and Henry Hubbard Wells. He was the youngest of six children: Tomlinson, Alfred, Henry ("Harry"), Crosby and

Virginia, all of whom predeceased him.

Except for two years in the U.S. Army in Europe, he spent every summer until about eight years ago on Mount Riga in Salisbury, which he adored.

Frank followed his father, H.H.Wells, and his brothers Tomlinson, Alfred and Crosby to The Hotchkiss School. He graduated from the Uni-



then served in the U.S. Army in Germany. His entire working career was spent in banking in Manhattan.

Frank is survived by Linda Blackford Wells; his four children, Lydia Wells Thornberry, Frank Wells, Diana Wells and Lindsay Wells; his many grand-

children, who adored their "Potts" (Jake and David Thornberry, Douglas Placais, Jesse Opler and Ali Deprodicini); and four great-grandchildren (Felix and Finnigan Placais and Declan and Ulla Clarke). All of his descendants, including his three stepchildren (Fritz, William and Elizabeth Mitchell), so enjoyed their many summers on Mount Riga at "the Wells' camp."

Bringing Sharon history to life

By Hunter O. Lyle

SHARON — He was born and raised in a rural town, living there for all his life. From a student to a soldier, a coach to a principal, Ed Kirby is now an author and historian of his beloved hometown of Sharon, making him a prime candidate for the Sharon Historical Society's "Voices of Sharon" forum.

On Saturday, Sept. 19, Kirby, who has written multiple books about the history of the region, sat down with former ABC anchor Brian Ross for a Zoom call talk about his experiences, his life and how things have changed here over the years.

"No one knows the history of this town better than you, that's for sure," Ross said.

Kirby was born at Sharon Hospital and spent his early years on his family's farm, where he saw plenty of history unfold. Like many men his age, he was drawn to be a part of that history by enlisting during World War II. He served in the Army and was part of the occupation of Okinawa, Japan. Upon returning home, he married his wife, Mary, whom he had known since middle school.

He then became a teacher, initially as teaching science and history to seventh- and eighth-graders at Cornwall Consolidated School before heading to Housatonic Valley Regional High School and becoming principal and then assistant superin-

At both schools, Kirby also served as the baseball coach, and even brought a high school team to the state finals in his second

Kirby has had a front-row seat to how Sharon has changed.

"The town had much more of a local feeling when I was a kid," Kirby said. "You knew everybody, and you didn't get as many people in and out as you do now."

Kirby said he would like his legacy to be tied to his town, just as he has been for so many years.

"Coaching was part of that, teaching was part of that, running tours was part of that, I don't ever want to lose that," Kirby said. "It's fun, and it's been fun, and I've enjoyed life a good deal."

The Sharon Historical Society recorded the entire conversation, and will post the hour-long video online in October.

The 2020 Run & Wag race is virtual

CORNWALL — Like many annual area fundraising runs, the Little Guild animal shelter's Run & Wag 5K will be offered virtually this year, through Oct. 31. The race is open to everyone: walkers, runners, adults, children and dogs.

Participants can complete the 5K on their own schedule, at their own location, all at once or in segments. Registration is at www.runandwag5k.com. The fee is \$25; there is no charge for children under 17.

For those who can't participate in the 5K but still want to help, the www.runandwag5k. com site offers Fundraise and Donate options too.

2020 Pumpkin Run is a 'virtual' race

KENT — Registration is open for the annual Pumpkin Run in Kent, which will be held "virtually" from Thursday, Oct. 22, to Sunday, Oct. 25.

For the 44th iteration of the beloved run, which is hosted by the Kent Chamber of Commerce, participants run for 5 miles on either Oct. 22, 23, 24 or 25 and send in results by email. Runners are expected of course to be fully accurate in their timing; the difference between times can often be just a minute or two (sometimes less). The results will be tabulated; overall and division winners will receive 2020 commemorative Pumpkin Run

There will be a special prize for the registered runner who lives farthest from Kent.

All registered runners will receive by mail a packet that includes Halloween treats and a specially-designed race mask. T-shirts are not available this year but shirts from last year can be picked up at the Heron American Craft Gallery, at 16 North Main St. in Kent.

Costumes are always a big part of the Pumpkin Run. Photos of costumed runners can be emailed to the organizers, who will post the images on their so-

The gallery will also be collecting canned and dry food donations for the Kent Food Bank, which is the beneficiary of this

year's run. The cost to participate is \$20. For information on how to register (and to get results), go to the Kent Pumpkin Run website at www.kentpumpkinrun.com. Registration is open until Oct.

On the question of 'stockie bashing'

t is a sad but undeniable truth that many if not most of our trout streams in the Northeastern U.S. require stocking of

That means trucks from state hatcheries occasionally appear and put large numbers of hatchery-raised trout in the rivers.

And that often means that anglers armed with a variety of fishing gear are poised, ready to catch them — and, quite often, keep them and eat them.

It is also true that catching recently stocked fish is not enormously challenging.

Hence the term "stockie bashing."

I was bemused last week, on Tuesday and Wednesday, Sept. 22-23, to see the hatchery truck along the Housatonic River.

The river is so low (97 cubic feet per second as of this writing, Saturday, Sept. 26) that the river resembles an ornamental rock garden with a little trickle through it.

Nonetheless, the water has cooled off to the point where the fisheries people thought they could safely plant the brown and rainbow trout — about 9,000 of them, in fact.

So they did.

Trouble is, it is hard to find spots where there is enough water for these bewildered freshmen fish to hold.

So anglers, who have a sixth sense for this sort of thing, were all around the Trout Management Area (from Lime Rock to the north, downstream to Cornwall Bridge) in the ensuing days, trying to find a bit of water in which there might be a few stockies to bash.

I was no exception.

I would rather fish for wary, wild trout. But that is not what we've got here.

So rather than allowing the perfect to be the enemy of the good, I imposed these rules on

• Make it as difficult as possible. That means using light rods

TANGLED LINES PATRICK L. SULLIVAN

and, often, itty bitty flies that I can't see to tie on without serious

 Keep moving. I do this anyway, but when you've got half a dozen anglers all flogging the same 50 feet of stream, moving along and searching for that overlooked pocket or hole is an easy tactical decision.

• Experiment. With a slow-action 8 foot 2 weight rod far more suited to a stream in a distant alpine meadow, I flicked all manner of dry flies around in water that didn't look like it would support a crayfish, never mind a trout. And whaddya know most of the time, it didn't.

• Know when to call it a day. • Wait for rain, which is coming in the next few days, according to the internet. And the internet is never wrong.

In the trout management area, you're not allowed to keep trout. Period. But once the streams come up a little, popular spots like the Blackberry River will get their share of stockies and people will keep them.

I have no problem with this either. That's what the fishing license fees are for. And I don't even like eating trout. So there.

By the way, the bears are coming down to the river. They heard about the stocked fish too. Or maybe they are thirsty. In any event, I had to beat it across the (thankfully) low Housatonic the other day, when Mr. Bear casually sauntered down the same path the anglers use.

Once on the other side, I managed to get a crummy photo with the point-and-shoot camera.

He ambled along downstream for a bit. Then something alarmed him and he crashed back into the woods.

The sound of bad singing you

Paddle tennis clinics on Oct. 10

LAKEVILLE — Learn the game known sometimes as platform tennis and sometimes as paddle tennis, in a clinic on Saturday, Oct. 10, from 8:30 to 10:30 a.m. (the beginner/intermediate clinic) or 10:30 a.m. to 1 p.m. (the intermediate/advanced clinic) at the Grove in Lakeville at Lake Wononscopomuc.

The clinics will be conducted by David Meharg, a certified platform tennis professional who

has been playing and teaching racket and paddle sports for more than 30 years.

The clinics are free. No registration is needed.

The clinics will follow American Platform Tennis Association COVID-19 Safety Recommendations. Instructors, players and spectators are required to wear face masks when not on court and maintain safe social distancing protocols.



Sanitation Service

Quality Service For Refuse Removal Recycling for The future

Amenia, New York 1-800-522-7235 | 845-877-9354



Salisbury Republican Town Committee



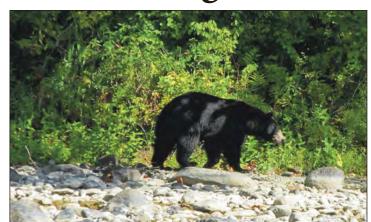
WHY VOTE REPUBLICAN?

Because our incumbent Congresswoman has chosen to adopt the agenda of the extreme left wing of her party, including supporting such unsustainable programs as The Green New Deal and Medicare For All, and efforts that put public safety at risk such as Defunding the Police and removing School Resource Officers from our public schools.

David X. Sullivan is a 30-year career Assistant U.S. Attorney who has prosecuted cases across the broad spectrum of federal criminal law and has helped keep our communities safe by getting drug dealers and criminals off the streets. He has also taught at Yale Law School, the University of New Haven and Western Connecticut. David's agenda includes re-opening our schools with sensible precautions, achieving bi-partisan police reform, re-starting our economy and re-shoring jobs from China.

David X. Sullivan should be our next representative from the 5th Congressional District.

Paid for by the Salisbury Republican Town Committeeand approved by the candidates listed.



Bears are coming down to the Housatonic River, as spotted by column author Patrick L. Sullivan two weeks ago.

might have heard along River Road in Cornwall last Thursday I was coming.

My theory is the worse the singing, the more scared the back to the drawing board.

bear. So I was yowling away, conceding nothing to famous was me, informing the bear that atonalists like Arnold Schoenberg. Matter of fact, I bet my bear song would have sent ol' Arnold

Worship Services Week of October 11, 2020

Call ahead or visit websites for updates

on remote or in-person services. The Congregational

Church of Salisbury, U.C.C. 30 Main Street, Salisbury, CT Whoever you are, wherever you are on life's journey, you are welcome here Online worship, Sundays at 10am

www.salisburyucc.org Sharing God's shalom: Wholeness, harmony, justice, and joy! (860) 435-2442

St. John's Episcopal Church 12 Main Street, Salisbury, CT

Rev. Paul Christopherson SUNDAY SERVICES 10:00 a.m. Eucharist with music (Rite II) WEDNESDAY HEALING SERVICE www.stjohnssalisbury.org 860-435-9290

North Canaan Congregational Church, UCC

Joyfully opening our hearts and doors to all God's people Pastor Savage Frieze 172 Lower Rd/Rt. 44, East Canaan CT Worship services Sundays at 10 am AT THE PILGRIM HOUSE 30 GRANITE AVE, CANAAN: FISHES & LOAVES Food Pantry and CLOSETS for clothing Tuesdays from 5 to 7 and Thursdays from noon to 2 www.facebook.com/ northcanaancongregational

North East Baptist Church Historic Meeting House, Main & Maple Millerton, NY

God's word is always relevant! A Warm Welcome Awaits You SUNDAY SERVICES Family Bible School - 9:30 AM Morning Worship - 11:00 Evening Service - 6:00 PM **WEEKDAY MEETINGS** at Parsonage 33 S. Maple Ave. Sat. Bible Studies for Men & Women 3:00 PM FELLOWSHIP LUNCHEON First Sunday of each month

The Sharon United Methodist Church

after AM services

Pastor Henry A. Prause

518-789-4840

112 Upper Main Steet, North End of Sharon Green Touching Lives - Lifting Spirits 10:45 a.m. Worship Service, Nursery Care No Sunday School in Summer The Rev. Margaret Laemmel sharonumc5634@att.net

Canaan United

Methodist Church 11 a.m. Worship Service "Open Hearts – Open Minds – Open Doors" Rev. Lee Gangaware 860-824-5534 canaanct-umc.com canaanctumc@gmail.com

Promised Land Baptist Church

29 Granite Ave., Canaan, CT Where you will find: A Warm Welcome! Helpful Bible Messages, A Place to Grow! Sunday School - 10am Sunday Worship - 11am Wednesday Bible Study and Prayer Meeting — 7PM (860) 824-5685 VISITORS WELCOME! www.promisedlandbaptist.org

The Chapel of All Saints, Cornwall

Join our intimate Episcopal service via Zoom Sundays at 9am Email Rev. Mary Gates at: mmgates 125@gmail.com for an invitation to the Zoom service If you don't have a computer you can participate via phone. We hope you will join us!

The Smithfield **Presbyterian Church** 656 Smithfield Valley Rd. Route 83, Amenia, NY

Services every Sunday 10 a.m. www.thesmithfieldchurch.org 21st Century Theology in an Historic Building

Sharon Congregational Church

25 Main Street, Sharon, CT Visit our website sharoncongregationalchurch.org for current online sermons.

Bible Study Guides also available by request: info@sharoncongregationalchurch.org Or contact us at 860-364-5002

Falls Village Congregational Church 16 Beebe Hill Road, Falls Village

10:00 a.m. Family Worship 11:00 a.m. Coffee Hour A Friendly Church with a warm welcome to all!! 860-824-0194

Christ Church Episcopal in Sharon

9 South Main, Sharon CT Sunday Holy Eucharist at 9:00 AM Rev. Dr. Martha Tucker All welcome to join us www.christchurchsharon.org

Community Church 355 Clayton Road, Ashley Falls, MA Sunday Service 10:30 AM

Greenwoods

Kidz Konnection K-6th grade (during Sun. Service) Nursery Care All Services Pastor Trip Weiler 413-229-8560 www.greenwoodschurch.com

St. Thomas **Episcopal Church** 40 Leedsville Road

Amenia Union, NY SUNDAY WORSHIP @ 10:30 ONLINE & IN-PERSON Visit our website for links Rev. AJ Stack www.stthomasamenia.com A Community of Radical Hospitality

Trinity Episcopal Church 484 Lime Rock Rd., Lime Rock

Virtual Sunday service 10:30 AM Trinity Lime Rock Facebook page Virtual Coffee Hour & Bible Study Rev. Heidi Truax trinity@trinitylimerock.org (860) 435-2627 www.trinity limerock.org

Unitarian Fellowship of NW CT

Join our virtual service on Sunday, October 11 at 10:30 a.m. "CONFINEMENT" For information, contact Jo Loi at jokiauloi@gmail.com All are Welcome

The Lakeville United **Methodist Church**

319 Main St., Lakeville, CT 06039 9:30 a.m. Worship Service Sunday School 9:15 a.m. "Open Hearts - Open Minds - Open Doors" The Rev. Margaret Laemmel 860-435-9496 Lakevillemethodist@snet.net

ST. MARTIN OF TOURS **PARISH**

Immaculate Conception, 4 North Street, Norfolk St. Ioseph, 4 Main Street, Canaan St. Mary, 76 Sharon Road, Lakeville MASS SCHEDULE Saturday Vigil 5 pm, St. Joseph Church Sunday 9 am, Church of St. Mary Sunday 11 am, Immaculate Conception Church

DAILY MASS SCHEDULE Wednesday 6pm St. Joseph Chapel or Church Thursday 8am Immaculate Conception Church Friday 8am Church of St. Mary ALL ARE WELCOME!

For information, please call 860-824-7078 **UCC in CORNWALL**

Cornwall Village Meeting House 8 Bolton Hill Rd, Cornwall Outstanding Church School (10 am) Mission Opportunities Warm Fellowship following Worship 860-672-6840 FB - UCC in Cornwall Rev. Micki Nunn-Miller, Minister Welcoming all - including the LGBTQ Community

Worship Sunday, 10 am

SAINT KATERI **TEKAKWITHA PARISH** 860-927-3003

The Churches of Sacred Heart, Kent St. Bernard, Sharon MASS SCHEDULE Monday, Tuesday & First Friday Wednesday 9 AM – St. Bernard SATURDAY VIGIL

4 PM - St. Bridget SUNDAY MASSES 10 AM - Sacred Heart Face masks required

Millerton United Methodist Church

6 Dutchess Avenue, P.O. Box 812 Millerton, NY 12546 Services on the 1st & 3rd Sunday of each month at 9:30 A.M.

518-789-3138

The most troubling news-media story of our time

AN EXCERPT FROM MARGARET SULLIVAN'S BOOK, "GHOSTING THE NEWS: LOCAL JOURNALISM AND THE CRISIS OF AMERICAN DEMOCRACY"

- PUBLISHED BY COLUMBIA GLOBAL REPORTS -

Barbara O'Brien's article was routine-enough fare for a local newspaper. It would not go on to win a journalism award or change the world. It didn't even make Sunday's front page on that day in May of 2019. It merely was the kind of day-in-and-day-out local reporting that makes secretive town officials unhappy because of what they can't get away with, and lets local taxpayers know how their money is being spent.

O'Brien, who reports on several suburban towns for the *Buffalo News*, had found that the Orchard Park police chief, who was retiring abruptly, would receive an unexplained \$100,000 as part of his departure. A few weeks before O'Brien's story was published, she had asked town officials for the chief's separation agreement, but they said it couldn't be released because it included a confidentiality clause. Why would there be such a thing, she asked. The town supervisor referred the questions to the town attorney, who wouldn't comment.

O'Brien doggedly took the next steps, as her story explained:

The Buffalo News obtained a copy of the sixteen-page agreement after filing a Freedom of Information Law request with the town. Keeping such a contract private is in violation of the Freedom of Information Law, according to Robert J. Freeman, executive director of the state Committee on Open Government.

"The contract is public, notwithstanding a confidentiality clause," Freeman said. "The courts have held time and again that an agreement requiring confidentiality cannot overcome rights conferred in the Freedom of Information Law."

Examining the agreement, O'Brien came across the \$100,000 payout, and wrote the story. And she would, of course, keep digging—because that is what diligent local reporters do. But there are fewer and fewer of them all the time.

"The decline of local news is every bit as troubling as the spread of disinformation on the internet."

The Buffalo News is the regional newspaper where, until 2012, I served as top editor for thirteen years. It's the largest news organization in New York State outside the New York City metro area. Like virtually every other newspaper in the United

States and many around the world, it's struggling. In the internet age, circulation volume and advertising revenue have plummeted, and the newsroom staff is less than half what it was when I took the reins, down from two hundred to fewer than a hundred journalists. That sounds bad, but is actually better than most. American newspapers cut 45 percent of their newsroom staffs between 2008 and 2017, with many of the deepest cutbacks coming in the years after that. In some places, the situation is far worse. (I use the term newspapers as a shorthand for newspaper companies, and mean to include their digital, as well as print, presence.)

"There is a serious perception problem — American citizens don't know about what's happening to local news or they choose not to believe it."

It matters—immensely. As Tom Rosenstiel, executive director of the American Press Institute, put it: "If we don't monitor power at the local level, there will be massive abuse of power at the local level." And that's just the beginning of the damage that's already been done, with much more on the way. As a major PEN America study concluded

in 2019: "As local journalism declines, government officials conduct themselves with less integrity, efficiency, and effectiveness, and corporate malfeasance goes unchecked. With the loss of local news, citizens are: less likely to vote, less politically informed, and less likely to run for office." Democracy, in other words, loses its foundation.

The decline of local news is every bit as troubling as the spread of disinformation on the internet. Cries of "fake news!" from President Trump and his sympathizers may seem like the biggest problem in the media ecosystem. It's true that the public's lack of trust in their news sources, sometimes for good reason, is a great worry. But while intentional disinformation, media bias, and the disparagement of the press for political reasons may

grab the public's attention, another crisis is happening more quietly. Some of the most trusted sources of news—local sources, particularly local newspapers—are slipping away, never to return. The cost to democracy is great. It takes a toll on civic engagement—even on citizens' ability to have a common sense of reality and facts, the very basis of self-governance. But I'll be clear: I'm not here to address the politicized "fake news" problem or the actual disinformation problem. This is about the real-news problem.

"And fewer than one in six Americans actually pays for local news, which includes having a subscription, print or digital, to the local newspaper."

There's a serious perception problem—American citizens don't know about what's happening to local news, or they choose not to believe it. As with issues like the global climate emergency, it is hard to convince a significant chunk of the public that they ought to care deeply about this, or do anything

about it. There are plenty of news sources—free, after all—on the internet, though relatively few that dig into local news with the skill of seasoned newspaper reporters like Barbara O'Brien. People may believe that their Facebook friends will tell them what they need to know, without the benefit of professional reporting. Their thinking seems to go something like this: News will find me if it's important enough. A Pew study in 2019 astonished many journalists, who live with the ugly reality of their drain-circling news business: Most Americans—almost three of every four respondents—believe that local news outlets are in good financial shape. And fewer than one in six Americans actually pays for local news, which includes having a subscription, print or digital, to the local newspaper. Apparently, only a small percentage of the public sees the need to open their wallets for their local newspapers or other local news sources, and they aren't accustomed to doing so. As newspapers decline in staff and quality, they see even less reason to do so. Overcoming those factors is a steep climb—with very little time to crest the hill.

When local news fails, the foundations of democracy weaken. The public, which depends on accurate, factual information in order to make good decisions, suffers. The consequences may not always be obvious, but they are insidious.

It's a vicious cycle—and one that has drawn the interest of researchers who have found that lack of trusted, factual information can lead to an overall decline of civic engagement. A *Journal of Politics* study showed that people in districts with weaker local coverage were less likely to be politically engaged and less likely to share opinions about the candidates running or give evaluations of their current representatives. Voting becomes more politically polarized when local news fades, says a study published in 2018 in the *Journal of Communication* — citizens are less likely to vote a split ticket, choosing candidates from various political parties. Instead, relying on national sources of news, including cable news outlets, they are more likely to retreat into tribal corners, voting along strict party lines.

It's not just about voting. It's about tax dollars. When local reporting waned, municipal borrowing costs went up, and government efficiency went down, according to a 2018 Hutchins Center working paper titled "Financing Dies in Darkness? The Impact of Newspaper Closures on Public Finance." A dearth of watchdog reporting has dire and quite specific results: "Following a newspaper closure, municipal borrowing costs increase by 5 to 11 basis points, costing the municipality an additional \$650,000 per issue. This effect is causal and not driven by underlying economic conditions. The loss of government monitoring resulting from a closure is associated with higher government wages and deficits, and increased likelihoods of costly advance re-fundings and negotiated sales." What the researchers found was something we know intuitively but they found to be quantifiable: "Local newspapers hold their governments accountable, keeping municipal borrowing costs low and ultimately saving local taxpayers money."

This is the most troubling news-media story of our time: how democracy suffers when local journalism fades. The United States is littered with so-called news deserts, or communities stricken by "news poverty," as one researcher put it—places with

little or no local news. There are exceptions. Some metropolitan areas—for example, the twin cities of St. Paul and Minneapolis, Minnesota— have relatively healthy local-journalism ecosystems. There are some encouraging signs in Boston. And there are bits of what looked like good (or less clearly bad) news, as some legacy newspapers met unexpected fates. At the Los Angeles Times, a local billionaire bought the paper in 2018, providing hope to an important news source that had been buffeted by bad management and deep cutbacks. Its editor, Norman Pearlstine, began rebuilding it. (But even there, a year after that heralded purchase, the good news was not unalloyed. A critically important effort to gain and keep digital subscribers got off to a slow start before picking up steam in 2020.) The New Orleans Times-Picayune, whose coverage of Hurricane Katrina had been so vital in 2005 and beyond, had yielded suddenly to its upstart competitor in Baton Rouge, the Advocate, announcing that it would cease to exist as it had since 1837. The paper's historic name would live on, though, as the more-aggressive Advocate took it over and made its presence known in the Crescent City, hiring some of the Times-Picayune's

Innovative efforts to keep local news alive in a postnewspaper age are having some success—from impressive, nonprofit digital sites like MinnPost in Minnesota or Voice of San Diego to a fast-growing effort called Report for America, modeled partially on the Peace Corps, that puts hundreds of young journalists in underserved areas or hollowed-out newsrooms.

But new technology is not necessarily the answer. Online news sites have not been consistently better at capturing digital advertising revenue or convincing users to pay for content. In the internet age, information is largely free and many don't want to pay for it. Newspapers used to supply weather, comics, horoscopes, classifieds, and crosswords to get readers to pay for news, but even when the new digital-only news sites stripped away those add-ons, a leaner, meaner product has not always been more efficient, attractive, or lucrative. They still only represent a small portion of the industry, employ a fraction of out-of-work journalists, and cannot claim to have done a substantially better job at uncovering the news. A once-profitable industry was able to support an important public function but is now no longer profitable. We need to find other ways to support that function, or hope that consumers or other sources will be persuaded to pay for or subsidize that service somehow.

"When local news fails, the foundations of democracy weaken. The public, which depends on accurate, factual information in order to make good decisions, suffers. The consequences may not always be obvious, but they are insidious."

The situation is quickly and constantly deteriorating. Huge media chains are merging, more newspapers are going out of business, digital sites are being abruptly axed, journalists continue to be laid off, not just at newspapers but at digital-first news companies that once were considered the rightful heirs to oldstyle print. When the coronavirus pandemic arrived, the immediate economic impact on news organizations could be felt worldwide. Advertising, already

sparse, almost disappeared for some. By late March, newspapers in Australia and Great Britain had folded or suspended printing. In the United States and elsewhere, new rounds of layoffs or pay cuts devastated the very local newsrooms that were making themselves more vital than ever to their readers by covering the burgeoning public-health emergency.

But even before this disaster happened, the harsh consequences were playing out in communities. Meetings of public officials took place without coverage. Agency budgets and municipal contracts went forward without scrutiny. Readers, unhappy with news coverage or financially strapped because they had lost their jobs, decided to end their subscriptions. Despite some hopeful signs, the ghosting of local news was happening before my eyes—fast, and with no end in sight.





EDITORIAL PAGE A6

THURSDAY, OCTOBER 8, 2020

EDITORIAL

Time for an increase in cost for this newspaper

What was life like all the way back in 2003? It wasn't all good and it wasn't all bad, but it was surely different from what we are experiencing right now. Then again, what

That year is the last time The Lakeville Journal Company instituted a price increase for our print and online newspapers, either at newsstands, through subscriptions or online. Since then, keeping in mind the economic hardships some of our most avid area readers have faced during that time, we have tried to keep the price the same. And since that time, when our increase to \$1.25 for a single copy sale at a dealer was expensive compared to other newspapers, the price of those other papers increased until that \$1.25 is now among the most reasonable costs in the store.

So we have finally decided, as we are looking at new ways to survive the COVID-19 challenges and the threats facing local journalism in general, it is now time to increase the cost of our newspapers, The Lakeville Journal and Millerton News. The cover price at your local stores will now be \$2 per copy, and the in-county subscription rate will be \$82 a year.

Here is the upshot: \$82 will be for one year print, including the website, or online only subscriptions of all kinds; \$150, two years print, including the website, or online only subscriptions of all kinds; \$42, six months print, including the website, or online only subs of all kinds. Outside county costs will be more, as postage and handling are more: \$98 for one year, \$180 for two years and \$50 for six months.

Our wish is to be here to serve our readership, across the Tri-state region, for a long time to come, but to make that happen, we need to pay our employees, our rent, our printing bills and our insurance bills, among other expenses. We are just like every other small business, and in order to remain afloat, we need to constantly evaluate the best ways to improve our chances of being around.

More on this next week.

Why support the efforts of **NWConnect in the region?**

I read with interest Caroline Nastro's letter to the editor (Lakeville Journal, Oct. 1, 2020) regarding the granting of Northwest Hills Council of Governments funds to Northwest ConneCT. I agree with Ms. Nastro that we might have better transparency in the manner in which Northwest ConneCT intends to use its funds received from the NHCOG and to whom those funds would be dispersed.

Beyond that, there are significant problems with Ms. Nastro's letter. First, necessity. Northwest Corner towns have largely been passed over when it comes to deploying optical fiber for high-speed Internet. It's expensive to roll out in rural regions. Yet we desperately need it for work-from-home, remote learning, telemedicine, entertainment and communicating with family and friends. Without fiber, those who want to live and work here will go elsewhere and many of those who are already here will move away for better connectivity.

Second, Northwest ConneCT is a planning and consulting organization, founded to support local towns in bringing high-speed Internet to every residence and business in those towns. So Ms. Nastro's complaint that Northwest ConneCT "has laid no fiber" is a red herring. Moreover, while Ms. Nastro correctly asserts that no Northwest Hills town has signed on to build its own fiber network, Norfolk has a mature plan ready to present to its voters and at least three other Northwest towns have committees looking into the prospect—with support from Northwest ConneCT.

Third, Ms. Nastro is willing to bet everything on a vague pledge by Optimum "to bring fiber to all of its customers in the near future." The key words here are "pledge," "all," and "near future." Where is this pledge? What fiber deployment plan is associated with that pledge? What funding has Optimum put behind that plan? Is that plan only for a library, school, or business center, or is it indeed for every residence and business in town? What specific timeline is associated with that fiber rollout? As a member of Cornwall's Internet Expansion committee, I know of a number of contacts made by local citizens and political representatives to Optimum, each receiving a similar vague pledge, but no concrete plan.

So we have a choice. Sit by. Wait two years or more to find out that Optimum still has no deployment plan and funding to lay fiber to every residence and business in the Northwest Corner. Or each town could develop its own fiber contingency plan, use it to pressure Optimum and our politicians, and hope we never have to use that plan. Meanwhile, I urge our representatives to advocate for state, federal, and utility company funding to roll out fiber to our rural areas, much as was done in the 1930s for electric and telephone.

West Cornwall



Perfect day for a walk

TURNING BACK THE PAGES

NORMA GALAISE

100 years ago — October 1920 Mr. Geo. E. Parsons and several of his neighbors have recently installed an electric street light for the benefit of those living or visiting in northern Main St., Salisbury. It is very much appreciated on dark nights. Those who joined Mr. Parsons in this public-spirited work are Edwin Smith, Mrs. McNeil, Mrs. Eggleston, Miss Grace Sher-

trander and O.P. Fackler. LAKEVILLE — Harry Judd

wood, Mr. Perrin, Douglas Os-

during combustion, and leak-

age from wells and pipelines puts

greenhouse gases into the atmo-

sphere. Drilling also has adverse

impacts on water and air quality.

So we do need better solutions

politicians who fight to restore

environmental controls we des-

perately need... but please, when

we they do so, let's stick to real

science, not moral panic and half-truths. (And don't get me

Rob Buccino

I'm all in favor of re-electing

than Cricket Valley.

started on 5G.)

Salisbury

has moved into part of Michael Larney's house and Stanley Mather has moved into the rooms in Mrs. W.B. Peabody's house vacated by Mr. Judd.

ORE HILL — Telephones are being put in at the residences of Michael Meehan and Martin

50 years ago — October 1970

Since boyhood, when he made his own flies and bamboo poles, fish and the art of angling have been the destiny of William Rosgen, Winsted sportsman and sports shop proprietor, so what more natural than for him to give the first course ever at the Litchfield Nature Center and Museum on making bucktails, streamers and other fly-ties to lure fish. His course will open Friday Oct. 23 at 7:30 p.m. in the museum auditorium.

KENT — Meeting in special session prior to Monday night's town meeting, the Board of Selectmen voted to recommend to the Board of Finance that the amount of \$1,500 be added to the Park and Recreation Commission appropriation for the construction of a wading pool for toddlers at Emery Park.

Roaring Oaks Florists, the popular flower shop in Sharon, has changed hands. Les Hoysradt and Ed Palko sold it as of Oct. 1 to Julia and Ted Gephart, a young couple from Indiana.

Plan sketches have been filed with the North Canaan Selectmen for three apartment units to be built on North Elm Street. Each unit will have six two-bedroom and six one-bedroom apartments.

25 years ago — October 1995

SHARON — In memory of Edward Pitcher, the Sharon firefighter who died on duty July 15, an area business donated \$6,000 worth of equipment last week to the Sharon fire department. The gift, three air packs and three spare bottles, were obtained by B-D when Mr. Pitcher worked there in the electrical department two years ago. But B-D has never had to use them. "We get such good service from the (Canaan) Fire Department, we don't need them," manager Bruce Rood said. "We thought this would be a way to show support for Ed."

Neighboring towns joined Kent last week to share ideas and completed plans for creating affordable housing in Kent a need that more than 60 Kent citizens turned out to discuss. Cornwall, Litchfield and Washington were represented. The Kent Affordable Housing Committee has recognized the need for Kent residents to express their needs before plans can be adopted.

These items were taken from The Lakeville Journal archives at Salisbury's Scoville Memorial Library, keeping the original wording intact as possible.

More letters next page.

LETTERS TO THE EDITOR

Not so: A 2014 publication

by the environmentalist-friendly

Union of Concerned Scientists

points out what any high school

chemistry teacher can tell you,

that "combustion of natural gas

produces negligible amounts of

sulfur, mercury, and particu-

lates," particularly when com-

pared with other fossil fuels like

coal or petroleum. Methane plus

oxygen plus heat creates carbon

dioxide (gas) and water (liquid).

"clean", because smog-enhanc-

ing nitrogen oxides (gases) get

produced (air is 70% nitrogen)

I am writing in response to

George Mason's Oct. 1 letter

about affordable housing on the

Holley Block parking lot site. As

a member of the Salisbury Af-

fordable Housing Commission,

That doesn't make natural gas

Let's keep the science straight

Foggy science used by well-intentioned environmental advocates undercuts credibility and progress against pollutants, and we who care about our planet need to be extra meticulous in our communication if we aim to win over allies. Otherwise people will have every reason to doubt us. A recent letter suggests that burning methane to generate electrical power "spews pollution", and generates small particles ("particulates").

Political signs

Three feet by five feet political yard signs are obscenities, defiling our landscape. Whatever your political leanings, do you really want to desecrate the Earth with these bombasts? You cannot get your message across without these boastings?

Bigger, stronger? YUGER? Really?

Lonnie Carter Falls Village

Prize for first housing built?

I am a member of the Board of Directors of the Falls Village Housing Trust (FVHT). At the public hearing by Planning and Zoning on Oct. 1, I for one was very happy to hear of the enthusiasm for expanding affordable housing in the Falls Village town center, using different state

That is quite a different program than the one that FVHT has operated under. The program that we use is for larger projects, and sixteen units, as a practical matter, is the smallest that we can build and get approval by Department of Housing. DoH uses a point system to award grants, and less than 16 units subtracts too many points.

As the speakers rightly pointed out, there are other DoH programs for smaller projects. We of FVHT encourage others to take up the cause of affordable housing and to create more rental housing units in Falls Village, using any public or private means. We are happy to lend our experience to any such projects, and we welcome the competition.

Maybe we should have a prize? First completed units buys the other group dinner!

Martha Miller Treasurer, FVHT

I am very aware of the challenge of finding the right location for much needed affordable rental apartments in Salisbury. A professional traffic analyst will present "formal" data to the

Holley Block will work

Planning and Zoning Commission (P&Z) on Oct. 8 that will show that the Holley Block Parking lot is not heavily used and the streetside parking surrounding the commercial strip on Rt. 44 consistently has empty space.

We on the Commission and others working to provide needed homes understand and greatly sympathize with nearby businesses about their concerns regarding construction disruption and will try to limit it as much as possible.

The Perry Street lot is very small that was contaminated by a dry cleaners on the site. Once safe, the Housing Trust hopes to build something on the lot.

The Pocketknife Square buildings have been vacant for many years due to the high purchase price and need for major investment to bring them up to code and reconfigured for contemporary use. There are also limitations due to their historic landmark designation. The economics are unworkable for

affordable housing. The original building on the Holley Block parking lot was torn down because it had deteriorated badly. P&Z appears happy with the proposed design since it fits into the character of the town and neighboring properties. By including affordable units the building complies easily with zoning regulations.

The traffic experts said that the traffic generated by the build-

Laura Werntz

ing will be safe and appropriate for the location. I trust their judgment and decades of experience. I'm not aware of any potential liability for the town due to accidents on any of our roads.

The way "affordable housing" works guarantees that the rents will stay affordable in compliance with government guidelines. The Housing Committee or Connecticut Real Estate Management (CREM) can give you an idea of how the deeds work and what the restrictions are. The town would not incur costs for construction on the site as the funding will need to come from the state.

There are huge cost savings in building on town owned land in areas with access to town water and sewer. Development without those resources would incur significant costs to purchase the land, create a large septic field and build wells for water.

The project was extensively compared to other possible sites in public forums held at Salisbury Central School. The public chose Holley Block as the most favored site for housing. I'm sorry you weren't there to voice your opinion. The many notes submitted to P&Z in support of the proposed building on Holley Block reflect the public's enthusiasm.

I'm confident that affordable homes for working families in Lakeville will enhance the vitality of our town, allow more children to enjoy our excellent schools and help local employers find housing for their staff.

Mary Oppenheimer Lakeville

THE LAKEVILLE JOURNAL

(USPS 303280)

An Independent Connecticut Newspaper Published Weekly by The Lakeville Journal Company, LLC 64 Route 7 North, Falls Village, CT 06031 P.O. Box 1688, Lakeville, CT 06039-9989 Tel. (860) 435-9873 www.tricornernews.com • editor@lakevillejournal.com

Volume 124, Number 10

Thursday, October 8, 2020

Mission Statement

The Lakeville Journal Company, LLC, Publishers of The Lakeville Journal and The Millerton News

Our goal is to report the news of our communities accurately and fairly, fostering democracy and an atmosphere of open communication. EDITORIAL STAFF: Alexander Wilburn, senior associate Cynthia Hochswender

Janet Manko Publisher and **Editor-In-Chief** Libby Hall-Abeel Advertising Manager James H. Clark **Production Coordinator**

In Memoriam A. Whitney Ellsworth 1936-2011 **Managing Partner** Robert H. Estabrook 1918-2011 Editor and **Publisher Emeritus**

editor; Patrick L. Sullivan, senior reporter; Leila Hawken, reporter.

ADVERTISING SALES: Mary Wilbur, display sales; Lyndee Stalter, classified advertising.

FINANCE & ADMINISTRATION: Sandra L. Lang, controller;

Michelle Eisenman, financial assistant.

COMPOSING DEPARTMENT:

Caitlin Hanlon, graphic designer;

Olivia Montoya, graphic designer.

DRIVERS: Elias Bloxom Baker; Chris Palmer.

THE LAKEVILLE JOURNAL COMPANY, LLC: Dale McDonald, chairman William E. Little, Jr., chairman emeritus.

Subscription Rates - One Year: \$53.00 in Litchfield County, \$60.00 outside county Known Office of Publication: Lakeville, CT 06039-1688, Periodical Postage Rate Paid at Lakeville, CT 06039. POSTMASTER: Send address changes to The Lakeville Journal Company, LLC, PO Box 1688, Lakeville, Connecticut 06039-1688.

This housing should not be built; keep to the scale of the town

Lakeville

Falls Village

Everybody likes a mystery. Tune into the continuance of the Falls Village Public Hearing on Oct. 14 at 6:30 p.m. to find out if the mystery of the missing Transit Station is solved.

The Incentive Housing Zone application submitted by Jocelyn Ayer of the NWCT Regional Planning Collaborative in 2013 states that the 66-acre parcel on River Road in Falls Village meets the eligibility requirements for an Incentive Housing Zone because it is in a suitable location with the explanation given that the "IHZ site is just outside the town's village priority funding area and can access NWCT Transit."

The site is in fact 2.5 miles from the town's village priority funding area and NWCT transit is a Dial-A-Ride service that of course does not meet the requirement for proximity to public transportation. At the second session of this continuing hearing Planning and Zoning Commissioner Fred Laser stated in jest that the development is at Lime Rock Station. The train station has long been gone and is now a home.

While it was a relief to have moment of levity in this hearing, this proposed development is no laughing matter. It was upsetting and frustrating to hear First Selectman Henry Todd, refer to the legitimate concerns of the taxpayers about the costs surrounding this project as "rumors." Meanwhile participants were told firmly that they could only speak about the site plan. Therefore, the well-informed taxpayers of Falls Village, including members of the town Board of Finance, retired finance executives, investigative journalists and attorneys, all of whom are Falls Village homeowners, have been denied a platform in which to voice their well-researched and well-reasoned assertions that this development will in fact have a serious economic impact of the town's mill rate.

What is affordable housing? The Falls Village Housing Trust website answers this questions as follows: "Affordable is a term used by the state and federal government that establishes guidelines based on the area median income (AMI)." For taxpayers of Falls Village, affordable housing is defined differently. Affordable housing means keeping the mill rate from continuing to rise so that the very homes they are living in remain affordable.

North Canaan has more "affordable housing" as defined by the state and federal government than any town in the Northwest Corner. Meanwhile their mill rate is the highest. Lovely old homes in gracious old neighborhoods are decaying and abandoned because potential buyers pass them by because of the high property taxes. I do not believe that this is a future anyone wants for Falls Village.

The taxpayers of Falls Village deserve the opportunity for serious, open, factual and detailed analysis of implications of this project for a town mill rate followed by a referendum. STEAP grants are available for smaller projects and the State Department of Housing recognizes the need to create appropriately scaled projects for small towns, which is why they are offering grants for further study. Meeting link can be found on Town of Canaan/Falls Village website under Planning and Zoning.

LETTERS TO THE EDITOR

Start small, build a track record on housing

Falls Village doesn't need an "incentive" to make our community welcoming to seniors and families in need.

Nonetheless, a decade ago, our Planning & Zoning Commission (P&Z) believed that: a \$3.5 million state grant was found treasure; an Incentive Housing Zone (IHZ) was just a few filled out forms away; where units could be eight times as compacted as was allowed in the village; but it didn't fit the scale of the village center, what to do?

So, in 2013, the hunt was on for land that would hold 30 apartments with 50 bedrooms.

To put this into perspective, 110 amination of the Falls Village people voted in Canaan, Falls Village in 2019. Today we are faced with the results; a proposed apartment complex on the river front in Lime Rock Station.

Think about this: P&Z's first two obligations are to protect the environment and existing homeowners and neighborhoods. Yet they are doing neither. They are conducting a mockery of their civic duty, insisting that this incentive concept is "already approved" as an excuse to refusing hearing testimony about it.

But wait, the Conn. Department of Housing began an exIncentive project in August 2020 and in fact they have not approved the incentive zone as of this writing.

Falls Village didn't need this "incentive" to provide affordable housing, not in 2009 and certainly not now. We can rehabilitate our aging properties with the help of STEAP grants, small town grants from the state.

A small project can give the Falls Village Housing Trust an opportunity to learn the ropes, oversee construction, manage rental units, and balance housing needs with the financial resourc-

Because the original 2013 "Incentive" application was hid-

es available. Build a track record.

den from the neighbors and the town, this project doesn't pass scrutiny. Is this why P&Z won't allow it to be discussed now? Let's start doing the right thing, the right way.

Tell your Selectmen to stop this project and get to work building the Falls Village community that everyone wants! Write to selectmen@canaanfallsvillage.org.

Daly Reville Falls Village

What NWConnect's role is in improving connectivity

In last week's Lakeville Journal, a Cornwall resident wrote a letter questioning why, over the past few years, the Northwest Hills Council of Governments (NHCOG) has given hundreds of thousands of dollars to a private business called Northwest Connect, and why the NHCOG just gave \$148,000 of the \$400,000 it received in federal Covid CARES funding to this same company. The CARES funding was supposed to be used to help improve broadband connectivity issues in our area.

The problem: Northwest Connect is doing nothing of the sort. What Northwest Connect is doing is promoting its own municipal fiber optic network, a network that it hopes to build sometime in the future if it can ever persuade one town to buy into its "pie in the sky" scheme since we, the taxpayers, would need to pay for it. Since we already have cable providers in our area who provide broadband, Northwest Connect's network would be redundant, what's technically called an "overbuild." What does this mean?

It means that it's not in Northwest Connect's best interest to address our current broadband issues now or anytime in the near future, since the more people in our area who are satisfied with broadband services offered by providers like Comcast, the worse it is for Northwest Connect.

By giving \$148K of CARES funding to support Northwest Connect, the NHCOG is therefore working against us, just as the NHCOG has been working against us in

Falls Village by pushing a housing development in a rural section Falls Village

of our town, when there are so many better options that would both maintain the beauty of our surroundings and revitalize our village.

The NHCOG likes to pretend that the two ideas are in conflict, but they're not. We can do both. We don't need a large housing "overbuild" in Falls Village that is better suited to urban and suburban areas, any more than we need Northwest Connect's network "overbuild" scheme.

What we do need are NHCOG representatives who are working to find solutions that are in the best interests of our communities and allocating funding toward these projects. We need them to do the hard work that needs to get done now, such as by using the \$148K of CARES funding to provide broadband and computer hardware to students who don't have any internet access at all so they can attend school remotely, or by engaging with the Falls Village community on what housing ideas would actually work best in Falls Village.

This kind of work isn't glitzy. It doesn't involve large amounts of cash being handed over to one private company, or pushing a fancy housing development that has a lot of state money behind it that can be doled out to interested parties.

No, it involves the kind of work where you get down on your hands and knees and scrub. You figure out what really needs doing, and you do it, because it's right and it will help make the world around you better and "cleaner."

Colter Rule

Horn was right in her vote, and is right for the 64th

The Police Accountability Bill that Connecticut's Senate passed in July is a decisive and comprehensive piece of legislature. Though I did not read all 71 pages, I read enough articles and summaries (from both liberal and conservative media outlets) to come to a solid understanding of what the bill does. I would recommend this method — rather than regurgitating what your friends or family or chosen TV news station say — if you would like to check my facts on the bill or form an opinion for yourself.

Some of the most significant outcomes of this bill include: it is easier to file lawsuits against police officers, officers are accountable for the actions of those they work with, and inherent

new recruits.

I think this bill is great, but I don't have to defend it, because it passed two months ago. That said, a letter published in the Lakeville Journal Sept. 24 criticized state Rep. Maria Horn's support of the bill, claiming it could make it difficult for police to do their job and discourage new recruits. In response, I write to defend Maria Horn's support of the bill and refute any claims that police accountability will make our corner of the state in most important point; this poany way less safe.

First of all, Connecticut is by far one of the safest states in the country, and the Connecticut Uniform Crime Report shows steadily declining crime rates since 2010. With #50 as the state bias training is mandated for with the lowest crime rate, Connecticut is #46. We do not need more police.

One issue that is still prevalent in Connecticut (and cited in the letter I respond to) is drug addiction. This brings me to my second point; as sad and destructive as the opioid crisis is, War Against Drugs policing fails to effectively combat drug use or supply. Jail is not rehab, and addicts need medical help, not policing.

And now for my third and lice accountability bill does not endanger the lives or careers of good police officers who do not commit outrageous misuses of power. Those in opposition to the bill have cited fears of police resignations and dwindling recruitment numbers. In response

to these concerns, I would ask any officers considering resignation what they are afraid of. Regarding police recruitment, I would posit that the recent instances of police brutality and the increasingly crooked reputation of American police in general may do much more to dissuade young people from wanting to be cops.

We need a police force that makes everyone feel safe, not just privileged white people, and I am proud to live in a state that has taken steps towards this future. Likewise, I fully support Representative Maria Horn's decisions regarding policing in Connecticut, and urge you to vote for her re-election in November.

Carrie Babigian



Ohler is the best choice

If the latest round of baseless commentary originating from Rep. Maria Horn's campaign wasn't so scripted and predictable, I would say that it's all due in part because of Horn's inability to defend her own atrocious two-year record as a Connecticut legislator. She and her band of unrelenting letter writers will stop at nothing to try and discredit, and malign, one of the most well-respected, dedicated, giving and selfless public servants of our time.

Although I guess when you aren't even from this area, nor did you even care about local issues until the year you decided to run for state politics, it is easy to throw mud at an opponent in the hopes that something will stick.

Well, let me be the first to say that it's not working. In fact, it is only continuing to prove to every single voter in the 64th House District why Brian Ohler is the obvious choice for state representative. He has remained steadfast and level-headed in his bid to win that seat back, always fighting for our best interest, because all he cares about are the people and businesses that call the northwest corner their home. He isn't at all phased by the name-calling and rhetoric coming out of Horn's "boot" camp.

Perhaps all of this effort and noise on behalf of Horn is being done to keep people from finding out that as Vice Chair of the Appropriations Committee, she literally co-authored the most recent state budget that raised taxes by additional \$2 billion dollars, including the expansion of the grocery tax and the new tax that was put on PPE and other safety apparel.

Or, maybe it was her plan to sheepishly submit legislation during her first week in office that was dead set on shutting down Lime Rock Park racetrack. Or, maybe it's because she realizes now that perhaps it was the wrong thing to not sign the petition that would've reversed the new grocery tax, but instead signed a petition that would allow parolees the chance to vote in the upcoming election. Horn can't hide from the truth, or her roots.

Do the right thing on Nov. 3. Vote for one of us. Vote for Brian Ohler for state representative.

Lakeville

Fill out this survey

There is an important survey that has just impacted most Sharon residents. It concerns the necessity of installing a fiber-optic network to provide high speed internet service for all Sharon residents. Area towns are now considering whether to build a high speed internet network throughout the region that could potentially be open to all homes and businesses for online access and other services.

Currently 35% of homes in our region are without broadband service. In today's virtual age, this is a big problem for students, businesses and medical services. Please fill out and return your survey! It can be accessed online at Sharon CT Broadband Access Survey.

Reasons to vote for Horn

Maria Horn is smart, tough and dedicated to environmental protection in the Northwest Corner.

She is committed to protecting the natural beauty of our community, and ensuring that we continue to have the clean air and water that are vital both to our own health and to local businesses and farms. She was instrumental in passing legislation that requires air-quality monitoring for towns at risk from the NY Cricket Valley Plant.

Horn is a creative problem solver who knows how to bring different interests to the table — that's how she got the first-ever agreement to stop the Housatonic Railroad from spraying in sensitive areas. And she has supported the Community Investment Act Funds legislation that provides significant funding for dairy farms and open space.

Maria is pro-environment and also pro-economic development. She looks at all sides of an issue. She listens carefully, asks probing questions and does the research before she takes a stand. She championed the single-use plastic bag ban, and is working on an update to Connecticut's bottle bill, designed to increase glass and plastic recycling while also reducing costs for local municipalities. And she has recently helped pass bi-partisan legislation — "Take Back Our Grid" — that holds utilities responsible, and makes them pay — if power goes out for longer than 96 consecutive hours as it did in Hurricane Isaias.

Maria Horn is a tireless leader who works incredibly hard on behalf of all her constituents. We need to re-elect her as our state representative for the 64th District.

Parker Boal

Republican supporting local candidates, but not Trump

The chairman of the Salisbury Democratic Town Committee suggested in a letter to the editor that I should publicly apologize for Donald Trump and start working to repair the damage he has done to our country and work to reform my party. I am not going to apologize for Trump. I didn't support him. I didn't vote for him and I was aghast when he actually won the electoral vote. However, I am not going to leave the Republican Party when I think it needs reform and responsible citizens to come forward. I have seen a lot of history.

I was a broadcast news reporter, anchor and producer in Baltimore, Washington and New York from 1962 to 2009. I interviewed Martin Luther King. I was on the steps of the Lincoln Memorial when he delivered his "I have a dream" speech in 1963. I was also on the corner of 14th and "U" Streets when the riots broke out after his assassination in 1968. I interviewed George Wallace and was riding in a car with him in Maryland when he started thinking he could run for President.

I covered the violent protests to integrate Gwynn Oak Amusement Park in Baltimore County in 1963. More than 400 people were arrested. It was Spiro Agnew, then the Baltimore County Executive, who negotiated an end to the protests and desegregated the park. He rode that victory to the governorship. Later Nixon picked him to be Vice President. I was disappointed in his behavior then, but I was shocked to learn he was a crook all that time.

There was Lyndon Johnson pursuing a war in Vietnam that we learned his own advisors warned him he couldn't win. And then there was the Gulf of Tonkin resolution in 1964 based on a fraudulent incident. The vote in the Senate was 88-2. Talk about profiles in courage. Those two senators, Wayne Morse of Oregon and Ernest Gruening of Alaska, were vilified as unpatriotic and worse. Morse lost his Senate seat in 1968. The Senate repealed the Gulf of Tonkin resolution in 1971 on a resolution introduced by Republican Robert Dole. Morse and Gruening were right after all.

There have been many more incidents that could have turned one into a political cynic. Nixon and Watergate, Reagan and Iran Contra, Clinton and Monica, and Bush and "Weapons of Mass Destruction" to name a few. Both parties have had major presidential campaign losses that nearly tore them apart. Think of Goldwater and McGovern. But both parties regrouped and reformed and went on to later successes.

So, yes, I am only promoting local Republican candidates Brian Ohler for Representative, Craig Miner for State Senate and David Sullivan for Congress. Reform begins at the grass roots, recruiting good people to put their time and energy into public service and attracting responsible citizens to support a civil dialogue about important civic issues. It's no time for quitters.

Bill Littauer

Janet Lynn

Lakeville

More letters previous page.

For the Litchfield County real estate

market, this past quarter has been

very strong, 72% more sales than

a year ago. September continued

sale of homes than the 2019 levels.

levels, with both the average sales

price and the total dollar volume

significantly higher compared to

previous years. Inventory remains

low while the largest indicator for

the future strength of the market is

the amount of pending sales, which

continues to be double that of last

year. So all in all, the market shows

no signs of slowing and happy to

discuss the value of your property.

on pace with nearly double the

Buyer activity was at all price

Realtor® at Large

Lakeville So much wrong with Trump presidency

Donald Trump has reached a new low, if that's possible. At his rally in Ohio he told his supporters that the coronavirus "affects virtually nobody under 18." What about the United States death toll, from COVID-19, of over 200,000 people? Don't the elderly count? Are they considered a disposable commodity now? I am 67, so does that include me? Yet you see his supporters, of all ages, not wearing a mask or practicing social distancing.

Trump's presidency has been riddled with dangerous lies, vicious name-calling, bigotry and obscene admiration of his favorite dictators. Unfortunately, the Republican Party has become the party of Trump. How can they call themselves patriots and support a man who disparages our military and the men and women who serve our country? He called these veterans losers and suckers and yet he never served because of "bone spurs." These courageous, selfless men and women have chosen to protect and serve our country and for the president of the United States to denigrate them is abhorrent. Donald Trump knows very little about honor, respect or dignity and doesn't understand anything without a dollar sign attached

How can anyone trust a pres-

ident who acted in Russia and Turkey's interests when he pulled our troops out and allowed Turkey to attack our Kurdish allies? The Kurds died helping American troops fight ISIS. Do you think the Kurdish government trusts the United States now?

Can anyone forget Donald Trump's boasting of saving Saudi Prince Mohammed bin Salman when he orchestrated the murder of journalist Jamal Khashoggi, a Saudi dissident, author and columnist for the Washington Post? This because of an \$8 billion arms deal Trump had made with the Saudi prince.

Trump's dismissal of our intelligence officers is horrendous. Even the information exposed about Vladimir Putin putting a bounty on our American soldiers' heads was disregarded.

There are so many destructive and corrosive elements contained in the Trump presidency that our country has become more violent, intolerant, suspicious and shamefully racist.

This is a profoundly somber time for the United States and one that can only be righted by voting Donald Trump out of office. For the future of our country, I fervently pray he is.

Gretchen M. Gordon Sharon



JOHN HARNEY Associate Broker with William Pitt Sotheby's International Realty Office: 19 Main Street, Salisbury, CT 06068 Email: jharney@wpsir.com Cell: 860-921-7910 Instagram: @johnharneyjr

ADVERTISEMENT

SESSION

Continued from Page A1

likelihood of mistakes. It's a good solution."

The General Assembly passed a bill that makes it easier for industrial or commercial properties that may have environmental

problems to be sold. Horn explained that the act of transferring the property currently triggers the environmental review process, which makes no distinction between properties with serious problems and those with smaller, more manageable

Horn said that provided an incentive for the owners of such properties to abandon them, with the result that necessary remediation never occurred.

Both Horn and Miner voted for the bill.

The two differed on a bill concerning "environmental justice," however.

Horn said the bill changes existing law to limit the number of toxic sites in certain communities. "It forces us to take a stronger look" at where facilities such as wastewater treatment plants or transfer stations are located.

Miner said he opposed the bill largely because it contains a provision that allows affected communities to negotiate with the operators of facilities when the state permits are renewed.

Miner said if communities are allowed to negotiate for monetary compensation or some other concession as part of the permitting process, owners of facilities who are trying to upgrade their operations to produce less pollution might find it economically unfeasible to meet those demands and simply close down.

"So it might well end up hurting the environment."

The bill passed.

Send obituaries to cynthiah@lakevillejournal.com

GRONBACH

Continued from Page A1

within the Democratic Party to get it done," Gronbach said.

(The Democrats currently hold a 22-14 advantage in the state Senate and outnumber Republicans 91-60 in the state House of Representatives.)

Gronbach said access to health insurance needs to be expanded, and insurance needs to be more affordable.

He said one idea is to expand the health insurance plan the state offers its own employees to small- and medium-sized businesses, and noted the plan has already been expanded to include municipalities.

"That's doable right now."

Gronbach was extremely critical of the Eversource power company, especially the practice of cutting back on linemen and relying on emergency crews from other states — where, Gronbach noted, it is likely they have their own storm issues to deal with.

Asked if the state Public Utilities Regulatory Authority (PURA) is an adequate mechanism for overseeing the power company, Gronbach said the problem isn't PURA's structure.

"There's no will at PURA. All they hear from are Eversource representatives.

"We need legislation to keep their feet to the fire."

Asked about the role of the General Assembly during the COVID-19 pandemic, and with many critical decisions being made by executive order from Gov. Ned Lamont (D), Gronbach said, "It's an emergency" and as such does not lend itself to debate in legislative committees.

The role of the Legislature in the pandemic "is to look back at what worked, what didn't, and consider what to do next time."

Gronbach said he has been out campaigning to the extent he can, given the pandemic and restrictions on public gatherings.

He said that voters he has spoken with, beyond Miner's home town of Litchfield, are often unaware that Miner is their state senator.

He said he tells people if they elect him, "You're going to see

The 30th Senate District includes the towns of Brookfield, Canaan (Falls Village), Cornwall, Goshen, Kent, Litchfield, Morris, New Milford, North Canaan, Salisbury, Sharon, Torrington, Warren and Winchester.

TRINITY

Continued from Page A1

the main retreat center with 26 guest rooms, a historic stone chapel, a monastic garden and labyrinth, an orchard, working farm, donkey sanctuary, hiking trails, a community hall, meeting rooms and quiet spaces for rest and reflection.

Bounty for food bank

Heidi Rose credited the farm team's efforts, under the direction of Patrick Beal, for the bounty of food the gardens produced this summer, some of which was donated to Cornwall's community food bank.

"The farm is the spiritual heart of what we do," said Joseph Rose, who is studying at Yale to become an Episcopal priest. "It's not just something to look at, we challenge people to really connect with our commitment to being good stewards of the earth."

The center's resident donkeys, he said, which were purchased from a rescue organization shortly after the Roses opened Trinity Retreat Center in fall of 2017, are the heartbeat of the farm operation. Today, they offer therapy to those who come to pet them, brush their thick coats or simply enjoy the animals' calming demeanor.

The donkeys were originally intended to protect the farm's chickens from predators, but immediately became part of the Trinity family. "We didn't plan it. I like to think it was God working in our lives — an act of compassion to save them."

Looking ahead to 2021

Looking to the new year, the center's executive directors noted that reservations are open for themed retreats and programs for 2021, which often sell out a year in advance. For details, go to www.trinitywallstreet.org. The retreats are open to individuals, families or groups.

Joseph Rose said Trinity offers a place to come together and heal spiritually, not only during the pandemic, but also once it has subsided.

"The need is going to be greater than ever once we emerge from COVID-19," he predicted. "As we journey through these bewildering times together, we know that the need for collective human engagement, the need to live and love and laugh and pray together, is more powerful than

MINER

Continued from Page A1

bill passed in the recent special session that makes it simpler for businesses that have environmental problems (such as contamination from dry cleaning chemicals, for example) to deal with state and federal environmental authorities in getting the sites cleaned up and available for redevelopment.

On municipal solid waste disposal, Miner said the state has a lot of work to do. He said single-stream recycling has been a "failure," largely because the material doesn't get cleaned enough to be usable.

"There's almost no value to it unless it's cleaned up."

On the state budget, Miner said the current deficit stands at roughly \$2.5 billion, some of which is the result of the pandemic and subsequent shut-

He said addressing the deficit with tax increases would be "devastating."

Closing the deficit "will require spending cuts."

As far as getting back to something like normal, Miner said, "We need to find a way to regain opportunities in a way that is still safe."

The 30th Senate District includes the towns of Brookfield, Canaan (Falls Village), Cornwall, Goshen, Kent, Litchfield, Morris, New Milford, North Canaan, Salisbury, Sharon, Torrington, Warren and Winchester.

Students honored and Marvelwood scholarship available

KENT — Head of School Blythe Everett of The Marvelwood School in Kent announced that Madeleine Paddock of Lakeville has been named a commended student in the 2021 National Merit Scholarship Program.

A letter of commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, will be presented by the head of school to Paddock,

The Marvelwood School also announced the second annual

Town Scholarship. Available to a rising freshman or sophomore day student, the winner of this merit-based award receives a full scholarship to attend Marvelwood, excluding fees associated with other programs such as learning support or equestrian. The award is renewable annually.

The recipient of the first Town Scholarship was Wyatt Lee of Kent, a graduate of Washington Montessori. In his first month of school, Wyatt was selected to the newly formed DEI (Diversity, Equity, And Inclusion)

Board, and elected to the student government as a freshman class representative.

The Marvelwood Town Scholarship application deadline is Feb. 1, 2021.

Applicants do not need to reside in the town of Kent to be considered day students.

For more information on the Town Scholarship opportunity or to begin an application, go to www.marvelwood.org/townscholarship or call 860-927-0047 ext. 1011, or email admission@ marvelwood.org.



Correcting Errors

We are happy to correct errors in news stories when they are called promptly to our attention. We are also happy to correct factual and/ or typographical errors in advertisements when such errors affect meaning.

Brain Teasers

CLUES ACROSS

. Lunar crateı

7. Upstate NY airport (abbr.)

10. Fruit 12. Seventh avatar of Vishnu

13. Organism that grows without

14. Heals

15. A book has one

16. Open 17. Twitch

18. Plant of the mint family 19. Soon

21. Witch 22. Long, mournful complaint

27. Killer clown film 28. Keeps us occupied

33. Influential lawyer

34. Formation of concepts

36. Insecticide 37. Swiss river

38. Actress Lucy

39. Unit of g-force

40. Can repel attackers 41. Essential oil used as perfume

44. Cut into small pieces

45. Mexican agricultural worker 48. Best pitchers

49. Benign tumors 50. Danish krone

51. Looms above

CLUES DOWN

1. Make a map of 2. Cain and ___

3. Dried-up

4. Corporate exec (abbr.) 5. Trading floor hand gesture

6. Strongly alkaline solution 7. Yemen capital

8. Military leader (abbr.)

9. Maintains possession of 10. Afternoon show

11. Imaginary being 12. Rearrange 14. Holy person or sage

17. __ Mahal

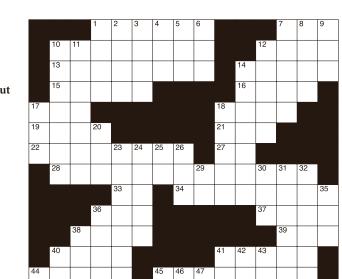
18. Backbone

20. Brooklyn hoopster 23. Intervened

24. Extremely angry 25. Indicates position

26. Chinese surname

29. Potato state 30. When you think you'll get there



31. Falls

32. Bullfighters

35. Born of

36. Small fishes 38. "Father of chemical warfare"

40. Waste matter

41. Skin disease 42. Scandinavian mythological

god 43. _ and haws

44. Villain 45. Tell on 46. Difficulty 47. Not old

Oct. 1 Solution

Look for the

week's issue.

solution in next

Sudoku

5

L)																	
		2					1												
	8	6	1		2														
I	7			3		1				•	Oct. 1 Solution								
ľ				5		4			6		7	3	8	5	1	6	4	2	Ş
ŀ			ш	\vdash	_	Ľ	_		щ		4	1	2	7	3	9	6	8	Ę
				9				8			5	6	9	2	8	4	1	3	7
ŀ						$\overline{}$	$\overline{}$				9	2	1	6	7	3	8	5	4
		1				3	6				6	7	4	8	9	5	3	1	2
I							7	9			8	5	3	4	2	1	9	7	6
ı			Ш			ш	Ľ	J			1	8	5	9	4	2	7	6	9
ı			4				8				3	4	6	1	5	7	2	9	8
L	Level: Intermediate									2	9	7	3	6	8	5	4	-	

Senior living • Rehabilitation • Nursing • Memory Care



care expertise.

Right in your neighborhood.



Michelle Apiado, MD **Primary Care**

ACCEPTING NEW PATIENTS 7 Village Green Drive, Litchfield 860.567.0130



Visit hartfordhealthcaremedicalgroup.org/safe to learn more about how we're keeping you SAFE during appointments.



A nonprofit organization 17 Cobble Road, Salisbury, CT 06068

(860) 435-9851 • www.noblehorizons.org



COMPASS

Your Guide to Tri-State Events

October 8-14, 2020

BOOKS: ALEXANDER WILBURN

History Shapes The Present Day: Young and Indigenous in North America

ow many depictions of Indigenous peoples in North America that have permeated popular culture are actually the product of their own experiences, imaginations or childhood memories?

In her collection of essays, "A Mind Spread Out On
The Ground," Alicia Elliott
describes the first time she,
as an Indigenous writer,
encountered published work
about women like her, as
written by an Indigenous
woman. Elliott was already
25 and the book was "Islands
of Decolonial Love," a debut
collection of short stories
by Mississauga Canadian
First Nations writer Leanne
Betasamosake Simpson.

Until then, the fiction that had permeated Elliott's adolescence as a Mohawk girl in Canada, the fiction she initially attempted to mimic as she honed her writing skills, involved white, upper-middle class girls leading charmed, circular lives of boys and break-ups.

Recounting her early days as a young writer, she describes a dual identity. There were the complica-

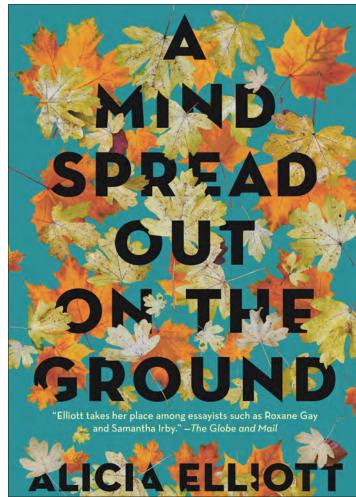


PHOTO FROM MELVILLE HOUSE PUBLISHING

tions of her own life living in Six Nations, the largest First Nations reserve in Canada, and there was her creative burgeoning. "I wrote my way out of used clothes and food banks and parents who screamed in the night."

"A Mind Spread Out On The Ground," published in Canada in 2019 and now in the United States by Melville House this August, is Elliott's own debut, hurling her back

"A Mind Spread Out On The Ground," a debut collection of essays by Mohawk Canadian writer Alicia Elliott, was released in the U.S. this summer.

into the truth of her adolescence. It's part memoir, part cultural examination. With a remarkably clear eye, Elliott connects the achingly personal details of her own jagged-edged upbringing with a larger, relentlessly bleak portrait of the methods settler culture in North America has used to punish and disenfranchise Indigenous populations.

Elliott may have a firm grasp on this continent's darker history, but it's the current suppression of Indigenous life that sparks the fire of her writing — even with her somber humor and wry observations. Her biographical essays echo with the ghosts who came before her, with the frustration of the girls who never found a book like Leanne Betasamosake Simpson's, with the rage of reading the same pattern of news headlines. Much has changed in the world between "A Mind's" Canadian debut and its U.S. publication, but in August the CDC reported American Indian and Alaska Natives have suffered disproportionately during the COVID-19 pandemic. In December 2019 The New York Times reported on the thousands of Indigenous women who are reported missing each year, citing activists in calling it a long-ignored crisis. The Department of Justice has stated that nearly half of Indigenous women will face sexual assault or violence in their life.

Elliott knows the weight of diaspora. But what her writing contains above all is the contemporary, fully-realized life of an Indigenous woman, written in her own words.

BOOKS: PATRICK L. SULLIVAN

A Serious Historian Lets Loose With a 'Memoir'

om Shachtman of Salisbury, Conn., has a new book, "The Memoir of the Minotaur," which the promotional materials describe as "the posthumous confessions of the half-man, half-bull of Crete, as offered to an audience of recently-deceased, 21st-century fellow souls in Hades' domain. This book is a satire for readers unafraid of a rollicking good tale involving anatomically complex beings, unforgivable puns, the champion serial killer of all time, scantily-clad Greek maidens and youths, articulate tyrants, and feminist proto-history leavened with theological impertinence."

They're not kidding.
The narrator is Asterion (aka the Minotaur), who is the result of a sexual union between Pasiphae, the queen of Crete, and a mysterious white bull.

Asterion recounts his adventures in a mixture of idioms (including Homer Simpson's all-purpose expression: "D'oh!") to his audience of the recently departed.

Along the way the reader gets a lot of sex, a lot of murder and a crash course in Greek mythology.

In a phone interview Sept. 30, the author was asked: "How did a respected and hitherto blameless historian such as yourself come to write this crazy book?"

After he stopped laughing, Shachtman explained that he wanted to take another stab at fiction. Shachtman wrote three short novels about sea lions earlier in his career (before taking on weightier topics in books such as his most recent, "The Founding Fortunes: How The Wealthy Paid For and Profited From America's Revolution," "How The French Saved America: Soldiers, Sailors, Diplomats, Louis XVI, and the Success of a Revolution" and "The Day America Crashed.")

Besides, he has always been interested in Greek mythology.

And the sex and violence and slang?
He said he felt it was "impossible to do it straight, because it's been done so many times.

"I also wanted to let out my humorous side."

Readers will get a chance to learn more about Tom Shachtman and "The Memoir of the Minotaur" on Wednesday, Oct. 15, at 7 p.m. when the author talks about the book, courtesy of Oblong Books in Millerton, N.Y. Go to www.oblongbooks.com and click on "events" for the Zoom log-in information and to buy the book.

The Pinchas Foundation Spiritual Healing Through Classes and Healing Services

Special Wellness Offering

Self-care and prevention may never have been more important.

With winter approaching, the Foundation is offering a special package*

Reiki Level 1 Attunement (Reiki Can Be Done On Any Living Being)
 Basic Spiritual Protection Teaching of the Apache people
 Spirit Guided Wellness Session

\$175 per person*

*Discounts available for groups, the elderly, those with limited income, and essential workers. Work can be done in person at an appropriate distance (in Northwest CT) or by video.

"The spiritual healing and protection practices of the Apache people have been used for centuries for self-healing and to help other people and animals heal. We greatly respect the amazing capabilities of Western medicine, but for many looking for more or an alternative, spiritual healing approaches can make an important difference. My wife and I have been practicing these teachings for 14 years and they have made a remarkable difference for our family in all areas of our lives."

- HENRY LEVIN | CO-FOUNDER

*OFFER EXPIRES 12/31/2020

In addition to our healing work, the Foundation also supports equine rescue efforts.

P: HENRY LEVIN 917-860-7845 | E: INFO@PINCHAS.ORG | W: PINCHAS.ORG

TRI-CORNER CALENDAR

Look for a new calendar of events in the special, separate Compass section inserted into this week's paper and at our website, www. tricornernews. com/events-calendar.

TriCornerNews.com The Best Regional News Site

When you need to know what's happening in

We've made it even easier to **Stay Informed.**

your area, we're there.

Visit www.tricornernews.com to purchase a print or online subscription. Or contact us by phone, 800-339-9873 ext. 303; by email, circulation@lakevillejournal.com

The Lakeville Tournal
THE MILLERTON NEWS
www.TriCornerNews.com



The Fruits of a Summer of Thinking and Painting in 'Five'

show called "Five" and featuring the work of five accomplished female painters from the Tri-state region will be on display at the North Elm Home furnishings shop on Route 22 in Millerton, N.Y., until January.

There will be an artist reception on Friday, Oct. 9, from 5 to 8 p.m. but the show of roughly 15 oil paintings and encaustic works can be seen at North Elm Home during its open hours. The five painters are Lilly Woodworth of Sharon, Conn., Susan Rand of Salisbury, Conn., Colleen McGuire of Sharon, Lesley Ehlers of Wassaic, N.Y., and Sallie Ketcham of Salisbury.

Woodworth, who has helped organize the show, noted that, "First of all, we are grateful to Cindy Dunleavy and John Scutieri, owners of North Elm Home, for taking on an exhibition during these uncertain times of COVID-19."

All social distance rules and mask requirements will be observed. Which sounds kind of dire and grim when really this is an extremely upbeat and joyful show,

To advertise your event, call 860-435-9873 or email advertising@lakevillejournal.com



When you need to know what's happening in **your** area, we're there



PHOTO SUBMITTED

"Late March Nocturne" by Colleen McGuire, an oil on panel, is one of the works in the show "Five" at North Elm Home from Oct. 9.

about creating beauty and loving light, color, texture and the surrounding world.

All five painters are known locally, and have used their time during the quarantine to try some new things.

"This spring and summer, I painted large and small oil paintings while thinking about all the change in the air," Woodworth said. "I continue to work in the studio, drawing and redrawing the trees, near and far, bright and moody, until I arrive at an image that seems true to

"I suppose lockdown color, but the

gave me new-found freedom to explore movement and color in the forest and flora. There is something going on in these winds of change."

With the work of all five artists, Woodworth said, "You will notice attention to

the process itself, nature and color, but there is so much more to each of our pictures than that."

Rand, who often paints buildings in the countryside, sometimes dark and moody, sometimes bright like something you'd see on the Riviera, is now doing a series on "water, light and swimmers in oil paint."

Of the others, Woodworth said, "Lesley's imagery dances and brims with joy and delight. She is a graphic artist by trade but internalizes her considerable appreciation of plants, gardens, the wild, and the state of the environment. She cares deeply and decidedly channels her discoveries into her encaustic surfaces, brimming with wonder, delight and optimism.

"Colleen studies — with clear devotion — her neighborhood." Like Rand, McGuire is constantly experimenting with ways to reproduce the world around her, with oil on canvas paintings that always feel as though something interesting is just about to happen

offstage somewhere. They are lovely and full of possibility.

"Sallie continues to translate her wooded environs with confidence and acute painting strokes. She is a photographer originally, a master printer, having worked extensively with Zea Printers in North Hampton, Mass. Her work is visually astute and exploratory. On the surface she paints woods, reflections in water and flowers, but she is a painters' painter, always looking."

Dunleavy and Scutieri are happy to have visitors come in on what Woodworth calls "art pilgrimmages."

North Elm Home is at 5938 N. Elm Ave. in Millerton. For store hours, go to www. northelmhome.com or call 518-789-3848.

At The Movies







FIVE: GROUP EXHIBITION AT NORTH ELM HOME OCT 9 2020 - JAN 3 2021



LILLY WOODWORTH



SUSAN RAND



COLLEEN MCGUIRE



SALLIE KETCHAM



LESLEY EHLERS

OPENING RECEPTION Friday Oct. 9 5-8 pm



5938 N Elm Ave, Millerton, NY 12546 518.789.3848 northelmhome.com

To Place an Ad Call 860-435-9873 or visit www.tricornernews.com/classifieds

Classifieds

LINE AD DEADLINE

Monday at 12 p.m. except holiday weeks when a special deadline is published in advance

RATES

\$12 for the first 15 words or less. 40¢ for each additional word. Call us for our special 4-time rate. All line ads must be prepaid. Discover, Mastercard, Visa, and American Express accepted.

The Lakeville Journal • The Millerton News • Compass • www.tricornernews.com

TAG SALES

LAKEVILLE, CT

GARAGE SALE: Friday, October 9 and Saturday, October 10:10 am to 3 pm. Household items, collectibles, rugs, lighting, garden equipment, tools. Masks required. 126 Sharon Rd., Lakeville, CT.

MOVING SALE: Friday Oct. 9, 12-4, Saturday Oct. 10, Sunday Oct. 11, 9-4. Vintage, Collectibles, Antiques, Quilts, Tools, Hardware, Automotive, Linens, Kitchenware, Old Slates, Large Antique Bottle Collection, Furniture, All holiday decorations, Tableware, Crocks, Butter Churn, Ephemera, Malibu Pilates chair, CD's and so much more. Indoor/ $Outdoor. 375\, Lime\, Rock\, Road$ Lakeville, CT. Masks required.

FALLS VILLAGE, CT

TAG SALE: Saturday, Oct. 10 through Monday, Oct. 12, 10 am to 4 pm. Household items, childrens toys and books, teaching and craft supplies, and more. Masks required. 400 Rt 7 North, Falls Village, CT.

NORTH CANAAN, CT

GARAGE SALE: Make a pile/ make a deal! A little of everything! Friday, Oct. 9 and Saturday, Oct. 10, 9 to 4. Masks and social distancing a must. Sanitizer provided. No Early Birds. 8 Mountain View Lane, Canaan, CT.

ONE TIME ONLY-COLLIN & CO. TAG SALE: Saturday, Oct. 10, and Sunday, Oct. 11 9am to 3pm. Outdoors and garage. Glass, china, artwork, furniture and much more. 7 Highland Ln, Canaan, CT. Masks Required.

Please be sure to wear masks and observe social distancing reauirements.

NORTH CANAAN, CT

HUGE THREE-FAMILY TAG SALE: October 9 thru October 12, 10 am to 4 pm. Vintage and Antiques, Jewelry (Some Sterling), Jewelry Display ("Little Black Dress "Mannequins), Clothing, Housewares, Decorative Items, Framed Art, Small Hooked and Oriental Rugs, Linens, Vases, Faux Flowers, (Tony Lambert), Curly Lamb Vest, Dooney & Bourke Briefcase & Cross-Body Bag, Size 9W New Diabetic Men's Sneakers, Byers Carolers (Christmas), Indoor Plants, Toys, Games,. .. and MORE. 119 Granite Avenue Ext., Canaan, CT, off Rte 7 (RR St.), corner Orchard St. and Granite Ave. Ext. Rain Date: Oct.16-19. Face masks required.

NORTH CANAAN MULTI -FAMILY TAG SALE: Oct. 10, 9 to 4, Oct. 11, 9 to 3. Antiques galore, crocks, pie safe, misc. furniture, kitchen, old general store lamp, clocks, rugs, garden tools, etc. You name it we have it. Masks required. No early birds. 84 Orchard St.

CORNWALL BRIDGE, CT

SATURDAY, OCT. 17 AND **SUNDAY, OCT. 18, 10 AM** TO 3 PM: Furniture, appliances, glassware, books, Christmas decor, jewelry, clothing, and much more. 349 Kent Road S., Cornwall Bridge. Masks required.

HELP WANTED

CURRENTLY SEEKING: Working Student or responsible person to do a board exchange for 1 horse. H/J barn located in Falls Village, CT. We need an individual to assist our rider with grooming, tacking, cooling out and blanketing on Tuesday, Thursday and Friday mornings AND assisting with barn chores on Saturday and Sunday mornings. Call 860-480-2724.

HELPWANTEDLAWNMAINTE-NANCE AND LANDSCAPING: Well established business is seeking full-time employees. Must have valid driver's license Competitive wages based on experience. Call for more information and schedule an interview, 860-824-0053.

PILATES AND/OR YOGA IN-STRUCTOR: wanted for two people on private estate in Sharon CT. We have a fully equipped studio. Kindly send a note and credentials to Sharonctpilatesandyoga@gmail.com.We look forward to working with you.

SMALL ANGUS FARM: to take part time help. Duties include feeding, cleaning, fence repair, moving hay and grain daily. Will train the right person. 860-364-5019.

THE NORTH EAST COMMUNI-

Coordinator to provide dayto-day scheduling, logistics,

customer service and general paratiles A pip of am providing rides for selmors to medical appointments. Spanish-speaking a plus. Must have

the disposition to answer calls elv which enges to keep data and other resources organized. One FT Out of School Time Program Manager to provide

school programs take place at

participants. One PT Classroom Lead for our afterschool programs at Webutuck Schools. Full position descriptions are available at www.neccmillerton. org/employment. Send resume/cover letter or questions to info@neccmillerton.org. EEO/EPO.

RETIRED NURSE:to provide part-time in-home care for retired couple in Sharon. 407-

HELP WANTED

THEVILLAGE OF MILLBROOK: is seeking an experienced individual to serve as the Planning Board/Zoning Board Secretary This is a part-time position consisting of approx. 5 hours a week. Meetings are held on the 3rd Tuesday of the month @ 7pm, Zoning Board meets on demand. For more information, please visit www.villageofmillbrookny.com/pb If you are interested in applying, please submit a cover letter and resume for further consideration by October 30, 2020 via email to mayor@villageofmillbrookny. com or by mail to Village of Millbrook ATTN: Planning Board, 35 Merritt Ave., PO Box 349, Millbrook, NY 12545.

SERVICES OFFERED

A1 HOUSE CLEAN-OUTS Items removed and trucked away from homes, garages barns, etc. Call Bill 860 364

EMERGENCY STORM DAMAGE CLEANUP: Chainsaw work. Call Capellaro Building and Renovation, 518-567-8277.

SNOW PLOWING (REALLY?): Yes, Be Ready. Time Flies. Prompt local service, Millerton, Lakeville or P surrounding areas. Call Capellaro Building and Renovation, 518-567-8277.

MISCELLANEOUS FOR SALE

MINICOOPERRUNFLATTIRES: <u>1 winte</u>r. \$125 a set, Medi-

WANTED

m w 27. 17-576-4666.

HAYING DEER ISSUES ON R PROPERTY?: Responsi-ble discrete local businessessions requesting private land deer hunting permission. Erik 860-318-7078.

REAL ESTATE

PUBLISHER'S NOTICE: Equal Housing Opportunity. All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1966 revised March 12, 1989 which makes it illegal to advertise any preference, limitation, or discrimination based on race, color religion, sex, handicap or familial status or national origin or intention to make any such

REAL ESTATE

preference, limitation or discrimination. All residential property advertised in the State of Connecticut General Statutes 46a-64c which prohibit the making, printing or publishing or causing to be made, printed or published any notice, statement or advertisement with respect to the sale or rental of a dwelling that indicates any preference, limitation or discrimination based on race, creed, color, national origin, ancestry, sex, marital status, age, lawful source of income, familial status, physical or mental disability or an intention to make any such preference, limitation or discrimination.

OPEN HOUSE



PUBLIC OPEN HOUSE IN WEST CORNWALL: 134 Dibble Hill Road, Sunday, 10/11, 1-3 pm. Charming Country Cape on a picturesque road. Well maintained. 3 Bedrooms. Face mask required for admittance.

Real Estate

DEEPLY ROOTED IN THE COMMUNITY FOR OVER 30 YEARS ELYSE HARNEY REAL ESTATE

CONNECTICUT . NEW YORK . MASSACHUSETTS HARNEYRE.COM



IN-TOWN HOMESTEAD

3,110 sq.ft. • 1.78 acres • 4 BR • 3 BA NORTH CANAAN, CT. Private yard w/ gardens, a pool, & Barn. Open concept Living & Dining Room plus Family Room. Expansive back deck. Main Floor BR & Full BA. Primary BR Suite w/ Screened Porch.

4 Garage Bays. Web# EH4496 Holly Leibrock/Dave Taylor

SALISBURY, CT HARNEYRE.COM 860-435-2200

MILLERTON, NY 518-789-8800

Robinson Leech Real Estate

SALISBUY-SHARON TRANSFER STATION OPENING ALERT: UNLESS DELAYED, IT IS SLATED TO OPEN IN ITS NEW LOCATION OFF MILLERTON RD-RT 44-NEXT THURSDAY, OCTOBER 15TH.

Distinctive Country Properties

HAVE THE PROPER STICKER ON YOUR VEHICLE FOR ENTRY.

5.9 ACRES: Streamside, views, wooded, clearable for 1 main house plus accessory house, well off the main street, and within a wonderful WALK to the village center. Unique for someone desiring a village center living location, just steps away from the

SALISBURY COUNTRYSIDE:

2 pondable areas, great privacy. Ready for your special home with additional amenities, to be built. Broker owned. **Offered at \$550,000**.

Selling properties in CT, Mass, and New York, since 1955 318 Main Street • Lakeville, Connecticut • 860-435-9891 www.robinleechrealestate.com

HELP WANTED

CAREGIVER FOR OUR SON **SAM:** Sam is 19 years old and has significant disabilitiesis non mobile and non verbal and relies on others for all daily living activities. Although he can't talk, he's good at communicating and his smile will make your day. Ideally, the caregiver would work from 8AM to 2PM at our home in Amenia, Monday through Friday, with occasional extra hours possible at \$20 per hour. It would include getting Sam dressed in the morning, changing his diaper as needed, feeding him breakfast and lunch, helping with his online "classes", taking him for walks, and finding fun things to do together. No special training necessaryjust the ability to lift Sam (Sam weighs 80 lbs) and be comfortable with people with disabilities. And we don't want someone who is also working in either a congregate care or nursing home because of potential COVID exposure. No prior experience necessary, just warmth and kindness. For the right person, we can be flexible on hours and timing. Contact andrealphillips@me.com.

BABYSITTER NEEDED FOR 1 CHILD IN SALISBURY: We have recently moved to Salisbury, CT. Our 10-year-old is in 5th grade and we are looking for a child caregiver to help care for him after school and for 1 weekend day as well. His school is currently conducting in-person learning, but our needs could change if that changes. He is bright and creative and though shy at first, once he warms up he is very articulate and engaged. Manage after-school routine: homework, virtual after school fun programs 2-days a week, play dates as allowed. Organize activities (loves biking, badminton, art, board games, cooking, obstacle courses, swimming. Prepare his evening meal, attend to his evening routine. After school 2-3 days a week, and 6-8 hours 1 day on the weekend. Additional hours for early dismissals, school holidays, errands, cooking, shopping. Please call 415-215-1631 or 410-624-9189; or email bonnieking3@gmail.com.

HELP WANTED

HOUSEKEEPER: Berkshire School has two full-time yearround positions for an experienced housekeeper/custodian. This position requires a detail-oriented person, good humor and the desire to ni and help others. Daily starting time 4 AM. Full benefits package, including health insurance, retirement and vacation time. More details can be found on the school website: www. berkshireschool.org. Interested candidates should contact Tim Fulco at 413-229-1337 or tfulco@berkshireschool.org.

HELP WANTED CERTIFIED HEADTEACHERFOREXTRAS IN SALISBURY, CT.: EXTRAS is an after-school program for school-age children. The program runs after school from 3:00 pm to 5:15 pm and school half days. Childcare experience is nécessary. Must have Head Teacher Certificate for Connecticut or have the ability to get one. The Head Teacher is responsible for the day to day educational portion of the EXTRAS program. We are a Connecticut licensed day care. Fingerprints, a background check and a medical certificate will be required to work for us (to be completed after the interview). Please send a letter of interest and your resume to extrasprogram@gmail.com.

ASSISTANT SELF STORAGE MANAGER, PART TIME: The ideal applicant would be someone semi-retired looking to work 29 hours per week/50 weeks per year (including Saturdays), that would assist in managing a self-storage property while providing excellent customer service and maintaining the property occupancy and cleanliness standards, maintaining property rentals by filling vacancies and maintaining a secure premises. Competitive salary offered for this position to an individual interested in working in a rewarding workenvironment. Position starting pay is \$20 per hour. Applicant m have reliable transp





Dietary Department

KITCHEN AIDE | **DIETARY AIDE** 20 hrs/week, 3pm-7pm shift All shifts available

If you're cheerful, hard-working and flexible,

we have a job for you! Hours will include weekends, evenings & holidays

Great place to work, good hourly wage. If you are interested in working at a beautiful progressive retirement community please stop at the Wagner Reception and fill out an application.

> (860) 435-9851, ext. 146 17 Cobble Rd, Salisbury, CT 06068 Sherman, Dietary Director, n@churchhomes.org EOE / AAE

Your Local N Just the Way Y

Print Subscription Includes Free Online Access!

Subscribe online at tricornernews.com/subscribe

\$53 annually in county | \$60 outside county

annually

Nakilvilluvontrnal

ir aper cultion

ONE DAY HOUSE **CONTENT SALE**

EVERYTHING MUST GO NO REASONABLE OFFER REFUSED

SATURDAY OCTOBER 10 9:00 AM - 3:00 PM 159 INDIAN MOUNTAIN RD. LAKEVILLE, CT

ITEMS INCLUDE

FURNITURE KITCHENWARE BOOKS BOOK CASES DOLL HOUSES AND FURNISHINGS CHRISTMAS DECORATIONS WASHER / DRYER

AND MUCH MUCH MORE.....

The Lakeville Louina S The Mineral MARINE KVKNACKS TriCornerNews Collectibles

To Have Your Service Listed and reach 30,000 Potential Customers Call 860-435-9873

Specialist Directory

DEADLINE Friday at 4 p.m. for the following

Thursday's publication date.

Full color available. **Call your advertising** representative today!

The Lakeville Journal • The Millerton News • Compass • www.tricornernews.com

Animal Care



INTEGRATIVE MEDICINE AND SURGERY **Additional Services** Diagnostic · Dentistry Acupuncture · Chiropractic

Traditional Chinese Medicine Certified Fear Free® Veterinarian & Staff Members www.millertonvet.com · 518-789-3440

Auto Repair

North East Muffler Inc. Custom Bending Up to 3 Inches Tires • Brakes • Mufflers • New York State Inspections Open Monday - Friday 8 to 5; Saturday 8 to 1 Route 22, Millerton, NY (518) 789-3669 Cindy Heck



CHARLIE'S REPAIR SHOP

Complete Automotive Service Brakes • Tires • Trailer Sales & Service We Buy and Sell Used Cars **ROUTE 22** • MILLERTON, NY 12546

518-789-6636 Charles I. Flint, Ir

Blinds



Computer Services



29 Bissell St. • Lakeville

860) 435-2211 • visionarycomputer.net

Excavation



Serving Northwest CT and Dutchess County, NY

Excavation

• Excavators • Backhoes • Bulldozers • Dumptrucks • Power Rake • Foundations Dug • Water & Electric Lines Dug • Drainage Installed • Landclearing

> Grading • Ponds Dug Driveways/Roads Repaired/Installed

Commercial & Residential Credit Cards Accepted (860) 672-5260

sharonlawnandlandscape@yahoo.com

Home Improvement Contractor: #0652878

Floor Refinishing

THE FLOOR SPECIALIST

"When You Want The Best" *Old/new resurfaced to perfection.*

FRANK MONDA

(800) 671-4505 (413) 229-3434 (413) 229-8432

Grounds Maintenance



Excavation, Landscaping

Grounds Maintenance

- Lawn Care Spring Clean Up Fall Clean Up • Edging, Mulching • Lawn Fertilization
- Lawn Pest, Disease Control Weed Control
- Weekly, Maintenance Programs Field Mowing • Snowplowing, Salting, Sanding • Brush Clearing

Commercial & Residential Credit Cards Accepted (860) 672-5260 sharonlawnandlandscape@yahoo.com

Home Improvement Contractor: #0652878

Heating Oil & Propane

Serving Greater Litchfield County Since 1989 (860) 738-1114 Follow us!

Landscaping

(860)248-9442

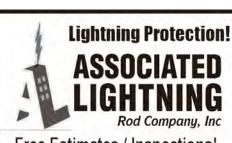
Lawn Mowing • Gardening • Brush Hogging Excavation • Tree Work • Land Clearing • Driveways Free Estimates • Fully Insured E-mail: DylanVadney@yahoo.com



• Lawn Installation • Lawn Repair • Fencing Paver Bluestone Terraces
 Retaining Walls • Unilock, Versa-Lok, Cambridge Pavers Decorative Ponds, Waterfalls • Tree And Shrub Planting

Commercial & Residential Credit Cards Accepted (860) 672-5260 sharonlawnandlandscape@yahoo.com Home Improvement Contractor: #0652878

Lightning Rods



Free Estimates / Inspections! 845-373-8309 / 518-789-4603 info@alrci.com www.alrci.com

Moving

KARL ON WHEELS Let us move your stuff

Prompt, Safe Delivery • Fully Insured (860)499-0406 karlonwheels.com

Overhead Doors



673 Route 203, Spencertown, NY www.MadsenOverheadDoors.com

Painting

Hussey Painting

Decorating & Wallpapering Interior & Exterior

Residential, Commercial & Industrial State Licensed Home Improvement Contractors

Insured & EPA Certified Now accepting most major credit cards

Family Owned and operated Since 1978

Emmet Hussev www.husseypainting.com 860.435.8149 emmethussey@gmail.com

Plumbing & Heating

Dave Kowalski LLC

Plumbing, Heating & Air Conditioning Established 1998, Fully Licensed & Insured

northwestradiantheat@yahoo.com Falls Village, CT 06031 | 860-671-1662 • 860-824-0113

Rentals







www.emeraldrentalsct.com

Roofing Services



Commercial & Residential | Repairs & Replacements Financing Available! 50 Year Warranty FULLY INSURED

(860)459-9921 | ParamountProRoofing.com Torrington, CT License #603104

WORKMAN'S COMP & GENERAL LIABILITY

Roofing/Siding

ALL SEASON ROOFING ROOFING & SIDING SPECIALISTS **New Construction and Repairs** Roofs: Asphalt, Cedar, Slate, Metal Siding: Wood, Masonry, Metal, Fiber Cement Seamless Gutters, Chimney Repair, Pressure Washing www.SilverMountainBuilders.com | T: 845-518-3504 Email: Kevin@SilverMountainBuilders.com

Storage

GLOBAL SELF STORAGE



Tree Service

LOW IMPACT LOGGING BY SHERMAN PALMER PALMER HORSE LOGGING, LLC

Purchasing Standing Hardwood & Softwood Timber

Forestry & Logging Services Timber Stand Improvements

Natural Forest Regeneration Land Clearing Vista Clearing Seasoned Firewood

LIC# SFPH000822 - Sherman LIC# SFPH001217 - Crissy

Email: Palmerlogging@aol.com palmerhorseloggingllc.business.site

applewoodtree@yahoo.com **Jason Bresson** License # 62658 860-733-2020

Tree Service

Applewood
Tree Care

Tree Care • Tick Spraying

RESIDENTIAL

860-824-8149 PO Box 414 East Canaan, CT 06024 SATISFACTION GUARANTEED





Shade Tree Preservation • Home Orchard Care Landscape Renovation

Hazard Tree Removal Tick Control ◆ Organic Options Native Arborist since 1997

Jeff Perotti ◆ 860-824-5051 perottitreesurgeons.com CT Pest Registration #B-2341 CT Lic. Arborist #S4607 MA Cert. Arborist #2136

Christopher Toomey 860-824-4956 Licensed Arborist Telephone & Fax

25 Years Exp. 6 Barracks Road

Free Estimates Canaan, CT 06018

CT Arborist Lic. #S-4207 **Pruning-Bracing-Clearing Ornamental & Hedge Trimming Removals-Vistas** Tree Fertilization

Well Drilling

LOUIS E. ALLYN & SONS

Well Drilling Water Systems Installed & Serviced Established 1917

Canaan, CT (860) 824-5600

Window Treatments

window wares

ART INSTALLS CLOSETS & STORAGE WINDOW SHADES

184 Main St. Lakeville CT 860 364 9824 By appointment

Do you have a family member or friend in the military who would be interested in the news from home?

Remember

The Lakeville Journal Company offers free online subscriptions to our website, tricornernews.com, for active duty military personnel from the Tri-state region. For more information or to set up a subscription, contact Sandra Lang at circulation@lakevillejournal. com or 860-435-9873, ext. 301.

With thanks to those who serve.

TriCornerNews.com The Best Regional News Site

When you need to know what's happening in **your** area, we're there.



CURLING AND PURLING

Knitting As a Cozy Way To Spend A Chilly Afternoon, 3

TRAVEL IN A **QUARANTINE**

These Days, The Best Trips Are Hikes or Intellectual Journeys, **5, 13 & 21**

PUMPKINS

A 'Virtual' Halloween Plan & The Secret To Pumpkin Spice Flavoring, **8 & 12**

LIFE SKILLS

Surviving School, and Zoom Conferences, 15, 17 & 22

VERY NEAT

Deep Dives Into Closet Cleaning and Bento Lunch Boxes, 6 & 14

CALENDAR

Virtual and In-Person **Events Across** The Region, 18

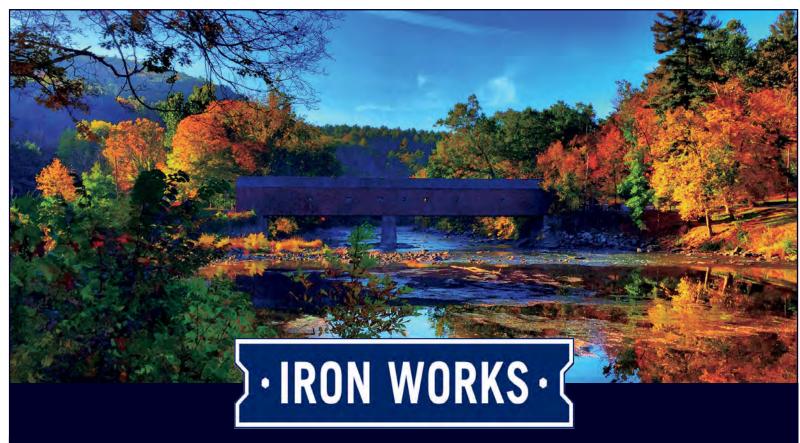
COMPASS

Your Guide to Tri-State Events

Autumn 2020



ON OUR COVER: Swans at the Ripley Waterfowl Conservancy in Litchfield, Conn., on a glorious autumn day.



for you and Litchfield County

For nearly 175 years, National Iron Bank has been investing locally to preserve the special quality of life of this place we call home.

As New England's oldest private bank, our banking experience is unique. With all the technology you need and the personal service that you value, trust the talented banking experts at National Iron Bank.

We welcome the opportunity to be your banker. Let *Iron Work for you*.





IronBank.com | 1-860-435-2581







PHOTO BY HUNTER O. LYLE

Who will benefit from this colorful creation? Knitter and recipient alike.

KNITTING: CAROL KNEELAND

Keeping Your Own Hands And Heart Warm — and Those Of Others, Too — With Knitting

or the autumn knitter, there is nothing more magical than yarn—the scent of country as you breathe in fibers like wool or alpaca; the colors: rainbows wherever you look. Fingers itch to touch soft textures.

Knitters — a special breed of fanatics — are obsessed with techniques, patterns, blogs ... anything yarn. They are part of a long line stretching back through time, from Martha Washington knitting soldiers socks to crafters in ancient Egypt whose work comforted the pharaohs on their journey to the afterlife.

Yarn people are, by and large, friendly folk who will offer to teach anyone and everyone their craft.

They generally know their turf,

though there is an age-old landmine: knitters vs. crocheters. Happily, those in conflict are few and far between. Most crafters welcome one another with needles and hooks at rest, and tea and cookies for all.

Full disclosure: I've been a "let them eat cookies" type for decades. At age 5, I begged my sightless greatgrandmother to teach me how she created her treasures. Probably just to shut me up, she shoved yarn and a crochet hook in my hands and set me to making the longest chain ever, with the stern caveat: "I'm almost a hundred. I don't have a lot of time to waste. So pay attention."

Continued on page 4





Berkshire Hills Design

KITCHENS BATHS TILES CABINETS

CUSTOM KITCHEN AND BATH DESIGN SHOWROOM

Tuesday-Friday | 9am-5pm Saturday | 9am-3pm

860-824-0209

14 CHURCH STREET CANAAN, CT 06018 DANIELLE@BERKSHIREHILLSDESIGN.COM



















COMPASS

Published by The Lakeville Journal Company, LLC

PO Box 1688, Lakeville, CT 06039 800-339-9873

www.tricornernews.com

Janet Manko Publisher & Editor-in-chief

Cynthia Hochswender **Editor**

James Clark Production Coordinator

> Caitlin Hanlon Composing

Olivia Montoya Calendar Editor

Libby Hall-Abeel, Mary Wilbur, Advertising Sales

©2020 The Lakeville Journal Company, LLC

... knitting continued from page 3

Two years later my BFF's mom, a non-cookie type, decided I'd been corrupted and gifted me with needles but warned, "Knitting is addictive."

Boy was she right. Since I began my journey down fiber lane, hundreds — yea, even thousands — of items have morphed from bouncy skeins of varn into anything and everything. My husband says anyone who doesn't believe in perpetual motion hasn't lived with a knitter.

I (almost) have never met a pattern I didn't like — or think I could make better. Freestyle projects are the best, like the superhero my grandson invented — made strictly to order with his 5-year-old mind changing the details every day.

Our house would have exploded had I kept it all, but herein lies the joyful truth of yarn work: There is always someone, somewhere, who can be warmed by that which willing hands produce.

Shared creations make life richer for everyone, from friends and family to those in veterans' or premature baby care units or shelters for the homeless or battered women and children.

The need is great, as are the rewards; I feel incredibly lucky to be part of it all.

Yarn has been my sidekick through thick, thin and all life's traumas. Whether due to soothing, repetitive motion or the knowledge that something good will come of it, numerous studies on stress prove that knitting is as beneficial as meditation.

Yarn people are generous to a fault when it comes to sharing their leftover bits and pieces; but sometimes new skeins are just the thing when fighting the doldrums of COVID-19. Thankfully, yarn shop owners are being especially creative as they keep their businesses going and their customers in the latest colors and textures.

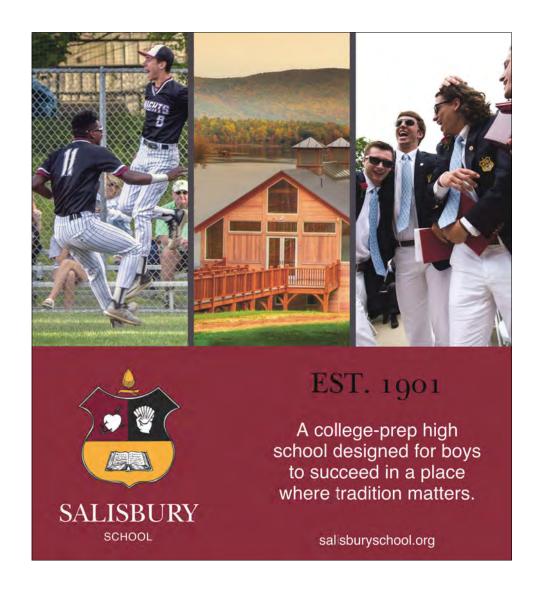
Situations are always changing,

but as of press time for this issue, Ginger Balch's In Sheep's Clothing in Torrington, Conn., has limited shop visits, curbside pickup, Zoom meetings and lessons and even a virtual trunk show. Ginger even has a special number "In Case of Knitting or Weaving Emergencies" (860-605-0405; or www.insheeps-clothing.com, 860-482-3979).

A website called www. Starshollowyarns.com in New Preston, Conn. (860-619-0042) has online and phone ordering as well as limited hours for curbside pickup, and an outdoor setup with masks and quarantining for any yarn that goes back in stock.

It's always best to help local shops thrive, but if visits aren't possible, the internet is chock full of sites offering material, patterns and even free lessons.

Take advantage as winter looms. Time for a cheerful hat? A scrumptious scarf? Time to be a knitter and proudly say, "I made it myself."





HIKING: JENNY HANSELL

Finding Myself — And a Network of South County Trails

family. A walk after a big Thanksgiving dinner was the extent of my childhood experiences outdoors with my parents. But they sent me to summer camp, where I learned to light fires and pitch tents. Raised in a big city, I loved being in the woods.

In college I considered taking a class called Local Flora, but my dad laughed and said, "Why would you do that?" So I didn't.

I spent most of the years since my camp days sitting in front of a computer. A few years ago, after 17 years as executive director of the North East Community Center in Millerton, N.Y., I had the good fortune to land a job at the Berkshire Natural Resources Council (BNRC) in Pittsfield, Mass. A countywide land trust, BNRC maintains more than 50 miles of trails, and I made a commitment (out loud, in an interview) to hike all of them my first summer on the job.

It did not go well. Overweight and out of shape, I was eager to fit in with the lean outdoorsy types I was working with. I pushed too hard and badly injured my Achilles tendon.

But gradually I got out more, exploring BNRC trails from Egremont to North Adams. BNRC launched a trails app, and I loved using it — still a bit uncertain out in the woods, I found it comforting to see my blue dot moving on the trail.

My first big test after my ankle healed was an 8-mile staff hike over Yokun Ridge, which connects Pittsfield to Lenox. The trail will officially open next spring and will be the first leg of BNRC's ambitious project, The High Road, which will be a network of trails connecting town to town throughout I took the job at BNRC because I wanted to make some bit of difference in the climate fight. Now, more than ever, I appreciate the fields and forests, the wetlands and ridgetops that surround us in the Tristate area.

the Berkshires.

I was worried that day that I couldn't hike 8 miles, that colleagues would have to stop and wait for me, or that I'd have to turn back. But I made it: up to the ridge, where the reward was a panoramic view all the way to the Catskills, and back down.

Hiking has become my solace. It's my therapy, my social time, my time away from phones, politics, pandemics. A few hypnosis sessions helped me take off the weight, and I feel healthier than I have in many years.

I took the job at BNRC because I wanted to make some bit of difference in the climate fight. Now, more than ever, I appreciate the fields and forests, the wetlands and ridgetops that surround us in the Tristate area.

Find all the trails at ww.BNRC.org and the Berkshire Trails app on the Google and Apple app stores.

Jenny Hansell is president of the Berkshire Natural Resources Council.



SELFIE PHOTO BY JENNY HANSELI

Jenny Hansell and her daughter Abbey at the top of Spruce Hill, at the end of BNRC's Hoosac Range trail in North Adams, Mass.

Millerton Service Center



SEE US FIRST
For all of your service
and repair needs!

PROUDLY SERVING YOU FOR OVER 30 YEARS!

We Buy and Sell Quality Used Cars

We employ technicians certified by the National Institute for AUTOMOTIVE SERVICE EXCELLENCE

Service Hours: 7 am - 5 pm Mon-Fri • 7 am - Noon Sat



Factory parts shipped daily!

Master Technicians Michael Lyman Adam Lyman

52 S. Center St., Millerton, NY (518) 789-3462



PHOTO BY LIA WOLGEMUTH

AB&J on whole-grain bread, cut into the shapes of hearts with a cookie cutter; clementine and strawberries; trail mix of walnuts, pistachios, pumpkin seeds, dried cranberries and chocolate chips.

FOOD AS ART: LIA WOLGEMUTH

Bento Boxes as a Way To Have Fun, and Make Healthy Food Enticing

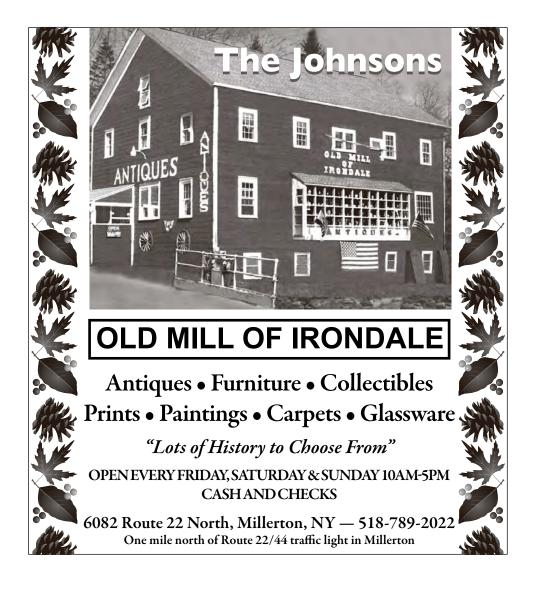
ucked away in my recipe box are a few yellowed, typewritten pages from my mother-in-law's home economics class circa 1960. Knowing that I love food, she thought I might like these notes from a unit on garnishes. As Gen-Xers, my husband and I both had a good laugh at this relic from another time — when women were encouraged to host cocktail parties and serve hors d'oeuvres among displays of pickle fans, fluted mushrooms and beet asters.

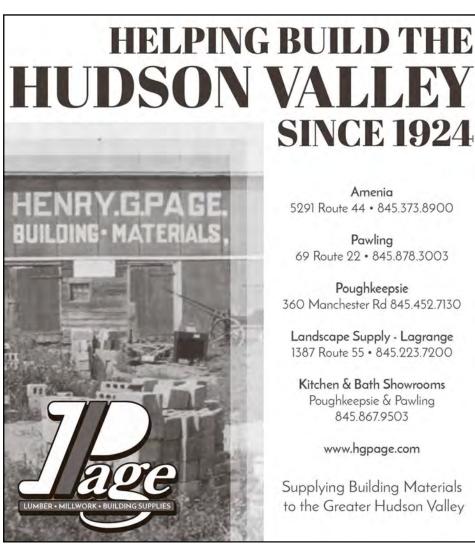
While turning fruits and veggies into exquisite works of art might appeal to a caterer, I don't wish to add such laborious details to my life. But I saved it as an interesting oddity. (And for the record,

my mother-in-law hates to cook and never hosts cocktail parties. When we visit her, we usually go to Olive Garden.)

So it was with some surprise that I found myself attracted to the beauty of the bento box. While the word bento comes from China and means "useful thing" and "convenient," the bento box is a Japanese package that originated 1,000 years ago for farmers, fishermen and soldiers to carry rice.

Over the years, the upper classes developed the bento into elaborately decorated, lacquered boxes for traveling, serving tea or visiting the theater. Today, takeout bento boxes are very popular in Japan, often sold in super-





markets, department stores, restaurants and train stations.

However, a quick online search shows that modern bento boxes have also reached insanely creative heights, with parents (mainly mothers) performing Instagram-worthy feats of gastronomy for their children's school lunches.

In Japan, making a bento box is seen as an act of love, but its appearance is also a status symbol among families in affluent communities. Many mothers compete to make the most beautiful and nutritious boxes, often spending up to 45 minutes making their child's lunch — plus hours looking through specialized magazines and shopping for the necessary tools.

Bento boxes typically include rice, meat or fish and pickled vegetables. But picture these dishes formed to look like cute pandas munching on bamboo; baby farm animals nestled in a flowering pasture; or characters like Hello Kitty, Pikachu and Olaf the Snowman. If the idea of making citrus baskets and leek flowers showed me that I would probably fail a 1960 home ec class, then I can't imagine arranging nori to look like a Sony PlayStation.

But it got me thinking. Today's bento boxes can be suitable for all ages, and they don't need to be elaborate or time-consuming. They are actually perfect for encouraging a balanced, nutritious meal and making leftovers a little more appealing. If you're looking to wash fewer lunch containers, maintain a healthy diet, entice a picky eater or add a smidge of artistry to your day, then a bento box might be for you.

The first step is to find a box. Bento boxes come in many shapes and materials, such as bamboo, stainless steel, wood and plastic. You can often find suitable containers at stores such as T.J. Maxx in Torrington, Conn., and Marshalls in Great Barrington,

SOME BENTO TIPS

- Prep veggies on the weekend so that you can sprinkle a rainbow of bright, vibrant colors here and there.
- Make extra food for dinner so that you can easily pull out leftovers.
- Cut sandwiches with cookie cutters, or make pinwheels with soft tortillas.
- Rather than chopping veggies for a salad, serve meat, grains or legumes on a lettuce leaf wrap.
- \bullet Find ways to separate the food
- so that it doesn't all mush together. If your box doesn't have dividers, try using cucumber slices and orange segments to make a natural border. Or, use silicone baking cups to contain yogurt, applesauce, hummus or guacamole.
- Overall, don't fuss. Simply remember that the original meaning of bento is "useful thing" and "convenient" both for the container and its contents.

Mass. The holy grail of bento materials (including ingredients) is Mitsuwa Markeplace in Fort Lee, N.J., just across the George Washington Bridge from Manhattan. The shopping plaza there has not only Mitsuwa but also a Daiso and Little Japan USA; all three have everything from containers to special forms for shaping rice balls.

But any food container will work and it doesn't even need to have dividers to allow you to separate the different decorative foods.

When you gather the ingredients, make sure to hit all the food groups. Then, start building your box with an eye for color, shape, texture and portion size.

FOOD AS ART: CYNTHIA HOCHSWENDER

How To Make An Octopus

s writer Lia Wolgemuth sensibly warns (in the article above), it's easy to go down a bento box rabbit hole and get too deeply involved with making funny shapes with your children's snacks and lunchboxes.

As you dip your toe into the waters of hot dog octopuses and apple rabbits, try to remember that bento isn't a competitive sport — it's supposed to be about joy and smiles, about finding a fun way to connect with your children, and coaxing them into eating nutritious homemade food.

With those warnings out of the way, there are thousands of social media sites with instructions on how to make bento meals that range from simple to wildly complex.

With bento, you want to get your child to try new foods but you also need that child to get enough calories from their meal. If you put too many







PHOTOS BY CYNTHIA HOCHSWENDER

Quesadillas are an excellent canvas for bento ideas; try making jack o'lanterns or baseballs. Hot dogs shaped like octopus are a bento classic. Small cookie cutters can make carrots look like animals.

unfamiliar flavors and smells in their lunchbox, it won't matter if that strange food looks like a spaceship.

In China and Japan, rice is a staple food, traditionally eaten at almost every meal — so Asian bento boxes often have rice as their base, usually seasoned with a little rice vinegar. If you're unsure whether your child will eat vinegar rice (in the shape of a baseball), maybe test it out at home before sending it to school.

There are a few classic bento shapes

that should appeal to most American kids. One of course is the octopus hot dog. There are a dozen ways to do this one; they all involve cutting eight legs out of a hot dog (leaving the top intact, for the head). Boil the hot dog and then make a mouth and eyes with cake gel.

You often see bread cut into shapes (see Lia's heart-shaped slices in the photo on the opposite page). It's hard to get a good sharp edge on most bread; a variation that works well is to cut shapes out of small, round tortillas

and then cook them with some cheese inside, to make a quesadilla.

You can also use those small round tortillas as a canvas: After you've melted the cheese between the two layers, decorate the top with cake gel to make a soccer ball or a funny face.

Always popular: vegetables cut into shapes with small cookie cutters. Buy the biggest carrots you can find, and cut them lengthwise. Slice them nice and thin, to make it easier to cut through them with the shapes.

BEVERAGES: KATE HOCHSWENDER

Tips From an Expert: Finding the Best Pumpkin Spice Latte

he arrival of the Pumpkin Spice Latte to the Starbucks menu has become a harbinger of autumn since 2004, when it was first released.

Now, more than 15 years later, almost every establishment that sells coffee in America has its own pumpkin spice latte recipe that it sells from late September through October.

The pumpkin spice latte, or "PSL" as it's sometimes called, is a coffee drink that combines all the tastes you associate with pumpkin pie: pumpkin flavoring, cinnamon, nutmeg, ginger, cloves.

Over the years I have become a connoisseur of all things pumpkin

spice. I've taste-tested nearly every PSL product on the market — so you don't have to.

The most famous, of course, is the one offered by Starbucks. Their version is classic and quite good — especially the Pumpkin Spice Frappuccino (a cold, blended drink) and Pumpkin Cream Cold Brew (cold-brew coffee topped with sweet, pumpkin-flavored cream). These are menu items unique to Starbucks.

However, if you just want a classic hot, pumpkin spice latte, and if you don't feel like driving for 45 minutes or more to get to a Starbucks, I would recommend getting one from McDonThe pumpkin spice latte, or "PSL" as it's sometimes called, is a coffee drink that combines all the tastes you associate with pumpkin pie: pumpkin flavoring, cinnamon, nutmeg, ginger, cloves.

ald's or Dunkin' Donuts. Brand snobs might argue otherwise, but the hot pumpkin spice latte from these three chains offer essentially the same experience. If you want a hit of caffeinated PSL this Pumpkin Spice Season, I don't think you'd miss out by going to McD or Dunkin' instead of Starbucks.

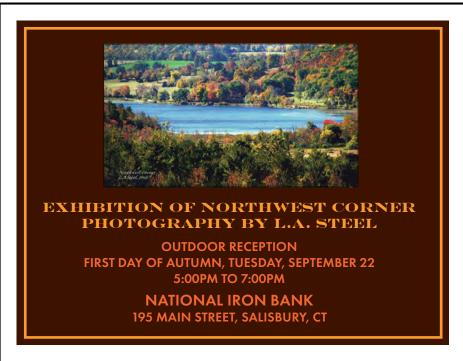
Cumberland Farms (which has filling station/convenience stores in Amenia, N.Y., Millerton, N.Y., Great Barrington, Mass., and Torrington, Conn.) has a make-your-own pumpkin spice latte syrup with their other coffee condiments, next to the milk, sugar and creamers. You can add as many shots of syrup as you'd like to your coffee for

either a more subtle or a maximized version. Cumbies also offers a pump-kin cappuccino from its cappuccino machine that will be well-received by anyone with a sweet tooth.

There's also a variety of pumpkin spice coffees and creamers you can buy at your grocery store, including non-dairy options. My favorites are the Pumpkin Spice Latte Cold Brew Coffee with Almond Milk by Califia, which has nice notes of cinnamon and nutmeg and is mild enough that you don't feel like you're drinking a dessert. I also like the Chameleon brand pumpkin spice

Continued on page 10





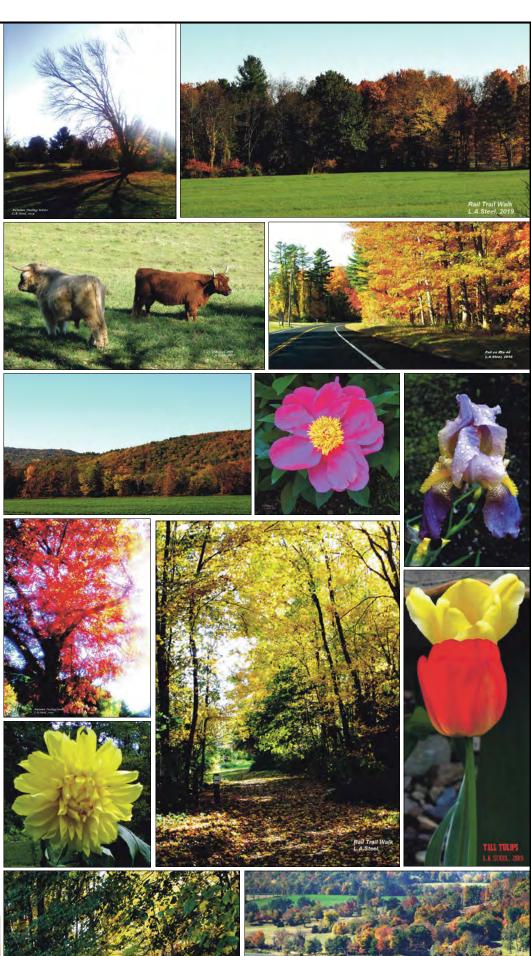
I want to thank the National Iron Bank of Salisbury, CT for sponsoring my successful art exhibit and outdoor reception on the first day of Autumn, Tuesday evening, September 22, 2020. I also want to thank the many great guests who attended my reception. My very special thanks to Lorraine Oler, the Salisbury Branch Manager for all her remarkable work and enthusiasm and her great staff for putting on the reception.

I have a permanent display of my Northwest Corner Landscape Series of six colored and framed prints featured prominently in the main lobby of the National Iron Bank Salisbury Branch. All prints are available to order in three sizes 8x10, 11x14, and 24x36. Visit my website artandphotographyoflasteel.lasteelshow.org to view over 3,000 original images available for sale. Contact me by phone or email for exhibits, lectures, shows, to place orders or inquire. Email lasteel.exclusive@gmail.com or call 860-435-2187.

— L.A. Steel







Madsen Overhead Doors
offers numerous options
to fit any budget!
Residential, commercial
& industrial doors, electric
operators, radio controls,
sales & services.

=MADSEN= Overhead doors

Fast, friendly service since 1954

(518) 392 3883 673 Route 203, Spencertown, NY www.MadsenOverheadDoors.com







Style and service for every budget."

FREE In-Home Consultation

Lutron, Hunter Douglas, Shutters, Blinds & More

860.619.2811

www.budgetblinds.com

An Independently Owned and Operated Franchise

Proudly serving Litchfield County



JOHN & JUNE KINSKY
BUDGET BLINDS OF LITCHFIELD COUNTY
Email: jjkinsky@budgetblinds.com
HIC#0648748





PHOTO BY CYNTHIA HOCHSWENDER

If you don't find a commercially produced pumpkin spice latte that's to your liking, try making one yourself. It's surprisingly easy.

... pumpkin spice

continued from page 8

oat milk latte, which is more spicy than sweet, differentiating it from many of the PSLs on the market.

If you're not a coffee drinker, Harney & Sons tea company, based in Millerton, has a Pumpkin Spice Tea.

If you are staying homebound due to quarantine, we've found a recipe for a pumpkin spice latte that you can make yourself at home.

This is from the website www. sweetsteep.com; the recipe was developed by a woman whose daughter was a barista at Starbucks. We found it was easy to make and tasted just like the Starbucks PSL — or actually, a little bit better.

We happened to have a couple cans of Libby's canned pumpkin in the pantry; when we went to the grocery store to pick up a few more cans we were surprised to find that none of the area grocery stores that we visited had any in stock.

The internet isn't indicating that there is a canned pumpkin shortage this year, as there was in 2015. We were shopping in late September, so it's possible that it was just a bit too early for the stores to be stocking it.

Some stores have the One-Pie brand of canned pumpkin, which gets high marks from users on the internet.

However, if you are unable to find canned pumpkin (and be sure you do not buy canned pumpkin pie mix, which already has spices added) there is still time to buy a baking or pie pumpkin at your local farm stand. Roast and puree the flesh, scoop it out of the shell and remove the seeds. Then be sure to puree the roasted flesh and then run it through a food mill. To give it more body, you can add roasted butternut squash or sweet potato; fresh pumpkin is always a little more stringy and watery than the canned version.

PUMPKIN SPICE LATTE SYRUP

Adapted from www.sweetsteep.com

1/2 cup sugar 1/2 cup water 2/3 cup pumpkin puree One 14-ounce can of sweetened condensed milk 1/2 teaspoon pumpkin pie spice 1/4 teaspoon salt

You can buy premade pumpkin pie spice, but you probably have all the ingredients for it in your pantry already. Save yourself some money, and use up your spices before they start to lose their flavor.

Most of the spice recipes we found are variations on a few basic ingredients. The Martha Stewart recipe worked fine, but almost any other recipe will be just as good. Combine 3 tablespoons of ground cinnamon, 2 teaspoons

of ground ginger, a teaspoon of ground nutmeg, a teaspoon of ground allspice and a half teaspoon of ground cloves. If you don't have any allspice, don't go out and buy some just for this.

To make the pumpkin spice latte syrup, first make a simple sugar by combining a half cup of water and a half cup of sugar in a small saucepan over medium heat. The sugar will dissolve into the water and then begin to boil; when it does, turn the heat to low and add the pumpkin puree, the condensed milk, the pie spice and the salt. Stir them together for a couple minutes over low heat and then set the mix aside and let it cool.

Be sure that you use condensed milk, which is thick and sweet,

and not evaporated milk or any other canned milk product. The two most common brands around here are Magnolia from Borden's, which was made here in the Tri-state region for many years by the Borden family; and Eagle Brand (and actually, Eagle makes the Magnolia milk too).

When you're ready to make a latte, you don't have to use espresso, you can just make coffee (as strong or weak as you like). I use about two tablespoons of syrup for each normal-sized cup of coffee; experiment until you find the amount that you like.

You don't need to add milk —but if you have a milk frother you can of course scoop some on top of your latte, and sprinkle a little dusting of pie spice over the top.





BEER • WINE SPIRITS • KEGS **ICE • CIGARETTES**

MONDAY-SATURDAY 9AM-8PM

> SUNDAY 12PM-5PM

860-824-7971

36 RAILROAD STREET FALLS VILLAGE, CT



Support for dyslexia and other language-based learning differences



Former Kildonan School's Orton-Gillingham Program is now part of Marvelwood's Learning Support Center.

FOR INFORMATION:

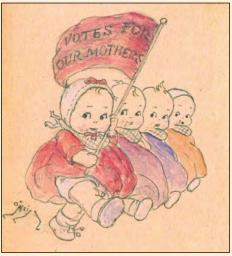
marvelwood.org/learningsupport admission@marvelwood.org 860-927-0047 ext 1011

www.marvelwood.org

A Co-ed Boarding & Day School in Kent, CT Grades 9 thru 12 & Post-Graduate

ROSE O'NEILL

(1874 - 1944)



Vote for Our Mothers An Original Watercolor on Paper, 4 1/4" x 5 5/8"

GREEN RIVER GALLERY

SINCE 1975

SPECIALIZING IN WORKS BY ERIC SLOANE AND AMERICAN ART OF THE 19TH AND 20TH CENTURIES

1578 Boston Corners Road, Millerton, NY 12546 • 518 789-3311 Just 5³/₄ miles north of Millerton Open Saturday: 10-5, Sunday 12-5, or by appointment

HALLOWEEN: KATE HOCHSWENDER

Zoom Into Halloween!

alloween is fast approaching, which means it's time to forget everything Tom Ford told you about how to look beautiful on Zoom.

Spooky season is now in full effect, and while many of Halloween's festivities may be canceled due to the quarantine, we can still carry on the way we have been with everything else this year: on Zoom!

The New York Times in April published a column about tips from Tom Ford on how to look your best on Zoom, but for October it's important that you look your creepiest instead.

While 2020 has had no shortage of scariness already, stores are still stocking up with seasonally appropriate decorations, costumes and toys in preparation for Oct. 31. Some people have been doing work calls on Zoom in a button-up shirt and tie but with no pants on; for Halloween, you only have to wear as much costume as is visible on camera. This is your opportunity to go as a Frankenstein's monster in boxer shorts — and no one will be the wiser.

The beauty of a Zoom Halloween is that instead of needing to decorate your whole house or front porch, you just need to decorate the area directly around your computer and within the scope of your webcam. This will save you some time and money as you only need so many skeletons, cobwebs, crêpe paper ghosts, blood-spatter clings and paper bats to cover the necessary wall space. In fact, if you're the type of person who saves your decorations from previous years, you can now consolidate all of them into one small area for maximum effect.

Other guides to looking good on Zoom focus on the importance of lighting to make your skin and eyes radiant on camera and would have you put your laptop near natural light or a lamp. For October, make sure to close all your curtains and turn off your overhead. The only light you need is perhaps a lit candle or flashlight directly underneath your chin, to really

accentuate the shadows underneath the contours of your face — perfect for telling scary campfire-style stories. Orange or purple string lights will also do the trick and give your face an eerie glow.

If you're currently sharing your quarantine with another person, you have a perfect accomplice for some Halloween Zoom pranks. Get him or her (or they) to dress up in a scary costume and menacingly wander in and out of frame behind you, perhaps carrying a machete.

All the materials needed for your perfect Zoom Halloween setup can be found in the usual local stores' holiday aisle such as CVS, Walgreens, Stop & Shop, the Salisbury Pharmacy, and the seasonal Spirit Halloween, which is open again in Kingston, N.Y.

This may be a year where our creativity at getting our Halloween spooks in is pushed to the limit — but just remember: Your house is as haunted as you make it!



PHOTO BY CYNTHIA HOCHSWENDER

Author Kate Hochswender, in her happy place: The horror mask display at Spirit Halloween in Kingston, N.Y.



Don't worry about decorating the front porch and lawn for Halloween this year, when trick-or-treating might be canceled. Instead, set up a mini horror tableau for a Zoom Halloween.

PHOTO BY KATE HOCHSWENDER

TRAVEL: HUNTER O. LYLE

Forget the Plane — Flip The Page Instead

utumn is typically a time when we dive back into books, after a summer spent, ideally, on vacation. But with the world in disarray as it is now, summer travel was nearly impossible, — and if you're anything like me, five months of being cooped up have left you looking for any way out.

While you cannot hop on a plane and skip town just yet, a safe alternative would be to let the written word take you away from the stress and struggles of quarantine.

Some books take you to a different country. Some take you to a different time, and some even take you to another world. Whatever, wherever or whenever you are looking to go, there is most likely a book that can transport you there, and it will not cost you a fraction as much as a plane ticket.

While I have never been to Puerto Rico, the words of Hunter S. Thompson in the novel "The Rum Diary" have brought the sandy beaches and palm trees to me. Known for his crazy antics and wild thoughts, Thompson delivers the story of Paul Kemp, a journalist in the 1960s who travels to the Caribbean island for work, and finds adventure, romance and, of course, a lot of rum along the way.

The absurdity that ensues will help readers forget about the insanity that is continuing to unfold in reality.

If tropical islands don't do it for you, maybe a trip through France and Spain would. That is what you get in the 1926 novel "The Sun Also Rises" by Ernest Hemingway. Join Jake Barnes as he and his group of fast-living, hard-drinking expatriates travel from Paris, France, to Pamplona, Spain, to watch the traditional running of the bulls.

"On the Road" by Jack Kerouac is a 1957 novel that describes the

The portrayal of romanticized travel and wanderlust, written by one of the greatest authors of all time, is more than enough to lift the spirits dampened by the quarantine blues.

author's effort to make it across the United States by any means necessary. It's one of many books that may offer a solution to the stuck-in-lock-down gloom.

"The Cuban Affair" by Nelson DeMille, "All Quiet on the Western Front" by Erich Maria Remarque and "The Proud Highway" (also by Hunter S. Thompson) are three other books that transport the reader away from the stress of quarantine.

The portrayal of romanticized travel and wanderlust, written by some of the greatest authors of all time, is enough to lift the spirits dampened by the quarantine blues.

Life has started to return somewhat to what it was like in the days before COVID-19. Businesses are starting to reopen, school is back in session and people seem to have found comfort in leaving their homes again, even if only for a brisk walk around the block.

But leaving the house is one thing; leaving the state or even the country is another thing entirely. While there are still limitations and restrictions on travel in this world, the ones crafted by the great writers and authors throughout time are still untouched by the pandemic.



PHOTO BY HUNTER O. LYLI

"The Cuban Affair" by Nelson DeMille, "All Quiet on the Western Front" by Erich Maria Remarque and "The Proud Highway" by Hunter S. Thompson are all books that transport the reader away from the stress of quarantine.











PHOTO BY LEILA HAWKEN

Who knows what treasures lurk in the back of your closet? Perhaps a pledge paddle and a giant egg cup ...

ORGANIZING: LEILA HAWKEN

Weeding Out the Walk-In

he fall season inspires many of us to tackle tasks in home spaces holding essential and nonessential stuff that has built up over the summer, or longer. Take, for example, a walk-in closet that has become a stretch-to-reach-in closet with various objects blocking the way.

It is time for a fall clean-out of that closet. So, I invite you and others to undertake the task along with me. I have selected the dining room closet.

It was intended to be the guest coat closet, but reality dictates that it needs to harbor lots of other stuff.

First, open the door and have a look. OK. Five old golf clubs with wooden shafts; four still have their original leather hand grips; one is a brass putter. Six umbrellas; good condition. Two are short and collapsible, and there's one collapsible pink one that I've never seen before. It's not mine.

Moving ahead, I find my father's 1920-ish pledge paddle for Theta Xi fraternity at Carnegie Tech in Pittsburgh, signed by fellow pledges and some members. Should keep that.

As I feared would be the case, half of the coat racks are taken up with outer clothing left behind by a wily New York City apartment-dweller who has gradually encroached on my household closet space, using it as free storage. Came heavy laden and departed with lighter luggage.

Continuing on, I discover a smallish box labeled "Miscellaneous Non-Essentials." This is an interesting box that has not been opened for eight years.

What's in the box? Well, let's see. A linen kitchen apron from the Dominican Republic: not essential, but useful.

An unused 1963 business diary from the Acme Wire Company in New Haven, Conn. In addition to useful calendar and appointment pages, it offers advice on chemical properties and even stain removal and First Aid. It advises on what to do if someone nearby has been struck by lightning: Simply throw water on the victim. To me, that seems like a bad idea.

Three packages of colorful clothespins will definitely be useful, even essential. A yellow egg cup. A packet of linen mailing envelopes. My initials in huge wooden letters. An extension cord. An extension outlet. Two packets of whimsical kitchen magnets. A partial packet of Christmas cards.

For fall clean-up of closets, experts use words like weeding and purging. As I survey my closet during this fall season, and now that I look over the dining room table cluttered with this assortment of non-essentials, I understand the concept of weeding.

And, then, even better is the prospect of actually walking into my walk-in closets. The experts are correct.

MUSIC: PATRICK L. SULLIVAN

The Best of Jazz, and Jazz as a Pathway to Greatness

had the good fortune to attend an excellent public high school. Langley High School in McLean, Va., was so good that the great and the good of Washington, D.C., who had their pick of exclusive private schools, often sent their kids to Langley.

I was a decent trumpet player, and mid-way through my sophomore year I was plucked from the pedestrian Concert Band and took the fourth chair in the trumpet section of the Jazz Lab.

The music teacher was a whitehaired, red-faced Boston Irishman named George Horan. He ruled his empire with a cunning mix of fear and encouragement. We wanted to make him happy, because a) he was genuinely delighted when we demonstrated improvement and b) we were afraid of what he'd say if we didn't demonstrate improvement.

Going from Concert Band to Jazz Lab was like being suddenly promoted from single A baseball to the major leagues. I hid at the end of the section and played my parts as softly as I dared, lest I attract any attention.

Horan was having none of it. "Sully!" he'd bellow. "Lemme hear it from the top."

My junior year we went to what was then West Berlin on an exchange trip. (The Germans sent a bluegrass band, which sounds like the premise of a Philip Roth novel.)

We played two shows a day for two solid weeks, on television, radio, in a

Continued on page 16



AMAZON CATALOG PHOTO

Herrington's Welcomes Designers Mikayla and Jennifer.

"I've had a passion for design from a very young age and hold a Bachelor of Fine Arts Degree in Interior Architecture and Decorating. My design tip for anyone starting a new project, whether big or small; remodel or new build, is to have an idea of what you want your end goal to be and don't be afraid to try new things. The designers at Herrington's are here to make your dream space become a reality."



Display. Light Cabinets: Door style: Lyndale Half Overlay in Maple – Kraftmaid custom color matching. Dark Cabinets: Door style: Layden in Woodgrain Foil – Color: Cannon Grey. Backsplash & Right Side Top: Caesarstone Staturio Maximus – Left Side Top: Caesarstone Concrete

Jennifer "Making your house a home" has been my motto as a designer. I've worked with clients over the last 20 years, in the residential and commercial sector, turning their ideas into a reality. It's been my goal as an interior designer to help my clients love where they live! No project is too small, come stop in the Lakeville design studio to learn about our latest in kitchen, bath, tile and flooring.



Display: Crystal Cabinet Regent Inset w/beaded frame – Color: Overcast Matte paint
Sink Kohler Cape Dory in white – Counter top: Cambria Waterford



We share your passion.®

Hillsdale, NY: 518.325.3131 · Marble & Tile Design Center: 518.325.5836 · Lakeville, CT: 860.435.2561 · Hudson, NY: 518.828.9431 herringtons.com · 800.453.1311 · KITCHEN, BATH & TILE DESIGN SERVICES



AMAZON CATALOG PHOTO

NORTHWEST AUTO

Home of the \$49.95 All Wheel Alignment Special!

Winter is coming ...

call us for the best TIRE prices around!

(860) 824-4000 www.northwauto.com 32 Railroad Street Canaan, CT 06018

... best of jazz continued from page 8

former concentration camp and in a beer hall on the same bill with the Platters. Then we drank beer at Burger King with some of the Platters.

And when we came back we were a tight outfit. We won every competition we entered.

I had braces for what seemed like forever, and playing a brass instrument with braces is not much fun.

Senior year the braces came off and with them went most of my range.

But my tone was suddenly nice and round and full.

Horan promoted me to the second chair, which handled whatever soloing was called for.

He ordered me to practice endless scales at home.

And he told me to listen to (and play along with) records by Miles Davis and Sonny Rollins — the former for what a trumpet player could get away with without a big range, and the latter for how to start a solo with a restatement of the melody line and then add a few twists.

Much to my surprise, suddenly I was

improvising and it didn't sound awful.

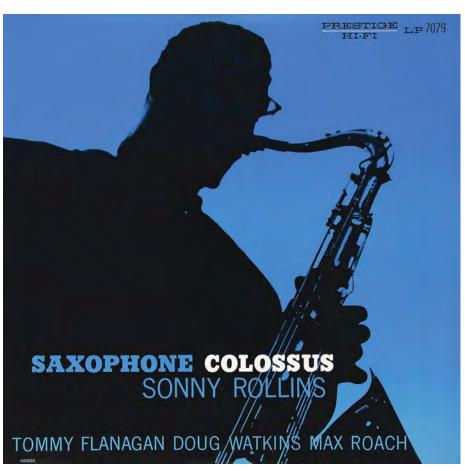
He recommended some other stuff too — a lot of bluesy material without complicated chord changes.

So I did, because nobody disobeyed George Horan. Here are the records I picked up or borrowed and played to:

- Miles Davis: "Kind of Blue." This is on everybody's jazz list but so what.
- · Sonny Rollins: "Saxophone Colossus" (especially "Blue Seven").
- "The Trumpet Kings Meet Joe Turner" with Roy Eldridge, Clark Terry, Dizzy Gillespie and Harry "Sweets" Edison.
- Joe Turner and Count Basie: "The Bosses" (with Edison on trumpet).
- "The Smithsonian Collection of Classic Jazz," which in its first incarnation ran the gamut from Robert Johnson to Ornette Coleman.

I occasionally get my trumpet out and I can still play "Ornithology" (not

But I never forgot George Horan and the way he got the best out of me and then demanded a little bit more.



COMMUNICATION: DEBRA A. ALEKSINAS

How To Survive the Dreaded Zoom Conference

was dumped from my dream job via teleconference.

Instead of packing my plant and personal belongings into a cardboard box, I had to bubble wrap all the company-supplied electronics provided by my employer (computer, smart phone, printer/fax, camera) stuff them into three Volkswagen-size containers and ship them back from whence they came. Talk about insult to injury.

There were no goodbye hugs to my remote coworkers, all 50-plus of whom were also laid off en masse that Bloody Monday in April 2014 when the print magazines division of the global company we worked for shut down. No notice. No closure. Worse of all, no cake!

Just collective gasps and virtual pink slips.

Time, as they say, heals all wounds, and being the eternal optimist, I chalked it up to a learning experience while vowing never to work remotely again.

But never say never.

Fast forward to the 2020 apocalypse, and here I am, once again, yup, working

Whereas the first time around I was still able to do what I enjoy most, like meeting up with humans and covering community events, this time around it's pretty much me in front of my computer, all day long, staring at pixels instead of people.

In just nine months since the pandemic started, this social butterfly has morphed into a reluctant Zoomie (not to be confused with zombie, which does perfectly describe me after about five minutes into a Zoom meeting).

Now, don't get me wrong. I appreciate being able to work from my home office and out of COVID-19's cruel path. But there must be a way to stave off the symptoms of a Zoom-induced coma: bleary eyes from staring at the blue screen while trying (unsuccessfully) to maintain eye contact and look interested; permanent deafness from earpiercing screeches as others grapple with technology; and conversations punctuated with odd background noises.

select few monopolize the conversation? And what about the never-ending small talk and annoying interruptions from children and pets, which only prolong the agony for those of us praying for a

as the Roman poet Horace would sav. Seize the virtual day. With that in mind, I've come up with some survival tips to help my fellow Zoomies survive the next virtual encounter:

- Turn yourself into a potato. True story. During a virtual work meeting, a boss accidentally turned herself into a potato using a fancy filter and couldn't figure out how to fix it. Her colleagues were in stitches for 10 minutes. Now that's a stress reliever on steroids.
- Take yourself to a tropical island. Find a virtual background that speaks to your interests and personality. (Just keep in mind that sexual harassment prevention training course you were required by the state of Connecticut to take!)

I've seen many recent backgrounds that depict stunning locales, both globally and in our own communities. You can even transform your humble kitchen or bedroom work area into a swanky palace (tiara or crown optional).

- Be prepared and remember, the mute button is your friend. Let others be more than just virtual wallpaper. There are plenty of small theaters looking for a few good hams if you really must speak.
- In a reversal of Casual Fridays, dress up for Formal Mondays. Ditch the "new normal" work outfit of baggy sweats, T-shirts snatched from the dirty laundry bin and tattered bunny slippers. Instead, start the first meeting of the week in your Monday finest by dusting the cobwebs off your "old normal" wardrobe (remember button-down shirts and khakis, skirts and heels?) and putting your best face forward.

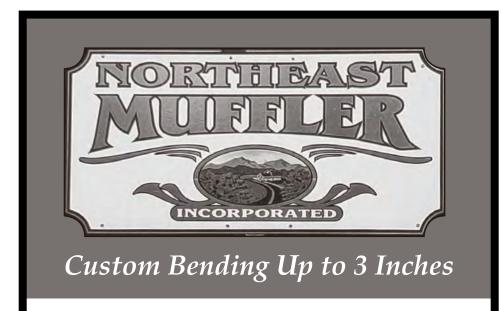
Of course, there is no guarantee in this day and age of uncertainty that relationships, whether work-related or personal, won't fall victim to an unexpected virtual parting of ways.

My advice, as someone who has been there, is to keep plenty of cake on hand, just in case.



SCREEN CAPTURES BY DEBRA A, ALEKSINAS

Author Debra A. Aleksinas has had just about enough of Zoom meetings.



Tires • Brakes • Mufflers **New York State Inspections**

Open Mon - Fri 8 to 5; Sat 8 to 1

Route 22, Millerton, NY (518) 789-3669

John Heck • Cindy Heck



PHOTO BY CYNTHIA HOCHSWENDER

Getting back to our roots

The colorful bounty of peak summer at our area farms is over for this year, but farmstands are still a rewarding destination, with root vegetables, winter squash, beets and sturdy winter greens. This photos is from the Montgomery Place stand in Red Hook, N.Y.

TRI-CORNER CALENDAR

To view all calendar entries, go to www.TriCornerNews.com.

ART

Nov. 14.

Five Points Gallery, 33 Main St., Torrington, Conn. www.fivepointsgallery.org "Strange Names"; Joe Bun Keo, Hirokazu Fukawa & Olu Oguibe, Oct. 9 through

Gedney Farm, 34 Hartsville-New Marlborough Road, New Marlborough, Mass. www. gedneyfarm.com

A Bridge Over Troubled Times – Sculpture by Peter Barrett & Susan Clinard, through Oct. 31.

Kent Memorial Library, 32 N. Main St., Kent, Conn. www.kentmemoriallibrary.org Christine Lombardi's "By the Sea", through Oct. 30.

The Re Institute, 1395 Boston Corners Road, Millerton, N.Y. www.thereinstitute.com "Together in Isolation", by appointment.

Scoville Memorial Library, 38 Main St.,

Salisbury, Conn. www.scovillelibrary.org DIY Series - Intro to Calligraphy: Blackletter with Debby Reelitiz, Oct. 31, 10 a.m. to noon. (online).

MISCELLANY

Kent Pumpkin Run, www.kentpumpkinrun.

44th Annual Kent Pumpkin Run, Oct. 22, 23, 24 or 25 (online).

Millbrook Free Library, 3 Friendly Lane, Millbrook, N.Y. www.millbrooklibrary.org Tech Help, Oct. 23, 4 to 6 p.m. (online); The Great Give Back Food Drive, through Oct. 31.

The Mount, 2 Plunkett St., Lenox, Mass. www. edithwharton.org
Creative Writing Workshop: Healing
Through Nature, Tuesdays Oct. 15
through Nov. 12, 11 a.m. to 1:30 p.m. (in person and online).

Worried about ticks and fleas this season? Call us to discuss what prevention may be appropriate for your companion or check out the options on our online pharmacy!

CALL 518.789.3440 or VISIT US AT: www.mvponlinerx.com





Creative Reading Workshop: Imagining

Reclamation and Healing, Oct. 15 through Nov. 12, 4 to 5:30 p.m. (online).

October Pop-Up Bistro Evenings at The Mount, Fridays and Saturdays in October, 3 to 7 p.m., and Sundays in October, 10 a.m. to 1:30 p.m.

Salisbury Association, 24 Main St., Salisbury, Conn. www.salisburyassociation.org
Birds in Crisis: What Can I Do?, Tuesday through Friday, 9 a.m. to 1 p.m. and Saturday, 10 a.m. to 1 p.m.

Scoville Memorial Library, 38 Main St., Salisbury, Conn. www.scovillelibrary.org Salisbury Farmers Market, Oct. 3 and 10, 10 a.m. to 1 p.m.

Meditation with Kathy Voldstad, Sundays, Tuesdays and Thursdays in Oct., 9 to 9:30 a.m. (online).

Yoga with Kathy Voldstad, Tuesdays in Oct., 8:30 to 8:55 a.m. (online); Therapeutic Movement and Breath Class led by Suzanne Mazzarelli, Yoga Therapist, Oct. 2 and 9, 10:30 a.m. (online).

Sharon Audubon Center, 325 Cornwall
Bridge Road, Sharon, Conn. sharon.audubon.org
Bird Seed Sale, order by Oct. 16, pick up
Nov. 14, 9 to 11 a.m. (Sharon Audubon
Center) or 1 to 3 p.m. (Bent of the River
Audubon Center in Southbury, Conn.)

Ventfort Hall, 104 Walker St., Lenox, Mass. www.gildedage.org

Drop-in Yoga, every Saturday, 8 to 9 a.m.

TALKS

Cornell Cooperative Extension of

Rensselaer County, 61 State St., Troy, N.Y. www.ccerensselaer.org
"Putting The Garden To Bed", Oct. 14,

"Putting The Garden To Bed", Oct. 14, noon (online).

Mahaiwe Performing Arts Center, 14

Castle St., Great Barrington, Mass. www. mahaiwe.org
Scott Eyerly Virtual Met Opera Lecture,
Oct. 25, Nov. 8 and 22, Dec. 6 and 20,
5:30 p.m. (online).

Millbrook Free Library, 3 Friendly Lane, Millbrook, N.Y. www.millbrooklibrary.org Investment Basics, Oct. 14, 5 p.m. (online); Medicare 101, Oct. 19, 6 to 8 p.m. (online).

The Mount, 2 Plunkett St., Lenox, Mass. www. edithwharton.org

Online Ghost Tours at The Mount,
Fridays through Oct. 31, 8 p.m. (online).

Scoville Memorial Library, 38 Main St., Salisbury, Conn. www.scovillelibrary.org Understanding Medicare presented by Margaret Ackley, Oct. 17, 10 a.m. to noon (online). **Ventfort Hall**, 104 Walker St., Lenox, Mass. www.gildedage.org

Eva Tanguay, the I Don't Care Girl or Lady Gaga of the Gilded Age, Oct. 3, 3:30 p.m. (in person and online). Molasses from Slave Trade to Boston's Great Molasses Flood, Oct. 10, 3:30 p.m. (in person and online).

YOUTH

Berkshire Botanical Garden, 5 West

Stockbridge Road, Stockbridge, Mass. www. berkshirebotanical.org

Garden Sprouts — Berkshire Botanical Garden's Toddler Program, Wednesdays and Thursdays in October, 9 a.m. to noon.

The Center for Performing Arts at

Rhinebeck, 661 Route 308, Rhinebeck, N.Y. www.centerforperformingarts.org
Showdown at Palm Tree Pines, Oct. 3, 11 a.m.

Fellowship of the Books: Five Libraries,

More Programs, www.facebook.com/ fellowshipofthebooksny

Virtual Dungeons and Dragons, last Saturday of the month through Dec. 26, 1 to 4 p.m. (online).

Kent Memorial Library, 32 N. Main St., Kent, Conn. www.kentmemoriallibrary.org Music and Rhyme for Children from Birth to 3s, Tuesdays, 10:30 a.m. (online); Baby Group in the Grass, Wednesdays, 10:30 a.m.; Lunch Bunch, Thursdays, 12:30 p.m.

KidsPlay Museum, 61 Main St., Torrington, Conn. www.kidsplaymuseum.org Bilingual Stories in the Meadow, Wednesdays, 10 a.m.; KidsPlay Show &

Tell, Thursdays, 9 a.m. (online).

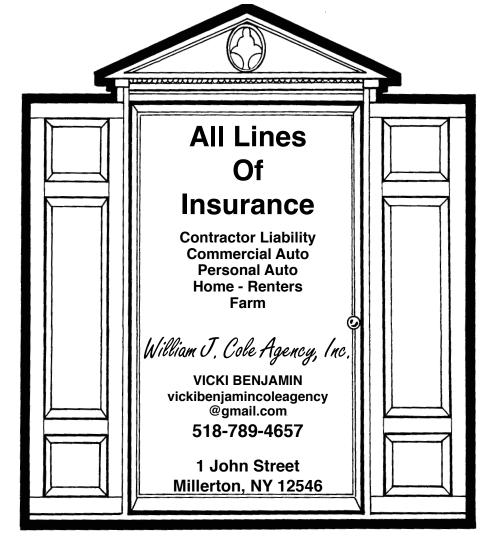
North East Community Center, 51 South Center St., Millerton N.Y. www.neccmillerton.org Teen Team In Person Outdoor Activity, Mondays; Teen Team Restorative Circle, Tuesdays (online); Teen Team Social Justice Book Club, Thursdays (online); Virtual Toddler Program, Mondays, 11:30 a.m., Fridays, 10:45 a.m. (online).

NorthEast-Millerton Library, 75 Main St.,

Millerton N.Y. www.nemillertonlibrary.org Stay at Home Story Time with Miss Molly, Wednesdays, 10:45 a.m. to 11:05 a.m. (online); Tween/Teen Virtual Makerspace: Jack O'Lantern Wall Art, Oct. 23, 5:30 p.m. (online)

Oblong Books & Music, 6422 Montgomery St., Rhinebeck, N.Y. www.oblongbooks.com
Hudson Valley YA Society: Kenneth C.
Davis, STRONGMAN, Oct. 16, 7 p.m.
(online); Hudson Valley YA Society
Virtual Book Launch: Jennifer Donnelly POISONED, Oct. 21, 7 p.m. (online).





your news your community your life!

When you need to know what's happening in **your** community, we're there.

Stay informed of all the local news and information that is around you. Whether you are looking for the high school sports scores, the dates for the county fair, an obituary or wedding announcement of a friend, or the police blotter — it's all there!

We keep you connected.

We've made it even easier to **Stay Informed.**

Visit www.tricornernews.com to purchase a print or online subscription.

Or contact Sandra Lang at 800-339-9873 or circulation@lakevillejournal.com

The Lakeville Iournal
The Millerton News
TriCornerNews.com

Your Independent, Locally Owned, Community Newspapers & Regional News Website

JOURNALING: KAITLIN LYLE

Turning The Page This Fall With Journaling

ake it from someone who's been practicing the art of journaling for more than a decade: You may just discover more about yourself with a pen in hand and a blank page than you might suspect.

For some, journaling can be therapeutic: A few flicks of the wrist and you can feel confident that your thoughts are secure with a silent listener.

Others may use it to preserve memories, to jot down the woes and wonders of everyday life or to even find a way to approach conflicts they're too anxious to talk about out loud.

I first turned to journaling in high school and continued writing through college; this year, I've been using journaling to chronicle stories from the COVID-19 pandemic. Thanks to the thoughtfulness of friends and family members, I haven't needed to buy myself a new journal in years, though that hasn't stopped me from admiring the ones I see on display at stores around here.

The journal you purchase can reflect the way you want to tell your story. Are you looking for something small that you can whip out of your pocket at a moment's notice? If so, you might enjoy a Moleskine Classic Notebook, a Moleskine Volant Journal or a Moleskine Cahier Journal. If you want to see how they fit your own pockets or pocketbook, you can see and purchase them in person at Oblong Books & Music in Millerton, N.Y.,or you can check Barnes and Nobles in Kingston, N.Y., most Staples stores and most Target stores.

If you don't want one of the Moleskines (which were, famously, the notebook of choice for Ernest Hemingway and Pable Picasso), art supply stores



PHOTO BY HUNTER O. LYLE

Millerton News reporter Kaitlin Lyle advocates for journaling as a way to store memories and also to work out problems you aren't necessarily ready to talk about yet.

Whatever you hope to gain from giving journaling a try, just remember: It's not the journal or the pen that matters, it's what you put on the pages.

such as JWS on Railroad Street in Great Barrington, Mass., always have interesting options for journaling.

You can even buy heavy stock paper there and cut the sheets to be exactly the size you want, then custom cover them with the fabric or leather of your choice (you can also buy beautiful leather journals at Barnes and Noble; some are neat and tidy and others have unfinished edges that make them feel very "Lord of the Rings").

Over in Kent, Conn., House of Books carries a line of leather journals from Rustico, with colors ranging from buckskin to black to burgundy.

Young writers looking for a space to confide their thoughts in the manner of iconic YA heroine Harriet the Spy can always turn to the classic black-and-white marbled composition notebook, available at most stores and pharmacies. (Drip some juice from a tomato

sandwich onto one of the pages, for a true Harriet the Spy experience.)

Those seeking encouragement while trying a hand at journaling might want to pick up an inspirational journal. These journals are designed with an uplifting message on the front cover to empower the journaler and can be found at most art supply and stationery stores, and online at Anthropologie.

Journalers who like to keep track of the passing days can pick up a dated journal at Staples.

Ocean State Job Lot in Torrington, Conn., also has an unexpectedly large and diverse selection of art supplies, notebooks and dated journals.

Oblong Books & Music in Millerton sells a special Bibliophile Reader's Journal, an ideal gift for book lovers and writers. Many vendors of books and journals also carry the decorative and entertaining Wreck This Journal line, which encourages the destruction of the journal with poked pen holes, spilled coffee, drips from tomato sandwiches (see the above reference to Harriet the Spy) and defaced photos. This might be a good place to start for anyone who is ambivalent about journaling; perhaps it will prove to be a gateway to more pacific and productive journaling. If not, perhaps it will offer a good aggression outlet.

The opposite of the Wreck This Journal books is the Bullet Journal craze (well, it was a craze last year). This innovative series reminds us that we don't have to put everything in electronic form on our phones and computers — we can write it down. On paper. With a pen.

Devotees of Bullet Journals keep lists of their favorite pens. The biggest supplies of diverse pens can be found at Big Box stores such as Staples and Target; and small, independent stores that sell art supplies, such as Oblong, JWS and Tom's Toys in Great Barrington. You can also find an excellent selection of pens at craft stores such as Michael's and Joann (they have shops in Torrington, Conn., and Kingston).

EDUCATION: ALEXANDER WILBURN

Teaching Children — and Finding Hope — in a COVID-19 World

t's perhaps not surprising that in recounting the many changes and challenges teachers have faced this year, Jandi Hanna, a speech and language pathologist who lives in Falls Village, Conn., starts with the negative. On top of the threat of spreading COVID-19 this year, there has been the existential threat. Teaching children, which relies on in-person conversation and, often, tactile learning, has been turned on its head.

Of course, what hasn't been called "an existential threat" these days? Hanna's response to the transitions of 2020 has been to not give up.

"When people say 'I can't do this anymore,' it's often because they feel that transitioning from one set of expectations is too much. It's not fun anymore.

"They're not incapable of doing it, they're just not enjoying it anymore."

Hanna has taught speech therapy throughout Connecticut's Region One School District, but currently works with students in kindergarten through eighth grade in both Cornwall Consolidated School in Cornwall, Conn., and Lee H. Kellogg School in Falls Village.

"I'm still enjoying it," she said. "It's hard, it's stressful, but I still like it."

Hanna recalls with a laugh those early days, when she still believed quarantining in the Region One schools When people say 'I can't do this anymore,' it's often because they feel that transitioning from one set of expectations is too much. It's not fun anymore.

would only last two weeks.

"It was so abnormal. It was such a shock to the system."

Stuck at home, she created what she describes as her version of the electronic board monitoring the Dow Jones Industrial Average at the New York Stock Exchange.

"I used the Venetian blinds in my bedroom as the board, and had stickers all over the blinds: which child goes into which list ... It was really hard. But one day I woke up and I didn't need the blinds anymore. The week was going smoothly."

Hanna's students have needs that range from improving speech articulation to language skills. Some older students might feel stuck in a literal mindset, struggling with understanding figurative expressions or drawing conclusions based on verbal inferences, for example. Multiple choice and matching tests can also prove to be difficult for these students, something Hanna addresses in her virtual lessons with a system she created on Google Docs.

"A lot of children who have delayed

or special needs are not very good at advocating for themselves," Hanna said. With that in mind, it might be easy to imagine that delayed students would struggle this year, feeling particularly isolated while learning from home. Hanna found the opposite was true. The spring turned out to be a positive turning point.

"Some students really do have school anxiety. Some of the trauma is actually being in school."

Hanna heard from teachers that some of her students felt more comfortable in the virtual classroom, able to ask questions privately to the teacher, free from facing the anxiety of drawing immediate attention to themselves.

Because of virtual learning, Hanna said, "Several students I worked with were turned into better self advocates. And they still came back to school this fall. There were two in particular who wonderfully surprised me by wanting to come back. They've grown up, they've become better self advocates, they missed their friends and they want to be there. Now we have these touchstones. 'Remember this-or-that was difficult before, but you found a strategy during virtual learning; so what did you do?'"

Back at school once again, Hanna is facing new challenges as she holds her sessions in a booth in the school gymnasium, with two partitions divided by plexiglass.

"It's everything in graduate school they taught us not to do. The gym has all kinds of ambient noise. You can hear the furnace there...."

For Hanna of course, the show goes on, as she and her students wear face



PHOTO BY ALEXANDER WILBURN

Jandi Hanna helps children with communication and verbal expression as a speech pathologist at Lee H. Kellogg School and Cornwall Consolidated School in Connecticut. She continued to teach students "virtually" in quarantine, and has returned to in-person lessons this school year.

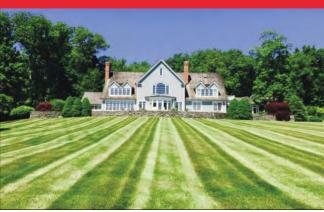
shields (put on before removing their masks) so they can see each other's mouths.

She described going from virtual learning in the spring to a new kind of in-person distance teaching in the fall as the musical progression from the blues to jazz.

"Blues are blue, we missed each other, but with jazz we feel better now. We're happy to see the students. Though the challenges are enormous, we really have the support of the administration, not only from the principal of each school, but from the superintendent's office. There aren't any unrealistic expectations."









one call for all your needs

EXCAVATION, LANDSCAPING GROUNDS MAINTENANCE



Sharon Lawn and Landscape gives thanks to first responders during this worldwide pandemic.



Builders, Churches, Custodians, EMS, Financial Institutions, Food stores, Healthcare Facilities, Law Enforcement, Militia, Postal Service, Restaurants, Retail stores, Schools, Truckers, and our Hardworking, Dedicated Employees

> Thank you for all you do. We appreciate your dedication and love.

Commercial/Residential
Licensed | Insured | Credit Cards Accepted

(860) 672-5260 | Sharonlawnandlandscape@yahoo.com







